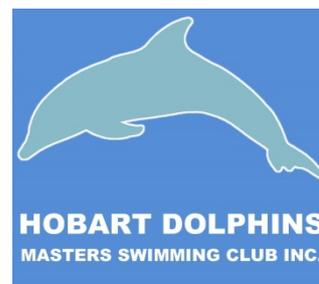


# Hobart Dolphin-News



HOBART DOLPHINS MASTERS SWIMMING CLUB INC

Swimming together since October, 1985

Phone: 0438629160

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<https://mastersswimmingtasmania.com.au/clubs/hobart-dolphins-club/>

October, 2021

*Time to prepare for the MS Mega Swim and the LCLD meet!*

Hi everyone,

I am excited to bring the latest news of our club members. We all live such diverse lives, but share the common interest in swimming. It fascinates me how swimming appeals to so many of us.

Our Member Profile is one of our newest members, Linda, and she shares some very honest feelings about swimming. I really appreciated the "not awake" comment, as well as the idea of just "Having a go". That sums up the whole idea of Masters, EVERYONE can have a go! Thanks Linda for this reminder.

There is also a fascinating story starring Wilma and Anne, 2 of our older champion swimmers. Thanks Megan for telling us about this wonderful and inspiring story.

As far as I know October birthdays are: Annaliese, Megan, Peter, and Fiona Ziegler. Happy birthday to all of you and don't forget breakfast this coming Saturday.

The last page of this newsletter has The Tasmanian Ocean Swim Series 2021/2022, for those interested.

Well, I hope you enjoy the newsletter, and I hope I haven't missed anything out.

Until next month,

Love and kisses

Me

## In this Dolphin-News

- From the President
- Social News
- Club Calendar
- The Wilma and Anne Show
- Member Profile
- Barbecue Photos
- Ocean Swim Series

## Training times and venues

Saturdays, 8-00am at Clarence pool, cost \$7-50, and coffee afterwards at Eastlands, all welcome.

Sundays, 9-00 to 10-00 at Friends Pool, cost \$7-20, and coffee after at The State Theatre cafe, North Hobart, all welcome.

## Upcoming events

- Breakfast
- Quiz night
- LCLD

## From the Presidential Suite

Well, I had a lovely month, thank you very much...3 weeks enjoying the warmth and beauty of the North West of the Country was exactly what the doctor ordered.

I returned to some pretty ordinary weather but we certainly struck it lucky on Saturday for our Spring BBQ. Was great to see so many members enjoy the delicious Egg and Bacon Muffins, and the fruit of course, it also gave us an opportunity to recognise the successes of the Winter Championships. Always great to see those that don't get to the pool so often these days turn up at club events. Thank you to all those who helped organise the event.

A small but enthusiastic group celebrated the Vernal Equinox last Thursday with a swim at Bellerive Beach, can't say they were perfect conditions but it was a return to Ocean Swimming for a few of us after an enforced lay off, so we had a good time. Hope to see a few more take to the ocean as the weather, and the water, start to warm up. The Open Water Swim Series dates have just been released and we are excited to see that the New Years Day swim will be at Bellerive Beach. New age categories have also been introduced with a new 'Legends' category for the 60 plus. I know a few people will be very happy about that.

October is looking to be quite a busy month. Nineteen club members have signed up to do the MS Mega swim on the 9<sup>th</sup>. Annaliese is putting together the schedule so, for those taking part, if you haven't let her know what time you want to swim, please do so asap. Our team is approaching a fantastic \$2,000 in funds raised but if you want to help us raise even more, please use the following link: <https://www.msmegachallenge.org.au/fundraisers/HobartDolphins189> and donate to the team or pick a member to support.

23 October will be a huge day. The LCLD championships are on at the Aquatic Centre starting at 11.30am. Entries are now open and will close on 16 October. Great chance to see how all that training is paying off over a longer distance. The long distance events tend to have fewer entries and are really very low key. If you haven't competed before but would like to give it a go, speak to someone at training, and believe me, there is no such thing as being too slow.

After the Championship... and a well-earned rest... you can head to the New Sydney Hotel for our inaugural Club Quiz Night. Judi is still taking names so come along and join the fun, I am very confident that guest Quiz Master Pete Smith has a great night organised.

In the meantime, don't forget Breakfast on Saturday!

Di

*It is well to give when asked, but  
it is better to give unasked,  
through understanding..*

*Kahlil Gibran*

## Social News

Dates for your diary:

Saturday October 2nd, 9:45, breakfast at Spencer's

Saturday October 23rd, 6:00 pm, New Sydney, counter meal and quiz night. This will be lots of fun. So far we have good numbers. If you have not yet told me that you want to attend, please RSVP by September 30.

Judi 0418 543 691 or [judiadams155@gmail.com](mailto:judiadams155@gmail.com)

Saturday 11th December, 2:00-5:00, Christmas function, Puddleduck Vineyard

## Club Calendar

### OCTOBER

Saturday 9th: MS MEGA Swim: at Hobart Aquatic Centre commences 1000 hrs till 2200 hrs

Saturday 16th: Club Committee meeting: Venue TBA

Saturday 23rd: MST LCLD SWIM: at Hobart Aquatic Centre commencing at 1130 hrs for warm up

Start at 1200 till approx. 1430 hrs. Registrations OPEN

Saturday 23rd: CLUB QUIZ Night: see Judi for further details

### NOVEMBER

5-14th PAN PACIFIC MASTERS GAMES Gold Coast : [www.mastersgames.com.au](http://www.mastersgames.com.au)

### DECEMBER

Saturday 11th: Hobart Dolphins Christmas Lunch and Presentations: at Puddle Duck Vineyard, Richmond

Monday 27th: OWS & Lunch at Megan and Fiona's at Eggs and Bacon Bay: further details to come

## The Wilma and Anne Show.

Congratulations to Wilma Attrill and Anne Speed who recently featured in a University of Tasmania online teaching video. They were asked to talk about how swimming helped them to stay mentally fit and healthy – and of course how it kept them physically fit and healthy as well.

As we know, swimming has been a huge part of Wilma's and Anne's lives almost forever. The girls remembered their early years in the sun learning to swim – Wilma tagging along behind her siblings on the beaches of King Island, and Anne being rescued when she jumped off a boat at O'Possum Bay. She was too young to know she couldn't swim!

They talked about their goals in swimming, and how they work to achieve them, how swimming has helped them to overcome health problems and how it has helped them make and keep friends all over the country. We found out that Wilma hates cooking, and Anne likes to walk on remote beaches. Both love to spend a day on the couch with a good book.

Wilma and Anne then hopped in the water to swim a few laps for the camera. Of course, they looked resplendent in their Dolphins gear!! These two are inspirational women and wonderful role models to all aspiring Masters swimmers.

The video is now live and students from right around Australia are enjoying watching Wilma and Anne in action. Here are a few screen grabs.



## Hobart Dolphins Member Profile, Linda Walsham



### How long have you been swimming with the Hobart Dolphins?

Since April 2021, after getting in the pool in March for 'laps for life', very tentatively set a goal for myself to get into bathers after many years of not swimming at all and generally under exercising!

I was encouraged to join as I loved hearing about training and competition stories, but never thought I could have a go.

Everyone is so talented, something to work towards.

### What do you like about swimming?

I can move better in the water, after some foot problems. Always feels like I've accomplished something, miss it if I haven't been.

### What do you NOT like in training?

I'm still intimidated by longer main sets because I'm not awake and always think I can't do it or keep up!

### Favourite stroke?

Freestyle, but would love to develop another favorite.

### Most memorable swim?

Winter masters 2021! Day 2 especially with major nerves gone, but so tired before the last race. I was elated after and glad I had a go. Then I had a spring in my step and talked about it for days!

Last competition before that was high school 1985. I use to win each year, get very nervous, but it felt good after (a country school and not really much competition, just one girl that was always a finger tip away!)

Watched my cousins in state championships for years (and some of those names are now in my age group!)

### What book are you reading at the moment?

I'm a slack reader. Mostly work articles; this I must improve! I'm a browser and a re-reader. Love my Kings and Queens of England history book for a browse.

### Favourite book ever read?

Child – 'The Wicked Wicked Ladies in the Haunted House', fascinated about a girl going back in time from playing in an abandoned house.

Adult – 'Rules of the Wild' (Marciano) leaving South Africa after a trip, picked it up and was enjoyable and reminds me of the beauty of the country. Also, 'Misery' and 'Angela's Ashes'. I could re-read (again).

### Favourite movie?

'Jo Jo Rabbit' drew me in, loved the dark humor highlighting ridiculousness of war, but compassion in the writing. I always cry. U.K sitcoms are my go-to, Black Adder, Peep Show, The Office, Extras etc. Keep me in the happy zone after a tough day at work!

**What other hobbies/interests do you have?**

A bit of yoga, looking after our dogs and cats, love English history due to my interesting ancestors.

**Where would you like to go for a once in a lifetime holiday?**

I would like to live in London again for a year, or at least a long holiday. visit South Africa again to see in-laws and tour. Japan is also on my list! I'll just do around the world!

**What do you do for fun?**

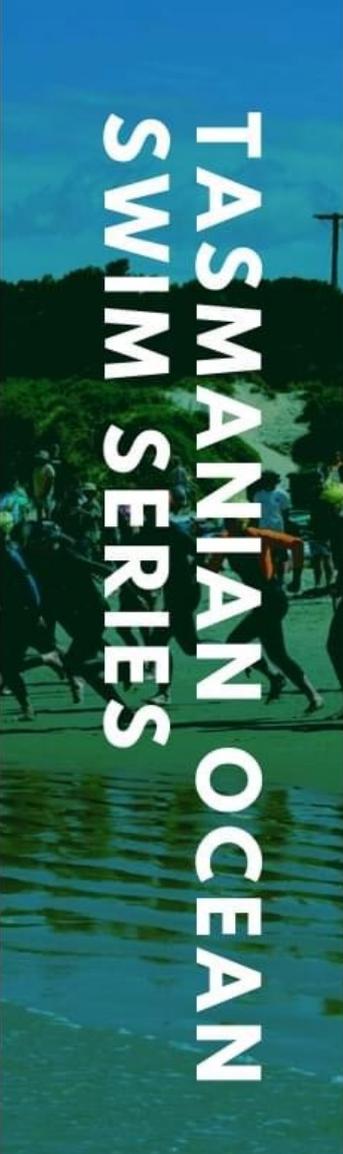
Shopping in Melbourne with girlfriends annually (on hold!), movies, especially a good one at the State. Love going away with the family, and everyone has to be together! Catching up with friends for a coffee, lunch or dinner!

**Can you think of one thing in your life that is particularly special to you, that you would like to share with us?**

Living overseas for 2 years is something I draw from frequently, experiencing the diversity and value of other countries, and having empathy that not everyone has the same opportunities.

**Some Barbecue Photos.**





# TASMANIAN OCEAN SWIM SERIES

## EVENTS 2021/2022

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27/11/21 Carlton Park  
Clear Water Classic

04/12/21 Port Sorell  
Penguin Island Swim

05/12/21 Devonport  
Pub 2 Club

01/01/22 Bellerive Beach  
Brooke Street Pier 1200

15/01/22 Bridport  
Swim The Pier

26/01/22 Kingston Beach  
Australia Day Swim

19/02/22 West Beach  
Burnie Swim

27/02/22 Boat Harbour  
Boat Harbour Swim

26/03/22 Seven Mile Beach  
@7MB

27/03/22 Kingston Beach  
Beach 2 Beach Final

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# ENGINE



# SURF LIFE SAVING TASMANIA

