

AGENDA

LAUNCESTON AUSSI MASTERS ANNUAL GENERAL MEETING MONDAY 13th FEBRUARY 2006

- 1/ OPENING OF MINUTES**
- 2/ APOLOGIES**
- 3/ CONFIRMATION OF PREVIOUS AGM MINUTES**
- 4/ REPORTS FROM OFFICE BEARERS**
 - President**
 - Treasurer**
 - Fitness & Coaching**
 - Publicity**
 - Recorder**
 - Club Captains**
 - Breakfast Report**
 - Social Committee**
- 5/ PRESENTATION OF AWARDS**
 - Time Trial Champions**
 - Aerobic Trophy**
 - Most Improved Male**
 - Most Improved Female**
 - Club Person of the Year**
 - Coaches Awards**
- 6/ ELECTION OF NEW OFFICE BEARERS FOR 2006**
- 7/ GENERAL BUSINESS**

**LAUNCESTON AUSSI MASTERS
ANNUAL GENERAL MEETING
HELD MONDAY, 14th FEBRUARY, 2005**

Meeting opened at 8.30pm

PRESENT: Jenny Napier, Lynn Jarvis, David Herbig, Graeme Warren, Dayle Stagg, Debbie Zuj, Pam Stancombe, Phil Venables, Kay Bailey, Lyn Jetson, Kate Wearne, Chris Moore, Geoff Fillmore, Roger Butorac, Kym Whittle, Ian Simms, Ian Porte, Malcolm Cowan, Rod Oliver, John Pugh, Angela Martin, Alwynne McMahon, Sarah Merridrew, Ray Brien, Hector Beveridge, Bill Woodworth, Marg Stick, Kerry Millwood, Diana McHenry, Catherine Pearce

APOLOGIES: Nil

CONFIRMATION OF MINUTES FROM PREVIOUS AGM: The Minutes of the last AGM held on Monday, 9th February, 2004, were made available to be read and were deemed true and accurate.

Moved: Dayle Stagg Seconded: Jenny Napier *CARRIED*

BUSINESS ARISING: Nil

REPORTS FROM OFFICE BEARERS

President: Hector presented his report. Key points included:

- maintaining member numbers (82)
- catering for the diversity of swimmers
- thanks to the Committee for hard work
- our success in championships
- great breakfasts thanks to Jenny Napier
- concern about debate for new indoor pool facility

Moved that the President's Report be accepted as presented:

Moved: Malcolm Cowan Seconded: John Pugh *CARRIED*

Treasurer: Ray presented his report. Key points included:

- Despite expenses such as the First Aid Course, Camera, and a loss at swim meets the Club remains in a very sound financial position
- Need to explore other bank options due to CBA fees
- Garrott & Garrotts has done an excellent job again
- Recommended that we seek sponsorship to boost cash reserves
- Suggested that a letter be sent to Gerry Bonner, QMS to express our appreciation of their support by providing free photocopying services. Kerry to arrange.

A motion was moved to accept the Treasurer's Report as presented.

Moved: Ray Brien Seconded: Debbie Zuj *CARRIED*

A motion was also moved to re-appoint Garrott & Garrott as the Club's Accountants.

Moved: Malcolm Cowan Seconded: John Pugh *CARRIED*

Fitness & Coaching: John presented his report. Key points included:

- Thanks for co-operation and support over the year
- Cathy Rae will take over coaching on Monday's during John's absence
- Ceri Weeks has kindly organised drill sheets
- Training programmes are aimed at a general level and it is a challenge to meet requirements of all swimmers

A motion was moved to accept the Fitness and Coaching Report as presented.

Moved: John Pugh Seconded: Ray Brien *CARRIED*

Publicity: No report.

Recorder: Jenny presented her report.

- Trying pool conditions has affected participation
- We did very well in state and national swim meets
- Dayle Stagg completed all possible aerobic swims – the first time a Lemmings member has done this. Well done Dayle!

A motion was moved to accept the Recorder's Report as presented.

Moved: Jenny Napier Seconded: Lynn Jarvis *CARRIED*

Health & Safety: No report available.

Club Captains: Ian presented this report.

- Excellent performances in Summer and Winter Championships
- Big thank you to John for coaching
- Diversity of the Club (cycling, running, Relay for Life)
- Great year socially

A motion was moved to accept the Club Captain's Report as presented.

Moved: Ian Simms Seconded: Kym Whittle *CARRIED*

Breakfast Report: Jenny tabled her report. Thanks to Jenny for all the hard work involved in providing breakfast.

A motion was moved to accept the Breakfast Report as presented.

Moved: Jenny Napier Seconded: Lynn Jarvis *CARRIED*

Social Committee: Lynn presented the report on behalf of the committee. The annual planning event has proven to be an excellent way to organise a successful social calendar, with a range of great options on offer. Thanks to the social committee for the hard work put in this year. Lynn invited members to attend the 2005 planning meeting, to be held on 3/3/05, and encouraged all new members to come along to organised events.

A motion was moved to accept the Social Committee's Report as presented.

Moved: Lynn Jarvis Seconded: David Herbig *CARRIED*

PRESENTATION OF AWARDS

Time Trial Champions: First: Debbie Zuj
 Second: Jenny Napier
 Third: John Pugh

Aerobic Trophy: First: Dayle Stagg
 Second: Debbie Zuj
 Third: Diana McHenry

Most Improved Male: Chris Moore
Most Improved Female: Lyn Jetson

Club Person of the Year: John Pugh

Coaches Awards: Malcolm Cowan Dave Herbig
 Angela Martin Konrad Platcha
 Kate Wearne Phil Gale
 Susanne Borg Rick Cleveland
 Neil McKinnon Mandy Millar
 Kerrie Dean Catherine Pearce
 Annie Peck Stewart Stevenson
 Tania Olden

ELECTION OF NEW OFFICE BEARERS FOR 2005

Nominations for all positions were taken from the floor.

President:	Hector Beveridge	Moved: Ray, Seconded: John
Vice President:	Malcolm Cowan	Moved: Margie, Seconded: Kate
Treasurer:	Ray Brien	Moved: Jenny, Seconded: Lynn
Secretary:	Kerrie Dean	Moved: Kerry, Seconded: Jenny
Recorder:	Jenny Napier	Moved: Ray, Seconded: Dayle
Coach:	John Pugh	Moved: Lynn, Seconded: Hector
Publicity:	Rod Oliver	Moved: Ray, Seconded: Dayle
Health & Safety:	Lyn Jetson	Moved: Lynn, Seconded: John
Social Convenor:	Lynn Jarvis	Moved: David, Seconded: Kate
Club Captains:	Ian Simms	Moved: Di, Seconded, Debbie
	Kym Whittle	Moved: Di, Seconded, Debbie
General member:	Chris Moore	Moved: Kym, Seconded, Kerry
	Konrad Platcha	Moved: Ray, Seconded Ian

All elected/re-elected unopposed.

GENERAL BUSINESS

- A motion was moved that we continue to keep swim fees at \$3.00 for the time being, but the Committee should review and amend as needed throughout the year.
- Moved: Ray Brien Seconded: Bill Woodworth. *CARRIED*
- Winter Swim times were clarified (starting from April: AMC Mon & Thur 7-8pm; Sat 6.45am-8am; LSC Wed 5.30-6.30pm)
- Pam Stancombe encouraged all members to lobby for new pool facilities in Launceston, individually, and on a group level.
- LSC Saturday morning access should be through the side gate.
- John thanked Hector for his excellent role as President, and Kerry for her work over the past three years as Secretary.
- The State AGM will be held prior to the Devonport Summer Championships, at the Alexander Hotel (26.2.05 at 1.00pm). All welcome.
- First Aid Courses/Refresher Courses will be held if there is a demand.

Meeting closed at 9.50pm

Thank you to all those attending.

LAUNCESTON AUSSI MASTERS SWIMMING CLUB

The Launceston Lemmings

PRESIDENT'S REPORT 2005

Presented to the AGM, Monday 13th February 2006

Once again it gives me great pleasure to be able to report that our club has experienced another great year. Listed in our achievements for the year are

- Attaining a record membership level of 90. The strength of numbers means we can plan and experiment with confidence.
- Unprecedented participation in the 2005 National Swim in Hobart highlighted by 55 Launceston entries and a third placing on the Champion Club competition table. Amongst the many achievements are 18 gold, 18 silver and 24 bronze medals, some excellent relay swims and numerous social moments.
- Successful defence of our Tasmanian Branch Summer, Winter and Relay short distance interclub championships. The clubs dominance of these events over recent years takes some of the gloss off the achievement for some members. My position is you cannot win them without a high participation level and whilst we maintain the environment that encourages participation we are achieving the core aim of AUSSI.
- Good levels of participation in the Branch long distance championships.
- Continued monthly conduct of the club's time trial competition – a unique event that saw us awarded the Zoggs Good Idea Award.
- Participation in the national Aerobic Trophy award highlighted by Kay Bailey's maximum 390 point score.
- Finishing the year in the same sound financial position we started, with a record amount going through the books. Treasurer Ray's report gives all the details. Our thanks to him for handling this task so capably and conscientiously, even while he had the National Swim coordination to manage.
- Shared purchase with AUSSI Tasmania of inflatable buoys and the conduct of some open water swims. Judging by the response we have every opportunity to develop a strong open water program.
- Bimonthly publication of an informative and quality newsletter. The efforts and enthusiasm of editor Rod Oliver has turned Streamline into a 'news pictorial' that has added to everyone's appreciation of the club. Rod has also been successful at getting publicity for the club and masters swimming in the Examiner, something that we have struggled to achieve in the past.

- A full and varied social calendar, highlights being the nationals dinner, post nationals party, winter dinner dance and Christmas cocktails. My thanks to Lynn Jarvis and the social committee.
- Saturday morning breakfasts. These are, to my mind, a core reason why the club is so successful. It gives members the opportunity to mingle socially on a regular basis and provides an opportunity to get to know new members. The catering expertise of Jenny Napier in preparing the summer breakfasts in the clubrooms assists greatly in this regard. Thanks Jenny.
- A high level of involvement in the management of AUSSI Tasmania. We provide the President and Secretary (Ray Brien and Marg Stick) and take a high profile in most endeavours. This was particularly so in the Hobart National Swim for which Ray was chairman of committees and Meet Director. The success of the event, and a measure of Rays endeavour and achievement, was highlighted by acceptance of the national swim as a finalist in two categories at the Tasmanian Sport and Recreation Department awards.
- Increased participation in postal competitions. We can thank Kay Bailey for promoting and managing these events for the club.
- Participation again in the Relay for Life charity event, raising approximately one thousand dollars for cancer research.
- Support for members in diverse activities including the Lorne Pier to Pub swim and the Round the Bay in a Day bike ride.

All of that and not a mention of the club's pre-eminent activity and the one for which most of us are club members - training sessions – swimming for fitness and fun We were able to provide five sessions a week in winter (four at Maritime College and one at Windmill Hill) and four over the summer at Windmill Hill. Attendance at sessions has been high all year, this has a double effect of making participation more enjoyable and keeping the swim fee at the remarkably low level of three dollars. I remember eight to ten years ago concern that we could not afford to conduct sessions at that price. Thanks to the high attendance rates we still are, despite much higher pool hire charges. The day will come when an increase is required but while things remain the same the fee will also remain. Perhaps that day will be when the new aquatic centre is opened.

Success of club sessions is primarily due to the club coach, John Pugh, and his programs. John has carried this mantle for many years now and there is no doubt that the club's growth over the years is partly due to swimmer's appreciation of the training and coaching John provides on behalf of the club. I also want to recognise the assistance John has received this year from Cathy Rae and Kay Bailey. Both willingly agreed to take sessions when John when found he was over committed (in retirement) and could not take all sessions. The fact that he has done so for many years is testimony to his dedication and enthusiasm for masters swimming. Thanks John.

The other major factor in the success of the club is the willingness of so many to help when required. Everyone on committee has done their job conscientiously and enthusiastically this year. It is a pleasure to work with a team that works well together

and I thank everyone involved for their support and assistance. Not everything that comes to the committee table is simple or straightforward but I am pleased to say we have a harmonious group with, usually, a common attitude towards issues. A good example of this was dealing with the issue that resulted in adoption of a club philosophy towards competition of *participation and inclusiveness*.

Another issue that has been discussed is limiting the number of members we allow into the club. Some members have raised the possibility of the club being swamped by people wanting to join when Windmill Hill closes, overpopulating training sessions at Maritime College. As it is only a possibility, and considering people join as members in the spirit of AUSSI, Committee has resolved to allow new members until a saturation point is reached, if ever.

These decisions mirror the AUSSI mission of *“To provide ... an environment to encourage adults, regardless of age or ability, to swim regularly in order to promote fitness and improve their general health.”*

Whilst this attitude persists within the club I am sure we will continue to prosper. I know it plays a large part in my enjoyment of our activities.

I look forward to another good year for the club.

Hector Beveridge

President

13th February 2006

REPORT OF THE TREASURER

AUSSI Masters Swimming in Australia, Launceston, Incorporated

For the year ended 31st December 2005.

For 2005 the Club posted a loss of \$217, compared with a \$614 loss in 2004, with a net turnover of approximately \$33,000. Turnover for 2005 was higher than average with the processing of entry fees for the 30th AUSSI National swim in Hobart.

Statement of Income and Expenditure

Income for the Club is derived from two primary sources – Memberships and Pool session fees – and minor sources such as Club clothing sales, social functions and hosting State Championships. For 2005 income from memberships increased to \$1,685 (\$1,168 in 2004) and the surplus from pool fees increased to \$2,219 (\$991 in 2004). A funding subsidy of \$1,090 from AUSSI Tasmania assisted with the conduct of the Health and Fitness seminar.

Expenditure was generally in-line with historical averages with the exception of the training seminar. Transfer of the club's banking business to the Bendigo bank has reduced the impact of bank fees on the operating account. The diverse range of club activities led to an increase in donations/sponsorship. The club sponsored the following activities: Sally's charity ride with a donation of \$100 in addition to the \$250 raised by club members; \$100 sponsorship to the group taking part in the 'Round the bay in a day' bike ride; as well as the supply of food for participants in the 'Relay for life' event.

The Balance Sheet

The balance sheet shows the organisation's financial resources on the last day of the financial year. The Club's major assets comprise of cash (current and fixed deposits), stopwatches, pace clock, swim caps, clothing, training program holders, an underwater video camera and a considerable collection of kitchen items.

The Club entered the 2006 financial year with outstanding liabilities of \$1,244 (\$2,405 in 2005) comprising of the account for December's pool hire at Windmill Hill (\$884) and unearned revenue for pre paid 2005 Registrations.

Audit

Garrotts are helpful and efficient and I recommend that they be re-appointed as auditors for the forthcoming year. They provide their services at a discount rate for not only our Club, but for the State and National bodies as well.

Recommendations

I offer the following recommendations for consideration by the incoming committee:

1. Actively seek a long-term sponsor for the Club to expand our income base.
2. That all expenditures are considered against the authority implied by the year's budget.



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Ray Brien
Treasurer

9th February 2006

STATEMENT OF INCOME AND EXPENDITURE

AUSI Masters Swimming in Australia Launceston Incorporated	2004	2003
<i>For the year ended 31st December 2004</i>	\$	\$
	<i>Notes</i>	
Income		
Interest received	301	252
Long Course Long Distance championships	(Page 4) 270	360
Membership fees	4,155	4,142
National Championships	455	160
Pool admission charges	10,352	11,536
Short Course Long Distance championships	120	160
Social functions	1,005	60
State Winter Short Course championships	(Page 3) 795	1,140
Summer Long Course Championships	(Page 3) 2,686	3,925
Sundry income	674	480
Total Income	20,813	22,215
Expenditure		
Advertising	425	119
Affiliation	100	100
Apparel and merchandise	259	(467)
Audit	187	187
AUSI Registration	2,987	3,681
Bank charges	230	102
Coaching expenses	273	180
Donations	100	645
Equipment and training videos	475	161
Filing fees	44	43
First aid course	470	-
Gifts and flowers	198	230
Long Course Long Distance championships	(Page 4) 162	694
National championships	506	160
Pool hire	9,444	10,397
Post Office Box rental	55	52
Postage and printing	631	271
Repairs and maintenance	-	189
Meeting expenses	99	250
Short Course Long Distance championships	120	150
Social functions	992	130
State Winter Short Course championships	(Page 3) 1,036	1,230
Summer Long Course Championships	(Page 3) 2,591	3,430
Trophies and prizes	43	75
Website	-	30
Total Expenditure	21,427	22,039
Net (deficit)/surplus for the year	(614)	176
Accumulated funds at the beginning of the financial year	11,509	11,333
Accumulated funds at the end of the financial year	10,895	11,509

The above statement of income and expenditure should be read in conjunction with the accompanying notes.

BALANCE SHEET

AUSI Masters Swimming in Australia Launceston Incorporated		2005	2004
<i>As at 31 December 2005</i>		\$	\$
	<i>Notes</i>		
CURRENT ASSETS			
Petty cash		-	3
Cash at bank	2	11,534	12,564
Accounts receivable		-	133
Inventories		388	600
Total Current Assets		<u>11,922</u>	<u>13,300</u>
TOTAL ASSETS		<u>11,922</u>	<u>13,300</u>
CURRENT LIABILITIES			
Accounts payable	3	884	730
Unearned revenue	4	360	1,675
Total Current Liabilities		<u>1,244</u>	<u>2,405</u>
TOTAL LIABILITIES		<u>1,244</u>	<u>2,405</u>
NET ASSETS		<u>10,678</u>	<u>10,895</u>
EQUITY			
Accumulated funds		<u>10,678</u>	<u>10,895</u>
TOTAL EQUITY		<u>10,678</u>	<u>10,895</u>

The above balance sheet should be read in conjunction with the accompanying notes.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

AUSSI Masters Swimming in Australia Launceston Incorporated <i>31 December 2005</i>	2005	2004
	\$	\$

1 Accounting Policies

These financial statements are a special purpose financial report prepared in order to satisfy the accounts preparation requirements of the Associations Incorporation Act (Tasmania) 1964.

The committee have determined that AUSSI Masters Swimming in Australia Launceston Incorporated is not a reporting entity and therefore there is no need to apply Australian Accounting Standards or other mandatory professional reporting requirements in the preparation and presentation of the financial statements.

The financial statements have been prepared on an accruals basis. They are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of these statements:

(a) Inventories

Stocks of apparel and merchandise are valued at the lower of cost or net realisable value on a first in first out basis.

2 Cash at Bank

Bendigo Bank - cheque account	3,534	-
Bendigo Bank - term deposit	8,000	-
Commonwealth Bank - cheque account	-	6,310
Commonwealth Bank - cash management account	-	6,254
	<u>11,534</u>	<u>12,564</u>

3 Accounts Payable

Pool hire	884	730
	<u>884</u>	<u>730</u>

4 Unearned Revenue

Subscriptions in advance	360	1,010
National championship entries in advance	-	665
	<u>360</u>	<u>1,675</u>

Launceston Lemmings

Coaching Report : John Pugh

For year ended 31st December 2005

Nothing startling has happened in coaching this past year as our range of training nights and activities seem to suit most of you. Those of you who need more than we offer with the space and time available very sensibly do the 'extra' bit in your own time.

Coaching goals

As I have reported previously every coach is guided by a set of intentions, goals or objectives that are not always made explicit, and are often taken for granted or perceived as 'obvious' or 'common sense', or even missing completely. My personal goals as a coach don't change. To remind you, and especially newer members, they are to:

- Prepare innovative, challenging, manageable and well organised training programmes to match your ability and improve your level of fitness
- Improve your swimming skills (technique) so that it is easier to achieve the training sets and become more efficient at doing so
- Get you to set benchmarks for your own performance and fitness by doing time trials and aerobic swims
- Encourage and persuade you to use your improved fitness and technique to represent your club in the summer, winter and long distance championships
- Help you achieve your goals in the AUSSI spirit of fitness and fun and observe the etiquette that makes swimming in groups enjoyable
- Treat you even handedly and with patience, good humour and respect at all times.

Coaching outcomes

Did I achieve these goals in 2005?

- My observations from the poolside and from talking with you informally are that you find the training programmes interesting and challenging, and that your fitness levels do improve. I don't hear many complaints and most of you are skilled at adapting the sets and intervals to your own capacities. I admire the orderliness and self-control you show in training. Attendances also show that training satisfies you.
- My approach to skills is largely to look for weaknesses in stroke mechanics and offer suggestions to individuals, rather than to the group as a whole. However, if you do the drill sets properly (you think about what you are doing!) you get practice in technique. Again, watching you swim from the poolside gives me the feel that techniques improve and that the worst faults are being ironed out (especially in butterfly).
- Benchmarks for all distances and strokes, from 50 metres to 1,500 metres and beyond are really set in the time trial and aerobic swim sessions. About a third of you do these

regularly, and others sporadically. The reasons seem to be the climate (it is cold hanging around between swims) and some unfocussed fear of 'competition' (which they are not). I will just keep working on the fitness benchmarks.

- Participation in the inter-club meets (we call these championships) has varied. Summer championships and the national swim were well attended and the winter ones slightly less so. We won both Tassie competitions, which warmed my heart. But numbers in the long distance events were poor. My persuasion did not work here.
- I think that I was patient, helpful and good humoured most of the time!

Following up on suggestions

Responding to member suggestions I have:

- Prepared drill sheets for freestyle and backstroke so that you know what drills to do
- Had more form stroke sessions (put on by Kaye Bailey)
- Allowed all lanes to vary interval times where appropriate
- Done super sets more often and given details of the sets and times in a newsletter
- Scheduled a longer distance training session a week or month. I am doing this, but don't miss the session! Aerobic swims allow for 1500 metres to 3000 metres for each stroke (except butterfly). So put in an advance request for an aerobic swim night and have a go in the long distance inter-club swims.
- Had more sprint sessions (put on by Cathy)
- Arranged a comprehensive one day coaching seminar

What's in it for the coach?

Why does someone take on an unpaid coaching job and do it year after year? Well, luckily I still get enormous satisfaction in watching you swim well in an organised and self-disciplined way, and with apparent enjoyment (something that visitors comment on). The words 'that was a good session'; 'I liked that' or 'wow, that was tough' are reward enough.

Your participation in inter-club events is a public demonstration to other clubs and swimmers that your coach and your club are 'doing the right thing'. We have a quiet reputation for being one of the better Masters clubs in Tassie. So keep me happy by stepping up to the blocks four times a year. Remember, participation and not winning is the object!

Other coaching matters

- Another reminder that pool buoys, kick boards and fins are really aids for drills. They give you a streamlined body position and direct your attention to the correct arm strokes and leg kicks. They are best used as directed. For safety reasons use your hand paddles during your private swims and not in club sessions.
- Some lanes still have a bad habit of rotating the leader during sets. Don't do this because it disrupts self-pacing and the 'feel' for a repeated distance. Pick your leader and order of swimming and stick with it.
- I will try and get more guest speakers for Saturday mornings. So watch out for these and other activities. And feed me with good ideas.

Finally, my thanks to Kaye and Cathy for taking sessions when I couldn't, and thanks to all of you for another year of co-operation and appreciation.

LAUNCESTON AUSSI MASTERS SWIMMING

RECORDER'S ANNUAL REPORT 2005

2005 was a year with many good swimming times and participation varying as to the time of year and pools available for both aerobic and time trials.

2005 was a year with the National Swim in Hobart, which enabled many Club Members to compete for the first time in a National Swim and others to catch up with members met at previous meets. Many of our Club swimmers recorded best times and brought back numerous medals.

Members participated in State competitions - Long Course Summer in Devonport, Short Course Long Distance and Short Course Winter in Hobart and the Long Course Long Distance as a Postal swim.

Some Members competed in Postal swims from run by other clubs organised by Kay Bailey and these swims were able to be recorded as aerobic swims so a great way to gain both personal and club points.

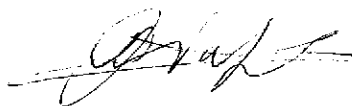
Congratulations to Medal winners and all who participated and helped as it needs us all to make these events happen and to be successful.

The number of participants in both the time trials and the aerobic swims varied with poor attendances at times, which was disappointing. Time trials and aerobic swims only occur 3 times a month and I feel are important as club nights where swimmers can realise how their swimming is progressing both in sprints and longer swims. These club recorded times should help with team spirit as well as personal gain.

Aerobic swims attracted some first time long distance swimmers and I hope in future more members will be inspired to participate in some if not all the longer and shorter aerobic swims and earn club points in the National Aerobic Trophy. This year the women earned 849 points and the men 569 making a total of 1418 points in total, down considerably from 2004. We had 90 registered members with participation rate of only 33.33% or 30 members which equates to only 15.76 points per club member.

My congratulations to trophy winners, especially to Kay Bailey who completed all the Aerobic swims earning 390 individual points this is the second year we have had a swimmer gain maximum points and I understand the 4th year Kay has completed all aerobic swims, this is a great effort as most longer swims are done out of club times. Debbie Zuj must be congratulated on winning the Time Trial trophy, with nearly 100% attendance in spite of illness.

I would like to thank everyone who has helped especially with organising and time keeping and encouragement during 2005 and to wish you all well with your swimming in the future.



Jennifer Napier

Club Recorder

NO.	SURNAME	PTS	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC	PROGRESSIVE	AVERAGE
1	Zuj	Debbie	5.20	7.60	5.50	4.20	6.20	7.25	3.00	3.00	5.20	3.00	4.25	5.20	4.95	
2	Pugh	John	4.60	6.60			5.80	4.40	5.50	5.40	5.00		4.50	4.90	5.23	
3	Napier	Jennifer	2.00	4.20	3.80	3.65	3.00	2.25	2.25	3.00	3.00	3.00	2.00	2.99	2.93	
4	Olden	Tania	5.00	4.60	3.60	3.80	2.00	3.60	4.80		2.20	3.00		3.62		
5	Oliver	Rod	2.00	2.00	4.40	3.40	4.40	3.80	3.00	3.20	3.60	2.20		3.20		
6	Venables	Phil	4.25	4.80		5.40	4.40	3.80	7.00					4.94		
7	Merrifew	Sarah	2.80		3.80	2.00		3.20	5.00	4.60		3.00	2.00	3.30		
8	Bailey	Kay	4.00			2.20		5.80	4.40	4.60			5.25	4.38		
9	Brien	Ray	3.00		2.20			3.00	4.60	4.20	5.20	3.00	5.00	3.71		
10	Cleveland	Rick	2.00			3.75		6.60	5.60	4.20			3.75	4.32		
11	McMahon	Alwynne	2.00	6.00	3.40	5.80								4.44		
12	Chikcott	Tim				3.40	3.40	3.40	5.20					3.85		
13	Smith	Heidi			3.20		6.00		5.40					4.87		
14	Buttrac	Roger	5.25			2.20	2.60		4.40					3.61		
15	Beveridge	Hector		3.00	4.40	6.25								4.55		
16	Ried	Simone				3.25		2.00	5.33	2.00				3.15		
17	Clark	Nick	5.50		3.60	3.20			2.40				4.75	4.10		
18	Doran	Michael				3.00								3.38		
19	Plachia	Konrad			3.40	2.60	2.00				2.00			2.50		
20	Martin	Angela	2.75		2.60	3.80								3.05		
21	Casey	Susan	2.00		3.40	2.80								2.73		
22	Jetson	Lyn			2.00		2.60	3.40						2.67		
23	Adams	Peter	3.25					2.00					2.75	2.67		
24	Starcombe	Pam	4.60										3.25	2.67		
25	Smalldon	Kathryn					2.60	5.20						3.93		
26	Warren	Graeme				2.00		2.60						3.90		
27	Bower	Susan			7.20									3.63		
28	Gale	Phil							3.80				3.00	7.20		
29	Campbell	Penny				2.00			4.90					3.40		
30	Bradford	Bec					3.00		3.60					3.30		
31	Russell	Kate					2.00	4.40						3.20		
32	Millwood	Kerry		2.60	3.80									3.20		
33	Moore	Chris	3.00						3.00					3.00		
34	McHenry	Diana	2.00	4.00										3.00		
35	Muir	Steve						4.20						4.20		

36	Cumhingham	Naomi				4.00														4.00
37	Weals	Carl								3.80										4.00
38	Whittle	Kim	3.75																	3.75
39	Oliver	Tahnee																		3.50
40	Anthony	Scott	3.50																	3.50
41	Stagg	Dayle				3.00														3.00
42	Smith	Neil																		3.00
43	West	Debbie																		2.00
44	Miller	Stuart																		2.00
45	Miller	Mandy																		2.00
46	Fillmore	Geoff																		2.00
47	Cumhingham	Ros																		2.00
48	Coulson	Garry																		2.00
49	Cavanour	Alix																		2.00
50	Case	Stephen	2.00																	2.00
51	Bailey	Brett																		2.00
		SWIMMERS	17	11	10	18	17	12	17	15	20	7	6	16	60.00					13.83

AEROBIC POINTS - 2005 SEASON
National Aerobics Scheme

Place	Points	Name	Sex	Age	Club
1	390	Kay BAILEY	F	50	TLC
2	120	John PUGH	M	67	TLC
3	95	Diana MCHENRY	F	50	TLC
4	94	Rod OLIVER	M	59	TLC
5	85	Ray BRIEN	M	55	TLC
6	81	Deborah ZUJ	F	43	TLC
7	72	Jennifer NAPIER	F	60	TLC
8	55	Phil VENABLES	M	40	TLC
9	50	Heidi SMITH	F	32	TLC
10	35	Roger BUTORAC	M	49	TLC
11	33	Konrad PLACHTA	M	47	TLC
12	30	Tahnee OLIVER	F	27	TLC
13	25	Hector BEVERIDGE	M	61	TLC
14	24	Rick CLEVELAND	M	48	TLC
15	21	Brett BAILEY	M	22	TLC
16	20	Nicholas CLARK	M	48	TLC
16	20	Simone REID	F	33	TLC
18	15	Tim CHILCOTT	M	42	TLC
18	15	Ketrina CLARKE	F	45	TLC
18	15	Alwynne MCMAHON	F	50	TLC
18	15	Kerry MILLWOOD	F	44	TLC
18	15	Ian SIMMS	M	53	TLC
18	15	Peter SMITH	M	51	TLC
18	15	Ruth TIMPERON	F	57	TLC
18	15	Kym WHITTLE	F	39	TLC
26	12	Susan CASEY	F	32	TLC
26	12	Phillip GALE	M	34	TLC
28	10	Lyn JETSON	F	46	TLC
29	8	Tania OLDEN	F	40	TLC
30	6	Sarah MERRIDEW	F	53	TLC

CAPTAINS' REPORT 2005

Another year has flown by and we find ourselves all too soon staring down the barrel of another summer coming to an end.

Again we've had a more than successful year with both the Summer and Winter Championships. We also had the opportunity to show our talents at the Nationals held in Hobart, where we came a very commendable third overall. An achievement we should all be very proud of. Just goes to show what "strength in numbers" really means with our high participation rate assisting in our result.

For those unaware, this was Tim's first year as male captain. One which he accepted with some trepidation in, trying to fill the shoes of our former captain Ian Simms. Boy was he glad we kept up our winning streak! However being unsure of the characteristics of a Lemming and particularly what noise they make I'm afraid the barking noises WILL continue from the direction of Lane 1!!

Our club is renowned throughout the land, "or state anyway", for its strong social bonding and extra outdoor activities. So much so that we have a new name for many of our more physical members D.A.G.s! Which stands for DIVERSE ACTIVITY GROUP/s. The less health conscious and more relaxed members look forward to more eating and drinking activities over the coming year.

Congratulations and thank you to the combined coaching efforts of John Pugh, Kaye Bailey and Cathy Rae, which hopefully has eased the workload of coaching 4 times a week off John Pugh alone.

It is with excitement that we look forward to these Summer Championships, our last at Windmill Hill as we know it. We hope to make it special with extra emphasis on participation for everyone so we all have the opportunity to take part in local history. Good luck to you all.

Just a reminder that the Relay For Life is on ^{in APRIL} ~~2nd of March~~. This is always a challenging and enjoyable event. See Ian Simms for more details. On the subject of charities, a big well done to Sally Fletcher a long time member who again has ridden around Tassie to raise money for awareness on Youth Suicide and also those other club members who supported her and kept her company at various stages throughout her journey.

Lastly, I'm stepping down as Female Captain. Unfortunately I just haven't been able to commit to attending meetings and fulfil the role as much as I had hoped. I wish the new captain well.

All the Best for 2006.

KYM WHITTLE

and

TIM CHILCOTT

AKA Kymmy & Timmy!!

LAUNCESTON AUSSI MASTERS SWIMMING

REPORT – BREAKFASTS 2005

We held breakfasts during the summer months in the Club Room with very good attendances.

Beginning with the start of the summer season it was decided by the committee to offer more variety of foods for the breakfasts resulting in the availability of two types of cereal and the purchase of coffee plungers and associated hardware such as containers.

The club purchased a new coffee machine early in the year and also paid for the items needed for the extras now offered for breakfasts.

We are just covering costs but I feel the \$2 charge enables all who would like to join in the breakfasts to do so and family members are also welcome.

When we start our winter program breakfasts in the club room will be curtailed until the new pool is built, and I hope then we may be able to continue with this very valuable get together.

I would like to thank everyone for their help and encouragement throughout the year and may breakfasts on Saturday mornings continue even though not in the club room as it is a valuable meeting time for all Club members.



Jennifer Napier

Launceston AUSSI Swim Club Social Committee Report 2005

Once again a small committee headed by a convenor looked after the social affairs of the swimming club. This system has worked well now for two years and ensures that there are always lots of fresh ideas and plenty of hands to do the work.

The committee for 2005 was: Sue Borg, David Herbig, Pam Stancombe and Margaret Stick.

It was a busy year, especially with the National Championships in Hobart. These are the events which we managed to squeeze into it:

- Paddle, Pedal, Plod mini tri and BBQ Beauty Point
- Dinner during National Championships at Sals, Salamanca
- Post national swim BBQ
- Grindewald Golf Day
- Meal/Movie night
- Group for the Melbourne Comedy Festival
- Mid year dinner dance at Quamby
- Long-Weekend at Maria Is. (didn't go ahead but that doesn't mean we didn't plan it!)
- Free Christmas Brekky (moved indoors at the last moment due to unkind weather)
- Christmas cocktail party
- Family Fun Night/Farewell to Windmill Hill

Most of these events were extremely successful and a big thanks to the committee members who made them happen. A big thanks also to Sue and John Borg for hosting the post-nationals' BBQ, and to Kerrie Dean and Richard Benwell for hosting the Christmas Cocktail party. These two functions, plus the mid year dinner dance at Quamby were undoubtedly the highlight of the social calendar.

Thanks also to those people who came along and shared with us the good company available within the AUSSI club. The 2005 committee and I look forward to attending a range of fun activities in the year ahead.

Lynn Jarvis
Feb 2006