



# NEWSLETTER

TALAYS AUSSI MASTERS  
SWIMMING CLUB INCORPORATED.

Volume 3 No.2  
May, 1991

## ENGAGEMENT

For those of you who don't already know, not all the prizes at the recent Nationals in Devonport came in the form of medals. Both our Perri and Devonport Swedish masseur, Peter Bryan figure that they did better out of the water and are now engaged. Congratulations to you both.

## POOL CHARGES

Your committee is concerned that we will not be able to afford to continue at Collegiate given the disparity between our door receipts and the charges imposed by the school. We have made the following decisions:

- (i) Members with Collegiate season tickets will now pay \$1 per swim
- (ii) Guests who swim on Family Days will also pay \$1.

## SWIMMING CAPS

Remember, you must wear a cap when you swim at Collegiate pool. This is pool management rule. The Club will be able to sell you a cap if needed.

## CONSTITUTION

You will shortly be asked to vote on amendments to the constitution. These changes are required to enable our club to enjoy a non-profit tax-exempt status.

Make sure that you vote. We must have a two-thirds majority of all members to get this through.

A failure to vote is counted as a "No" vote.

There will be a brief extraordinary general meeting at the pool on Wednesday, 12th June 1991 to consider the proposed amendment and hopefully pass it.

#### MASTERS GAMES

This was not strictly speaking an AUSSI affair, but it certainly became one for Talays.

Eleven of our members finished with medals.

A good number of competitors and supporters wound up a great day at the Pizza Hut in Bellerive.

The swimming was conducted at the Clarence Pool from 1.00 - 4.30pm on Saturday 4th May. A system of deck seeding was used and with 155 competitors entered in 9 events, the program ran smoothly and finished in good time.

This splendid <sup>n</sup>fete of organisation was due in no small part to the efforts of our very own Pauline Samson.

Medals were presented at the pool for each event in each age group.

The results are shown below:

Nan Lewis	(70-74) 4 gold medals	- 50m and 100m Backstroke 50m and 100m Freestyle.
Ted Cross	(70-74) 3 gold medals	- 50m and 100m Backstroke 50m Freestyle and 1 silver medal - 100m Freestyle.

Helen Vojacek (50-54) 4 gold medals - 50m and 100m Backstroke  
50m and 100m Freestyle.

Judy Hyndes (50-54) 1 silver medal - 50m Breaststroke.

Roy Nunn (45-49) 1 silver medal - 100m Freestyle.

Perri Brereton (40-44) 1 gold medal - 50m Butterfly  
1 bronze medal - 200m I/Medley.

Pauline Samson (40-44) 1 bronze medal - 100m Backstroke.

Sheree Alcock (35-39) 2 silver medals - 50m Freestyle and 50m Butterfly  
1 bronze medal - 50m Breaststroke.

Nick May (30-34) 1 silver medal - 100m Breaststroke.

Christine Duda (25-29) 2 bronze medals - 50m Backstroke and 50m Freestyle.

Robert Porter (45-49) 1 bronze medal - 50m Backstroke.

David Crawford swam very well in the fiercely contested 40-44 age group without scoring a medal. He bought his own cheer squad and had a good time nonetheless.

#### COLLEGIATE POOL LIGHTS

Bear in mind that lighting is a significant cost at the Collegiate pool. Don't use them more than necessary and switch off once the pool is empty.

We are very lucky to have the use of such a fine facility - not all clubs are so fortunate.

### CLUB CHAMPIONSHIPS

This will be a fun event at the Glenorchy Pool on Friday, 6th December 1991 at 6.00pm. We will then adjourn to the Glenorchy Football Club for a counter tea.

### SWIMMING TIMES

If you wish to improve, you need to know how well you are going now. With this in mind, Pauline Samson will be approaching all members to be timed in lane one, swimming in whatever style one can do.

### LIFE SAVING

Nan Lewis will resume her half hour Royal Lifesaving classes on Wednesday, 22nd May at 7.45pm. Those who gained certificates last year can then progress to the next award and others can make a start in lifesaving.

Apart from enhancing your water skills, you will find this activity really great fun.

### SUN-TAN CREAM

Dorothy Armstrong has a stock of Royal Lifesaving Society suntan cream at \$6 per 125 gram tube.

This is a 15+ cream recommended by the Australian Cancer Society and the Prices Surveillance Authority. Rival brands sell for \$9 or more, so this item will make you popular with your friends.

### WINTER SHORT COURSE CHAMPIONSHIPS

We have again booked Park Lane Hotel in York Street, Launceston for the winter titles to be held on Saturday and Sunday, 3rd and 4th August 1991.

The Club has asked for seven four-person self contained units. The units have two bedrooms and Park Lane is walking distance from the city.

We negotiated a special deal - \$18 per night per person.

Most people stay Friday and Saturday nights, but this is optional.

Bookings, accompanied by a \$15 non-refundable deposit must be in the hands of the Treasurer, Mandy Joyner, by Wednesday, 5th June 1991.

### 16TH AUSSI NATIONALS

A small band of enthusiasts represented Talays at the Nationals in Devonport on 12th to 16th March 1991. A few more were keen to come, but could not get time off.

The weather was brilliant all week - many Mainland visitors suffered sunburn. The whole atmosphere was friendly, the venue just beautiful and the organisation great.

The main contingent from Talays stayed at Barclay Lodge in North Fenton Street. It had its own indoor pool and featured fascinating window views (gotcha Perrill!).

Those to star in the pool were:-

Sheree Alcock	(35-39)	6th in State
Perri Brereton	(40-44)	equal 3rd in State
Phillipa Buchanan	(40-44)	5th in State
Judy Hyndes	(50-54)	4th in State
Dorothy Armstrong	(50-59)	2nd in State
Ted Cross	(70-74)	2nd in State
Mary O'Brien	(70-74)	2nd in State
Nan Lewis	(70-74)	1st in State
Nan Lewis	(70-74)	2nd in Australia
Helen Watson	(30-34)	3rd in Australia for 5km open water swim.

HAVE YOU EVER THOUGHT OF SWIMMING FROM HOBART TO SYDNEY?

Well, some of our more enthusiastic swimmers set out on May 1st. It's about 1 million metres and they hope to be there by 1993. Now although they have already left, you can still join in and perhaps catch up to them so they are not so lonely on that long swim. You can still see them every week at the pool as they will be there notching up those metres on their cards.

It's all part of the AUSSI Achievement Awards. These awards acknowledge the progress from the "learn to swim" beginner to the distance swimmer. There are certificates from 25 metres to 200 metres and badges from 400m upwards.

The AUSSI Awards aim to encourage members to swim regularly as a purposeful and healthy recreation and to encourage members to learn to swim and obtain higher degrees of proficiency.

Certificates are awarded to any registered member of AUSSI who completes a non-stop 25m, 50m, 100m or 200m swim.

Badges are awarded to any registered member of AUSSI who completes a non-stop swim for the following:

- . completion of a 400m or 800m swim on 5 separate occasions, in a different month in each of the 4 strokes and individual medley.
- . completion of 1500m once in the year.
- . completion of 3000m and 5000m once in the year.
- . completion of as much distance in an hour.

Ask Pauline for more information about these swims - she is always willing to record times and distances swum.

So, if you are swimming to Sydney, ask Pauline for a card and write down the distance every time you swim, you'll be pleasantly surprised!

#### TEAM SPORTS

Nick May is organising team sports for the first Wednesday in the month at Collegiate.

The Club will be divided into three teams of roughly equal ability and they will compete in races, relays and novelty events. There will be something there for everybody, regardless of their prowess in the water.

This, together with Nan's lifesaving, will be a welcome addition to the "fun" side of our activities.



Gerald Breen  
PUBLICITY OFFICER







## N E W S L E T T E R

TALAYS AUSSI MASTERS SWIMMING CLUB INCORPORATED.

\*\*SPECIAL EDITION.\*\*

JULY 8th 1991.

### CAR RALLY and BARBECUE.

This event was held on Sunday, June 30th starting at Salamanca Place and finishing some 2 hours later at Tolosa Park. For the few members and friends who attended this was a most enjoyable social occasion. Prizes were awarded for the most points, the least points and the last car home (this was none other than David Hanley) - it is rumoured that he dawdled so that he would win the prize. It was disappointing for the organisers that this event was not well supported but this seems to be the general trend these days. There will be another car rally in the summer months and perhaps the warmer weather will be a better enticement.

### TEAM SPORTS.

Nick organised the relay competition for the 1st Wednesday in June and Nan looked after the one last Wednesday. Most swimmers were keen to participate and enjoyed the 'fast' pace set by opposing teams. Let's hope these continue to be an enjoyable part of our Club Swim nights.

### BULLETIN BOARD.

When you come to the Collegiate Pool, check the white board which is being used for notices about coming events, Club gear which can be ordered and some of our fund raising ideas.

### WINDCHEATERS.

Our Club windcheater is red with optional badge sewn on the left side. Some of the ladies also have a white platypus sewn on the back of their windcheaters. The Club is organising 'Pumpkin Prints' to print a white platypus on the back of a red windcheater for about \$24.00 (incl. price of w/c). If you are interested, you could let Dorothy (Sec) know so it would be worthwhile having the design made.

\*\*\*\*\* As many of our members will be swimming in Launceston at the Winter Championships, the Collegiate Pool will not be available on August 3rd.\*\*\*\*\*

### ENTRY TO THE POOL.

Members are reminded that the door to the pool will be closed at 7.10pm on Wednesdays and 11.10am on Saturdays.

## COMING EVENTS.

Inter-club Swim Meet - Port Huon - Sunday July 14th.  
See attached sheet.

Short Course Winter Championships - Launceston August 3rd and 4th. All entries and entry fees must be with the Club Secretary by this Wednesday night, July 10th.

(If you can't compete at either of these events, come along and offer some cheer and we can always use time keepers)

August 10th - Family Swim Day at Collegiate Pool, lunch at the Globe Hotel at 12.30pm, Club Committee Meeting.  
(Fund raising - Sports Cards)

September 14th - Family Swim Day at Collegiate Pool, lunch at the Globe Hotel at 12.30pm, Club Committee Meeting. (Fund raising - Sports Cards)

October 12th - Family Swim Day at Collegiate Pool, lunch at the Globe Hotel at 12.30pm. (Fund raising - Sports Cards)

**\*\*Annual General Meeting.\*\***

POSITIONS for the following will be declared vacant on October 12th at the AGM:

President, Vice President, Secretary, Treasurer, Recorder, Coach, Safety Officer, as well as general committee.

In the next newsletter, there will be details of the positions and members will be asked to nominate and vote for these positions.

## REGISTRATION FEES 1991 - 1992

The registration fees for Talays Masters Swimming Club will be \$40.00 as from October 1st 1991.

All registrations are due as from October 1st 1991, and will be on a 1st in basis. As you may already know there have been restrictions on numbers due to the size of the Collegiate Pool, and as this will be a consideration again in the next registration year, it would in your interest to renew your registration as soon as possible after October 1st. Renewal forms and new registration forms will be available in mid September.

With the mention of registrations for next year due in 3 months time, HAVE YOU THOUGHT OF THE REASONS FOR JOINING A MASTERS SWIMMING CLUB ?

\* Is it to socialise at the end of pool while you decide when to swim the next lap ?

\* Is it to improve your swimming ? If this is the reason, do you just swim up and down ? Do you follow a program ? Do you find it difficult to complete more than 25m at a time ? Do you find that your arms work overtime while your legs just drag in the water ?

There are programs available to help you develop every aspect of your swimming and these can be individually designed to suit your style and degree of fitness. Perhaps the article attached to this newsletter which appeared in the latest Platypus Press may help you decide what swimming is for you.



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Volume 3 No. 3  
August, 1991

## ANNUAL GENERAL MEETING

The Club's Annual General Meeting is to be held at the Globe Hotel on Saturday, 12 October 1991 at 1.00 pm. This will be preceded by a Family Swim Day at Collegiate and the usual lunch. We are looking for more committee members, so this will be your chance to get involved and contribute your talents to the organisation of our Club.

A nomination form is enclosed with this newsletter.

## TRADE TABLE

Bring along your unwanted items for our trade table at our Annual General Meeting on 12 October. If you have any jams or fruit or vegies or handcrafts (Christmas won't be far away), they will be most welcome.

## POOL CHARGES

Collegiate School has raised its charges for all users. Single tickets for 6 months now cost \$140 and for 12 months are \$250. Family tickets are \$265 and \$480 respectively. The Club is now paying \$60 per hour. We can now remain in the water till 8.30 on Wednesdays and middäy on Saturdays. We then have half an hour to shower, dress and vacate the premises.

Previously we were paying for time spent putting the cover on the pool and setting up the vacuum cleaner.

These costs are a constant headache for your committee. Collegiate pool is only 37.5% the size of Glenorchy or Clarence. We cannot crowd too many swimmers into that area, but if we get too few paying customers our bank

balance takes a tumble. Hobart AUSSIE does not have this problem because members pay the pool management as they come in.

Talays swimmers should consider their options. Some that come to mind are:-

- (a) Raise charges at Club swims;
- (b) Cancel our Saturday booking and maybe extend the Wednesday swim to two hours;
- (c) Support fundraising such as sports cards, raffles, sale of chocolates, bingo, car rallies, market stalls etc.

You might have other ideas.

#### SUNSCREEN CREAM

Royal Lifesaving Society 15+ sunscreen cream is now available from Dorothy Armstrong for \$6 a large tube. This compares with \$9 for commercial brands. As it carries the recommendation of the Prices Surveillance Authority for value and the Australian Cancer Society for effectiveness, this product will be snapped up by your family and friends.

#### WINDCHEATERS

See Dorothy Armstrong if you would like a Club windcheater. They are a top quality garment and come complete with a club logo on front and a platypus on back for only \$25.

#### CLUB BATHERS

These too, are good buying at \$18 for mens and \$30 for womens. Dorothy orders them in from Queensland as required.

## COACHING

David Crawford and Pauline Samson are to undertake coaching courses. This additional expertise within our ranks will benefit all members.

## REFEREE' VISIT

State referee Rex Trail, of New Norfolk Club has offered to visit Collegiate on a Club night. He will be able to advise members on the technicalities of AUSSI competitions so that swimmers can avoid breaches of the rules and consequent disqualification.

If you don't already know, Rex is father of Fiona Redgrove and Megan Stronach. All three are well known for their work in AUSSI swimming.

## PORT HUON SWIM

It was great to see such a good attendance on 14 July - Bastille Day. Mary O'Brien took her knitting to mark the occasion!!

Josie & Mendel Tillema and Diane McPherson were among those racing for the first time and all did well. Quite a number stayed on for lunch at the Kermandie Hotel.

## SEVENTH SHORT COURSE WINTER CHAMPIONSHIP

In true tradition, this was a fun filled, action packed weekend in Launceston.

The advance party filtered into our northern capital on Friday and enjoyed a splendid meal at the Me Wah restaurant in Invermay Road that evening (the meal and friendly service justifies the free plug).

It was indeed fortunate that the swimming events were conducted indoors as the rain pelted down on Saturday afternoon. Most competitors were pleased with their efforts, especially in the relays.

The results will be published in the Platypus Press.

The races were not without incident. Judy Hyndes stood up in the middle of her backstroke turn whilst Gerald Breen floundered so badly that Stephanie Bowman asked if he was in distress. He wasn't then, but he certainly was in the mixed medley relay when he ripped the back out of his bathers whilst entering the water.

Sheree Alcock made a racing turn that could best be described as "interesting".

Josie Tillema was so carried away by it all that she swam her 50 metres freestyle with goggles on her forehead.

The Club did well in the raffles. Nan Lewis won a set of high speed drill bits on Saturday and Peter Bryan scored a tracksuit on Sunday. He soon got a chance to wear it after joining Sheree in the pool during her 100 metre freestyle.

Pat Baird time kept on behalf of Talays throughout the Championship - a great effort. She was joined at times by Rohani and Pauline Samson.

Saturday night saw most participants from all clubs at the new Carriages Restaurant. It was a great evening highlighted by Judy's attempt on the world dessert eating record.

Helen Vojacek's husband, Heinz, really caught Di McPherson's attention at the luncheon on Sunday - he showered her with his drink.

The lunch at Archers Manor went well, but the non-appearance of swimming certificates at what is usually dubbed the "Presentation Luncheon" was quite disappointing.

Gerald Breen  
PUBLICITY OFFICER