

28th LONG COURSE LONG DISTANCE CHAMPIONSHIPS

Saturday, 18th November 2023

Doone Kennedy Hobart Aquatic Centre
1 Davies Ave Hobart TAS 7000



Program

Warm up 10.30 am for 11.00 am start. The meet is scheduled to end by 2.00 pm.

- Event 1 400 Metre Freestyle
- Event 2 800 Metre Freestyle
- Event 3 1500 Metre Freestyle

Warm up/swim down lanes will be available in the dive pool.

Entry Fee

\$5.00 registration plus \$10.00 per event (includes pool entry)

Conditions of entry

- Competitors may enter **two** individual events.
- Form strokes or medley strokes may be swum – please indicate this in the **Notes Section** on the entry form when registering online.
- Swimmers registered for two events may be limited to one event on the day at the discretion of the Meet Director due to time constraints. Refunds will apply.
- Event heats will be heat-seeded slowest to fastest.
- Age as of 31 December 2023.
- Rules of MSA as at the closing date of entries apply.
- All competitors must be registered with MSA at the time of entry. *No guests allowed.*
- No changes to entries or refund of entry fees after the close of entries, except at the discretion of the Meet Director.
- Swimmers are to provide their own person to count laps if required. Lap counter flip boards will be provided.
- Electronic timing will be used.
- **Note to Clubs.** Participating clubs are requested to provide timekeepers to operate the electronic semi-automatic timing backup system as well as manual timing with one watch.

Entry Procedures

Individual entries are via online Club Assistant only. Entries will open on **Saturday 30 September at 11.59am** and will close **11.59 pm on Saturday 11 November.**