

**MINUTES OF THE ANNUAL GENERAL MEETING OF LAUNCESTON AUSSI  
MASTERS CLUB HELD ON MONDAY 27TH JANUARY 1997 AT THE SOUTH  
ESK CLUB ROOMS**

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**PRESENT**

Dianna McHenry, Alwynne McMahon, Cheryl Calverley, Pam Gray Hector Beveridge, Peter Nielson, Rob Woodworth, Simon Olden, Kerrie Bedford, John Pugh, Janet Pugh, Andrew Clarke, Ray Brien, Ketrina Clarke, Jenny Napier, Julie Cooper, Mathew Cooper, Ann-Marie Cameron, Nick, and Lyn Jetson.

**APOLOGIES**

Susan Bevis, Peter Robinson, Carolyn Robinson, Sheri Leslie, Peg Ryan, Susan Blackberry.

**CONFIRMATION OF MINUTES OF PREVIOUS ANNUAL GENERAL MEETING**

The minutes of the 1996 A.G.M. were distributed and taken as read and deemed correct by those present.

**PROPOSED:** Hector Beveridge **SECONDED:** Cheryl Calverley  
**CARRIED.**

**MATTERS ARISING** Nil

**REPORTS FROM OFFICERS**

Copies of tabled reports attached.

**PRESIDENT**

John presented a very thorough report of the Clubs activities during 1996, which has been a successful year for many swimmers. John also touched on the importance of attendance at not just training sessions but also Aerobic and Time Trial events. Due to commitments to presidency of AUSSI Tasmania John relinquished his position President of the club. On behalf of the members Hector Beveridge thanked John for his time and hard work he has put into the club to make 1996 successful.

**TREASURER/AUDITOR**

In Jill Woodworths absence John explained the Income and Expenditure. Membership was stable in 1996. It was noted that the club again ended with a deficit mainly due to not covering pool costs per session and uncollected bather money. The financial reports at the time of the meeting were still in the hands of the Auditors and will be circulated at a later date.

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### **RECORDER**

Alwynne summarised her report which did not reflect truly how much time and hard work she has put in over the year. Many thanks Alwynne for your hard work.

### **FITNESS & COACHING**

Pam summarised her report and sadly announced that she would be moving inter-state in 1997. Thanks given to Pam on her hard work as coach and dedication to the club over the past years.

### **PUBLICITY**

Pam in Ray's absence provided the club with informative news letters. Thankyou again given to Pam for this service to the club.

### **SOCIAL CONVENER**

Congratulations given to Cheryl for all the organising of social matters within the club during her term in office. We are a very social club due to her expertise over the last three years.

The above reports were tabled and **PROPOSED** to be true and accurate by Hector Beveridge **SECONDED** Ray Brien **CARRIED**.

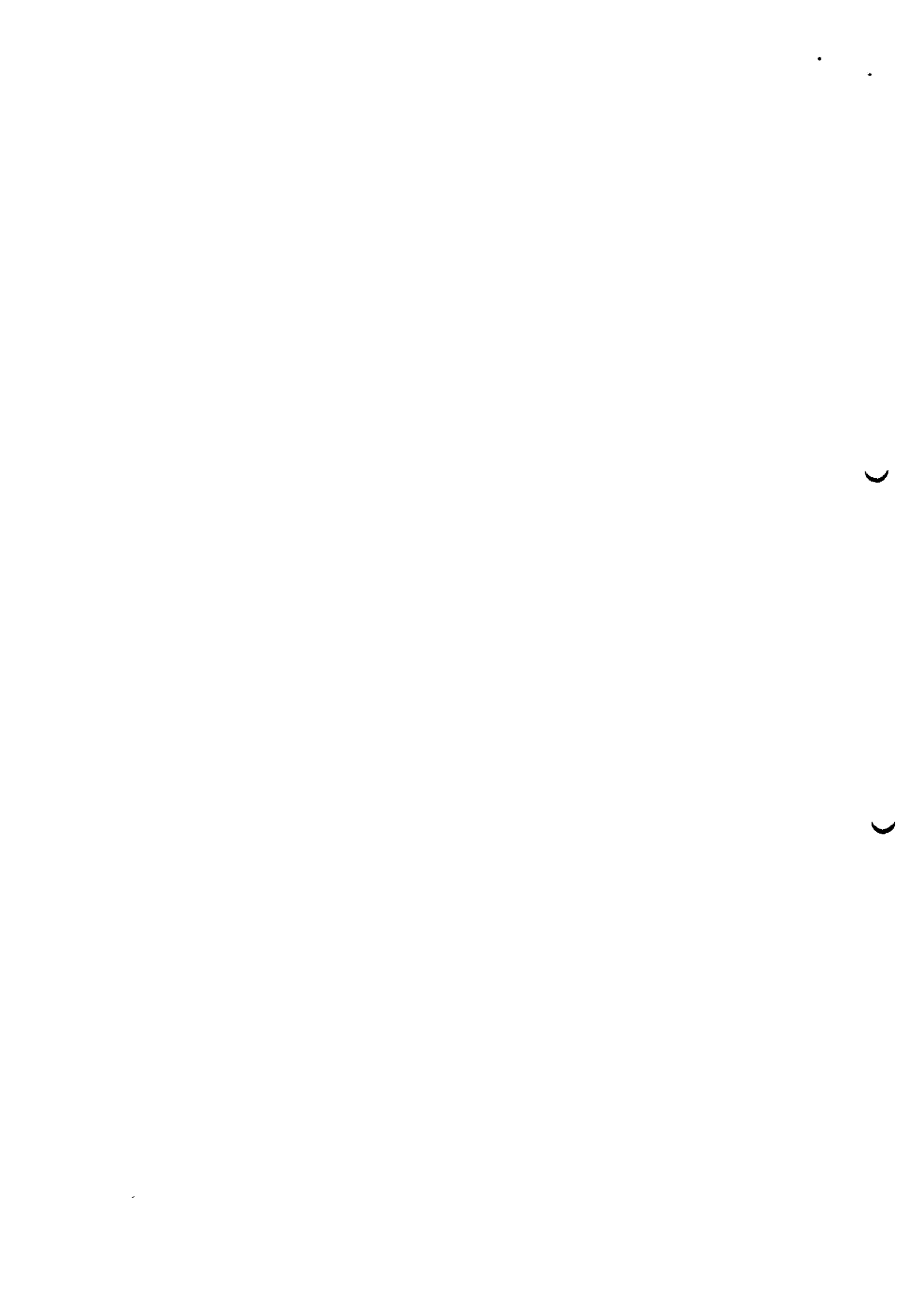
### **ELECTION OF OFFICE BEARERS**

Following nominations and seconds for all Committee positions being received for all but Safety Officer the following Committee was elected.

PRESIDENT	Peter Nielson
VICE PRESIDENT	Diana McHenry
SECRETARY	Lyn Jetson
RECORDER	Alwynne McMahon
TREASURER	John Pugh
FITNESS & COACHING	John Pugh
PUBLICITY	Ray Brien
CLUB CAPTAIN	Kerrie Bedford
SOCIAL	Peggy Ryan
SAFETY OFFICER	Ceri Weeks(subject to her acceptance)

### **SPECIAL AWARDS**The following awards were presented;

TIME TRIAL CHAMPION	John Pugh
AEROBIC POINT SCORE CHAMPION	Alwynne McMahon
MOST IMPROVED SWIMMERS	Kerrie Bedford Simon Olden
CLUB SERVICE AWARDS	Pamela Gray Cheryl Calverley
ACHIEVEMENT AWARD	Ketrina Clarke



**GENERAL BUSINESS**

**VENUES** It was agreed to continue to use the three pools, St Patrick's, Windmill Hill and Riverside in summer and Mowbray in winter.

**TRAINING NIGHT FEES** It was agreed to continue to pay \$3.00 per session and to drop, regretfully, quarterly payments.

**CLOSE OF MEETING**

The meeting was closed at 8.56pm.

**TIME & VENUE OF NEXT MEETING**

The next meeting will be a Committee meeting at a date to be organised by the incoming Committee.

**SIGNED:.....PRESIDENT**



AUSSI Masters Swimming in Australia  
Launceston Incorporated

1996

ANNUAL REPORT



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- President
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- Publicity
- Social Convenor



## **PRESIDENT'S REPORT**

I am pleased to report on the Club's activities during 1996. I arrived back from England last February to take over as caretaker President from Rob Woodworth who had put in five years of outstanding service in the position. It was a case of off the plane and into the pool for the summer championships in New Norfolk and the pace did not slow all year.

### **Organisation of Swim Meets**

In our public role we organised and hosted three short course championship meets on behalf of AUSSI Tasmania. These were the swimming component of the Tasmanian Masters Games, the Winter Championships and the first ever Long Course Championships. The meets were well attended and smoothly run thanks to the experience of the meet directors and the cooperation of all club members. Cheryl Calverley and Jill Woodworth made a name for themselves as highly efficient marshals and Elsa Wallace, as referee, orchestrated the officials through all three meets. A feature of the competitions was the speedy and accurate posting of results by our state recorder, Pauline Samson, which added to the satisfaction of the competitors.

### **AUSSI Tasmania**

The club continued to play its part in the administration of AUSSI Tasmania with myself as President and Pam Gray as club delegate to quarterly branch meetings in Ross. In the last half of the year Pam was appointed to the Coaching and Education portfolio when Megan Stronach resigned and Pam made her mark immediately by organising a successful coaching clinic in Hobart.

### **Participation in State and Other Competitions**

Our club has swimming as its main objective so it is not surprising that our members shine in the competitive and non competitive areas of that activity. The recorder's report sets out our achievements in detail but there are some highlights worth noting. Ketrina Clarke broke four National records, three in butterfly and the fourth in the 1500 m freestyle. She has become a problem for her fellow trainers in lane one and we are working on strategies to slow her down! However, she dragged the President to a National record in the 1500m freestyle as well so I cannot complain. Chris Foley swam in the National Championships in Canberra and came second in his age group while breaking 4 Tassie records.

According to our Recorder we also achieved 9 individual long course records and 21 short course records in state championships. Unfortunately we do not keep track of all the personal best times set up as the statistics would be formidable. Once again the club managed to outscore its competitors in the Winter Championships and win the inter club banner; a great effort from all of you.

### **Club Swimming Activities**

The regular weekly training sessions have been enjoyed or endured, depending on your point of view. Your three coaches, led by Pam Gray, put on a varied and challenging range of training programmes which catered for all strokes and all ability levels. The custom of thanking the coach at the end of a session which some of you have developed is very encouraging and much appreciated; so please keep doing this. As part of the training regime time trials were held each month and also the twice-monthly aerobic swims. It was pleasing

that so many of you had a go at the long distance events this year and showed the benefit of our endurance training sets.

One of the advantages the club enjoys is easy access to pool space. Not all AUSSI clubs are able to gain exclusive use of pools at a reasonable cost as we do. Pool hire in Launceston is not expensive and we have a good relationship with the pool managers at Mowbray, Riverside and Windmill Hill. It is a relationship worth continuing.

### **Social Activities**

Not all of the club's activities have been in the pool and Cheryl Calverley again organised a variety of social events to meet all tastes. She has detailed these in her own report. The Social Convenor's job is not easy but Cheryl has done it efficiently and cheerfully. The breakfast gatherings after Saturday morning training continue to be a weekly highlight.

### **Club Administration**

Clubs have to be administered and your Committee has again done its job well. It has met regularly each month and ensured that events are organised, that you are kept informed and that financial matters and correspondence are dealt with properly. Lyn Jetson has borne the brunt of the secretarial tasks; Jill Woodworth has seen to finances; Alwynne McMahon kept the records of swimming achievements up to date; Pam Gray saw to the coaching and newsletter; Cheryl Calverley made sure we stayed 'social' and Kerri Bedford helped get club swimwear and the printing done for the winter championships. Ceri weeks has looked to the matter of safety and has got the first aid equipment in good order and Diana McHenry has helped where needed. Unfortunately Ray Brien had to hand his publicity portfolio over to Pam Gray while he was 'on assignment' with Ansett in Melbourne but we hope he will be back with us this year.

A feature of the committee meetings has been the excellent supper laid on. Administration is more pleasant on a full stomach! My thanks go to all the committee members for giving up time from busy lives to do their jobs so well and cheerfully. The club could not exist without you.

### **Membership**

Club membership remained strong during the year and we registered 68 members with AUSSI Tasmania. Sadly, we have seen some long standing members leave us recently. Chris Foley and Michelle Stephenson both left to join the Air Force; Mike Webb moved to the mainland; Gordon and Vickie Piets are in Port Moresby for several years; Jill Woodworth has taken a position in Woolongong and Pam Gray is moving to New South Wales. We are sorry to lose them but know that some of them will be back with us in the future. On the positive side new people are joining to take their place.

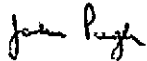
### **Participation and Finance**

Two matters have caused minor concern in the second half of the year. The first is participation. Attendance at normal training sessions has kept up but this was not the case with time trials and aerobic swims. Some of you appear to feel that the latter are somehow different from training. They are not. In fact they are designed to be part of a total training programme; opportunities to see how you are progressing in your fitness. Without having some targets to go by it is not possible to see if you are getting better. Also, if you do not turn up there are not enough timekeepers for your fellow swimmers; people sometimes have to operate two stopwatches! We also fall short of meeting pool costs.

The second matter is finance. The club runs its affairs on a very modest subscription. It retains only \$16 of the amount you pay as the rest goes to AUSSI Tasmania and the National body. This sum only just covers the normal costs of administration, as you will see in the financial reports. However, a major cost is pool hire and this must be paid from admission charges. This year pool costs were \$731 more than pool admissions and last year the shortfall was \$443, a decrease in our bank balance of \$1174 over two years. This is partly a result of some poor attendances, partly the outcome of an increase in pool hire costs and because the scheme of quarterly admission fees was not well supported. To solve this problem your outgoing committee has reverted to the \$3 admission charge payable for each swim. Only 15 people are needed to cover an hour's pool hire and we should manage this.

As I noted at the beginning, I have regarded my year as President as being in a caretaker capacity. Being the president of a club and of AUSSI Tasmania are roles which do not always mesh comfortably. Fortunately a new person is prepared to take on the job and I wish him well. I have enjoyed my stint in office and am pleased to have given service.

John Pugh



President

## TREASURER'S REPORT

For a second year the club has ended the year with a deficit. The main reasons are:

Excess of pool cost over pool admission charges	\$731
Amounts uncollected on bathers	241
Cost of supporting a second coach	<u>176</u>
	<u>\$1048</u>

The matter of covering pool costs should be solved by going back to the system of a \$3 pool admission fee payable on each swim and provided attendances at club sessions average at 15 members. This is reasonable to expect from a membership of over 60.

The shortfall on bathers is unfortunate and can be avoided if money is submitted with orders for bathers. This practice should be followed in future.

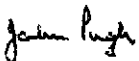
The cost of supporting a second coach will also disappear next year as one of our coaches is leaving. So all three of these costs should be avoidable next year and the club should break even again.

The unavoidable costs of administering the club are about \$1100 per year and for these costs to be covered by, say, 50 members would need a per member contribution to the club of \$22. At present the club retains only \$16 per head of the membership fee, with the remainder going to AUSSI Tasmania and to the National body. In the longer term the club should consider raising its membership fee to \$46 or \$48 per year or resort to forms of fund raising. Raising the membership fee is probably the easier option.

However, the club is still in a reasonable financial position and should remain this way with careful cash management.

The financial reports have been sent to Garrott & Garrott for audit and the auditors report will be circulated in a future newsletter.

John Pugh



On behalf of Jill Woodworth

**AUSSI Masters Swimming in Australia Launceston Incorporated**

**STATEMENT OF INCOME AND EXPENDITURE**

For the year ended 31st December 1966

	1996	1995
	\$	\$
<b>Income</b>		
Interest	88	79
Membership Fees	652	699
Pool Admission Charges	5,817	5,722
Raffles	<u>258</u>	<u>296</u>
<b>Total Income</b>	<u>6,815</u>	<u>6,796</u>
<b>Expenditure</b>		
Advertising (AGM)	21	17
Affiliation - AUSSI Tasmania	100	100
Audit	60	50
Bank Charges	54	63
Caps, Costumes & Rugby Tops	241	115
Coaching Course Fees & Coaches Registrations	260	164
Coaching Newsletter	32	16
Equipment & Training Videos	69	46
Filing Fees	40	40
First Aid Kit	33	-
Gifts & Flowers	9	31
Pool Hire	6,548	6,165
Postage & Printing	169	163
Public Liability Insurance	60	30
P.O.Box Rental	40	40
Relay Entry Fees	156	-
Social Functions	-	188
Swimming Championships	-	39
Trophies & Prizes	<u>40</u>	<u>83</u>
<b>Total Expenditure</b>	<u>7,932</u>	<u>7,350</u>
<b>Net (deficit)/surplus For the Year</b>	(1,117)	(554)
Accumulated funds at the beginning of the year	<u>3,144</u>	<u>3,698</u>
<b>Accumulated funds at the end of the year</b>	<u>2,027</u>	<u>3,144</u>

**AUSSI Masters Swimming in Australia Launceston Incorporated**

**BALANCE SHEET**

As at 31st December 1996

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	<b>1996</b>	<b>1995</b>
	\$	\$
<b>CURRENT ASSETS</b>		
Cash at bank	1,110	2,724
Accounts receivable	515	-
Stocks	<u>442</u>	<u>420</u>
<b>Total Current Assets</b>	<u>2,067</u>	<u>3,144</u>
<b>NET ASSETS</b>	<u>2,067</u>	<u>3,144</u>
<b>RESERVES</b>		
Accumulated funds	<u>2,067</u>	<u>3,144</u>
<b>TOTAL RESERVES</b>	<u>2,067</u>	<u>3,144</u>

## LAUNCESTON AUSSI RECORDER'S REPORT 1996 SEASON

1996 has been a busy year for Launceston Aussi. Members have taken place in events organised at club level, State level and National level.

Thanks must go to our coaches, John Pugh and Pam Gray, for helping us to prepare for these events by providing challenging programmes throughout the year.

Thanks also to Lyn Jetson and her band of helpers for organising Aerobic Swim and Time Trial nights. This task, however, could be made much easier if swimmers were to arrive on time on these nights and fill out cards before getting wet.

The following is a summary of achievements during 1996.

### SUMMER CHAMPIONSHIPS - NEW NORFOLK

30 participants

5 gold, 4 silver, 1 bronze age group placings.

6 State long course records set  
Janet Pugh 3      C. Foley 2  
Jonathan Pugh 1

4 winning relay teams. (20 entered)

Overall placing - THIRD (Hobart 1st)

### WINTER CHAMPIONSHIPS - MOWBRAY

40 participants

5 gold, 5 silver, 7 bronze age group placings

17 State Short Course records set -  
K. Clarke 4      P. McKenzie 3  
P. Gray 3      J. Pugh 2  
C. Robinson 1      P. Robinson 1  
D. McHenry 1      Relays 5

### INTERCLUB RELAY MEET

Was not held in 1996

### TASMANIAN MASTERS GAMES - MOWBRAY

14 participants

4 gold, 4 silver and 2 bronze

The second day was for long distance swims (800 and 1500)

13 participants (5 1500 m; 8 800m)

John Pugh set a National record in the 1500m.

State 1500m records were set by A. McMahon and H. Beveridge.

### SHORT COURSE LONG DISTANCE SWIM MEET - MOWBRAY

15 participants. (8 1500m; 7 800m) 14 medal winners.

Ketrina Clarke set a National record in the 1500m.

State 1500m records were set by D. Mchenry and A. Clarke.

### LONG COURSE LONG DISTANCE SWIM MEET - CLARENCE

5 participants. (3 1500m; 2 800m). All swimmers placed 1st or 2nd in age group.

## NATIONAL SWIM MEET - CANBERRA

Chris Foley 3 Tas records  
2nd in age group

## AUSSI OPEN WATER 4K SWIM -TREVALLYN

Approx. 6 participants.

A few AUSSI members opted for the TSI 8k swim held at the same time.

## NATIONAL AEROBIC TROPHY

36 participants. (+27 others who did not complete sets & 7 visitors)

Total points 1712 avg. per scoring swimmer 47.6

Points last year were higher due to the extra long year.

Highest points scorers	A. Mc Mahon	160
	J. Pugh	120
	H. Beveridge	116

## TIME TRIALS

38 participants (and several visitors)

Highest point scorers	J. Pugh	65.33
	L. Jetson	57.66
	P. Gray	55.66

## REGISTERED MEMBERS

Total 68



# 1996 COACHING REPORT

by Pamela Gray

Here we are again at the end of another year and I would like to congratulate all our club members on an excellent year of swimming.

During the past 12 months I have endeavoured to structure our training program to correspond with our 12 month swimming event calendar. Our progress through the different phases of training has proved to be very beneficial to our members, who have been prepared for our different events and have achieved excellent results and wonderful participation achievements. Congratulations to you all.

I particularly would like to thank John Pugh, who ran our Saturday morning training sessions, and to Ceri Weeks who helped with our stroke correction and heart rate sessions. Both these members have excellent experience and coaching expertise, and endeavoured to convey this to our members who have reaped the benefits in the pool. A special thanks also from myself, for the times due to health problems and family commitments when I have been absent from the pool and you have continued to provide our members with excellent swimming tuition.

A coach is only the guiding force for the members of a club. We are a very fortunate club to have qualified and excellent coaches within our ranks who are approachable on all levels of swimming tuition. But, it is you who do the work and achieve the results and I would like to congratulate each and every one of you on an excellent swimming year and especially thank you for your support as your coach for 1996.

I will not be in the position of Launceston AUSSI Coach for 1997 due to John Pugh resuming this position, but I would like to take this opportunity to wish you all the very best of luck with your future swimming and keep up the good work.

Thank you



Pamela Gray

# 1996 PUBLICITY OFFICERS REPORT

by Pamela Gray  
(In Ray Brien's absence)

During the second half of 1996 I have endeavoured to publish our newsletter for our members in Ray's absence.

Although the task proved to be quite a daunting endeavour on my part, due to computing and printing restrictions, we still managed to keep you the members well informed.

Articles of interest were our Eating for Peak Performance extracts, the coaching corner, the giggle corner and our ongoing program of upcoming events which proved to be well received by our readers.

I especially wish to thank Alwynne McMahon, who assisted in printing the labels for the newsletter when I encountered problems with work restrictions, and who provided an accurate and updated submission of all our time trial results for each edition.

Thank you also to all members of our banks who submitted articles and information to be published.

Although at times the publications were not perfect, I endeavoured to keep you, the members well informed and would like to thank you all for your support and understanding.

I would like to wish the Publicity Officer for 1997 the very best of luck.

Thank you



Pamela Gray

Aussi Masters Swimming in Australia  
Launceston Inc.

Social Report for 1996

Social functions for 1996 saw the staging of some regular events plus some new ones. They include the following:

Regular events: the Uni Revue attracted a crowd of 32 Aussi attendees. The Above/Below the Sea Cocktail Party hosted by Caz & Peter Robinson brought out some weird and wonderful creatures .. the imagination was amazing. The Cocktails potent and delicious.

Now for something different:

Pizza and drinks in February at the Original Pizza Pub proved quite popular - we were going to do it again but didn't. Why not? "The Watersdown Affair" (Murder Mystery night in June at Baileys Tavern) was a hoot - definitely worth doing again.

Post Winter Championship Celebrations at Barnabys Fri 30th August saw a wonderful turnout and thanks to Caz & Pete's "Awards" everybody had a jolly good time and lots of laughs.

There was a very memorable Wine Tasting night hosted by John Hutton (can he remember?) Could this be another annual event? All who attended are now experts in the wine field .. well experts at drinking it anyway.

The Christmas BBQ was held outdoors this year. An informal affair held at the shelter near Trevallyn Aquatic Beach. Members were able to relax with their families and catch up with swimming buddies. Class cricket catches were the order of the day.

This was my last year as social convenyor and I would like to say thank you to everyone who hosted, assisted, organised and attended social events in 1996 and in past years. It is very much your club and your combined contribution is what makes it such a great club.

Good luck and happiness to everyone in Aussi Launceston for 1997.



CHERYL CALVERLEY  
Social Conven or

