



# 40th Summer Long Course Championships

Saturday 23 & Sunday 24 March 2024

Doone Kennedy Hobart Aquatic Centre

## Welcome

MST welcomes all competitors, their families and friends to the 40<sup>th</sup> Summer Long Course Championships.

We thank all our officials and volunteers at these championships as without them it would not be possible to conduct this event.

## Acknowledgments

Meet Director and Convenor – Philip Tyrell

Entries, Race Program and Recording – Pauline Samson

Meet Referee – Alex Branch

Officials from Masters Swimming Tasmania and Swimming Tasmania

## PROGRAMME OF EVENTS

<b>Saturday 23 March</b> <b>1.30pm Warm Up 2.10pm Start</b>	<b>Sunday 24 March</b> <b>8.00am Warm Up 8.40am Start</b>
1. Mixed 4x50m Medley Relay	11. Mixed 4x50m Free Relay
2. 50m Freestyle	12. 100m Freestyle
3. 200m Butterfly	13. 200m Breaststroke
4. 100m Breaststroke	14. 50m Backstroke
10 min break	10 Min break
5. 400m Individual Medley	15. 200m Individual Medley
6. 100m Backstroke	16. 100m Butterfly
10 min break	10 min break
7. 200m Freestyle	17. 400m Freestyle
8. 50m Butterfly	18. 200m Backstroke
10 min break	19. 50m Breaststroke
9. Men's 4x50m Freestyle Relay	10 min break
10. Women's 4x50m Freestyle Relay	20. Women's 4x50m Medley Relay
	21. Men's 4x50m Medley Relay

### TIMEKEEPING

Electronic timekeeping will be used. Clubs are asked to provide backup timekeepers for the duration of the meet.

**SELF MARSHALLING** will be used at this event.

### RESULTS

Results will be available throughout the meet:

- On Swimphone [SwimPhone - MST 40th Summer Long Course Championships 2024](#)
- On Meet Mobile
- On the MSA Records/Results Portal and Swim Central at the conclusion of the Sunday session

### AWARDS

#### Individual:

- Medals will be awarded to first, second and third highest male and female aggregate point scorers in each age group. Medal points are awarded on a scale of 10 to 1 for placings per event.
- Male and Female Swimmer of the Meet trophies are awarded based on aggregate AQUA points.

#### Club:

- Summer Championship Trophy (based on the total individual and relay points per club).
- New Norfolk Trophy (based on the total points per club divided by the number of registered members at the end of the previous year).

**PRESENTATION LUNCH** The presentation lunch will be held on Sunday 24 March at The Old Woolstore, 1 Macquarie Street (a short walk from the pool) commencing at 12:00 noon.



**MSTAS 40th Summer LC Championships 2024 - 23/03/2024 to 24/03/2024**  
**Meet Program**

<b>Event 1</b>	<b>Mixed 200 LC Metre Medley Relay</b>		
<b>Lane Team</b>	<b>Relay</b>	<b>Seed Time</b>	
<b>Heat 1 of 1</b>			
1 Hobart D X240A			
1) Van Ommen, Mark M64	2) Wylie, Leisl W53		
3) Redgrove, Fiona W68	4) Almeida, Auro M64		
2 Launceston X240A			
1) Tucker, Robert M72	2) Doran, Michael M67		
3) McMahon, Adrienne W53	4) Weeks, Ceri W65		
3 Hobart Aquatic X240A			
1) Carter, Alan M65	2) Burke, Jo W58		
3) Rickwood, Donna W62	4) Shuey, Ian M75		
4 Hobart D X200A			
1) Nichols, Allan M71	2) Osborn, Kathryn W62		
3) McMillan, Elisa W31	4) May, David M50		
5 Huon Valley X160A			
1) Reynolds, Dave M39	2) Oldfield, Wendy W65		
3) Wylie, Jack M27	4) Smith, Sharon W64		
6 Huon Valley X120A			
1) Wilson, Victoria W23	2) Belstead, James M26		
3) van der Reest, Heidi W43	4) Smith, Nathan M44		
7 Hobart Aquatic X120A			
1) Walker, Brent M53	2) Sarma, Indie W20		
3) Mctye, Bradley M29	4) Bennett, Jodie W51		
8 Launceston X280A			
1) Merridew, Sarah W72	2) Towers, John M74		
3) McMahon, Alwynne W69	4) Merridew, George M76		

<b>Event 2</b>	<b>Mixed 50 LC Metre Freestyle</b>		
<b>Lane Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 8</b>			
1			
2			
3 Smithurst, Terry	M88	Talays	1:20.00
4 Langman, Ruth	W79	Talays	1:15.00
5 Spencer, Jacquie	W44	Launceston	1:16.91
6			
7			
8			
<b>Heat 2 of 8</b>			
1 Towers, John	M74	Launceston	1:07.00
2 Pugh, John	M86	Launceston	1:00.00
3 Cousins, Mary	W75	Hobart D	56.90
4 Gillian, Anne	W63	Hobart D	55.39
5 Merridew, Sarah	W72	Launceston	56.00
6 Claydon, Valerie	W72	Hobart Aquatic	1:00.00
7 Merridew, George	M76	Launceston	1:05.00
8 Tillema, Jose	W80	Talays	1:10.00

<b>Heat 3 of 8</b>			
1 Carter, Alan	M65	Hobart Aquatic	55.00
2 Reynolds, Anita	W43	Huon Valley	55.00
3 Rebeck, Anthony	M87	Malvern Marlins	53.05
4 Latchford, Annie	W73	Launceston	48.30
5 Oldfield, Wendy	W65	Huon Valley	48.84
6 Reynolds, Anne	W67	Huon Valley	54.65
7 Muir, Sue	W71	Hobart D	55.00
8 McGinty, Kathleen	W72	Hobart Aquatic	55.00

<b>Heat 4 of 8</b>			
1 Shuey, Ian	M75	Hobart Aquatic	48.00
2 Bradley, Janet	W74	Talays	45.00
3 Weeks, Ceri	W65	Launceston	43.66
4 Cousins, Annaliese	W49	Hobart D	42.25
5 Tucker, Robert	M72	Launceston	43.00
6 McMahon, Adrienne	W53	Launceston	44.00
7 Tillema, Mendelt	M77	Talays	45.00
8 Walsham, Linda	W54	Hobart D	48.00

<b>Heat 5 of 8</b>			
1 Reid, Catherine	W62	Power Points	42.00
2 Stronach, Megan	W72	Hobart D	42.00
3 Doran, Michael	M67	Launceston	40.00
4 Van Ommen, Mark	M64	Hobart D	39.00
5 Rickwood, Donna	W62	Hobart Aquatic	40.00
6 Montague, Rosa	W77	Power Points	41.40
7 Reynolds, Dave	M39	Huon Valley	42.00
8 Smith, Sharon	W64	Huon Valley	42.08

<b>Heat 6 of 8</b>			
1 Tyrell, Philip	M72	Hobart Aquatic	39.00
2 Wylie, Jack	M27	Huon Valley	38.00
3 Collins, Brad	M55	Launceston	37.00
4 Cowie, David	M63	Power Points	36.90
5 Wylie, Leisl	W53	Hobart D	37.00
6 Lain, Jennifer	W54	Hobart Aquatic	38.00
7 May, David	M50	Hobart D	38.00
8 Chalmers, Mick	M73	Talays	39.00

<b>Heat 7 of 8</b>			
1 Lucas, Penny	W62	Hobart Aquatic	34.08
2 Almeida, Auro	M64	Hobart D	32.50
3 McMillan, Elisa	W31	Hobart D	31.24
4 Sarma, Indie	W20	Hobart Aquatic	30.00
5 Cochrane, Lucy	W33	Devonport	30.35
6 Friedman, Robert	M54	Melbourne H2o	31.50
7 Groom, Jim	M73	Talays	33.00
8 Forman, Tony	M80	Hobart Aquatic	35.97

<b>Heat 8 of 8</b>			
1 Osborne, Gabrielle	W55	Hobart Aquatic	29.77
2 Bucknell, Jennie	W58	Power Points	28.50
3 Belstead, James	M26	Huon Valley	27.05
4 Harley, Ryan	M35	Hobart Aquatic	26.36
5 Thompson, Mark	M55	Power Points	26.50
6 Mctye, Bradley	M29	Hobart Aquatic	27.87
7 Smith, Nathan	M44	Huon Valley	29.64
8 Alvarez, Facundo	M27	Hobart Aquatic	30.00

<b>Event 3</b>	<b>Mixed 200 LC Metre Butterfly</b>		
<b>Lane Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 1</b>			
1			
2			
3			
4 de Carvalho, L	W46	Power Points	2:31.50
5			
6			
7			
8			

**MSTAS 40th Summer LC Championships 2024 - 23/03/2024 to 24/03/2024**  
**Meet Program**

**Event 4 Mixed 100 LC Metre Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4**

1	Muir, Sue	W71	Hobart D	3:30.00
2	Reynolds, Anne	W67	Huon Valley	2:40.06
3	Tillema, Mendelt	M77	Talays	2:35.00
4	Reynolds, Anita	W43	Huon Valley	2:30.00
5	Cousins, Mary	W75	Hobart D	2:30.45
6	Walsham, Linda	W54	Hobart D	2:40.00
7	Spencer, Jacquie	W44	Launceston	2:56.45
8	Anderson, Jocy	W83	Talays	3:40.00

**Heat 2 of 4**

1	Smithurst, Terry	M88	Talays	2:25.00
2	Oldfield, Wendy	W65	Huon Valley	2:13.79
3	Wylie, Jack	M27	Huon Valley	2:00.00
4	Adams, Natasha	W51	Hobart D	2:00.00
5	Tucker, Robert	M72	Launceston	2:00.00
6	Doran, Michael	M67	Launceston	2:05.00
7	McMahon, Alwynne	W69	Launceston	2:16.00
8	Towers, John	M74	Launceston	2:29.50

**Heat 3 of 4**

1	Redgrove, Fiona	W68	Hobart D	1:59.00
2	Weeks, Ceri	W65	Launceston	1:52.48
3	Burke, Jo	W58	Hobart Aquatic	1:50.00
4	Wilson, Victoria	W23	Huon Valley	1:47.68
5	Collins, Brad	M55	Launceston	1:48.00
6	Cousins, Annaliese	W49	Hobart D	1:50.22
7	Nichols, Allan	M71	Hobart D	1:55.00
8	Reynolds, Dave	M39	Huon Valley	2:00.00

**Heat 4 of 4**

1	van der Reest, Heidi	W43	Huon Valley	1:40.00
2	Osborne, Gabrielle	W55	Hobart Aquatic	1:34.16
3	Alvarez, Facundo	M27	Hobart Aquatic	1:20.00
4	Cronk, Stephen	M45	Power Points	1:12.00
5	Belstead, James	M26	Huon Valley	1:14.67
6	Sarma, Indie	W20	Hobart Aquatic	1:30.00
7	Osborn, Kathryn	W62	Hobart D	1:36.63
8	Wylie, Leisl	W53	Hobart D	1:45.00

\*10 Minute Break\*

**Event 5 Mixed 400 LC Metre IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1**

1	McMahon, Alwynne	W69	Launceston	9:15.00
2	Redgrove, Fiona	W68	Hobart D	7:50.00
3	Cronk, Stephen	M45	Power Points	5:05.00
4	Ziegeler, Fiona	W63	Hobart D	7:50.00
5	Richards, Steve	M61	Hobart D	8:20.00
6				
7				
8				

**Event 6 Mixed 100 LC Metre Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4**

1				
2				
3	Anderson, Jocy	W83	Talays	3:20.00
4	Langman, Ruth	W79	Talays	3:00.00
5	Towers, John	M74	Launceston	3:08.50
6				
7				
8				

**Heat 2 of 4**

1				
2	Shuey, Ian	M75	Hobart Aquatic	2:50.00
3	Timperon, Ruth	W76	Launceston	2:32.00
4	Tillema, Mendelt	M77	Talays	2:08.00
5	Adams, Judith	W71	Hobart D	2:14.00
6	Mayne, Sue	W88	Talays	2:48.59
7	Merridew, Sarah	W72	Launceston	2:55.00
8				

**Heat 3 of 4**

1	Doran, Michael	M67	Launceston	2:00.00
2	Van Ommen, Mark	M64	Hobart D	1:50.00
3	Wilson, Victoria	W23	Huon Valley	1:47.03
4	Bennett, Jodie	W51	Hobart Aquatic	1:45.00
5	Ziegeler, Fiona	W63	Hobart D	1:45.00
6	Stronach, Megan	W72	Hobart D	1:48.00
7	Tucker, Robert	M72	Launceston	1:55.00
8	Nichols, Allan	M71	Hobart D	2:00.00

**Heat 4 of 4**

1	Lain, Jennifer	W54	Hobart Aquatic	1:40.00
2	Lopez, Claudia	W32	Hobart D	1:34.00
3	Cochrane, Lucy	W33	Devonport	1:22.35
4	Walker, Brent	M53	Hobart Aquatic	1:10.00
5	Harley, Ryan	M35	Hobart Aquatic	1:14.00
6	Lucas, Penny	W62	Hobart Aquatic	1:30.66
7	Groom, Jim	M73	Talays	1:40.00
8	Reid, Catherine	W62	Power Points	1:44.00

\*10 Minute Break\*

**Event 7 Mixed 200 LC Metre Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5**

1	Spencer, Jacquie	W44	Launceston	5:29.56
2	Merridew, George	M76	Launceston	4:50.00
3	Claydon, Valerie	W72	Hobart Aquatic	4:35.00
4	Walsham, Linda	W54	Hobart D	4:25.00
5	Latchford, Annie	W73	Launceston	4:30.00
6	Pugh, John	M86	Launceston	4:50.00
7	Muir, Sue	W71	Hobart D	5:00.00
8				

**Heat 2 of 5**

1	Carter, Alan	M65	Hobart Aquatic	4:00.00
2	Tucker, Robert	M72	Launceston	3:50.00
3	Bradley, Janet	W74	Talays	3:45.00
4	Reid, Catherine	W62	Power Points	3:40.00
5	Doran, Michael	M67	Launceston	3:42.00
6	McMahon, Adrienne	W53	Launceston	3:48.00
7	Smith, Sharon	W64	Huon Valley	3:54.21
8	Timperon, Ruth	W76	Launceston	4:22.00

**Heat 3 of 5**

1	Wylie, Jack	M27	Huon Valley	3:30.00
2	Cousins, Annaliese	W49	Hobart D	3:17.22
3	Forman, Tony	M80	Hobart Aquatic	3:13.30
4	Wylie, Leisl	W53	Hobart D	3:05.00
5	Collins, Brad	M55	Launceston	3:05.00
6	Chalmers, Mick	M73	Talays	3:16.00
7	Montague, Rosa	W77	Power Points	3:19.23
8	McGinty, Kathleen	W72	Hobart Aquatic	3:40.00

**MSTAS 40th Summer LC Championships 2024 - 23/03/2024 to 24/03/2024**  
**Meet Program**

**Heat 4 of 5 (#7 Mixed 200 LC Metre Freestyle)**

1	Bennett, Jodie	W51 Hobart Aquatic	3:00.00
2	Rickwood, Donna	W62 Hobart Aquatic	2:55.00
3	Lopez, Claudia	W32 Hobart D	2:52.00
4	Almeida, Auro	M64 Hobart D	2:47.00
5	van der Reest, Heidi	W43 Huon Valley	2:50.00
6	Smith, Nathan	M44 Huon Valley	2:54.13
7	Tyrell, Philip	M72 Hobart Aquatic	2:55.00
8	Cowie, David	M63 Power Points	3:02.50

**Heat 5 of 5**

1	McMillan, Elisa	W31 Hobart D	2:36.99
2	Bucknell, Jennie	W58 Power Points	2:25.00
3	Mctye, Bradley	M29 Hobart Aquatic	2:12.27
4	Thompson, Mark	M55 Power Points	2:05.00
5	Belstead, James	M26 Huon Valley	2:12.16
6	de Carvalho, L	W46 Power Points	2:24.50
7	Duggan, Amanda	W64 Hobart D	2:31.73
8	Harley, Kelly	W34 Hobart Aquatic	2:43.67

**Event 8 Mixed 50 LC Metre Butterfly**

**Lane Name Age Team Seed Time**

**Heat 1 of 4**

1			
2			
3	McMahon, Adrienne	W53 Launceston	1:20.00
4	Burke, Jo	W58 Hobart Aquatic	1:00.00
5	McMahon, Alwynne	W69 Launceston	1:04.00
6			
7			
8			

**Heat 2 of 4**

1			
2	Nichols, Allan	M71 Hobart D	1:00.00
3	Rickwood, Donna	W62 Hobart Aquatic	50.00
4	Stronach, Megan	W72 Hobart D	48.00
5	Tucker, Robert	M72 Launceston	48.00
6	Adams, Natasha	W51 Hobart D	55.00
7	Doran, Michael	M67 Launceston	1:00.00
8			

**Heat 3 of 4**

1	Ziegeler, Fiona	W63 Hobart D	45.00
2	Lain, Jennifer	W54 Hobart Aquatic	40.00
3	Almeida, Auro	M64 Hobart D	39.00
4	Osborne, Gabrielle	W55 Hobart Aquatic	34.23
5	Cochrane, Lucy	W33 Devonport	37.22
6	Duggan, Amanda	W64 Hobart D	39.01
7	van der Reest, Heidi	W43 Huon Valley	40.30
8	Montague, Rosa	W77 Power Points	47.43

**Heat 4 of 4**

1	Sarma, Indie	W20 Hobart Aquatic	33.00
2	de Carvalho, L	W46 Power Points	31.52
3	Walker, Brent	M53 Hobart Aquatic	29.50
4	Cronk, Stephen	M45 Power Points	29.00
5	Harley, Ryan	M35 Hobart Aquatic	29.10
6	Friedman, Robert	M54 Melbourne H2o	31.00
7	Mctye, Bradley	M29 Hobart Aquatic	32.00
8	McMillan, Elisa	W31 Hobart D	34.11

**\*10 Minute Break\***

**Event 9 Men 200 LC Metre Freestyle Relay**

**Lane Team Relay Seed Time**

**Heat 1 of 1**

1				
2	Talays	M280	A	
	1) Groom, Jim	M73	2) Smithurst, Terry	M88
	3) Tillema, Mendel	M77	4) Chalmers, Mick	M73
3	Launceston	M240	A	
	1) Doran, Michael	M67	2) Towers, John	M74
	3) Tucker, Robert	M72	4) Collins, Brad	M55
4	Hobart D	M200	A	
	1) May, David	M50	2) Richards, Steve	M61
	3) Van Ommen, Mark	M64	4) Almeida, Auro	M64
5	Hobart Aquatic	M160	A	
	1) Mctye, Bradley	M29	2) Harley, Ryan	M35
	3) Tyrell, Philip	M72	4) Walker, Brent	M53
6	Huon Valley	M120	A	
	1) Smith, Nathan	M44	2) Wylie, Jack	M27
	3) Reynolds, Dave	M39	4) Belstead, James	M26
7				
8				

**Event 10 Women 200 LC Metre Freestyle Relay**

**Lane Team Relay Seed Time**

**Heat 1 of 2**

1				
2				
3	Launceston	W280A		
	1) Timperon, Ruth	W76	2) Merridew, Sarah	W72
	3) McMahon, Alwynne	W69	4) Latchford, Annie	W73
4	Hobart D	W280A		
	1) Adams, Judith	W71	2) Gillian, Anne	W63
	3) Mulligan, Beth	W73	4) Cousins, Mary	W75
5	Talays	W320A		
	1) Anderson, Jocy	W83	2) Langman, Ruth	W79
	3) Mayne, Sue	W88	4) Tillema, Jose	W80
6				
7				
8				

**Heat 2 of 2**

1	Huon Valley	W200A		
	1) Reynolds, Anne	W67	2) Reynolds, Anita	W43
	3) Oldfield, Wendy	W65	4) Smith, Sharon	W64
2	Hobart D	W200A		
	1) Osborn, Kathryn	W62	2) McMillan, Elisa	W31
	3) Ziegeler, Fiona	W63	4) Duggan, Amanda	W64
3	Launceston	W200A		
	1) Spencer, Jacquie	W44	2) McMahon, Adrienne	W53
	3) McHenry, Diana	W69	4) Weeks, Ceri	W65
4	Hobart D	W160A		
	1) Wylie, Leisl	W53	2) Adams, Natasha	W51
	3) Cousins, Annaliese	W49	4) Lopez, Claudia	W32
5	Hobart Aquatic	W160A		
	1) Sarma, Indie	W20	2) Harley, Kelly	W34
	3) Lain, Jennifer	W54	4) Osborne, Gabrielle	W55
6	Hobart Aquatic	W240A		
	1) Bennett, Jodie	W51	2) Burke, Jo	W58
	3) Claydon, Valerie	W72	4) McGinty, Kathleen	W72
7	Hobart D	W240A		
	1) Stronach, Megan	W72	2) Walsham, Linda	W54
	3) Muir, Sue	W71	4) Redgrove, Fiona	W68
8				

**MSTAS 40th Summer LC Championships 2024 - 23/03/2024 to 24/03/2024**

**Meet Program**

Event 11	Mixed 200 LC Metre Freestyle Relay		
Lane Team	Relay	Seed Time	
<b>Heat 1 of 1</b>			
1 Hobart D	X240A		
1) May, David M50	2) Ziegeler, Fiona W63		
3) Almeida, Auro M64	4) Duggan, Amanda W64		
2 Launceston	X240A		
1) Bryan, Glenn M64	2) Merridew, Sarah W72		
3) Weeks, Ceri W65	4) Collins, Brad M55		
3 Hobart D	X200A		
1) Cohen, William M47	2) Walsham, Linda W54		
3) Gillian, Anne W63	4) Richards, Steve M61		
4 Huon Valley	X120A		
1) van der Reest, Heidi W43	2) Wilson, Victoria W23		
3) Smith, Nathan M44	4) Belstead, James M26		
5 Hobart Aquatic	X160A		
1) Sarma, Indie W20	2) Tyrell, Philip M72		
3) Bennett, Jodie W51	4) Mctye, Bradley M29		
6 Huon Valley	X160A		
1) Smith, Sharon W64	2) Reynolds, Anne W67		
3) Wylie, Jack M27	4) Reynolds, Dave M39		
7 Hobart Aquatic	X280A		
1) Carter, Alan M65	2) Claydon, Valerie W72		
3) McGinty, Kathleen W72	4) Shuey, Ian M75		
8 Launceston	X280A		
1) Latchford, Annie W73	2) Timperon, Ruth W76		
3) Towers, John M74	4) Merridew, George M76		

Event 12	Mixed 100 LC Metre Freestyle		
Lane Name	Age	Team	Seed Time
<b>Heat 1 of 6</b>			
1 Spencer, Jacquie	W44	Launceston	2:40.08
2 Merridew, George	M76	Launceston	2:20.00
3 Walsham, Linda	W54	Hobart D	2:10.00
4 Rebuck, Anthony	M87	Malvern Marlins	2:05.00
5 Merridew, Sarah	W72	Launceston	2:05.00
6 Pugh, John	M86	Launceston	2:10.00
7 Reynolds, Anita	W43	Huon Valley	2:30.00
8			
<b>Heat 2 of 6</b>			
1 Reynolds, Anne	W67	Huon Valley	2:00.00
2 Latchford, Annie	W73	Launceston	1:55.30
3 McGinty, Kathleen	W72	Hobart Aquatic	1:50.00
4 Cohen, William	M47	Hobart D	1:50.00
5 McHenry, Diana	W69	Launceston	1:50.00
6 Oldfield, Wendy	W65	Huon Valley	1:54.41
7 Carter, Alan	M65	Hobart Aquatic	2:00.00
8 Cousins, Mary	W75	Hobart D	2:01.65
<b>Heat 3 of 6</b>			
1 Smith, Sharon	W64	Huon Valley	1:44.83
2 Sampson, Michelle	W50	Hobart D	1:40.00
3 Weeks, Ceri	W65	Launceston	1:38.36
4 Van Ommen, Mark	M64	Hobart D	1:35.00
5 Reid, Catherine	W62	Power Points	1:36.30
6 Wylie, Jack	M27	Huon Valley	1:40.00
7 Bradley, Janet	W74	Talays	1:42.00
8 Reynolds, Dave	M39	Huon Valley	1:45.00
<b>Heat 4 of 6</b>			
1 Wilson, Victoria	W23	Huon Valley	1:32.00
2 Cousins, Annaliese	W49	Hobart D	1:25.99
3 Cowie, David	M63	Power Points	1:23.00
4 Collins, Brad	M55	Launceston	1:20.00
5 Bennett, Jodie	W51	Hobart Aquatic	1:20.00
6 Forman, Tony	M80	Hobart Aquatic	1:25.09
7 Montague, Rosa	W77	Power Points	1:31.49
8 Chalmers, Mick	M73	Talays	1:32.00

Heat 5 of 6			
1 Tyrell, Philip	W72	Hobart Aquatic	1:19.00
2 Lucas, Penny	W62	Hobart Aquatic	1:14.52
3 Almeida, Auro	M64	Hobart D	1:12.00
4 Osborne, Gabrielle	W55	Hobart Aquatic	1:09.16
5 McMillan, Elisa	W31	Hobart D	1:10.50
6 Duggan, Amanda	W64	Hobart D	1:13.90
7 Harley, Kelly	W34	Hobart Aquatic	1:15.41
8 Groom, Jim	M73	Talays	1:19.00
<b>Heat 6 of 6</b>			
1 Bucknell, Jennie	W58	Power Points	1:04.00
2 Walker, Brent	M53	Hobart Aquatic	1:01.50
3 Mctye, Bradley	M29	Hobart Aquatic	59.59
4 Thompson, Mark	M55	Power Points	56.00
5 Belstead, James	M26	Huon Valley	59.00
6 Harley, Ryan	M35	Hobart Aquatic	1:00.32
7 Alvarez, Facundo	M27	Hobart Aquatic	1:03.00
8 Cochrane, Lucy	W33	Devonport	1:09.00

Event 13	Mixed 200 LC Metre Breaststroke		
Lane Name	Age	Team	Seed Time
<b>Heat 1 of 2</b>			
1 Towers, John	M74	Launceston	5:59.50
2 Reynolds, Anita	W43	Huon Valley	5:10.00
3 Cohen, William	M47	Hobart D	4:50.00
4 Redgrove, Fiona	W68	Hobart D	4:10.00
5 McHenry, Diana	W69	Launceston	4:40.00
6 Reynolds, Dave	M39	Huon Valley	5:00.00
7 Smithurst, Terry	M88	Talays	5:30.00
8			
<b>Heat 2 of 2</b>			
1 Nichols, Allan	M71	Hobart D	4:00.00
2 Wylie, Leisl	W53	Hobart D	3:55.00
3 Weeks, Ceri	W65	Launceston	3:50.00
4 Osborn, Kathryn	W62	Hobart D	3:30.00
5 Smith, Nathan	M44	Huon Valley	3:46.00
6 Wilson, Victoria	W23	Huon Valley	3:51.20
7 Burke, Jo	W58	Hobart Aquatic	3:55.00
8 Adams, Natasha	W51	Hobart D	4:00.00

Event 14	Mixed 50 LC Metre Backstroke		
Lane Name	Age	Team	Seed Time
<b>Heat 1 of 5</b>			
1			
2			
3 Merridew, George	M76	Launceston	1:40.00
4 Tillema, Jose	W80	Talays	1:25.00
5 Anderson, Jocy	W83	Talays	1:30.00
6			
7			
8			
<b>Heat 2 of 5</b>			
1			
2 Langman, Ruth	W79	Talays	1:17.00
3 Smithurst, Terry	M88	Talays	1:15.00
4 Sampson, Michelle	W50	Hobart D	1:10.00
5 Cousins, Mary	W75	Hobart D	1:12.57
6 Shuey, Ian	M75	Hobart Aquatic	1:16.00
7 Mayne, Sue	W88	Talays	1:25.00
8			

**MSTAS 40th Summer LC Championships 2024 - 23/03/2024 to 24/03/2024**  
**Meet Program**

**Heat 3 of 5 (#14 50 LC Metre Backstroke)**

1	Merridew, Sarah	W72 Launceston	1:10.00
2	Oldfield, Wendy	W65 Huon Valley	1:05.38
3	Reynolds, Anne	W67 Huon Valley	1:05.00
4	Carter, Alan	M65 Hobart Aquatic	1:00.00
5	Gillian, Anne	W63 Hobart D	1:01.76
6	McHenry, Diana	W69 Launceston	1:05.00
7	Pugh, John	M86 Launceston	1:08.00
8	Timperon, Ruth	W76 Launceston	1:10.00

**Heat 4 of 5**

1	Tillema, Mendelt	M77 Talays	58.00
2	McMahon, Alwynne	W69 Launceston	54.00
3	Chalmers, Mick	M73 Talays	50.00
4	Stronach, Megan	W72 Hobart D	48.00
5	Van Ommen, Mark	M64 Hobart D	50.00
6	Reid, Catherine	W62 Power Points	50.00
7	Bradley, Janet	W74 Talays	58.00
8	Adams, Judith	W71 Hobart D	1:00.00

**Heat 5 of 5**

1	Lain, Jennifer	W54 Hobart Aquatic	43.00
2	Lucas, Penny	W62 Hobart Aquatic	41.51
3	Sarma, Indie	W20 Hobart Aquatic	37.76
4	Walker, Brent	M53 Hobart Aquatic	31.50
5	Harley, Ryan	M35 Hobart Aquatic	34.00
6	Bryan, Glenn	M64 Launceston	39.00
7	Groom, Jim	M73 Talays	42.00
8	Lopez, Claudia	W32 Hobart D	44.00

\*10 Minute Break\*

**Event 15 Mixed 200 LC Metre IM**

**Lane Name Age Team Seed Time**

**Heat 1 of 2**

1			
2			
3	McMahon, Alwynne	W69 Launceston	4:20.00
4	Adams, Natasha	W51 Hobart D	4:00.00
5	Burke, Jo	W58 Hobart Aquatic	4:05.00
6			
7			
8			

**Heat 2 of 2**

1			
2	Lopez, Claudia	W32 Hobart D	3:24.00
3	van der Reest, Heidi	W43 Huon Valley	3:18.00
4	Cronk, Stephen	M45 Power Points	2:22.00
5	Duggan, Amanda	W64 Hobart D	3:01.44
6	Bennett, Jodie	W51 Hobart Aquatic	3:23.00
7	Rickwood, Donna	W62 Hobart Aquatic	3:50.00
8			

**Event 16 Mixed 100 LC Metre Butterfly**

**Lane Name Age Team Seed Time**

**Heat 1 of 1**

1			
2	Sampson, Michelle	W50 Hobart D	2:05.00
3	McMillan, Elisa	W31 Hobart D	1:17.36
4	de Carvalho, L	W46 Power Points	1:10.50
5	Friedman, Robert	M54 Melbourne H20	1:12.50
6	Ziegeler, Fiona	W63 Hobart D	1:50.00
7			
8			

\*10 Minute Break\*

**Event 17 Mixed 400 LC Metre Freestyle**

**Lane Name Age Team Seed Time**

**Heat 1 of 4**

1	Timperon, Ruth	W76 Launceston	11:50.00
2	Spencer, Jacquie	W44 Launceston	11:14.90
3	Merridew, George	M76 Launceston	10:05.00
4	Latchford, Annie	W73 Launceston	8:30.00
5	Smith, Sharon	W64 Huon Valley	8:41.07
6	Mayne, Sue	W88 Talays	10:20.00
7	Pugh, John	M86 Launceston	11:40.00
8	Mulligan, Beth	W73 Hobart D	12:00.00

**Heat 2 of 4**

1	McGinty, Kathleen	W72 Hobart Aquatic	8:00.00
2	Forman, Tony	M80 Hobart Aquatic	7:05.45
3	Stronach, Megan	W72 Hobart D	6:55.00
4	Richards, Steve	M61 Hobart D	6:50.00
5	Sampson, Michelle	W50 Hobart D	6:50.00
6	Smith, Nathan	M44 Huon Valley	7:00.00
7	Cohen, William	M47 Hobart D	7:50.00
8	Carter, Alan	M65 Hobart Aquatic	8:00.00

**Heat 3 of 4**

1	Montague, Rosa	W77 Power Points	6:44.41
2	Cowie, David	M63 Power Points	6:25.00
3	Bennett, Jodie	W51 Hobart Aquatic	6:00.00
4	Tyrell, Philip	M72 Hobart Aquatic	5:59.00
5	Rickwood, Donna	W62 Hobart Aquatic	6:00.00
6	van der Reest, Heidi	W43 Huon Valley	6:00.00
7	Groom, Jim	M73 Talays	6:30.00
8	Chalmers, Mick	M73 Talays	6:50.00

**Heat 4 of 4**

1	Harley, Kelly	W34 Hobart Aquatic	5:45.95
2	de Carvalho, L	W46 Power Points	4:57.02
3	Mctye, Bradley	M29 Hobart Aquatic	4:50.43
4	Thompson, Mark	M55 Power Points	4:26.00
5	Belstead, James	M26 Huon Valley	4:43.33
6	Walker, Brent	M53 Hobart Aquatic	4:54.00
7	Duggan, Amanda	W64 Hobart D	5:23.33
8	Almeida, Auro	M64 Hobart D	5:49.00

**Event 18 Mixed 200 LC Metre Backstroke**

**Lane Name Age Team Seed Time**

**Heat 1 of 2**

1			
2			
3	Anderson, Jocy	W83 Talays	6:20.00
4	Timperon, Ruth	W76 Launceston	5:10.00
5	Shuey, Ian	M75 Hobart Aquatic	6:10.00
6	Langman, Ruth	W79 Talays	6:30.00
7			
8			

**Heat 2 of 2**

1	Wilson, Victoria	W23 Huon Valley	3:55.72
2	Ziegeler, Fiona	W63 Hobart D	3:50.00
3	Lucas, Penny	W62 Hobart Aquatic	3:12.37
4	McHenry, Diana	W69 Launceston	2:10.00
5	Cochrane, Lucy	W33 Devonport	2:58.18
6	Lain, Jennifer	W54 Hobart Aquatic	3:30.00
7	Redgrove, Fiona	W68 Hobart D	3:55.00
8	Adams, Judith	W71 Hobart D	4:34.00



**MSTAS 40th Summer LC Championships 2024 - 23/03/2024 to 24/03/2024**

**Meet Program**

**Event 19 Mixed 50 LC Metre Breaststroke**

**Lane Name Age Team Seed Time**

**Heat 1 of 5**

1			
2	Anderson, Jocy	W83 Talays	1:37.00
3	Reynolds, Anne	W67 Huon Valley	1:18.74
4	Tillema, Mendelt	M77 Talays	1:15.00
5	Gillian, Anne	W63 Hobart D	1:15.45
6	Tillema, Jose	W80 Talays	1:30.00
7			
8			

**Heat 2 of 5**

1	Langman, Ruth	W79 Talays	1:15.00
2	Walsham, Linda	W54 Hobart D	1:10.00
3	Cohen, William	M47 Hobart D	1:05.00
4	Sampson, Michelle	W50 Hobart D	1:05.00
5	Smithurst, Terry	M88 Talays	1:05.00
6	Cousins, Mary	W75 Hobart D	1:05.77
7	Smith, Sharon	W64 Huon Valley	1:14.57
8	Merridew, Sarah	W72 Launceston	1:15.00

**Heat 3 of 5**

1	Bradley, Janet	W74 Talays	1:03.00
2	Oldfield, Wendy	W65 Huon Valley	1:01.88
3	McHenry, Diana	W69 Launceston	58.00
4	Reynolds, Dave	M39 Huon Valley	55.00
5	Adams, Natasha	W51 Hobart D	55.00
6	Latchford, Annie	W73 Launceston	59.30
7	Towers, John	M74 Launceston	1:02.50
8	Reynolds, Anita	W43 Huon Valley	1:05.00

**Heat 4 of 5**

1	Lopez, Claudia	W32 Hobart D	55.00
2	Cousins, Annaliese	W49 Hobart D	53.44
3	Wylie, Jack	M27 Huon Valley	52.00
4	Collins, Brad	M55 Launceston	49.00
5	Burke, Jo	W58 Hobart Aquatic	50.00
6	Weeks, Ceri	W65 Launceston	52.40
7	Redgrove, Fiona	W68 Hobart D	55.00
8	Nichols, Allan	M71 Hobart D	55.00

**Heat 5 of 5**

1	Sarma, Indie	W20 Hobart Aquatic	45.00
2	Osborn, Kathryn	W62 Hobart D	43.46
3	Osborne, Gabrielle	W55 Hobart Aquatic	39.12
4	Cronk, Stephen	M45 Power Points	33.00
5	Alvarez, Facundo	M27 Hobart Aquatic	37.00
6	Smith, Nathan	M44 Huon Valley	41.42
7	Bryan, Glenn	M64 Launceston	45.00
8	Wylie, Leisl	W53 Hobart D	49.00

**\*10 Minute Break\***

**Event 20 Women 200 LC Metre Medley Relay**

**Lane Team Relay Seed Time**

**Heat 1 of 1**

1	Huon Valley	W160A	
	1) Oldfield, Wendy W65	2) Wilson, Victoria W23	
	3) van der Reest, Heidi W43	4) Smith, Sharon W64	
2	Hobart D	W160A	
	1) McMillan, Elisa W31	2) Wylie, Leisl W53	
	3) Lopez, Claudia W32	4) Adams, Natasha W51	
3	Hobart Aquatic	W160A	
	1) Lain, Jennifer W54	2) Osborne, Gabrielle W55	
	3) Sarma, Indie W20	4) Harley, Kelly W34	
4	Hobart D	W200A	
	1) Cousins, Annaliese W49	2) Osborn, Kathryn W62	
	3) Ziegeler, Fiona W63	4) Duggan, Amanda W64	9

**5 Launceston W240A**

- 1) Merridew, Sarah W72
- 2) Weeks, Ceri W65
- 3) McMahon, Alwynne W69
- 4) Latchford, Annie W73

**6 Hobart Aquatic W240A**

- 1) Bennett, Jodie W51
- 2) Burke, Jo W58
- 3) Rickwood, Donna W62
- 4) McGinty, Kathleen W72

**7**

**8 Hobart D W280A**

- 1) Adams, Judith W71
- 2) Cousins, Mary W75
- 3) Redgrove, Fiona W68
- 4) Stronach, Megan W72

**Event 21 Men 200 LC Metre Medley Relay**

**Lane Team Relay Seed Time**

**Heat 1 of 1**

1			
2			
3	Hobart D	M240A	
	1) Nichols, Allan M71	2) Van Ommen, Mark M64	
	3) May, David M50	4) Almeida, Auro M64	
4	Launceston	M240A	
	1) Merridew, George M76	2) Towers, John M74	
	3) Bryan, Glenn M64	4) Collins, Brad M55	
5			
6	Huon Valley	M120A	
	1) Reynolds, Dave M39	2) Belstead, James M26	
	3) Smith, Nathan M44	4) Wylie, Jack M27	
7	Hobart Aquatic	M160A	
	1) Walker, Brent M53	2) Tyrell, Philip M72	
	3) Mctye, Bradley M29	4) Harley, Ryan M35	
8			