



Platypus Press

December

2022

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MST Christmas Friendly Time Trial



Who is that, under the Christmas tree hat?

In the words of one swimmer; "it was such a fun day! We had a handicap relay and that was soooo much fun. Di did an amazing job with the handicapping. I have to say I think it's up there as one of my favourite swim meets I've ever swum in. Congratulations to the organisers!"

Well, what more can we say? Thanks to everyone who took part and enjoyed the revelry of the day. Thanks to management and staff at the Centre who could not do enough to hep up, and big thanks as always to Pauline, Ray, Di and everyone who stepped up to time keep or officiate in many other ways.

Recent photos

A selection of recent photos from the Oatlands Time Trial and many more can be found at the [MST website Photo Gallery](#).

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Huon Valley Aquatic - the best Christmas-themed club at the Oatlands Christmas Friendly Time Trial.



The beautiful Oatlands Aquatic Centre. Pop in and check it out next time you're passing through.

MST/ST Dual Sanctioned Events

Masters swimmers have been in action at some recent Swimming Tasmania Time Trials – swimming for their MST clubs. This is an immediate benefit of the take-up of Swim Central. The BMC has sanctioned a selection of ST time trial events in 2023 – details in the calendar (over).



Gabrielle, Brent, Penny and Di (TAC) and Maciej (TTS) fly the Masters flag at a recent Swimming Tasmania (MST dual-sanctioned) meet.

MST 'Oceans Treble' OWS Awards



In conjunction with the popular Tasmanian Ocean Swim Series and in co-operation with Surf Life Saving Tasmania, the first of the MST '**Oceans Treble**' events will be at Bellerive Beach on 31 December. This is your chance to score points for individual and Club awards. Swimmers may score points at any **three** of the following five Ocean Swims:

- TOSS #3: Bellerive Beach – BPSP1200 Saturday 31 December 2022
- TOSS #4: Bridport – Swim the Pier Saturday 14 January 2023
- TOSS #5: Kingston Beach – Australia Day Swim Thursday 26 January 2023
- TOSS #6: Port Sorell – Penguin Island Swim Saturday 4 February 2023
- TOSS #7: Burnie Ocean Swim Sunday 5 February 2023

Full details of the **Oceans Treble** mini-series are on the MST website.

Just One More Grant Recipients

Members of **Hobart Aquatic Masters Swimming Club** were keen to display their new club t-shirts for the first time at the Long Course Long Distance meet in Hobart on 12 November. The t-shirts were partly funded by MSA's **Just One More Grant** program, which was established to help clubs support existing and new club members. All current members of the club are being provided with a new t-shirt at no cost to them to promote the club's focus on the team. Hobart Aquatic was able to offer the opportunity to acquire a new club t-shirt to attract some former members to re-join, such as those who had lapsed during the COVID period of reduced pool access. Hopefully the distinctive design that features an orca on the reverse will make an impression on potential new members as well, particularly those who are involved in open water swimming.



Hobart Aquatic members displaying their new T-shirts!

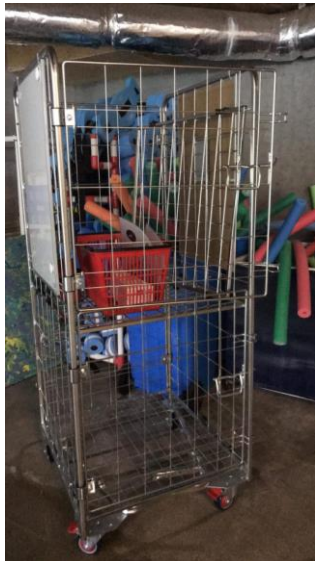
The **Devonport Devils** were lucky enough to receive the **Just One More Grant** which we used to run the Tasmanian Masters Games in October. Running the games gave us valuable experience on how to run a successful swim meet. The grant helped us pay for the barbecue, food for the volunteers and printing of the programs.



Taking off at the TMG in Devonport



Anyone walking past is immediately aware of who those Dolphins are as they line up for a training session at 8am on Saturday mornings.



The event showed non-members how enjoyable joining Masters could be, and highlighted the three pillars of Masters swimming, fun, friendship and fitness. The Games gave existing members a good chance to race to see if their fitness had improved and was a great social event. Three swimmers were unattached to clubs and one of those has now

joined the Devils and started training with us with a view to race at Nationals next year. The other two have formed links with southern clubs. Surplus funds from the TMG has been used to purchase a new gear cage for the pool to safely store all our odds and ends.

Hobart Dolphins would like to thank Masters Swimming Australia for this terrific funding initiative supporting membership drives. In our case the funding was aimed at the two-fold approach of firstly signage to advertise the club to potential new members (especially those swimming regularly at our “home” pool, Clarence Aquatic Centre), and advertise club activities and then to support training. With the **Just One More Grant** funds the club was able to invest in a mobile whiteboard – and decorate it with our logo, and to purchase 5 Matador 898 stopwatches, and 4 additional “Tempo timers” or waterproof metronomes. These have proved very popular with everyone including the less competitive swimmers in the club, improving the training session experience and benefits.



Dolphins setting the timers for a set of longer “CSS” (or maximum aerobic pace) swims

Editors’ Note: Thanks to everyone who contributed to this edition of Platypus Press. We would love to feature more stories about all the watery achievements and adventures taking place across Tasmania, so we want to hear from you! Have an idea, a fabulous photo, a story you want to share? Get in touch.

Have you re-registered for 2023?



**PURCHASE
YOUR
2023
MASTERS
SWIMMING
AUSTRALIA
12-MONTH
MEMBERSHIP
NOW
VIA SWIM
CENTRAL**

**masters
swimming
AUSTRALIA**

Upcoming Events 2022/2023

Swim Tas LC Qualifying Trial - MST dual sanctioned: Launceston, 10 December 2022

Swim Tas LC Qualifying Trial - MST dual sanctioned: Hobart 14 Jan 2023

Swim Tas LC Qualifying Trial - MST dual sanctioned: Launceston 21 Jan 2023

MST Summer Championships: Hobart 18-19 February 2023

Swim Tas LC Qualifying Trial - MST dual sanctioned: Hobart 25 Feb 2023

Huon Valley Aquatic Medal Meet: Huonville 4 March 2023

MSA National Championships: Hobart 18-22 April 2023

Swim Tas SC Qualifying Trial - MST dual sanctioned: Hobart 13 May 2023

Swim Tas LC Qualifying Trial - MST dual sanctioned: Launceston 20 May 2023

Swim Tas SC Qualifying Trial - MST dual sanctioned: Hobart 27 May 2023

GBR Masters Games: Cairns 25-28 May 2023

Swim Tas SC Qualifying Trial - MST dual sanctioned: Launceston 3 June 2023

MST SCLD Championships: Launceston 10 June

FINA World Masters Championships: Fukuoka, Japan 2-11 August 2023

MST Winter Championships: Launceston 19-20 August 2023

MST LCLD Championships: Hobart 18 November 2023

MST Christmas Meet: Oatlands, 2 Dec 2023 t.b.c

Watch this space for details of more dual-sanctioned ST/MST events coming up in 2023.

The Nationals are coming!



Masters Swimming Tasmania are proud to host the 2023 Masters Swimming Australia National Championships at the Doone Kennedy Hobart Aquatic Centre from 18 to 23 April 2023. Registrations will open Monday 12 Dec 2022 and close Monday 27 March 2023.



Here is just some of the merchandise that will soon be available for you to order when you register to swim.

Christmas Greetings



Merry Christmas & Happy New Year. Sending good wishes to all MST members for a great holiday season and a super fabulous year ahead!