



Hobart Dolphins at the 2021 MS Mega Swim

Platypus Press

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2021 LCLD Highlights



This event was held at the Hobart Aquatic Centre on 23 October 2021, with many outstanding performances and camaraderie from the 38 swimmers present. Thanks to all who contributed to the smooth running of the event.



Highlights of the meet were the new National record times by Maryanne Heffernan of the Marion Marlins (SA) Club, in both 800 and 1500 Breaststroke, (65-69), and Terry Smithurst (TTL) in the 800 Breaststroke (85-89). As well, some 29 new Branch records were set, and many, many PBs.

TAC	Jo Burke (800 & 1500 Br) Di Perndt (400 Fr, 1500 Ba) Brent Walker (400, 800, 1500 Fr) Tony Forman (1500 Fr)
TVA	Amanda Duggan (400, 800, 1500 FR) Maciej Slugocki (400, 800, 1500 Ba) Costan Magnussen (400 Bu, 800 IM))
THB	Katherine Daft (400 Br) Fiona Redgrove (200 Bu, 800 IM) Anne Speed (400 Ba) Allan Nichols (400, 800, 1500 Br)
TDP	Wendy Winzenburg (400, 800, 1500 Ba, 400 Bu)
TTL	Terry Smithurst (400, 800 Br)



Three Queensland records were broken by Tracy Clarkson of Brisbane Northside Club, seen here relaxing with Wendy Winzenburg (TDP), who set four new Tasmanian branch times.



Record breakers Anne Speed (THB) and Terry Smithurst (TTL)

Full results can be found in the results portal at <https://mastersswimming.org.au/>

2021 MS Mega Swim

It was great to see all the Hobart Clubs participating in the 2021 MS Mega Swim at the Hobart Aquatic Centre on 9 October. The event raised an amazing \$44,207, with the Tomatoes team contributing an impressive \$14,000 to be named highest fundraising team. The Floaters team (we understand made up of ex Hobart Collegiate Swimmers) managed 53.9kms over the 12 hours to take the title for furthest distance swum, but the most important title, that of Best Dressed Team, was presented to the Masked Tomatoes with the Hobart Dolphins named very worthy challengers. A lot of effort was put into these costumes and the challenge has definitely been issued for next year.

The Mega Swim provides a great opportunity for club members to get together and have a bit of fun while also contributing to a great community cause. It's also an excellent opportunity for some positive exposure for Masters Swimmers. There was great coverage of the event by Channel Seven this year, including a very poignant interview with Dolphins member Margie Clougher. Not to mention ... how often do you get to swim in a lane by yourself for 30/60 minutes? Hopefully the event will remain an important date in club calendars for future years.



Margie Clougher chats to Channel 7, while others soak up the atmosphere at the 2021 MS Mega Swim

The Wilma and Anne Show.



Congratulations to Wilma Attrill and Anne Speed of the Hobart Dolphins Club, who recently featured in a University of Tasmania online teaching video. They were asked to talk about how swimming helped them to stay mentally fit and healthy – and of course how it kept them physically fit and healthy as well.

As we know, swimming has been a huge part of Wilma's and Anne's lives almost forever. The girls remembered their early years in the sun learning to swim – Wilma tagging along behind her siblings on the beaches of King Island, and Anne being rescued when she jumped off a boat at Opossum Bay. She was too young to know she couldn't swim!

They talked about their goals in swimming, and how they work to achieve them, how swimming has helped them to overcome health problems and how it has helped them make and keep friends all over the country. We found out that Wilma hates cooking, and Anne likes to walk on remote beaches. Both love to spend a day on the couch with a good book.

Wilma and Anne then hopped in the water to swim a few laps for the camera. Of course, they looked resplendent in their Dolphins gear!! These two are inspirational women and wonderful role models to all aspiring Masters swimmers.

The video is now live and students from right around Australia are enjoying watching Wilma and Anne in action. Here are a few screen grabs.



Open Water Swimming for Tasmanian Masters Swimmers



Recently, participation in open water swimming in Tasmania has surged, with many Masters swimmers regularly seen at local beaches, rivers and even dams. While much of this activity was pandemic related as pools were forced to close, there is no doubt that open water swimming is here to stay. Masters swimmers have competed in the SLST Tasmanian Ocean Swim Series, but to date, MSA rules have prevented our own Open Water events. Now that looks set to change, and proposed rule changes should ensure a championship within a couple of years. Open water swims will soon become firm items on the MST event calendar.

In the meantime, we all have our favourite venues, with a determined pod of Hobart Dolphins Masters seen regularly at Bellerive Beach.



The changing faces of Bellerive Beach

To add interest and incentive in the winter months, the club invoked a virtual challenge series of distance swims. During 2021, swimmers were challenged to cover the equivalent distances of Hobart to Bruny Island (46km), Bass Strait (King Island to Apollo Bay, 97km), and/or Lake Champlain (New York to Vermont and back, 167km), or all three during the months of April to July. This year's winner was Joe Askey-Doran, who swam 264 km during the four cold months – conquering the Lake Champlain and Bass Strait swims.



Joe Askey-Doran seen here at the end of his 264km swims (L), and later, celebrating his achievements

Hobart Dolphins would be delighted for other clubs to join us in our next Winter Challenge series. We will circulate details early in 2022.

Our club is justifiably proud of our three English Channel swimmers: Duncan Hall, Jayde Richardson and Peter Tucker.



Pete and Jayde with fellow Channel swimmer Anne Henderson after all competed in the 200 Butterfly at Winter championships. Toughness runs in their genes!

While you might think that one massive swim is enough in anyone's life, that is clearly not the case, with Pete and Duncan currently preparing for their next challenge: the Derwent River Big Swim. This is a 34km swim, navigating downstream through 4 bridges; New Norfolk, Bridgewater, the Bowen Bridge and finishing up at the Tasman Bridge.



Pete is booked to do a solo swim over 12-13 Feb 2022, while Duncan is planning a duo swim, with training pal Katie Marx, a week or so later. Katie, who swims with the Weedy Sea Dragons, is also training for the ice mile. This is a one-mile swim under International Ice Swimming Association rules in water temperature of 5 degrees Celsius or less wearing just a standard costume, goggles and one swim hat – YIKES!!

These three have been open water training twice a week for the past 12 months, mostly from Sandy Bay. They should be well acclimatised to cold water by now, as the lowest water temp has been 8 or 9 degrees Celsius in the depths of winter. It is now about 11C but on the way up - says Pete hopefully! The trio has plans for both day and night swims in various parts of the river from now until February, as well as pool training. They will be escorted by experienced pilot Val Kalmikovs. Good luck guys!!



Peter Tucker and Duncan Hall plot their route from New Norfolk to the Tasman Bridge, while Katie Marx takes care of publicity.

Coming Up – Save the Dates

Huon Valley Aquatic Club Medal Meet

26 February 2022



Australia's Most Southern Swimming Club
At the beautiful Huonville Swimming Pool

Request for Photos

A selection of recent photos can be found on https://mastersswimmingtasmania.com.au/mst_photo_galleries/ (the MST website Photo Gallery). Any other photos would be most welcome and can be shared. Please send the photos to branch email address below.

The Vax Splash



Our 'Splash' events always celebrate current events! So come along and celebrate the fact that we can still gather thanks to some amazing vaccines!

Sunday 14 November 2021.

1.30pm warm up for a 2.00pm start.

Time trial format - 5 individual events

from 25m to 200m and a 4 x 25m Lane Medley Relay.

Entry fee \$15.

Entry is open to all swimmers and all clubs.

The purpose of the event is to provide swimmers with some practice in a race style event and at the same time have some fun.

The competition objective is to swim times as close as possible to your own nominated times.

Prizes for the closest!

Entry forms available from:

Facebook - Launceston Masters Swimming Club Inc or launcestonlemmings@gmail.com

ENTRIES CLOSE Wednesday 10 November 2021.

More Information: Lawson Harding – 0407 827 959.

Devil of a Swim, Bicheno 2022



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SUNDAY, APRIL 10, 2022 AT 8:30 AM

2022 swim 10th April

Waubas beach

More Up Coming Events 2022

Summer Championships – Hobart 2-3 April

Winter Championships Launceston 20-21 August

Short Course Long Distance – date to be decided

Long Course Long Distance – date to be decided

Editions of Platypus Press

This is the 5th edition for the 2021 year and was collated by the Hobart Dolphins Masters Swimming Club. All contributions from clubs and individuals are welcome.