

# Hobart Dolphin-News

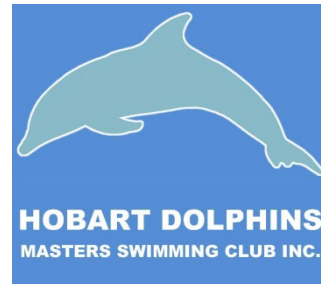
HOBART DOLPHINS MASTERS SWIMMING CLUB INC

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December, 2022

*Happy Christmas everyone!*

Hi everyone,

Wow, I can't believe this is our last newsletter for 2022, and it's a good 'un I think. I have done some different formatting this time, just to make it more Christmassy and fun.

There are 6 of the best xmas jokes throughout the newsletter, but for a bit of fun, I am going to tell you the answers here and now! I'm sure you will work out which answer goes with which joke. I like to mix things up! So, the answers are:

- Santa Paws,
- Lighten up,
- Santa walking backwards
- Is it just me, or do you smell carrots?
- Orna-mints
- You get Tinsel-it is

Well, I reckon that has got you all curious!

Thanks to Megan, Steve, Judi and Katherine for your contributions. It is particularly exciting to have information from both of our wonderful coaches, almost the same but different. They are looking after us so well.

Birthdays for December are: Judy, James, Pia, Fiona R, Ken, Anne and Kerry. Happy birthday to you all, and since there is no breakfast this week at Spencers, we can celebrate with you all at the xmas function on December 10.

I have nothing left to say here, except to wish you all a very Merry Christmas, spent relaxing with family and friends!

Love and kisses

Me

PS. There is information about training sessions over the holiday period in Steve's report.

## Training times and venues

Saturdays, 8-00am at Clarence pool, cost \$7-50, and coffee afterwards at Eastlands, all welcome.

Sundays, 3-30 to 4-30 at Clarence, cost \$7-50, all welcome.



## From the Presidential Suite

What a pleasure it has been to be an onlooker at some of our Saturday training sessions lately. They have been really well attended and the great programs have meant swimmers have been really engaged with lots of positive feedback. Congratulations to all involved! That's not to say the Sunday sessions aren't just as good, I just don't get to see them!

Some great swims at the LCLD and Pan Pacific Masters Games during the month, lots of personal bests, branch records and new club records not to mention a huge haul of medals by Jayde at the Pan Pacs. Well done all! Really good to see 12 members going up to Oatlands this weekend, should be a fun meet in a sparkly new venue.

Highlight for December will of course be our Presentation/Christmas Function on December 10 at Puddleduck Vineyard, thank you again to Jackie and Darren for making their beautiful venue available to us. Numbers are fantastic once again, and with such a lovely venue a good time is assured. Please don't forget to transfer your \$10 to the club account.

You'll find the Notice of the AGM in this newsletter. The club is very fortunate to have a strong core of people who make the club run with a minimum of fuss, however, it is always healthy to have new people and opinions on any committee. If you would like to become involved and take on any of the club positions, please have a chat to me or any of the other committee members.

Please remember 2023 membership renewals are due in December, it is a new system this year so if you are having trouble navigating it, please let me know.

There will be no booking at Spencer's for breakfast this month as many of the regulars are heading up to Oatlands or will be away. Of course, if you still want to head down there for coffee or something to eat, I am sure they will find you a table.

PS. I have it on good authority that the new club t-shirts should be available sometime next week!

Di

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## Social News

Our Christmas party and awards presentation BBQ at Puddleduck Vineyard is fast approaching; 2:15 December 10th. This is always a fun filled day. Games for young and old, a visit from Father Christmas, great food and thanks to our hosts Jackie and Darren Brown, a fabulous venue.

Thank you to all members that have indicated that they are attending and contributing a salad, sweet slice, bread or crisps. Meat will be supplied.

If you haven't already done so, please deposit \$10 per adult and \$5 per child into the club bank account.

We have decided not to book our usual monthly breakfast at Spencers as there is a swim meet in Oatlands on Saturday afternoon and the Christmas gathering is the following Saturday.

I look forward to catching up with everyone at the Christmas celebration.

Kind regards, Judi

## Off the Blocks

TOSS#4 Bridport – Swim the Pier 14 January 2023



The “Old Pier” (L) that stretches almost 500m out into the clear blue, WARM water, and Auro, Megan, Steve and Joe (R) enjoying the even warmer inner glow of completing the 2k swim in January 2021.

Calling all avid open water swimmers! Now, thanks to a new initiative from Masters swimming Tas we have a new competition to recognise those among us who swim (faster) in a wetsuit: the **MST Open Water Mini-Series: MST ‘Oceans Treble’**. Of the five swims to gain points in your MST age grouping across late December to early February is TOSS#4 - the Bridport Swim the Pier event. A few of us have swum this in the past and can attest to the welcoming warm, clear water of the North East coast. You might not even need a wetsuit (water 22°C in 2018)! Distances vary from 500, 1000 to 2000 m, although only the “big one” will count towards the Ocean’s Treble points.

It is a popular swim, however, and Bridport a popular spot of course, so don’t do the “Tasmanian thing” and decide to go at the last minute: it would be good to book something early to stay in Bridport the Friday night before the Saturday morning swim. **If you’re interested in going let me know and we’ll start scoping what’s available.**

Steve

(Disclaimer: both times I have swum this one, 2018 & 2021, I stayed in Scottsdale – cheaper, later(!) and just 20 min up the road. But walking to the swim seems more appealing!).

### \*\*\* Xmas – New Year training days \*\*\*

Saturday and Sunday swim sessions will continue up until (and including) 17 December, and will resume 7 & 8 January. There will be no lane hire for 24, 25 & 31 December, and New Year’s Day.

There will likely be open water swims on Wednesdays (eg Bellerive) over the period however, and a TOSS swim at Bellerive on New Year’s Eve. Keep an eye on WhatsApp for the Wednesday swim details.

What did one xmas tree say to the other?



## More Off the Blocks from Megan

### 'Oceans Treble' OWS Awards

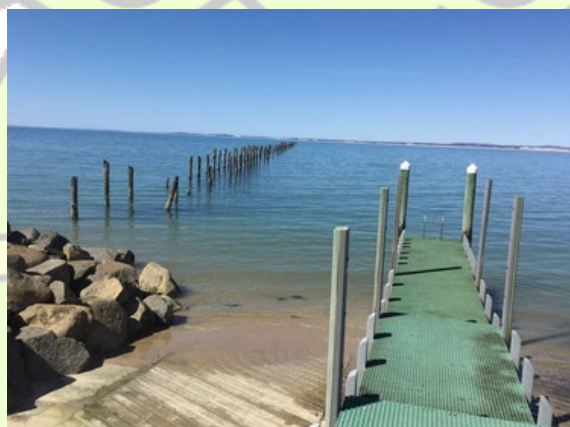


MST has announced an Open Water Mini-Series, the MST 'Oceans Treble', to be will be conducted between Dec 2022 and Feb 2023. It will comprise any three of five nominated Tasmanian Ocean Swim Series events. Award(s) will be made to MST members who gain first, second and third in their Masters age/gender groups in aggregate scores. In addition, there will be an **Award for the highest point-scoring MST club.**

Events where points can be scored are:

- TOSS #3: Bellerive Beach – BPSP1200 Saturday 31 December 2022
- TOSS #4: Bridport – Swim the Pier Saturday 14 January 2023
- TOSS #5: Kingston Beach – Australia Day Swim Thursday 26 January 2023
- TOSS #6: Port Sorell – Penguin Island Swim Saturday 4 February 2023
- TOSS #7: Burnie Ocean Swim Sunday 5 February 2023

Let's go Dolphins!! The first available swim is at our home beach of Bellerive, and we traditionally have a good turnout at Kingston Beach on Australia Day. Let's target Bridport for our 'away' swim this year and make a weekend of it??



The Old Pier at Bridport – site of TOSS #4: Swim the Pier

What did one snowman say to the other?

What is Santa's dog's name?

## Recorder's Report

### MST LCLD SWIM MEET 12/11/22

8 Dolphins entered the 2022 MST LCLD Swim meet held at the Hobart Aquatic Centre on Saturday 12<sup>th</sup> November. 4 BRANCH records were set between Kathryn Osborn and Megan Stronach and all swimmers broke their nominated times. Megan smashed the old record in the 400M IM set back in 2009.

Elisa McMillan 25-29Y 800M Free 11:54.55 & 400M Free 05:45.36

Claudia Lopez 30-34Y 800M Free 12:29.62 & 400M Free 06:07.13

Steve Richards 55-59Y 800M Free 14:39.37 & 400M Breaststroke 08:41.81

Amanda Duggan 60-64Y 1500M Free 21:17.16

**NEW BRANCH RECORD \*\*\*\*Kathryn Osborn 60-64Y 400M Breast 07:24.**

**NEW BRANCH RECORDS \*\*\*\*\* Megan Stronach 70-74Y 800M Backstroke 16:27.27 and the 400 Backstroke 08:05.40 (split in 800M) & 400M Individual Medley in 8:26.21.**

Beth Mulligan 70-74Y 800M Free 19:56.83 & 400M Free 10:03.71

Anne Speed 85-89Y 400M Back 14:44.37

Results are available on the Club website and in the latest bumper November Edition of MST Platypus Press.

### PAN PACIFIC MASTERS 4-13<sup>th</sup> November 2022

Two Dolphins attended the Pan Pacific Masters held on the Gold Coast

Jayde Richardson 30-34Y finished second overall but fastest female in the 4Klm Open Water Swim as well as winning 4 GOLD, 2 SILVER and a BRONZE in the pool.

Leisl Wylie 50-54Y also swam well at her fist big swim meet, winning SILVER in the 800M Breaststroke in 17:24.53 and smashing all her nominated times.

Katherine Daft

Club Recorder 26/11/22

What goes Oh, oh, Oh?

What is Santa's dog's name?

What is a Xmas tree's favourite candy?

## Membership Renewals

Swim Central is now open for renewal of memberships for 2023. Hopefully by now everyone has reset their passwords and logged into the system. If you haven't, just go to <https://swimcentral.swimming.org.au/> and use the 'forgot password' prompt to set a password.

Once you login select 'store' from the list on the left.

Select "memberships' from the 4 options provided.

Type in Hobart Dolphins where it says "find a club" and select your name under "who are you purchasing for?"

You will be shown three membership options, select the one for \$123.60 unless you are a life member or over 80 years if age. Unfortunately, the system added 3% processing fees to the \$120 previously advised.

Follow the process as for any internet purchase.

If you have any problems let me know and I will talk you through it. Current Membership and hence insurance cover runs out on 31 December.



### NOTICE

2022 ANNUAL GENERAL MEETING  
Saturday 25th February 2023  
Room 5, Rosny Library  
46 Bligh Street, Rosny, Tasmania  
Commencing at 10:00

### AGENDA

1. Welcome by the President
2. Apologies
3. Minutes of the 2021 Annual General Meeting held on 15 February 2022.
4. COMMITTEE MEMBERS' REPORTS: including the Presentation of the 2022 Financial Statements
5. Election of OFFICE BEARERS: President, Vice President, Secretary, Treasurer
6. Election of COMMITTEE MEMBERS: Coaching Director, Social Coordinator, Recorder, Newsletter Editor, 2 General Committee members.
7. APPOINTED POSITIONS: Safety Officer, Branch Delegates
8. Close of the AGM

Light Refreshments will be provided

ALL WELCOME

Note: a brief Committee Meeting will be held after the AGM

## Long Course Club Records Set at PAN Pacific Masters Games and LCLD

### New Records

### Previous Records

#### Age Group 25-29

800M Freestyle	ELISA MCMILLAN	12.11.2022	11:54.55	LCLD		CLAUDI LOPEZ	23.10.2021	12:29.39	TAS STATE
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#### Age Group 30-34

50m Butterfly	JAYDE RICHARDSON	10.11.2022	33.86	PPMG		JAYDE RICHARDSON	22.10.2022	35.21	TMG
100m Butterfly	JAYDE RICHARDSON	22.10.2022	01:14.93	PPMG		JAYDE RICHARDSON	22.10.2022	01:19.26	TMG
200M Individual Medley	JAYDE RICHARDSON	10.11.2022	02:53.79	PPMG		JAYDE RICHARDSON	22.10.2022	02:56.97	TMG
200m Freestyle	JAYDE RICHARDSON	10.11.2022	02:28.73	PPMG		JULIA ALLSTON	31.10.1991	02:30.57	BRISBANE
400m Freestyle	JAYDE RICHARDSON	10.11.2022	05:16.83	PPMG			NEW RECORD		
800m Freestyle	JAYDE RICHARDSON	10.11.2022	10:45.62	PPMG			NEW RECORD		

#### Age Group 50-54

100m Freestyle	LIESL WYLIE	14.02.1999	01:26.52	PPMG		MARY COUSINS	14.02.1999	01:26.55	Devonport
200m Freestyle	LEISL WYLIE	10.11.2022	03:07.49	PPMG		LEISL WYLIE	22.10.2022	3:12.67	TMG
400m Freestyle	LEISL WYLIE	10.11.2022	06:39.14	PPMG		LEISL WYLIE	22.10.2023	06:43.85	TMG
800m Breaststroke	LEISL WYLIE	10.11.2022	17:24.53	PPMG			NEW RECORD		

#### Age Group 60-64

800m Freestyle	AMANDA DUGGAN	12.11.2022	11:11.07	LCLD		LESLEY GOULD	28.11.2009	19:02.93	TAS State
1500m Freestyle	AMANDA DUGGAN	12.11.2022	21:17.16	LCLD		SUE MUIR	11.11.2017	29:22.91	TAS State
400m Breaststroke	KATHRYN OSBORN	12.11.2022	07:24.14	LCLD		KATHERINE DAFT	23.10.2021	08:02.75	TAS STATE

#### Age Group 70-74

400m Backstroke	MEGAN STRONACH	11.11.2022	08:05.4	LCLD		JILL WRIGHT	19.05.18	11:36.0	AEROBICS
800M Backstroke	MEGAN STRONACH	11.11.2022	16:27.27	LCLD			NEW RECORD		
100m Butterfly	MEGAN STRONACH	12.11.2022	02:05.61	LCLD		TINA SMIT	25.02.1996	02:55.23	NEW NORFOLK
400m Individual Medley	MEGAN STRONACH	12.11.2022	08:26.21	LCLD		TINA SMIT	25.02.1996	11:44.85	NEW NORFOLK

#### Age Group 55-59

400m Breaststroke	STEVE RICHARDS	12.11.2022	08:41.81	LCLD					
800m Freestyle	STEVE RICHARDS	12.11.2022	14:39.3	LCLD		PETER TUCKER	19.11.2011	16:10.4	TLC Interclub