Talays AUSSI Masters Swimming Club Inc

P O Box 530, Sandy Bay 7005

4th Wednesday News 26 February, 1997

Dates:	**3rd Wednesday of every month - learn how to be a lemming - supervised starts from the deep end of the 'fast lane'.**
28 Feb Gala Dinner for Aquatic Centre	**Also the invitation is there at 9.50am on Saturday mornings.**
27-29 March, National Swim, Sydney	
Sat, 17 May - 800, 1500m Clarence	
Sun 18 May, Interclub Relay Meet	
Sun, 6 July, 400m Short Course	
? Aug, Winter Short Course	
? Feb, 1998 Long Course Championships	
12-14 Mar, 1998 National Swim, Hobart	

Relay Meet - Our Club is planning to conduct a Relay Meet on the Sunday Morning after the 800/1500m. More details later of 4 x 25m, 4 x 50m and an elite event of 4 x 100m of one team per Club. There is a trophy floating about for this event, so we might as well dust it off.
It has been suggested that this be a fundraiser for the Aquatic Centre.

Long Course Championships 22-23 February.

Congratulations to Sue Mayne who was named 'Swimmer of the Meet' with 5 Branch Records, including 1 National. We expect a few more from her over the next 30 years or so !!
And where winners are grinners - Mal didn't get the gold, but was smiling at clipping the 200 Fly record and edging out his arch rival in the 400m Free. John Pugh has been heard to say that Mal will need to chose his events wisely for the Winter Championships !!
As there's not a lot to tell you, I'll just ramble on about the weekend swim - by Sunday, 12 noon I was relieved that they were over - Clarence is not the best place to be, but as the weather was so unpredictable, it was probably a wise move. And where I was sitting was more like the Mad Hatters Tea Party.
However, I was more than embarrassed by some of the behaviour of several of our swimmers, (particularly as the officials were from the amateur ranks) and especially on Saturday night - missing races, disappearing to the

toilet, starting whenever they were ready. Just be thankful that I *wasn't* Refereeing - ruthless wouldn't even come close.
As well as that, there was a major glitch with the input of results on Saturday (if you really want to know, you'll need a couple of hoursto spare) and having gone to bed at 1.30am and up again at 6.30am, I was in no mood to deal with people who were into triviality and some barking liking Rottweilers.
As usual our Club was the bridesmaid - getting to be a habit isn't it. Rumour has it that Hobart made sure they had the numbers to make sure that we wouldn't get close. They had entered 75% of their registered members with about 10 extra relay teams, we only managed 50% participation. I worked it out that if we are to have any chance then we will need 75-80 swimmers to take part. If I make any further comment I might be excommunicated. But it would be nice to get our name on the shield just once !!
Hobart (2181), Talays (1513), Launceston (1240), Sandy Bay (628), Devonport (160), New Norfolk (157), Burnie (137)

The results - the medals -
Gold
Nadine Brereton (20-24), Rachel Rickards (25-29), Janet French (50-54)
Sue Mayne (60-64), Nan Lewis (75-79, Peter Walker (35-39)
Silver
Til Van de Vusse(65-69), Mary O'Brien (75-79), Paul Green (25-29), Mal Innes (55-59)
Bronze
Margaret Wilson (50-54), Stephen Walker (35-39), Stewart Peacock (45-49)
Gerry Waugh (65-69)

** Note our Club address is on the top of the page - please memorise - there will be test later.

☎/fax Pauline 62 436665

Talays AUSSI Masters Swimming Club Inc

P O Box 530 Sandy Bay 7005

4th Wednesday News April 23, 1997

Dates to remember

1997

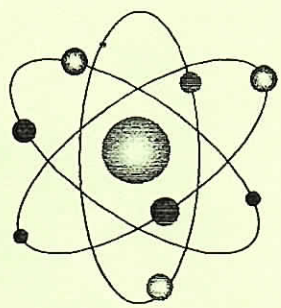
May 24 (Sat) 5pm Long Course, Long Distance, Clarence Pool. Entry/flyer included.
May 25 (Sun) 8.30am Relay Championships Collegiate Pool, entry included.

June 14 (Sat) 1.30pm Short Course Long Distance Championships, Launceston

July 6 (Sunday) 8.15am 400m meet, Collegiate Pool. Breakfast at Muirs.

Aug 9 (Sat), Aug 10 (Sun) Winter Championships, Launceston.

October - Aust. Masters Games, Canberra



1998 12,13,14 March National Swim, Hobart.

Swim Meet Entry Fees

At the recent Branch Meeting a letter from a Club was tabled regarding the paying of $18 to swim up to 5 events at a Championship. Apparently some people had wanted to pay only $4.00 just to swim 1 event. You might also ask the same question .... well it's a simple matter of maths - the cost of putting on such an event must be covered by entry fees. Each swimmer incurs the following administration fees-
$1.50 for each printed program
$1.00 for the swim certificate
$6.50 per person for pool hire (based on 7 hrs @ $130ph =$910/140 competitors) Total $9.00 per person and that's before you get wet !! Compared to other states our entry fees are very cheap: Vic $18 (3 events) Medal 1st place only
WA $15 (no medals or certs)
The cost of medals for our swim meets is approx 72 medals @ $5 each = $360.00 ($2.60 each)
So to get wet for 1 event would be $11.60 plus the entry fee $4.00 = $15. So you might as well pay $18 and get wet at least twice!!

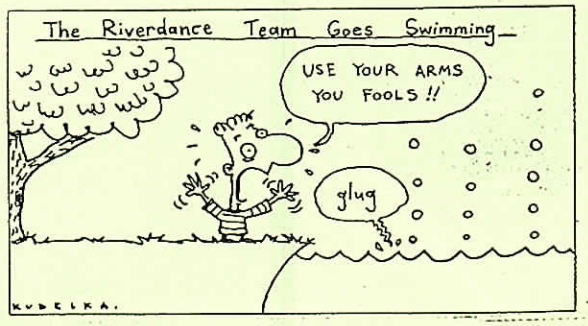
FYI - AUSSI Masters rules also require swimmers to have entered at least 1 event to be eligible to swim in a relay. (SWRule 4.2.1)

Top 10 rankings - the National rankings are out and those from our Club who got a mention are listed on the back with ranking in ( )

Aerobic Trophy results are also with the Club Secretary.
Talays was ranked 45/79 in the points score and 64/78 in the Tassie Award with a 5.28 average.
Sunshine Coast won the trophy with 5837pts (113 members) Tassie award to Campbelltown (NSW) 23 members with 4426 pts (192.43av)

Relay Championship Sun May 25th
If you want to compete just fill in the entry form included, it will cost $3.00. The Club will pay the $8 entry for the Elite Teams. Please hand in your entry form and money to the door person by Wednesday 21st May. Swimming in these events earns Platypus points.

Bathers - there's a new catalogue available for perusal. If you want to order bathers - do so soon - see Judy.



Top 10 1996 Rankings.

Short Course - Female
20-24 Nadine Brereton 50Fr (6) 100Fr (6) 200Fr (4) 50Ba (4) 50Br (6) 100IM (5)
35-39 Ris Wilkinson 1500Fr (4) Stephanie Bowman 1500Fr (5)
40-44 Wendy Treweek 50Ba (8) 200IM (10)
45-49 Ros Dillon 1500Fr (3) 50Ba (8) 50Br (4) 50Bu (8) 100IM (7) 200IM (3) 400IM (5)
50-54 Perri Brereton 30minBa (10) Margaret Wilson 100Br (10) Ruth Langman 200Br (10) Janet French 100Bu (10)
60-64 Sue Mayne 50Fr (6) 100Fr (4) 800Fr (6) 50Ba (9) 50Br (1) 100Br (1)
65-69 Margaret Dixon 30minFr (10)
70-74 Joy Bradley 30minBa (4)
75-79 Nan Lewis 50Fr (2) 50Ba (3)

Long Course - Female
20-24 Nadine Brereton 800Fr (3)
40-44 Wendy Treweek 30min Fr (eq4) Sheree Chisholm 30minFr (eq8)
45-49 Ros Dillon 800Fr (1) 30minFr (5) 400IM (6)
60-64 Sue Mayne 1500Fr (6) 50Br (2) 100Br (2) 200Br(2)
75-79 Nan Lewis 50Fr (3) 100Fr (3) 200Fr (4) 50Ba (3) 100Ba (3)

Short Course - Male
30-34 Bruce Craig 800Fr (9)
35-39 Peter Walker 100Fr (8) 50Ba(6) 100Ba(4) 200IM(10)
40-44 Martin Svenson 1500Fr (5)
45-49 Don Marsh 100Fr (5) 200Fr (3) 100Bu(4) 400IM (3)
55-59 Mal Innes 100Fr(7) 200Fr(5) 400Fr(3) 50Ba(Eq9) 100Ba(6) 400Ba (4) 50Bu (4) 100Bu (3)

Long Course -Male
30-34 Bruce Craig 1500Fr (10)
35-39 Peter Walker 50Ba(7)
40-44 Steven Last 100Fr (10)
45-49 Bernie Noonan 30minFr (eq7)
55-59 Mal Innes 400Fr(6) 800Fr (1) 30minFr(1) 100Ba (9) 200Bu (2) 400Bu (1)
65-69 Clyde Denton 800Fr(9)

Relays - Short Course
120+ Female Freestyle 4x50m
Ros Dillon Alison McGregor Nadine Brereton Wendy Treweek (10)
160+ Mixed Medley 4x50
Wendy Treweek Ros Dillon Peter Walker Iain Barr (8)

Relays - Long Course
200+ Female Medley 4x50m
Ros Dillon Perri Brereton Margaret Wilson Sue Mayne (9)

Talays AUSSI Masters Swimming Club Inc.

P O Box 530 Sandy Bay 7005

4th Wednesday News 28 May 1997

Dates to remember

1997

June 14, 1.30pm Short Course Long Distance Championships, Launceston

July 6, 8.15am Collegiate, 400m Short Course.

Aug 9 and 10, Short Course Winter Championships, Launceston.

October - Aust. Masters Games, Canberra

1998

March 12, 13, 14, National Swim, Hobart

Are you out there ?

If you are currently qualified in CPR, First Aid, Life Saving, Bronze Medallion, could you please let our Safety Officer, Jane Cullinan know as soon as possible.

Short Course Long Distance Swim - June 14 ,
Launceston.
Entry Forms (yellow) are enclosed, please have these back by next Wednesday (June 4) - don't forget to include the entry fee.

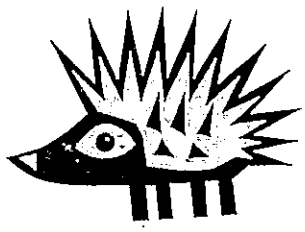
400m Short Course Meet - Sunday July 6th
Entry forms are enclosed (blue) - these need to be with the Club (person on the door will accept) by Wed July 2 plus the entry fees - $4.00 per swim - maximum 2.

Entry forms and flyers for the Winter Championships will be available with the next newsletter.

3rd Wednesday Night - a new format for you lucky swimmers - the wicked witch will be there to supervise aerobic swims as part of your training program. Only very hefty bribes will allow you to escape her clutches !!
While these swims are taking place, Mal will be working intensively with the rest of you on your swimming skills. I'm sure you just can't contain your excitement, can you ? See ya !!

Last Saturday night at the Clarence Pool went very well - the long distance swim hosted by Hobart Masters had 49 entries and yes some of these were Talays, with 5/7 of the Clubs represented. Congratulations to the Talays people who swam and who also managed to claim a few records. Maureen Shegog 55-59 1500 Free, Alex Lysenko 20-24 1500Free, Don Marsh 45-49 1500 Free, Sue Mayne 60-64 800 Free and 400 Free, Til Van de Vusse 65-69 800 Breast, and last but not least Mal Innes 55-59 400 Fly Branch and National Record.
Mal learnt something new on Saturday as I leant over the pool and said, When in pain, refrain!! I have never had to use this piece of advice myself as I'm yet to experience pain.
Well done to the members who took part in the relay meet on Sunday morning - we all had a good time so for those who weren't there, you missed out on a lot of fun. Be warned - when you're not there we have to have something or someone to talk about !!

Pauline - 62 337786 (W) 62436665 (H)



Talays AUSSI Masters Swimming Club Inc

P O Box 530 SANDY BAY 7005

4th Wednesday News, 25 June 1997

Dates to remember	**Included with this Newsletter**
6 July, 400m Short Course, Collegiate	Branch Newsletter
9/10 August Winter Short Course, Launceston	Winter Short Course Flyer
24 October AMG, Canberra	Winter Short Course Entry Form
31 Jan, 1998 Branch AGM	Winter Short Course Relay Entry Form
31 Jan, 1 Feb Tas Long Course, Hobart	Uncollected certificates
12-14 March, AUSSI Nationals, Hobart	

Closing Dates for various competitions

2 July	400m Short Course Swim	Blue entry form $4 per swim
2 July	Winter Short Course Relay	Pink entry form no cost
9 July	Winter Short Course Individual	$18 plus dinner money

No Diving Policy

Collegiate Pool has given all hirers of the pool a list of conditions for use of the pool. This includes a no diving rule especially from the shallow end.

Our Club also has a NO DIVING RULE for the deep end unless being supervised for training purposes. It has been noticed that some swimmers have left the pool for a pit stop and instead of walking to the shallow end to re-enter the pool are diving in at the deep end. Would you please not do this or you may be suspended from club training.

Accreditations

The following people have timekeeping accreditations achieved as far back as 1993.

If you received a yellow card, could you please let Pauline know the number on that card as soon as possible.

Robert, Judy, Perri, Robyn, Sheree, Gerald and Til.

Our Club has 16 accredited Timekeepers, 1 Marsha;, 1 Starter and 1 Referee. Just a bit of trivia to add to the collection.

Short Course, Long Distance, Launceston 14 June was very profitable for our Club. 11 participated and all won medals. Alex (Gold, 1500), Bruce (Gold, 15000), Sue (Gold, 1500), Mal (Silver 1500), Ris (Silver, 1500), Steven Hurle (Gold, 800) Janet (Gold, 800) Perri (Silver, 800) Margaret W (Bronze, 800) Steve Wilkinson (Silver, 800), Pauline (Gold, 800). So you see, every child won a prize.

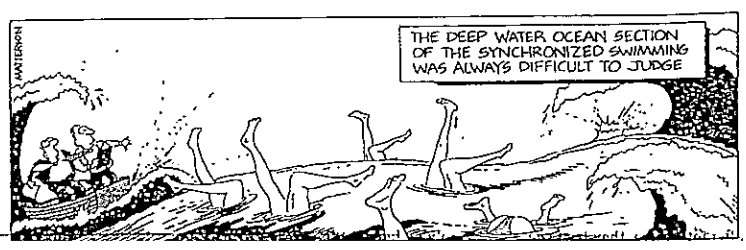
National Swim - 1998, Hobart.

Tas Branch is the host for this swim, and we hope that as many people as physically able will take part. This is your big chance to swim at a national swim - even I have swum at a National - in Darwin. Good fun and a good opportunity to see a wide range of abilities etc. and meet some great people. 1997 Nationals attracted 900 swimmers. Medals are awarded for overall winners but also each event and age group as well as for relay teams. I visited the Aquatic Centre on Thursday morning and yep, it's looking pretty good at this stage - not quite Homebush, but close enough.

Sponsorship - National Swim - Our Club is looking after the sponsorship for the swim, so if you can help out, please let Robert Bonney know. Every bit helps and you may want an ego trip and have a race named after you so here's your big chance.

Contact: Pauline 03 6243 6665 (hone phone/fax) 03 6233 7786 (work)

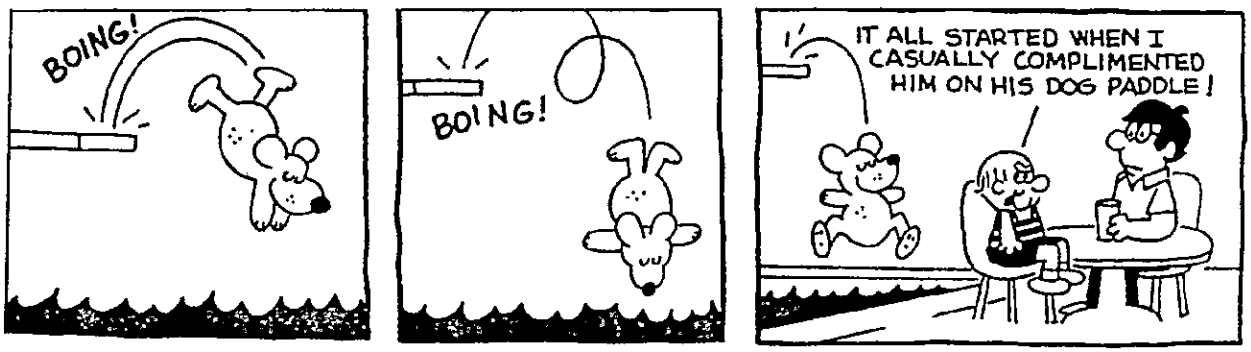
OVER THE LINE



Talays AUSSI Masters Swimming Club Inc.

4th Wednesday News 23rd July 1997

Dates	400m Event - Sunday 6 July - held at Collegiate and a very enjoyable swim meet. 39 swimmers entered, from Hobart, Talays and 1 from Launceston. A few records were achieved - 5 nationals - Congratulations to Sue Mayne 400 Br, Mal Innes 400 & 800 Bu, Alex Lysenko 400 & 800 Ba.
1997 9/10 August Winter Short Course October - Aust Masters Games 5 Dec Christmas Dinner/Awards Night ? 1998 31 Jan, 1 Feb - Summer Long Course 12-14 March - National Swim - Hobart	



AGM - the Annual General Meeting - this will be held on Saturday 4th October 10.30am at the swim centre (down the road from Collegiate at the next pool) Nomination forms will be available with the next newsletter.

Aerobic Swims - Remember these will be in 2 lanes on the 3rd Wednesday of the month - the following were completed - last week - Sue and Margaret 1500m swims, Maura, Steve, Maryanne and Jain 800m swims. Til got cold waiting, so did a 400 Br on Saturday and clipped 2m off her more recent time. So look out for next month.	Bathers - See Judy if you want to order bathers - last order will be in September - and the new catalogue doesn't come out until next March. So if you want to stock up - do it soon.

1998 National Swim - information will be circulating from October onwards regarding the AUSSI National Swim to be held at the Aquatic Centre 12-14 March. It would be great if as many of our Tassie AUSSI's could participate - I've already heard that a large number of mainlanders are coming down - 400+ swimmers would be fantastic and your opportunity to swim at a National event.

Contact - Pauline (03) 6243 6665 (home phone/fax)
(03) 6233 7786 (work)

Talays AUSSI Masters Swimming Inc

4th Wednesday News 27 August, 1997

Date List

1997

10 September	Under-water video
4 October	Annual General Meeting
28 November	Christmas Dinner & Awards

1998

31 Jan	Branch AGM
31 Jan/1 Feb	Long Course Championships
12-14 March	National Swim, Hobart

Annual General Meeting

This will be held on 4 October at the Swim Centre (down the road, corner of Molle/Collins) at 10.30am. Annual Report, election of office bearers, and of course morning tea will be provided. Nomination form is included if you wish to nominate someone or be nominated.

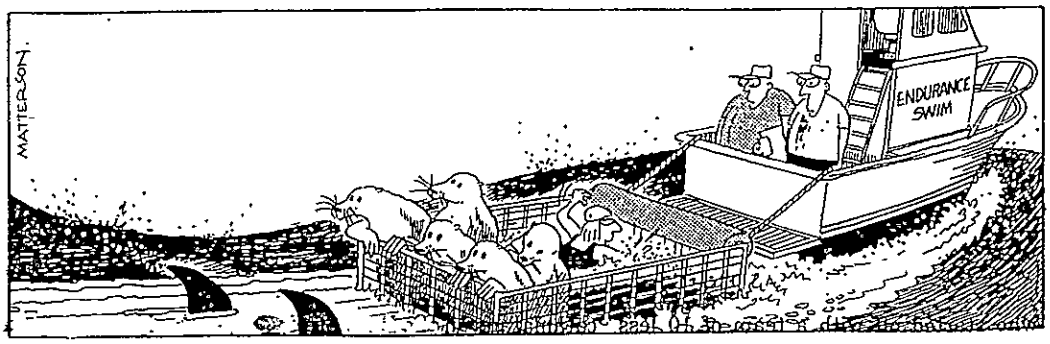
Aerobic Swims

There is a folder in the swim bag with a swim sheet for every swimmer.
This lists your best time for each distance swum, 400m and above and the month you completed this swim.
There is also a list of the swim times/distance for each age group men and women so you can see where you are in the points range.
Please peruse, but don't take home.

Remember your best time is included in the Top 10 for state and national and your points are both individual and for Club.

Million Metres

If you would like to keep a tally of every swim you do - training and competition, then forms are available from the aerobic folder. Just write the date and the distance, all training counts, and it's an honour system of keeping the tally. 1 million metres is about from Hobart to Sydney. Some of us have made it - it usually takes about 5 years, depending on how many stops you make on the way.



Video Camera

Wednesday, 10 September, an underwater video camera will be available for all swimmers. Take advantage of viewing your swimming from underneath - just like the Olympics - but guaranteed to be more spectacular !!

Bathers

Don't forget to order your bathers soon, as the last orders go in September and the new catalogue doesn't come out until next March. See Judy.

Contact: Pauline Samson 03 62 436665 (☎/fax)

Talays AUSSI Masters Swimming Club Inc.

P O Box 530
SANDY BAY 7005

5 November 1997

4th (oops 6th) Wednesday News.

Dates

15 November, Sprint swim, Aquatic Centre
16 November, (Sunday) Swim, Slide and Sausages, Glenorchy Pool
28 November, Christmas Dinner and Awards Night.
13 December, Saturday, last swim at Collegiate for 1997
1 January Registrations due
7 January Wednesday swims resume
21 January, entries and registrations for Long Course Championships
31 Jan/1 Feb L C Champs
14 February, entries and all monies for the National Swim

Christmas Dinner and Awards Night

Friday, 28 November at the Black Buffalo.
Tickets are available now from Katrina and Robyn for a deposit of $10.00.
We need at least 60 to have the room to ourselves.

Long Course Summer Championships
31 January, 1 February 1998

This swim is our warm up for the National Swim to be held at the Aquatic Centre in March.
A flyer and entry form is enclosed.
Entries close on **Wednesday 21 January.** Relays neeed to be in by Saturday, 17 Jan.
Presentation luncheon money also to be paid with entries.
You must be registered for 1998 to be eligible to swim.

Swim, Slide and Sausages.

Sunday 16 November at the Glenorchy Pool.

It's about time we did something social, so with a bit of luck with the weather it might be possible. It might also mean that you might have to get out of bed before noon, struggle with the hangover and enjoy yourself at the pool.
Just come for a swim with the kids and hangers-on at about 9.30am. Pay entry at the gate, have a swim and the water slide has been booked from 10.15 am for 1/2 hour. Bring your brekkie etc. Barbecue available.

National Swim 1998

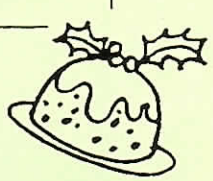
Details of events are listed on the Platypus Press and flyers/entry forms will be available after 1 January.

Underwater Video

Who has viewed it recently ? Does anyone know where it is ?

Sprint Swim - 15 November, Aquatic Centre. Virgillianes Club has invited Masters to participate in their carnival. Entry is by card, $1 per card, max. 3 events. 25, 50, 100 Fr, 25, 100 Form, 50 Ba, 50 Br, 50 Bu. Cards to be in the envelope provided by Sat. 7 Nov.

Australian Masters Games, Canberra 1997. At the time or printing, there were no results from the members who attended last month. Hopefully a list of all their successes will be available by the Christmas Dinner.



Contact: Pauline 03 62 436665 (home phone/fax) or 03 62337786 (work)