masters swimming TASMANIA

Annual Report 2022

MSA Annual General Meeting 2023

President's Report

It is with pleasure that I present the President's report on the 2022 activities of Masters Swimming Tasmania Incorporated. This has been a fascinating year for me in the role of President, and I believe a good year for the organisation. We have certainly achieved a lot. We are financially sound with eight well-functioning and dynamic clubs around the state. Our clubs all thrive in their different ways. I have enjoyed meeting up with club officials and members and hope to continue that in order to create positive, inclusive and representative environments for all members. Here are some highlights from the year's activities.

Swim Meets

- **2022 Summer Championships:** Hobart 1-3 April: Under the guardianship of Meet Director Phil Tyrell and held slightly later than usual to avoid clashing with other events, the meet attracted 99 swimmers, with 48 relay teams. This level of participation is consistent with recent meets. Of note, there were nine interstate entries and one overseas entry. Encouragingly, there were several first-time swimmers.
  - ✓ Officials were almost all from within MST ranks. Timekeeping was done using the AOE hired from Swimming Tasmania with manual stopwatch backup, with one timekeeper per lane. AOE operator support was provided once again voluntarily by stalwarts Glenise Gale and Susan Cure from Swimming Tasmania.
  - ✓ There was one world record set during the meet. Brent Foster, from Auckland New Zealand, set a new world record in the 400m IM for males 55-59. There were also 31 individual Branch records, four Branch relay records and four national records set during the meet.
  - ✓ The meet recorded a small deficit; however, this is considered a healthy outcome given the cost of overheads associated with hire of the pool and the slightly reduced number of swimmers compared to recent past years. In view of annual increases to pool and AOE hire costs, it is recommended that the swimmer registration fee is reviewed to ensure the meet continues to be largely self-funding.
- **2022 Short Course Long Distance Championships**: Launceston, 4 June. Another successful meet, we were by joined by fellow swimmers from across Bass Strait and even across the Tasman. New Zealand swimmer Brent Foster (who by now must be close to being crowned an honorary Tasmanian) swam a world record time in the 1500 Free. National records were made by John Cocks (400 Ba, 1500 Fr), Maryanne Heffernan (800, 1500 Br), and James Belstead (800, 1500 Br).
- **2022 Winter Championships**: Launceston 20/21 August. What an excellent weekend of swimming in Launceston it was - the 38th MST Winter Championships. Well done Meet Director Kay Bailey and Launceston Lemmings, for a well conducted meet and an excellent luncheon. It was so good for us all to be back together again in Launceston.

- ✓ We had 125 entries (including 25 swimmers from interstate) from a total 22 clubs. There were 6 National Records: Darius Schultz, VPP 400 IM, Graeme Armstrong, VPP 25, 50 and 100 Back, and John Cocks, VMV 50 Free, and 100 Back
- ✓ The outstanding club of the meet was Hobart Aquatic, who won the Club Trophy and the Relay Trophy. Swimmers of the meet were Anne Henderson and Brent Walker, both from Hobart Aquatic.
- ✓ Tasmanians broke 22 MST individual and 4 MST relay records.

- **2022 Tasmanian Masters Games**: Devonport 22/23 October: There was nothing but glowing reports from swimmers who attended this meet. There were 38 including 3 who were unattached to any Masters Swim Club. Nearly everyone went away with a medal of some description! It was a very friendly and supportive atmosphere. There were several swimmers competing at their first competition ever or their first in a very long time. We know one of those people has signed up to a club now and has plans to train for Nationals in April. Congratulations to Joe and Lucy and their hard-working Devonport Devils committee for pulling this Event together and a big thank you to those who helped, in particular Rick Homan, Ray Brien, Bill Woodworth and members of the Cradle Coast Aquatic Club.
- **2022 Long Course Long Distance Championships:** Hobart 12 November: Some sizzling times and performances at the LCLD Championships, including 2 national records (Terry Smithhurst, TTL, 1500 Breast and James Belstead, TVA, 1500 Breast), 1 Victorian record (Frank Braun, VDC, 400 Back) and no less than 17 Tasmanian individual records.
- **Christmas Friendly Time Trial**: Oatlands 4 December. We ran a first ever at the brand-new Oatlands Aquatic Centre (a super fun event). In the words of one swimmer; *"it was such a fun day! We had a handicap relay and that was soooo much fun. Di did an amazing job with the handicapping. I have to say I think it's up there as one of my favourite swim meets I've ever swum in. Congratulations to the organisers!*" What more can I say? Thanks to everyone who took part and enjoyed the revelry of the day, especially management and staff at the Centre who could not do enough to help us.
- **And all our 2023 meets are planned and booked!!**

2023 Masters Swimming Australia National Championships

To be help in Hobart on 18 - 22 April 2023, this will be a long course meet, with 800m Fr only on day 1. The rest of the program includes all the usual events from 50m to 400m as well as 4 X 50 relays for club teams. The 2024 National Championships organising committee is up and running under the capable stewardship of Convener Phil Tyrell and committee. *(See separate report)*

Swim Central

We migrated to the Swim Central platform under the guidance of Recorder Pauline Samson. The Swim Central platform will ultimately be the membership and event entry system that empowers members, administrators and coaches to participate and run our organisation. This is an enormous undertaking and I thank Pauline, along with club registrars for their work in enabling this system.

MST/ST Dual Sanctioning

One immediate benefit of the take-up of Swim Central was that it gave us the capacity to work closely with Swimming Tasmania and to sanction a selection of their Time Trials, thereby allowing Masters swimmers to compete – for their Masters Club. Time Trials planned for Hobart, Launceston and Huon

Valley have been sanctioned by MST for members throughout this coming year. To date the new system has been working well, with a handful of our swimmers taking part in these events. As well as providing more opportunities for our swimmers to compete, this is a great way to showcase Masters swimming to younger age groups. I thank Jamie McIntyre, Executive Officer of Swimming Tasmania and his staff for their friendly and generous support and co-operation in getting this new arrangement established.

Just One More Grants

Four Tasmanian Clubs: Devonport Devils, Hobart Aquatic, Hobart Dolphins and Huon Valley were successful in gaining funding grants through the MSA *Just One More* grant program, the grant program designed to encourage clubs to look at ways to increase membership and attract swimmers to join the Masters swimming community.

The success of the four Tasmanian clubs is testament to their innovative and novel ideas for projects to attract new members. Devonport Devils funding supported the TMG and covered the cost of new equipment. Hobart Aquatic and Huon Valley clubs are now resplendent on pool deck in new club T-shirts, while the Hobart Dolphins purchased equipment to attract new swimmers and support current members.

Strategic Planning

A key challenge for our Branch was to develop a new, relevant and workable Strategic Plan. The previous Plan covered the years to 2018 and of course since then there have been major upheavals in our swimming environment. We find ourselves in a competitive world with other sports such as triathlon and open water swimming threatening to detract from our member base. We conducted a series of face-to-face meetings between Clubs and Branch members to start the processes towards the development of an exciting new Strategic Plan. Pauline, Tony and I have enjoyed meeting with Burnie, Devonport, Launceston, Hobart Dolphins, Talays and Hobart Aquatic Centre Masters clubs for some lively and enlightening early discussions. A draft interim plan covering the period 2023 – 2026 will be presented at our first Branch meeting for the year for approval, and this will be further reviewed in September at a state forum.

Open Water Swimming

To date, due to MSA OWS rules, it has not been possible to us to conduct such a meet - this despite the popularity of this form of swimming, and we can only admire the activities and events conducted by the various Triathlon organisations as well as Surf Life Saving Tasmania. The latter manages a popular 10-event Open Water (beach) Series annually. Fortunately, our members are welcome to participate in this event and do so in large and enthusiastic numbers. In co-operation with Surf Lifesaving Tasmania and the Tasmanian Ocean Swim Series, we instituted an Open Water mini-series, which we called the MST Oceans Treble, a new initiative for 2023, and one that is showing promise for future years. As well as supporting our swimmers in open water events, this is another great way to showcase Masters swimming to younger age groups.

Publicity and Promotions Director

Unfortunately – although fortunately for her – Katie Marx resigned from this position and has headed to the great south. We thank Katie for her contributions, we wish her well and hope she stays warm. At the same time, we welcome Peter Tucker to the role. Through the efforts of Katie and Peter, we

have promoted our activities and celebrated the achievements of our outstanding performers through a variety of media – newspaper, Facebook, website and our newsletter Platypus Press. Going forward, as we are no longer using Sport TG for the dissemination of information, we will be relying more and more on club delegates to spread the word and share information to members.

Coach Development

We conducted two well-attended Coach Development sessions and swimmer education sessions. *(See separate report)*

Technical Officer Development

Chief Technical Officer Ray Brien conducted Technical Official training sessions to increase our available trained work force for the 2023 Nationals. *(See separate report)*

Branch Archives

A Branch Archive dating back to and including records from 1982 has been established and is available on our website. The amount of work this represents is staggering and our sincere thanks and congratulations go to Pauline Samson for creating this very valuable resource. The Archive can be viewed at: https://mastersswimmingtasmania.com.au/archive/

Branch Management Committee

The MST Branch Committee has also been very active with regular very well attended Zoom meetings. The BMC has worked hard, creatively, collegially and constructively and we acknowledge their professionalism and commitment. No-one shoulders a bigger load than our Secretary Tony Forman, and Recorder Pauline Samson, and I thank them sincerely for their hard work.

We have representatives not only on the MSA Board, but also on several important national sub-committees.

Income and expenditure for the year were within budget expectations with a small overall surplus for the year's activities. A portion of the swim meet surpluses were shared with the clubs in accordance with the agreed formula based on participation of officials and competitors.

I thank all the Association's committee members and club representatives for their advice and support over my year as President. As 2023 looms, we look forward to the Nationals, the development of more and different events and activities, and more of the same competent management at all levels. While the pandemic closed down many sports organisations, for MST, it seems to have opened opportunities to do things differently and to expand to a wider community of swimmers. Bring it on 2023, we can hardly wait!

Megan Stronach
President
Masters Swimming Tasmania

Masters Swimming Tasmania
Interim Treasurer's Report
AGM
15 Feb 2023

At the close of papers, I was not in receipt of the completed Financial statements for 2022. A misreading by the audit company of our due date led to a delayed start to the Audit. Even after repeated emails requesting progress updates, the first communications occurred on Monday 6 Feb with a request for additional information. As a result the audit was not completed in time for inclusion in the AGM papers.

The following interim report and budget worksheet are for information only and do not represent an audited financial statement.

2022 saw some major changes to the way the Branch dealt with event entries and memberships. In July we set up an account with Stripe to handle event entries due to concerns with cyber security on the CyberSource system. The system works very well with very quick transfers of entry fees for a reasonable fee. Shutting down the CyberSource system allowed us to close our merchant bank account and a saving of $44 per month in Bank Fees. One issue has come to light with an oversight when setting up the National Swim Entry system. Both National and Summer Championship entry fees are paid to the same account which has led considerable time and effort to ensure that the correct funds are allocated to the correct events. In November we changed to Swim Central for membership payments. Apart from a couple of minor teething problems, the system works very well.

Generally, expenditure for the year was in line with budget expectations. The Budget worksheet is attached for information. The Branch achieved an operational surplus of $2084 (subject to audit) There were some items in excess of budget forecasts:
The purchase of 20 Stopwatches ($1116); an increase in travel expenses with Megan, Tony and Pauline conducting meetings in the Northwest, Launceston and Hobart covering planning for the Strategic Plan and the change over to Swim Central for memberships; and a late FINDEX account for the Xero set and training (2021).

Account Balances	31 Dec 22	31 Dec 21
Debit Card Acc	442.17	217.56
Events Acc	Closed	5,991.13
Operations Acc	16,021.68 *	5,828.69
National Swim	3,681.02	5,0000
Term Deposit	48,298.26	50,298.26
	68,443.13	67,335.64

Operations account includes funds awaiting transfer to National Swim account : $3,500 at 31 Dec

Club Championship Surplus distribution . Due to substantial increases in pool hire fees in Hobart, the events budget achieved a surplus of only $197. This amount is insufficient to make a meaningful distribution to clubs. The events did not require support from the general funds and were self supporting. However this may not be the case in the future if pool hire continue to increase at current rate.

Ray Brien
Treasurer
10 Feb 2023

Masters Swimming Tasmania
Budget worksheet 2022

		Budget		Actual	Notes
REVENUE					
Membership fees	$	6,300.00	$	6,802.00	
Club Affiliation fees	$	1,750.00	$	1,759.00	
Current account Interest	$	10.00	$	-	
Term Deposit Interest	$	450.00	$	37.00	
Additional Income			$	279.00	Stop watch sales x 5 at cost ($58.80)
	$	**8,510.00**	**$**	**8,877.00**	
Operating Expenses					
Professional Fees/expenses					
Audit Fee	$	1,250.00	$	1,375.00	
AGM Advertising	$	50.00	$	-	
Filing Fees	$	66.00	$	66.00	
Xero accounting fees and Charges	$	200.00	$	815.00	includes $506 Set up and Training fee 2021 (Late invoice)
Committee/ Meeting Expenses					
Meeting expenses	$	100.00	$	469.00	Strategic planning meetings NW, Launceston & Hobart
Travel honoraria	$	100.00	$	150.00	Pauline - National Board Meeting/ Workshops
Operating Expenses					
MSA Affiliation	$	225.00	$	225.00	Payment in advance for 2023
Domain Name	$	50.00	$	-	
Bank Fees	$	700.00	$	354.00	Events account closed 29 Jul 22 - Change of entry systemm
Event Entry/ Payment processing	$	450.00	$	514.00	Cybersource $261 Club Assistant 254
IT Software subscriptions	$	500.00	$	519.00	Web site $169, Zoom Annual fee $165, Dropbox Annual fee 184
Equipment repairs/replacement	$	900.00	$	1,116.00	20 x Matador Stopwatches @$58.80
Liability Insurance (MSA)	$	110.00	$	114.00	
Medals and Trophies	$	200.00	$	489.00	115 medals at cost
Post Office Box rental	$	139.00	$	139.00	
Printing/postage /stationary	$	300.00	$	403.00	Postage $40.90 Printingstationary $362.10
Miscellaneous					
Life Memberships	$	90.00	$	45.00	
Total Operating Expenses	**$**	**5,430.00**	**$**	**6,793.00**	
Operating Surplus/Deficiet	**$**	**3,080.00**	**$**	**2,084.00**	
Additional items not in budget					
Country Swim Meet (Oatlands)					
Income	$	432.00			
Expenses	$	(450.00)			Invoice awaiting payment 31/12.22
Balance			$	(18.00)	
State Championships Events Budget					
Income (4 Events)	$	14,500.00	$	16,521.00	
Expenditure (4 events)	$	(10,500.00)	$	(16,324.00)	t Pool Hire fees for Summers & LCLD significantly exceeded estimates
Net Surlus/Deficit	$	4,000.00	$	197.00	
Amount payable to clubs					
Effect onnBranch Income	$	-	$	-	
Development Activities					$2000 transferred from Term Deposit
Club Development	$	1,000.00			
Coaching Development	$	2,000.00			
Coach recognition	$	2,000.00	$	100.00	Coach renewal x 1
Technical Officials Training and recognitic	$	2,000.00	$	65.00	Officials polo shirts x 2
Balance					$1,835

Membership Report at 31 December 2022

		2022 Members			Numbers Include	
	2021	Total Members	Male	Female	Second Claim	6 Month Membership
Hobart Aquatic	**59**	52	22	30	3	6
Burnie	**19**	16	7	9		1
Devonport	**48**	41	14	27		3
Hobart Dolphins	**50**	51	17	34	2	3
Huon Valley	**9**	23	8	15	1	3
Launceston	**97**	103	53	50	1	6
Talays	**26**	25	11	14		
Tomatoes	**6**	6	6			2
Van Diemans	**4**	4	2	2		1
	318	**321**	**140**	**181**	**7**	**25**

MASTERS SWIMMING TASMANIA COACHING ANNUAL REPORT 2022

Overview

1. 2022 saw a continuation of routine coaching after the disruption of the COVID-19 years. Results in the championship competitions continue to indicate that the standard of swimming throughout the Branch remains high, and the very few disqualifications indicate the technical proficiency of swimmers is also high, which is due at least in part to the coaching.

Qualified Coaches

2. The following coaches held Masters Club Coach qualifications in 2022:

    - Philip Tyrell (to 2 June 2022, Coaching ID 0542) (Hobart Aquatic)
    - Adam Fergusson (to 2 June 2022, Coaching ID 0537) (Launceston Lemmings)
    - John Pugh (to June 2022, Coaching ID AMCH 0069) (Launceston Lemmings, requalified to 2025)
    - Sharon Smith (to 2 June 2022, Coaching ID 0541) (Huon Valley – requalified to 2025)
    - Steve Richards (to 2 June 2022, Coaching ID 0540) (Hobart Dolphins)
    - Maciej Slugocki (to January 2023, Coaching ID 0574) (Tomatoes)
    - Ricky Homan ASCTA Bronze Level & Teacher of Competitive Swimming (to 1 Feb 2024 Coaching ID 0604) (Devonport Devils)
    - Megan Stronach (to October 2024, Coaching ID 103978((Hobart Dolphins)

3. The clubs without currently qualified Masters Club Coaches in 2022 were Burnie and Talays.

4. The challenge for 2023 is to encourage more members to complete the Club Coach Course and contribute to the future of the Branch and their club.

Professional development

5. The Branch held two professional development activities, arranged by Megan Stronach, as follows:

    a. Pool sessions in Launceston and Hobart led by Brenton Ford of Effortless Swimming.

    b. A session with Nick Cannell of Body Hobart. This session focused on upper body flexibility.

National Coaching Committee

6. The Branch Director of Coaching continued to be a member of the National Coaching Committee (NCC) in 2022. This committee met via Zoom regularly during the year and has continued to develop and refine the Club Coach Course.

Philip Tyrell

Masters Swimming Tasmania Director of Coaching

5 February 2023

MST had a successful year in 2022 with being able to offer all championship swims as well as giving swimmers the opportunity to swim in two meets run by Swimming Tasmania. There were also two other meets, one being run by Huonville Masters and a MST fun meet at the new Oatlands pool in late December. It is hoped that this can be become an annual event. Some swimmers also participated in the MS MegaSwim with many of these swims being recorded for e1000.

There were 138 records either set or broken (95 individual long course, 44 individual short course as well three long course and three short course relay). National records were achieved by James Belstead TVA (3), Maciej Slugocki TTS (3) and Terry Smithurst TTL (1).

There were nine swimmers listed in the records/results portal as having achieved a 3km ranking and five swimmers who achieved a 5km ranking in the national top 10.

E1000 club trophy has been won by Talays Masters with top points and top average score.

Congratulations to Kay Bailey, Alwynne McMahon of TLC, Stacy Kirkby, Annette Philpot and Lou Hill of TTL, Steve Richards and Megan Stronach of THB who completed all the swims in e1000 with maximum points.

Kay has completed all the swims for 21 successive years with 20 being maximum points. Alwynne has completed all the swims for 13 years with maximum points, and with Steve and Megan completing all the swims for the 1st time.

Swimmer's of the Meet:

38th Long Course Summer Championships: Amanda Duggan THB, Maciej Slugocki TTS

38th Short Course Winter Championships: Anne Henderson TAC, Brent Walker TAC

Pauline Samson

Branch Recorder

Technical Co-ordinators Report
Masters Swimming Tasmania
AGM

2022 was a successful year for technical officials training with the Branch achieving 11 new timekeepers of which 4 continued to gain accreditation as Chief Timekeeper, Inspectors of Turns and Inspectors of Stroke. Several people also attended to refresh their knowledge. The training day at Devonport in February attracted 10 members for Timekeeper training, who then practiced their newfound knowledge with a splash event. The training session in Hobart prior to the Summer Championships attracted 11 members, mainly as timekeepers but also Chief TimeKeeper and Marshal training. The session at Launceston prior to the SCLD attracted 6 members for training as Inspectors of Turns and Judges of Stroke.
I must thank Pauline for conducting the Launceston session at short notice when I tested positive to Covid on the Wednesday before.

Hobart Training group

MST AGM Safety Officer Report for 2022

There were no significant safety issues reported to MST during the 2022 year. Some impacts from covid were still apparent in 2022 and this may have affected individuals in their training schedule, however no issues have been formally reported by any Clubs.

Some Aquatic Centres across Tasmania still implemented some covid safety restrictions during 2022, such as distancing and masks in change rooms. The effects of covid from previous years may still have had an impact on reduced membership for 2023 where some swimmers are still choosing to only swim in the ocean and not renew membership.

Prepared by Rebecca Laletin

MST Health and Safety Officer for MST

Media Report for the 2023 MST AGM

In late 2022 I came on board to manage the media requirements of MST. This is particularly important in the lead-up to the Nationals in the week after Easter in April 2023.

I seek two main outcomes in our media exposure: to (1) promote the fitness, mental health and social benefits of adult swimming in all its forms (recreational, competition, pool and open water); and (2) promote and advertise MST events, competitions and activities.

A summary of activity to date

Masters Sprint Time Trial, new aquatic centre at Oatlands on Saturday 3 December 2022. The event was well-attended and a great success. Julia from the Southern Midlands News wrote an excellent article for the January edition with several pictures.

Huon Valley Medal Meet Saturday 4 March 2023. I am in discussions with Sharon Smith regarding an item for the Huon Valley News (published weekly). Sharon advises that they will draft something up and contact the HVN directly, or seek advice from me if they need it.

MS Nationals 18-22 April. An interview with ABC Hobart Radio Drive presenter, Lucy Breaden, has been arranged for the week before Easter, featuring Megan Stronach, Gab Osborne and Jayde Richardson. All are willing to participate and all have interesting back-stories. I will settle the day and time closer to that week. The purpose of the interview is to promote the Nationals and to discuss adult swimming in general. Lucy expressed interest in a follow-up interview after the meet.

I will also pitch this to Kim Napier the presenter of ABC Northern Tasmania Drive, but would like to locate some Launceston or NW swimming talent. Any suggestions welcome.

In addition to the ABC interviews above, I intend to hold a media event in Hobart maybe on Saturday 15 April, with the view to newspaper and TV promotion of the meet the following week. I'm open to suggestions, but I'm thinking the Aquatic Centre for photo op and interviews. Maybe Megan as President and some participant swimmers. That's a call we can make in March to round up the talent.

Finally, each day of the meet, at about 4pm, I'll send out a media release summarising the day's results and advising a media conference/interviews for, say, 11am the next day. So, hopefully, we may get coverage via one outlet or the other.

I will take that week off work to meet and liaise with media.

Any suggestions on anything media will be appreciated.

Peter Tucker

Burnie Masters Swimming

2022 Presidents Report

Dear Members

2021/22 has been another interesting year with Covid continuing to cloud our lives and activity. Nevertheless the Burnie Masters have continued to press on and get in the pool on Sunday mornings, plus the odd competition and social event. Thanks to all those members who have kept turning up and making Sunday mornings a treat in and out of the pool.

Thanks to our coaches and program leaders Christine and Marcia for the programs they provide and for keeping things interesting and entertaining for us in the pool. There has certainly been a variety of programs and swimming disciplines that have made it worth getting up early for us all. We appreciate your efforts greatly so keep up the good work. Also thank you to all for accommodating the banter and distractions happening in lane 2!!

Morning tea at Crusty's and the BAC have been another highlight that gives us something to strive for at 9.30am every Sunday. Certainly the sweet treats at Crusty's get a good working over!!. The coffee is good too and the company excellent. We appreciate the dedication of members in getting to these Sunday sessions all year round.

The year's highlight for me was the diving starts in the indoor pool over winter, closely followed by Mitch's butterfly exploits. Plus the French cuisine night at the Boyles was the social event for the year; thanks Keith and Wendy, but I'm afraid the planned Russian follow up has been abandoned and will be replaced with a Spanish night – paella!! – Russian food was never any good and is worse now. Just need a venue and date for this. Stand by.

It is also important to recognise the efforts of those doing various masters swimming competitions – Notably this year with Chris, Mitch, Marcie, Barbara and Carmen doing an excellent job for the club. I even managed a day in Launceston.

Thanks to Mitch and Kate for keeping us governed. Appreciate your efforts and to all members for keeping perky in 2021. Noted the excellent profit for the year.

Mark Smith
President

Devonport Devils

The Devils are currently going strong with 36 members currently, 2 up from this time last year. We are very much looking forward to and are in full training for Nationals in April 2023

We have 3 training sessions per week which a coach provides programs for.
Tuesday 0600-0730 (coach in the water)
Wednesday 1830-1930 (coach on pool deck)
Saturday 0815-0945 (coach on pool deck)

We are having our AGM on Friday 10th Feb along with an awards night which we are hoping will be lots of fun.

Tasmanian Masters Games

The TMG was by far our biggest event in 2022. It took a lot of planning and organisation and we learnt a lot along the way but in the end it was a very successful meet. In true Tassie style we had 4 seasons over the 2 days and all the competitors had a lot of fun. We ran some raffles over the weekend and the whole event was a good fundraiser for our club. The TMG committee are hoping to run this event every 2 years.

Just One More Grant

The Devils were very lucky to receive some grant money from MSA in 2022. We used this to help run the TMG and to fund a new gear cage for the club.

Notable results from 2022

22 swimmers with NATIONAL TOP 10 results
27 Swimmers with NATIONAL TOP 25 results
10 individual state records broken

E1000's

DEVONPORT	2022
Total Points	1516
Female Points	1091
Male Points	425
E1000 Swimmers	26
Female Swimmers	18
Male Swimmers	8
Total Club Members	41

E1000 TROPHY 2022: Devonport was 36th of 128 clubs in Australia.
E1000 AWARD 2022: Nationally Devonport was 39th of 128 clubs.

LAUNCESTON LEMMINGS MASTERS SWIMMING CLUB

Report on club activities since previous MST Board Meeting in 2022

Membership and Coaching
Membership has not yet stabilised and is just over 50 members, although one or two new people seem to turn up each week. We still conduct four coached sessions a week, two on Monday and Thursday evenings at 7.00pm, and the best attended session on Saturday mornings at 7.00am, and an early 6am session on Wednesdays (but only two lanes). All sessions are coached. Over Christmas and the New Year the club had a two-week break from formal training sessions. These began again on 4 January and are relatively well attended. Two of our coaches are in the final stages of re-accrediting for the Masters Club Coach Qualification.

Specialised coaching sessions
The club is continuing with its specialised stroke and skill sessions on the first Monday evening of each month. So far, we have run one session on starts, streamlines, turns and finishes. The coaching is shared by Adam Ferguson, John Pugh and Robert Tucker. Feedback was excellent for the first session of the year.

E1000 Sessions
E1000 sessions are held every Sunday afternoon and our small, but enthusiastic group always turns up to swim and/or time keep. Kaye Bailey is still the organiser and is putting on small social events after some of the swims.

Summer Long Course Championships
Arrangements for these Championships are being completed during training sessions but, so far, the number of entries is small. We hope that more swimmers will enter before registration closes.

Social Gatherings
Saturday morning after swim breakfasts remain the main social activity, so far. A smallish group still has drinks at the Cock and Bull pub after training on Thursday evenings and Adrienne is organising a few other events.

Annual General Meeting
This will be held later in February. Reports are being prepared and we are searching for a new President and Secretary.

HOBART AQUATIC MASTERS ANNUAL REPORT 2022

Overview

1. 2022 was a successful year for the Club in the pool. The Club came a close second to Hobart Dolphins in the Summer Club Championships, won the Winter Club Championships, and won the Club Relay trophy.

Membership

2. At the end of 2022 membership was 52. This level of membership is 10% lower than 2021. Despite this drop in total numbers, club participation in Summer and Winter Championships was consistent with our recent past levels. Membership continued to be based on a core of about 40 long-standing and active members of the Club. As in the past the Club has continued to attract new members as well as some returning after a break and has seen others move on.

Club clothing

3. The club was successful in obtaining a grant via the MSA *Just One More* program to purchase new club t-shirts. The t-shirts were offered at no charge to all 2022 members of the club.

Training

4. 2022 was a challenging year in terms of getting access to lanes at DKHAC, particularly in the evenings, due to changes of evening weekday schedules. The morning sessions continued to be popular, as did the Sunday morning session. Under our flexible training arrangements, some swimmers train at times and at pools that suit them, such as those who train with The Herd at Clarence pool.

5. The DKHAC training schedule was as follows.

Pool Session Times (Subject to pool availability)	**Mornings** Mon-Fri 5:30 – 7:00 Sunday 8:00 – 9:30
Open Water Swims (Kingston Beach – subject to change. Refer to the	**Saturday** 7:30 – 9:00 (subject to

Weedy Seadragons Ocean Swimming Group Facebook page for updates https://www.facebook.com/groups/117654362210828	seasonal changes) Other times are subject to demand.

6. **Open water swimming**. Open water swimming continues to be popular within the Club, especially during Summer. Several members of the Club swim with the Weedy Seadragons open water swimming group on a regular basis, and/or swim in other ad hoc groups.

Coaching

7. The Club had one currently registered coach in 2022, Philip Tyrell. The club has identified the need to have more qualified coaches available into the future.

The year ahead

8. Philip Tyrell has indicated his intention to step down from his role as club administrator by mid-2023. Planning has commenced for the transition of club administration tasks a management committee.

Philip Tyrell
Committee Chairperson and coach
5 February 2023

Hobart Dolphins Masters Swimming Club
Annual Report 2022

Membership

The club finished the year with 51 members, an increase of one from 2021. We were very saddened by the passing of life member and stalwart of the club Mavis Fisher earlier in the year. Mavis had been a club member for over 30 years and was extremely active at both Club and Branch level until her departure for the UK in 2018. She is sadly missed.

Activities

As a club we continue to focus on activities that encourage a high level of engagement from members, irrespective of their swimming ability and goals.

Highlights for 2022 include:

- 27 Club members competed in State Championships, with the club winning the Summer Championship Trophy and the New Norfolk Trophy.
- Members also competed in the National Championships, Tasmanian Masters Games, the Pan Pacific Championships, the Huon Valley club meet, the Oatlands Christmas Event and the Bunbury postal swim.
- Club members broke 38 Branch individual records and 3 relay records.
- Three members were recognized for obtaining FINA top ten times in 2021 and another 5 were acknowledged for FINA top 10 Relay times.
- Out of the pool the club was well represented in the Ocean Swim Series, the Bicheno Devil of a Swim and the Trans Derwent Swim.
- We conducted our Open Water Winter Challenge again and were pleased to attract some entries from non-club members this year.
- Three club members completed the Derwent River Big Swim (2 individual and one relay) and one club member competed very successfully at the Hawaii Ironman.
- One member received their Two Million Metres Award.
- We introduced an increased focus on the Endurance Program with 2 members gaining maximum points scores, we hope to expand this area of the club's activities in the future.
- We again entered a team in the MS Mega Swim and raised over $3,000 for the Multiple Sclerosis Society. This year we donated the profits from our Trivia Night to support our Mega Swim Team.
- Both members and coaches attended the workshops with Brenton Ford hosted by the Branch.
- Our social program has included movie nights, a trivia night, the Christmas Party/Presentation Function, an annual swim/breakfast at Eggs and Bacon Bay as well as the ongoing breakfast mornings and post training BBQs.
- A new summer t-shirt, designed by club members, was launched in December.
- The National 'Just One More' grant was used to improve our training resources.
- An active WhatsApp group, Facebook page and an informative and entertaining monthly newsletter have helped to keep kept members engaged.

Perpetual Trophy Winners

Club person of the Year:	Megan Stronach
Coaches Award:	Fiona Ziegeler
Swimmer of the Year:	Elisa McMillan

Training

Unfortunately, we lost our access to the Friends Pool for our Sunday training early this year, access to pool lanes has limited our opportunities for a second coached session but we have subsequently introduced a Sunday afternoon session at the Clarence Pool. While the timing is not ideal numbers have steadily increased and we hope it will have long term viability. Our two qualified coaches; Steve and Megan have worked hard to provide well-structured and interesting programs and as a consequence, training sessions have been well attended. We have also introduced a roster of assistant coaches which has been very successful in ensuring all swimmers receive attention at training sessions.

Financial

While the club posted a cash loss of $1,613.06 loss during 2022 this includes an amount of $1,125 still owed to the club for the Just One More grant and National Swim expenses. We also increased our stock of club t-shirt and caps during the year. Nevertheless, the change of location and the need to hire lanes for our second training session did contribute to the loss and we will need to increase training fees for next year. The club bank balance remains at a healthy $6,275.

2022 Committee

Once again, this year committee members have devoted their time to ensuring the club runs well with a minimum of fuss. I am particularly grateful for the extra efforts made by committee members to take on extra tasks during my extended absence this year.

President:	Diane Gregory
Vice President:	Annaliese Cousins
Secretary:	Katherine Daft
Treasurer:	Pia Peterson
Recorder:	Katherine Daft/Fiona Redgrove
Head Coach:	Steve Richards
Newspaper Editor	Sue Vincent
Safety Officer:	Megan Stronach
Social Co-ordinator:	Judi Adams
Committee Members:	Auro Almeida, Kathy Osborn
Club Delegate to Branch:	Kathy Osborn/Steve Richards
Life Members:	Katherine Daft, Peter Tucker, Mavis Fisher (dec.), Peter Fisher (dec.), Ron Bloomfield (dec.), Les Young (dec.)

Di Gregory
President

Talays Masters Club Report
2023 MST AGM

Membership
There was an approx. 4% fall in club numbers. (One person moved interstate)

e1000 Participation
87% of members participated in the e1000 swims during the year.
Stacy Kirkby, Annette Philpot and Lou Hill completed all 62 of e1000 swims.

Swim Meets
Club representation is minimal at swim meets. There is encouragement to all members to participate at swim meets.
Even with low participation rates at swim meets our members set a number of Branch records and Terry Smithurst (85-89) setting a National record in the 1500 Breaststroke.

Swim Events
Members were also involved in:
The Trans Derwent Swim
MS Swimathon

Social
A number of Pizza nights were held, thanks to our members who generously open up their homes for these events.
Coffee mornings were also held on a monthly basis, we shared our wealth at a number of venues around Hobart and surrounds.

2023
Dedicated lane time – investigating costs and availability of lanes for completing E1000 swims preferably with Masters swimmers who understand what the our members are trying to achieve.

Coaching Possibilities – working with the current Masters coaches to help and develop members form and performance.

Lou Hill
President

Tomatoes Swim Club has been actively and financially operating at the Clarence pool during weekday morning. Approx 25 members with some adults and several students are over the age of 20.

Majority of the swimming is pool based and a large component is Ocean based swimming and Surf Lifesaving during Summer and Winter.

Operating hours at the Clarence pool.

Monday – 0600-0700

Tuesday – 0600-0700

Wednesday -0600-0700

Friday – 0600- 0700.

Tomatoes Swim club has a web presence www.Tomatoesswimclub.com.au

We are a not-for-profit organisation and any profit made through fund raising and events goes directly back to the club to support our swimmers and the club.

Kind regards

Douglas Hughson

dougstar22@netspace.net.au

President Tomatoes Swim Club.

HVA Club Report

The year has brought some pleasing growth, with members increasing to 22 in Masters and children to around the same.

Following along with the One Club direction, we can boast three generations of one family now having memberships of our club.
One of our junior's Mum decided to try out (she did her first competition the following next weekend), and as she loved it, so the next week brought her mother along who also joined up.
We are currently gearing up for our major fundraising event of the year, The Medal Meet, which is dual sanctioned and very exciting to see an increase in Masters participation in this event.

We are looking forward to the year ahead, see what comes.

Overall, a very good year for young and not so young.

Sharon Smith
Club President
HVA