



# 41st Summer Long Course Championships

Saturday 1 & Sunday 2 March 2025  
Doone Kennedy Hobart Aquatic Centre

## PROGRAMME OF EVENTS

Saturday 1 March 2025	Sunday 2 March 2025
<b>1.30pm Warm Up 2.10pm Start</b>	<b>8.00am Warm Up 8.40am Start</b>
1. Mixed 4x50m Medley Relay	11. Mixed 4x50m Freestyle Relay
<b>10 min break</b>	<b>10 min break</b>
2. 50m Freestyle	12. 100 Freestyle
3. 200m Butterfly	13. 200m Breaststroke
4. 100m Breaststroke	14. 50m Backstroke
<b>10 min break</b>	<b>10 min break</b>
5. 400m Individual medley	15. 200m Individual Medley
6. 100m Backstroke	16. 100m Butterfly
<b>10 min break</b>	<b>10 min break</b>
7. 200m Freestyle	17. 400m Freestyle
8. 50m Butterfly	18. 200m Backstroke
<b>10 min break</b>	19. 50m Breaststroke
9. Men's 4x50m Freestyle Relay	<b>10 min break</b>
10. Women's 4x50m Freestyle Relay	20. Women's 4x50m Medley Relay
	21. Men's 4x50m Medley Relay

**MST 41st Summer Long Course Championships 202 - 1/03/2025 to 2/03/2025**  
**Meet Program**

**Event 1 Mixed 200 LC Metre Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1</b>			
1	Hobart AQ	X200A	
	1) Hasegawa, Yuki M54	2) Burke, Jo W59	
	3) Bennett, Jodie W52	4) Prichard, Graham M59	
2	Launceston	X200A	
	1) Simms, Margaret W65	2) Randall, Lionell M45	
	3) Warland, Tamara W42	4) Tucker, Robert M73	
3	Dolphins	X160A	
	1) Venables, Phil M60	2) Wylie, Leisl W54	
	3) McMillan, Elisa W32	4) May, David M51	
4	Huon Valley	X160A	
	1) Reynolds, Dave M40	2) Wylie, Jack M28	
	3) Swan, Rebecca W45	4) Smith, Sharon W65	
5	Huon Valley	X120A	
	1) Wilson, Victoria W24	2) Belstead, James M27	
	3) van der Reest, Heidi W44	4) Smith, Nathan M45	
6	Launceston	X240A	
	1) Simms, Ian M73	2) Latchford, Annie W74	
	3) Beattie, Tim M44	4) Merridew, Sarah W73	
7	Dolphins	X240A	
	1) Van Ommen, Mark M65	2) Daft, Katherine W66	
	3) Richards, Steve M62	4) Peterson, Pia W70	
8			

**\*\*10 minute break\*\***

**Event 2 Mixed 50 LC Metre Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7</b>				
1				
2	Anderson, Jocy	W84	Talays	1:20.00
3	Mulligan, Beth	W74	Dolphins	1:05.00
4	Claxton, Pamela	W72	Launceston	1:00.00
5	Pugh, John	M87	Launceston	1:05.00
6	Spencer, Jacquie	W45	Launceston	1:18.56
7				
8				
<b>Heat 2 of 7</b>				
1	Cousins, Mary	W76	Dolphins	55.08
2	Merridew, George	M77	Launceston	55.00
3	Shuey, Ian	M76	Hobart AQ	50.00
4	Hill, Lou	M67	Talays	50.00
5	Etter, Barbara	W67	Hobart AQ	50.00
6	Merridew, Sarah	W73	Launceston	54.00
7	Reynolds, Anita	W44	Huon Valley	55.00
8	Gillian, Anne	W64	Dolphins	58.57
<b>Heat 3 of 7</b>				
1	Latchford, Annie	W74	Launceston	49.30
2	Bradley, Janet	W75	Talays	46.00
3	Walsham, Linda	W55	Dolphins	45.00
4	Winzenberg, W	W75	Devonport	44.00
5	Peterson, Pia	W70	Dolphins	45.00
6	Swan, Rebecca	W45	Huon Valley	45.20
7	Hocking, Siska	W65	Dolphins	48.00
8	Reynolds, Anne	W68	Huon Valley	49.80
<b>Heat 4 of 7</b>				
1	Rose, Casey	W31	Hobart AQ	43.00
2	Simms, Margaret	W65	Launceston	43.00
3	Cousins, Annaliese	W50	Dolphins	42.64
4	Van Ommen, Mark	M65	Dolphins	42.00
5	Wylie, Jack	M28	Huon Valley	42.00
6	Smith, Sharon	W65	Huon Valley	42.93
7	Simms, Ian	M73	Launceston	43.00
8	Stronach, Megan	W73	Dolphins	44.00

**Heat 5 of 7 (#2 Mixed 50 LC Metre Freestyle)**

1	Teh, Amanda	W34	Dolphins	40.00
2	Reynolds, Dave	M40	Huon Valley	38.00
3	Forman, Tony	M81	Hobart AQ	36.27
4	Osborn, Kathryn	W63	Dolphins	35.70
5	Lain, Jennifer	W55	Hobart AQ	36.00
6	Lucas, Penny	W63	Hobart AQ	37.00
7	Wilson, Victoria	W24	Huon Valley	38.16
8	Tucker, Robert	M73	Launceston	40.00

**Heat 6 of 7**

1	Brocklesby, A	M65	Tomatoes	35.00
2	Hasegawa, Yuki	M54	Hobart AQ	33.50
3	Almeida, Auro	M65	Dolphins	33.00
4	Carr, Matthew	M53	Hobart AQ	31.50
5	Prichard, Graham	M59	Hobart AQ	32.00
6	Groom, Jim	M74	Talays	33.00
7	Tyrell, Philip	M73	Hobart AQ	34.00
8	Randall, Lionell	M45	Launceston	35.00

**Heat 7 of 7**

1	Cochrane, Lucy	W34	Devonport	31.00
2	Venables, Phil	M60	Dolphins	31.00
3	Smith, Nathan	M45	Huon Valley	30.17
4	Walker, Brent	M54	Hobart AQ	28.50
5	Osborne, Gabrielle	W56	Hobart AQ	29.77
6	May, David	M51	Dolphins	31.00
7	Warland, Tamara	W42	Launceston	31.00
8	McMillan, Elisa	W32	Dolphins	31.24

**Event 3 Mixed 200 LC Metre Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1</b>				
1				
2				
3				
4	De Carvalho, L	W47	Power Points	2:33.50
5	Winzenberg, W	W75	Devonport	4:30.00
6				
7				
8				

**Event 4 Mixed 100 LC Metre Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3</b>				
1				
2				
3	Spencer, Jacquie	W45	Launceston	3:23.17
4	Cousins, Mary	W76	Dolphins	2:45.09
5	Reynolds, Anne	W68	Huon Valley	2:47.74
6				
7				
8				
<b>Heat 2 of 3</b>				
1	Reynolds, Anita	W44	Huon Valley	2:30.00
2	Carlton, Stacey	W39	Huon Valley	2:16.60
3	Wylie, Jack	M28	Huon Valley	2:00.00
4	Reynolds, Dave	M40	Huon Valley	1:55.00
5	Ziegeler, Fiona	W64	Dolphins	2:00.00
6	Tucker, Robert	M73	Launceston	2:15.00
7	Etter, Barbara	W67	Hobart AQ	2:30.00
8	Smith, Sharon	W65	Huon Valley	2:33.90

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**Meet Program**

**Heat 3 of 3 (#4 Mixed 100 LC Metre Breaststroke)**

1	Wilson, Victoria	W24 Huon Valley	1:47.68
2	Duggan, Amanda	W65 Dolphins	1:40.05
3	Osborn, Kathryn	W63 Dolphins	1:38.82
4	Belstead, James	M27 Huon Valley	1:14.67
5	Osborne, Gabrielle	W56 Hobart AQ	1:30.85
6	Woodworth, Bill	M62 Launceston	1:40.00
7	Wylie, Leisl	W54 Dolphins	1:45.00
8	Burke, Jo	W59 Hobart AQ	1:50.00

**\*\*10 minute break\*\***

**Event 5 Mixed 400 LC Metre IM**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 1**

1			
2			
3	Hill, Lou	M67 Talays	9:30.00
4	Belstead, James	M27 Huon Valley	5:20.99
5	Slugocki, Maciej	M73 Tomatoes	7:47.00
6			
7			
8			

**Event 6 Mixed 100 LC Metre Backstroke**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 4**

1			
2			
3	Shuey, Ian	M76 Hobart AQ	3:00.00
4	Timperon, Ruth	W77 Launceston	2:30.20
5	Cousins, Mary	W76 Dolphins	2:50.10
6	Anderson, Jocy	W84 Talays	3:00.00
7			
8			

**Heat 2 of 4**

1	Merridew, Sarah	W73 Launceston	2:25.00
2	Burke, Jo	W59 Hobart AQ	2:00.00
3	Ford, Jennifer	W51 Dolphins	2:00.00
4	Van Ommen, Mark	M65 Dolphins	1:55.00
5	Ziegeler, Fiona	W64 Dolphins	1:55.00
6	Simms, Margaret	W65 Launceston	2:00.00
7	Etter, Barbara	W67 Hobart AQ	2:20.00
8	Gillian, Anne	W64 Dolphins	2:30.00

**Heat 3 of 4**

1	Swan, Rebecca	W45 Huon Valley	1:52.05
2	Stronach, Megan	W73 Dolphins	1:50.00
3	Daft, Katherine	W66 Dolphins	1:47.00
4	Teh, Amanda	W34 Dolphins	1:45.00
5	Simms, Ian	M73 Launceston	1:45.00
6	Cousins, Annaliese	W50 Dolphins	1:47.29
7	Wilson, Victoria	W24 Huon Valley	1:51.58
8	Tucker, Robert	M73 Launceston	1:55.00

**Heat 4 of 4**

1	Lucas, Penny	W63 Hobart AQ	1:40.00
2	Groom, Jim	M74 Talays	1:30.00
3	Lucchesi, Anna	W36 Power Points	1:18.00
4	Walker, Brent	M54 Hobart AQ	1:10.50
5	Hasegawa, Yuki	M54 Hobart AQ	1:17.50
6	Venables, Phil	M60 Dolphins	1:30.00
7	Beattie, Tim	M44 Launceston	1:34.00
8	Lain, Jennifer	W55 Hobart AQ	1:45.00

**\*\*10 minute break\*\***

**Event 7 Mixed 200 LC Metre Freestyle**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 5**

1			
2			
3	Pugh, John	M87 Launceston	7:09.00
4	Merridew, George	M77 Launceston	4:45.00
5	Mulligan, Beth	W74 Dolphins	5:00.00
6			
7			
8			

**Heat 2 of 5**

1	Timperon, Ruth	W77 Launceston	4:28.00
2	Carlton, Stacey	W39 Huon Valley	4:10.00
3	Latchford, Annie	W74 Launceston	3:45.30
4	Bradley, Janet	W75 Talays	3:45.00
5	Peterson, Pia	W70 Dolphins	3:45.00
6	Hocking, Siska	W65 Dolphins	3:50.00
7	Walsham, Linda	W55 Dolphins	4:10.00
8			

**Heat 3 of 5**

1	Cousins, Annaliese	W50 Dolphins	3:35.72
2	Tucker, Robert	M73 Launceston	3:30.00
3	Simms, Margaret	W65 Launceston	3:25.00
4	Richards, Steve	M62 Dolphins	3:21.68
5	Winzenberg, W	W75 Devonport	3:25.00
6	Beattie, Tim	M44 Launceston	3:27.19
7	Woodworth, Bill	M62 Launceston	3:35.00
8	Wylie, Jack	M28 Huon Valley	3:40.00

**Heat 4 of 5**

1	Daft, Katherine	W66 Dolphins	3:15.00
2	Lain, Jennifer	W55 Hobart AQ	3:10.00
3	Wylie, Leisl	W54 Dolphins	3:00.00
4	Bennett, Jodie	W52 Hobart AQ	2:55.00
5	May, David	M51 Dolphins	3:00.00
6	Carr, Matthew	M53 Hobart AQ	3:08.08
7	Forman, Tony	M81 Hobart AQ	3:13.47
8	Simms, Ian	M73 Launceston	3:20.00

**Heat 5 of 5**

1	Smith, Nathan	M45 Huon Valley	2:50.10
2	Cochrane, Lucy	W34 Devonport	2:45.00
3	Venables, Phil	M60 Dolphins	2:40.00
4	McMillan, Elisa	W32 Dolphins	2:35.76
5	Duggan, Amanda	W65 Dolphins	2:39.66
6	van der Reest, H	W44 Huon Valley	2:42.00
7	Tyrell, Philip	M73 Hobart AQ	2:50.00
8	Slugocki, Maciej	M73 Tomatoes	2:51.10

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**Meet Program**

**Event 8 Mixed 50 LC Metre Butterfly**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 3**

1			
2			
3	Ford, Jennifer	W51 Dolphins	1:00.00
4	Winzenberg, W	W75 Devonport	53.00
5	Rose, Casey	W31 Hobart AQ	57.00
6			
7			
8			

**Heat 2 of 3**

1	Stronach, Megan	W73 Dolphins	50.00
2	Bennett, Jodie	W52 Hobart AQ	45.00
3	Randall, Lionell	M45 Launceston	42.00
4	Lain, Jennifer	W55 Hobart AQ	40.00
5	van der Reest, H	W44 Huon Valley	41.00
6	Ziegeler, Fiona	W64 Dolphins	45.00
7	Tucker, Robert	M73 Launceston	46.00
8			

**Heat 3 of 3**

1	Almeida, Auro	M65 Dolphins	39.00
2	McMillan, Elisa	W32 Dolphins	34.23
3	Warland, Tamara	W42 Launceston	33.00
4	Walker, Brent	M54 Hobart AQ	29.80
5	De Carvalho, L	W47 Power Points	30.70
6	Osborne, Gabrielle	W56 Hobart AQ	33.15
7	Hasegawa, Yuki	M54 Hobart AQ	35.00
8	Brocklesby, A	M65 Tomatoes	40.00

**\*\*10 minute break\*\***

**Event 9 Men 200 LC Metre Freestyle Relay**

**Lane Team                      Relay                      Seed Time**

**Heat 1 of 1**

1			
2	Hobart AQ	M280	A
	1) Forman, Tony M81	2) Shuey, Ian M76	
	3) Tyrell, Philip M73	4) Prichard, Graham M59	
3			
4	Dolphins	M240	A
	1) Almeida, Auro M65	2) Van Ommen, M M65	
	3) Venables, Phil M60	4) May, David M51	
5	Launceston	M240	A
	1) Merridew, George M77	2) Pugh, John M87	
	3) Woodworth, Bill M62	4) Randall, Lionell M45	
6			
7	Huon Valley	M120	A
	1) Smith, Nathan M45	2) Wylie, Jack M28	
	3) Reynolds, Dave M40	4) Belstead, James M27	
8			

**Event 10 Women 200 LC Metre Freestyle Relay**

**Lane Team                      Relay                      Seed Time**

**Heat 1 of 1**

1	Dolphins	W280	A
	1) Stronach, Megan W73	2) Mulligan, Beth W74	
	3) Cousins, Mary W76	4) Peterson, Pia W70	
2	Dolphins	W240	A
	1) Osborn, Kathryn W63	2) Daft, Katherine W66	
	3) Ziegeler, Fiona W64	4) Duggan, Amanda W65	
3	Launceston	W200	A
	1) Spencer, Jacquie W45	2) Timperon, Ruth W77	
	3) Simms, Margaret W65	4) Warland, Tamara W42	
4	Huon Valley	W200	A
	1) Reynolds, Anita W44	2) Reynolds, Anne W68	
	3) Carlton, Stacey W39	4) Smith, Sharon W65	
5	Dolphins	W200	A
	1) Cousins, Annaliese W50	2) Gillian, Anne W64	
	3) Hocking, Siska W65	4) Walsham, Linda W55	
6			
7	Dolphins	W160	A
	1) Wylie, Leisl W54	2) Teh, Amanda W34	
	3) Ford, Jennifer W51	4) McMillan, Elisa W32	
8	Hobart AQ	W160	A
	1) Osborne, Gabrielle W56	2) Lain, Jennifer W55	
	3) Bennett, Jodie W52	4) Rose, Casey W31	

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**Meet Program**

**Event 11 Mixed 200 LC Metre Freestyle Relay**

Lane Team	Relay	Seed Time
<b>Heat 1 of 1</b>		
1 Hobart AQ	X280A	NT
1) Burke, Jo W59	2) Etter, Barbara W67	
3) Shuey, Ian M76	4) Forman, Tony M81	
2 Launceston	X280A	NT
1) Merridew, Sarah W73	2) Latchford, Annie W74	
3) Woodworth, Bill M62	4) Simms, Ian M73	
3 Dolphins	X240A	NT
1) Van Ommen, Mark M65	2) Walsham, Linda W55	
3) Richards, Steve M62	4) Peterson, Pia W70	
4 Dolphins	X200A	NT
1) May, David M51	2) Osborn, Kathryn W63	
3) Duggan, Amanda W65	4) Venables, Phil M60	
5 Hobart AQ	X200A	NT
1) Bennett, Jodie W52	2) Hasegawa, Yuki M54	
3) Lain, Jennifer W55	4) Prichard, Graham M59	
6 Huon Valley	X160A	NT
1) Wylie, Jack M28	2) Reynolds, Anne W68	
3) Smith, Sharon W65	4) Reynolds, Dave M40	
7 Launceston	X160A	NT
1) Beattie, Tim M44	2) Simms, Margaret W65	
3) Randall, Lionell M45	4) Warland, Tamara W42	
8 Huon Valley	X120A	NT
1) van der Reest, Heidi W44	2) Wilson, Victoria W24	
3) Smith, Nathan M45	4) Belstead, James M27	

**\*\*10 minute break\*\***

**Event 12 Mixed 100 LC Metre Freestyle**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 6</b>			
1			
2			
3 Pugh, John	M87	Launceston	3:15.00
4 Spencer, Jacquie	W45	Launceston	2:37.68
5 Anderson, Jocy	W84	Talays	2:40.00
6			
7			
8			
<b>Heat 2 of 6</b>			
1 Mulligan, Beth	W74	Dolphins	2:20.00
2 Reynolds, Anita	W44	Huon Valley	2:10.00
3 Shuey, Ian	M76	Hobart AQ	2:00.00
4 Reynolds, Anne	W68	Huon Valley	1:54.47
5 Walsham, Linda	W55	Dolphins	1:55.00
6 Merridew, Sarah	W73	Launceston	2:05.00
7 Merridew, George	M77	Launceston	2:10.00
8 Timperon, Ruth	W77	Launceston	2:20.00
<b>Heat 3 of 6</b>			
1 Hill, Lou	M67	Talays	1:50.00
2 Bradley, Janet	W75	Talays	1:46.00
3 Ford, Jennifer	W51	Dolphins	1:45.00
4 Smith, Sharon	W65	Huon Valley	1:40.88
5 Rose, Casey	W31	Hobart AQ	1:43.00
6 Peterson, Pia	W70	Dolphins	1:45.00
7 Swan, Rebecca	W45	Huon Valley	1:46.34
8 Hocking, Siska	W65	Dolphins	1:50.00

**Heat 4 of 6**

1 Wylie, Jack	M28	Huon Valley	1:40.00
2 Cousins, Annaliese	W50	Dolphins	1:37.24
3 Simms, Ian	M73	Launceston	1:35.00
4 Forman, Tony	M81	Hobart AQ	1:22.66
5 Bennett, Jodie	W52	Hobart AQ	1:25.00
6 Reynolds, Dave	M40	Huon Valley	1:36.00
7 Van Ommen, Mark	M65	Dolphins	1:40.00
8 Simms, Margaret	W65	Launceston	1:40.00

**Heat 5 of 6**

1 Randall, Lionell	M45	Launceston	1:20.00
2 May, David	M51	Dolphins	1:20.00
3 Duggan, Amanda	W65	Dolphins	1:14.00
4 Smith, Nathan	M45	Huon Valley	1:13.01
5 Tyrell, Philip	M73	Hobart AQ	1:14.00
6 Slugocki, Maciej	M73	Tomatoes	1:17.60
7 Groom, Jim	M74	Talays	1:20.00
8 Brocklesby, A	M65	Tomatoes	1:20.00

**Heat 6 of 6**

1 Carr, Matthew	M53	Hobart AQ	1:12.12
2 McMillan, Elisa	W32	Dolphins	1:10.13
3 Venables, Phil	M60	Dolphins	1:10.00
4 Osborne, Gabrielle	W56	Hobart AQ	1:08.69
5 Prichard, Graham	M59	Hobart AQ	1:10.00
6 Warland, Tamara	W42	Launceston	1:10.00
7 Latchford, Annie	W74	Launceston	1:10.30
8 Almeida, Auro	M65	Dolphins	1:13.00

**Event 13 Mixed 200 LC Metre Breaststroke**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 1</b>			
1 Reynolds, Dave	M40	Huon Valley	4:24.00
2 Wilson, Victoria	W24	Huon Valley	3:51.20
3 Woodworth, Bill	M62	Launceston	3:45.00
4 Belstead, James	M27	Huon Valley	2:42.41
5 Osborn, Kathryn	W63	Dolphins	3:35.58
6 Wylie, Leisl	W54	Dolphins	3:50.00
7 Burke, Jo	W59	Hobart AQ	4:00.00
8 Reynolds, Anita	W44	Huon Valley	5:10.00

**Event 14 Mixed 50 LC Metre Backstroke**

Lane Name	Age	Team	Seed Time
<b>Heat 1 of 5</b>			
1 Claxton, Pamela	W72	Launceston	1:30.30
2 Cousins, Mary	W76	Dolphins	1:20.09
3 Timperon, Ruth	W77	Launceston	1:15.00
4 Merridew, George	M77	Launceston	1:15.00
5 Walsham, Linda	W55	Dolphins	1:15.00
6 Shuey, Ian	M76	Hobart AQ	1:15.00
7 Anderson, Jocy	W84	Talays	1:26.00
8 Mulligan, Beth	W74	Dolphins	1:40.00
<b>Heat 2 of 5</b>			
1 Hill, Lou	M67	Talays	1:10.00
2 Gillian, Anne	W64	Dolphins	1:02.65
3 Ford, Jennifer	W51	Dolphins	1:00.00
4 Simms, Margaret	W65	Launceston	1:00.00
5 Etter, Barbara	W67	Hobart AQ	1:00.00
6 Reynolds, Anne	W68	Huon Valley	1:00.15
7 Hocking, Siska	W65	Dolphins	1:10.00
8 Pugh, John	M87	Launceston	1:12.00

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**Meet Program**

**Heat 3 of 5 (#14 Mixed 50 LC Metre Backstroke)**

1	Peterson, Pia	W70 Dolphins	1:00.00
2	Swan, Rebecca	W45 Huon Valley	53.53
3	Teh, Amanda	W34 Dolphins	50.00
4	Stronach, Megan	W73 Dolphins	49.00
5	Van Ommen, Mark	M65 Dolphins	50.00
6	Forman, Tony	M81 Hobart AQ	52.86
7	Bradley, Janet	W75 Talays	57.00
8	Merridew, Sarah	W73 Launceston	1:00.00

**Heat 4 of 5**

1	Beattie, Tim	M44 Launceston	47.00
2	Randall, Lionell	M45 Launceston	45.00
3	Tyrell, Philip	M73 Hobart AQ	44.00
4	Lain, Jennifer	W55 Hobart AQ	43.00
5	van der Reest, H	W44 Huon Valley	44.00
6	Osborn, Kathryn	W63 Dolphins	44.80
7	Lucas, Penny	W63 Hobart AQ	45.00
8	Cousins, Annaliese	W50 Dolphins	48.64

**Heat 5 of 5**

1	Cochrane, Lucy	W34 Devonport	40.00
2	Bryan, Glenn	M65 Launceston	39.00
3	Lucchesi, Anna	W36 Power Points	35.00
4	Walker, Brent	M54 Hobart AQ	32.00
5	De Carvalho, L	W47 Power Points	34.70
6	Hasegawa, Yuki	M54 Hobart AQ	37.50
7	Warland, Tamara	W42 Launceston	40.00
8	Groom, Jim	M74 Talays	41.00

**\*\*10 minute break\*\***

**Event 15 Mixed 200 LC Metre IM**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 2**

1			
2			
3	Burke, Jo	W59 Hobart AQ	4:10.00
4	Rose, Casey	W31 Hobart AQ	4:05.00
5	Simms, Ian	M73 Launceston	4:10.00
6			
7			
8			

**Heat 2 of 2**

1	Ziegeler, Fiona	W64 Dolphins	3:35.00
2	Bennett, Jodie	W52 Hobart AQ	3:30.00
3	van der Reest, H	W44 Huon Valley	3:15.00
4	Belstead, James	M27 Huon Valley	2:28.44
5	Duggan, Amanda	W65 Dolphins	3:07.33
6	Slugocki, Maciej	M73 Tomatoes	3:18.00
7	Almeida, Auro	M65 Dolphins	3:35.00
8	Woodworth, Bill	M62 Launceston	3:50.00

**Event 16 Mixed 100 LC Metre Butterfly**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 1**

1			
2	Winzenberg, Wendy	W75 Devonport	2:05.00
3	Warland, Tamara	W42 Launceston	1:20.00
4	De Carvalho, Lisandra	W47 Power Points	1:08.50
5	McMillan, Elisa	W32 Dolphins	1:17.36
6	Brocklesby, Andrew	M65 Tomatoes	1:25.00
7			
8			

**\*\*10 minute break\*\***

**Event 17 Mixed 400 LC Metre Freestyle**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 4**

1			
2			
3	Pugh, John	M87 Launceston	14:10.00
4	Spencer, Jacquie	W45 Launceston	10:56.97
5	Timperon, Ruth	W77 Launceston	11:20.00 <b>BA</b>
6			
7			
8			

**Heat 2 of 4**

1	Mulligan, Beth	W74 Dolphins	10:00.00
2	Gillian, Anne	W64 Dolphins	9:24.29
3	Beattie, Tim	M44 Launceston	8:12.43
4	Wilson, Victoria	W24 Huon Valley	8:02.43 <b>BR</b>
5	Hill, Lou	M67 Talays	8:10.00
6	Smith, Sharon	W65 Huon Valley	8:41.67
7	Latchford, Annie	W74 Launceston	9:30.35
8	Merridew, George	M77 Launceston	10:20.00

**Heat 3 of 4**

1	Peterson, Pia	W70 Dolphins	7:30.00
2	Cochrane, Lucy	W34 Devonport	7:00.00 <b>BA</b>
3	Randall, Lionell	M45 Launceston	6:44.00
4	Wylie, Leist	W54 Dolphins	6:15.00
5	Smith, Nathan	M45 Huon Valley	6:26.22
6	Richards, Steve	M62 Dolphins	6:50.46
7	Forman, Tony	M81 Hobart AQ	7:00.49
8	Hocking, Siska	W65 Dolphins	7:50.00

**Heat 4 of 4**

1	van der Reest, H	W44 Huon Valley	5:55.00
2	Slugocki, Maciej	M73 Tomatoes	5:43.01
3	Duggan, Amanda	W65 Dolphins	5:36.61
4	Belstead, James	M27 Huon Valley	4:41.86
5	De Carvalho, L	W47 Power Points	4:59.00
6	Brocklesby, A	M65 Tomatoes	5:40.00
7	Tyrell, Philip	M73 Hobart AQ	5:55.00
8	Bennett, Jodie	W52 Hobart AQ	6:10.00

**Event 18 Mixed 200 LC Metre Backstroke**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 2**

1			
2			
3	Anderson, Jocy	W84 Talays	6:50.00
4	Ford, Jennifer	W51 Dolphins	4:00.00
5	Shuey, Ian	M76 Hobart AQ	6:20.00
6			
7			
8			

**Heat 2 of 2**

1	Ziegeler, Fiona	W64 Dolphins	3:55.00
2	Groom, Jim	M74 Talays	3:25.00
3	Lucchesi, Anna	W36 Power Points	2:52.00
4	Walker, Brent	M54 Hobart AQ	2:36.00
5	Hasegawa, Yuki	M54 Hobart AQ	2:50.00
6	Venables, Phil	M60 Dolphins	3:05.00
7	Stronach, Megan	W73 Dolphins	3:50.00
8			

**MST 41st Summer Long Course Championships 202 - 1/03/2025 to 2/03/2025**  
**Meet Program**

**Event 19 Mixed 50 LC Metre Breaststroke**

**Lane Name                      Age    Team                      Seed Time**

**Heat 1 of 3**

1	Reynolds, Anne	W68	Huon Valley	1:19.20
2	Gillian, Anne	W64	Dolphins	1:14.72
3	Smith, Sharon	W65	Huon Valley	1:11.20
4	Etter, Barbara	W67	Hobart AQ	1:10.00
5	Reynolds, Anita	W44	Huon Valley	1:10.00
6	Cousins, Mary	W76	Dolphins	1:12.16
7	Merridew, Sarah	W73	Launceston	1:15.00
8	Spencer, Jacquie	W45	Launceston	1:44.36

**Heat 2 of 3**

1	Walsham, Linda	W55	Dolphins	1:05.00
2	Swan, Rebecca	W45	Huon Valley	59.36
3	Wylie, Jack	M28	Huon Valley	52.00
4	Reynolds, Dave	M40	Huon Valley	50.00
5	Burke, Jo	W59	Hobart AQ	50.00
6	Rose, Casey	W31	Hobart AQ	56.00
7	Latchford, Annie	W74	Launceston	1:02.30
8	Bradley, Janet	W75	Talays	1:05.00

**Heat 3 of 3**

1	Wylie, Leisl	W54	Dolphins	48.00
2	Cochrane, Lucy	W34	Devonport	45.00
3	Smith, Nathan	M45	Huon Valley	41.53
4	Osborne, Gabrielle	W56	Hobart AQ	37.49
5	Woodworth, Bill	M62	Launceston	41.00
6	Osborn, Kathryn	W63	Dolphins	44.17
7	Bryan, Glenn	M65	Launceston	45.00
8	Almeida, Auro	M65	Dolphins	50.00

**\*\*10 minute break\*\***

**Event 20 Women 200 LC Metre Medley Relay**

**Lane Team                      Relay                      Seed Time**

**Heat 1 of 1**

1	Dolphins	W240	A	
	1) Stronach, Megan	W73	2) Osborn, Kathryn	W63
	3) Duggan, Amanda	W65	4) Ziegeler, Fiona	W64
2	Launceston	W240	A	
	1) Merridew, Sarah	W73	2) Simms, Margaret	W65
	3) Warland, Tamara	W42	4) Latchford, Annie	W74
3				
4	Dolphins	W200	A	
	1) Gillian, Anne	W64	2) Walsham, Linda	W55
	3) Cousins, Annaliese	W50	4) Hocking, Siska	W65
5				
6	Dolphins	W160	A	
	1) Teh, Amanda	W34	2) Wylie, Leisl	W54
	3) McMillan, Elisa	W32	4) Ford, Jennifer	W51
7	Hobart AQ	W160	A	
	1) Burke, Jo	W59	2) Rose, Casey	W31
	3) Osborne, Gabrielle	W56	4) Bennett, Jodie	W52
8	Huon Valley	W160	A	
	1) Swan, Rebecca	W45	2) Wilson, Victoria	W24
	3) van der Reest, Heidi	W44	4) Smith, Sharon	W65

**Event 21 Men 200 LC Metre Medley Relay**

**Lane Team                      Relay                      Seed Time**

**Heat 1 of 1**

1			A	
2	Launceston	M240		
	1) Simms, Ian	M73	2) Woodworth, Bill	M62
	3) Randall, Lionell	M45	4) Bryan, Glenn	M65
3				
4	Hobart AQ	M200	A	
	1) Hasegawa, Yuki	M54	2) Tyrell, Philip	M73
	3) Walker, Brent	M54	4) Carr, Matthew	M53
5	Dolphins	M200	A	
	1) Venables, Phil	M60	2) Richards, Steve	M62
	3) Almeida, Auro	M65	4) May, David	M51
6				
7	Huon Valley	M120	A	
	1) Belstead, James	M27	2) Wylie, Jack	M28
	3) Smith, Nathan	M45	4) Reynolds, Dave	M40
8				