



**MASTERS
SWIMMING**
Tasmania

ANNUAL REPORT FOR 2009

The Branch continues along in a fairly low key manner, with meetings held quarterly in conjunction with a State swim meet. Given our small size, all the work required to keep the Branch running smoothly is done by volunteers. My appreciation goes out to all Committee members for their assistance and hard work through the year.

Events

The branch staged 4 events – the Short Course Long Distance (May) and Winter Short Course Championships (August) at the new Launceston Aquatic Centre; and the Summer Long Course Championships (February) and Long Course Long Distance Championships (November) in Hobart. Participation in most of the events was generally on average for the State; however, the Summer Championship numbers were down as the event conflicted with the Hobart International triathlon and Festivale in Launceston.

Late July saw the 2nd Oceania Championships conducted in Hobart. The branch is indebted to Pauline Samson and her small band of helpers for the efficient organization of this successful event. The event attracted 87 competitors, with a number of overseas and interstate swimmers resulting in a small surplus from the event. Given that it was run on very short notice, we were pleased with the numbers. The meet was conducted as a short course meet and many new Oceania records were set. The Branch is happy to run the Championships again in the future if necessary. With adequate notice it could become a popular occasional fixture on the national calendar.

A number of swimmers attended the National Championships in Brisbane and the World Masters Games in Sydney with many achieving medals and placings in the top ten and also setting State records.

Governance

The management committee was re-elected unopposed at the AGM held in February. For the second year, the positions of Publicity officer and Coaching and Education remained unfilled. This highlights the ongoing problem encouraging members to accept positions on the committee. The National Office organised a two day administrative officers' information session mid year in Melbourne which was attended by Ray Brien in his capacity as Branch Secretary.

Coaching

A two-day coaching workshop, organised by John Pugh and featuring Patrick Devine, 2008 Coach of the Year, was held in October. The first session was conducted on the Saturday afternoon in Launceston and attracted 22 participants, the second, on the Sunday morning in Hobart attracted 40 participants. As well as Patrick's theory and practical pool sessions, there were sessions by fitness instructors and physiotherapists. Overall, the sessions produced very good outcomes for a relatively low cost - \$1200 – including travel and accommodation.

The Branch has also offered financial assistance to members who are interested in attending a Level 1M coaching course being run by the Victorian Branch in 2010.

Aerobics

Five clubs participated in the Aerobics program in 2008 and Talays AUSSI Masters Club again was successful in the 2008 National Aerobic Trophy and received both the

Champion Club Award and the Aerobic Award for the club achieving the highest number of points per registered swimmer. The awards were presented at the National Swim in Brisbane. It is understood that a number of members have taken the opportunity to be members of two clubs, so that they can complete aerobic swims with their first club, and compete with their second club. This has worked well. The results of the 2009 competition are still being collated.

Branch Club

We have established a Branch Club -- The Van Diemens -- to facilitate participation in competition (and in particular for the 2010 National Championships) and other events for people unable to join one of the established clubs for whatever reason. To date there has been some interest shown but no actual memberships.

National Swim 2010

The National Swim organising committee has been working very hard with the preparation for the National Swim in Launceston in April. It promises to be a great event, with the swimming in the short course pool, which allows for additional events such as 25m form strokes and the 100 IM and some fun social events. My sincere thanks go to the committee for their efforts.

Anne Horner
President
12 February 2010

Recorder's Report 2009

Another busy year with swimmers having the opportunity to participate in six Branch events. Many of our members also competed at the Australian Masters Games in Melbourne, the National Swim in Brisbane, the Oceania Masters Swim in Hobart and the World Masters Games in Sydney.

There were 197 individual branch records and 25 relay branch records either set or broken. Included in this list were 16 national records: Mark Thompson (TAC) 7, Maciej Slugocki (TAC) 4, Shane Gould (TLC) 1, John Brice (TSB) 4, and Sue Mayne (TTL) 1.

Four clubs participated in the National Aerobic Trophy program with the following results:

Place	Club	Male Points	Female Points	Total Points
1	TTL Talays AUSSI Masters	2843	4706	7549
2	TLC Launceston Lemmings	987	771	1758
3	TAC Hobart Aquatic	370	280	650
4	THB Hobart Dolphins	15	27	42

Place	Club	Points	Members	Avr.Points
1	TTL Talays AUSSI Masters	7549	42	179.74
2	TLC Launceston Lemmings	1758	113	15.56
3	TAC Hobart Aquatic	650	59	11.02
4	THB Hobart Dolphins	42	31	1.35

Place	Club	No. of Swimmers	No. of Members	Partic. Rate
1	TTL Talays AUSSI Masters	42	42	100.00
2	TAC Hobart Aquatic	15	59	25.42
3	TLC Launceston Lemmings	19	113	16.81
4	THB Hobart Dolphins	3	31	9.68

Congratulations to Sue Mayne, Stewart Peacock, Mendelt Tillema and Ris Wilkinson who achieved the maximum 390pts and to Graham Horner, Kris Apps, Chris Davey and Tracey Dobby for completing the 62 swims in the program.

The Swimmers of the Meet for 2009:

Long Course – Amanda Duggan and Mark Thompson

Short Course – Shane Gould and Mark Thompson

Club Awards:

Club Trophy – Long Course Summer Championships – Hobart Aquatic Masters

Club Shield – Short Course Winter Championships – Launceston AUSSI

New Norfolk Trophy – Talays AUSSI

Club Relay Trophy – Hobart Aquatic Masters

Aerobic Trophy – Talays AUSSI



Pauline Samson
Branch Recorder

BRANCH REGISTRAR 2009

Membership closed at the end of December 2009 with 296 members of which 54 were new registrations.

The comparison for the previous 4 years.

2008	304 members with 66 new registrations
2007	301 members with 69 new registrations
2006	296 members with 67 new registrations
2005	309 members with 91 new registrations

The breakdown of clubs and members are-

LAUNCESTON	113	59 females	54 males
HOBART AQUATIC CENTRE	59	29 females	30 males
TALAYS	42	25 females	17 males
HOBART	31	20 females	11 males
DEVONPORT	26	13 females	13 males
BURNIE	15	8 females	7 males
SANDY BAY	10	8 females	2 males

JUDY HYNDES
BRANCH REGISTRAR

**BURNIE AUSSI MASTERS SWIMMING CLUB
PRESIDENT / SECRETARY'S REPORT
for AGM - February 2010**

COMPETITION

Although this is a key component of AUSSI Masters Swimming only Christine Brown competed this year at the summer long course championships. She was again very successful in her age group.

SUMMER TRAINING

Sunday morning training has been the key meeting time for Burnie swimmers this year, with numbers from 8-15 attending. Post swim coffee has provided both social interaction and a venue to plan club activities. Thursday night training has also attracted a small but dedicated group, with this time being particularly relevant to day workers. Others have added extra training sessions with "early bird" Burnie Surf Club or in the pre breakfast 8-9am time slot.

WINTER TRAINING

The combined Burnie / Devonport winter training at the Ulverstone indoor pool remained a strong option for Burnie AUSSI members between April and October.

Although not used by all members, it provides a good venue to maintain swimming training levels in winter.

Other members choose to use the winter months to work out at the gym, train at one of the Burnie indoor pools or keep fit with other activities.

2009 SOCIAL FUNCTIONS

Three social functions were held in 2009:

- At the end of the 08-09 season Christine (and husband Terry), hosted a club breakfast after Sunday morning swimming.
- In early December, a celebration was held at Prue and John Lake's home to celebrate several key birthdays for club members.
- And just before Christmas a "fun carnival" was organized by Lance Coleman, with assistance on the day being provided by family members who acted as starters, timekeepers and equipment marshals. Events included kickboard, ball and boogie board relays, a duck

diving race and the famous “late for school” race, which was handicapped to make for a fair event. This year competitors had to get dressed IN the water, which certainly provided a challenge. Instead of our usual morning tea, this event was followed by a club breakfast at “Fish on the Edge” in Wivenhoe.

2010

The Burnie AUSSI Masters Club moves into 2010 with a small but committed group of swimmers who regularly meet for both exercise and social interaction. Several new swimmers have already joined the group this season and seem keen to continue.

I look forward to this season, and a continued involvement with the club.

Joan Coleman
President

2009 Annual Report

Devonport Devils

2009 was a financially stable year for the Devonport Devils. 2010 will see us resuming at Ulverstone but only with the Monday and Wednesday night sessions.

As with our 2007/2008 Summer, lanes were not hired at the Devonport pool for the 2008/2009 Summer. Financial constraints have precluded this service to members.

We lose our club "feel" over the Summer as members can swim at times that suit themselves, whether it is in Devonport, Latrobe or Burnie.

Socially, we had one Friday night drinks session at an Ulverstone pub (after our Friday night training during the Winter)

Ross Belbin
Secretary – Devonport Devils.

Hobart Dolphins

POBox, 395 Rosny Park 7018.

Masters Swimming Tasmania

. Report to Branch AGM

The Dolphins ended 2009 with 31 Members.
Training sessions remain as 2008. Clarence YMCA pool Saturday's 8-9:30 am
Sunday Morning's 9:10am at Friends Fitness Centre.

Competitions were well supported by the club this year, Including the Ocana Masters held in Hobart.

Four members swam for the Dolphins and collected 13 medals between them.

The winter meet was hosted by the Launceston Lemmings and was well supported by 9 Dolphins with a pleasing result of 8 medals and PB's.

Seven Hobart swimmers flew to Sydney for the World Masters Games and were pleased with the results.

Justine Bamford and Jan Chew came home with medals.

The coaching clinic held at the Hobart Aquatic Centre was very Informative
Seven members had a very interesting day, we came away with heaps of tip ready to put into practice, We hope there will be more clinics of this nature in the future.

Social Events Have been our usual fun days including Kayaking at Kettering Followed with BBQ. Also Ten Pin Bowling at the Moonah Bowl, We have now 3 teams competing.

A BBQ was held at the Waterworks Reserve for members celebrating a milestone in their ages. 50,60,70,80 and 90 year olds.

To round the year off 30 members and family had a great day at our Christmas get together, with too much food and wine and lots of Fun and Friendship.

Mavis Fisher.
(Club Delegate)

20th February 2010



Hobart Aquatic Masters Swimming Club

Report February 2010

Membership at Start of Year

The Club ended the year with approximately 60 registered members. The year has seen a good degree of online registration uptake as well as reasonably rapid renewal. With new membership and renewals our present status is 30 members.

Training Sessions.

Over the Christmas period we had difficulty with lane space at the Aquatic Centre so a number of alternate venues were taken on. It is hoped that this will not have seen a decline in long term membership, time will tell on that particular aspect. There has been a steady increase in the numbers of swimmers participating in training sessions as we move away from the Summer holidays. We have branched out to a number of sessions outside of our normal schedule. This has seen a reduction in the pressure for lane space at the Aquatic Centre.

The Nationals.

The Club is anticipating a strong commitment to attend and support the Nationals in Launceston. We have already started the hunt for accommodation. Numbers are anticipated to be strong.

Swimmers off to Rottneest.

On 20th February a small team of swimmers from Hobart Aquatic will be taking part in the annual Rottneest Channel Swim. This swim involves a certain amount of logistics with arranging support crews and boats as well as just getting there. The swim is probably the easy bit!

The team are going into this as part of the support of the Devil Island project and have taken on the name Devil Islanders.

It is planned to set up a continuity of the logistics for the swim so that it is easier for other Masters swimmers from Tasmania, from any Club, if they are interested, to try out this endurance event.

Hobart Aquatic Masters Swimming Club

Club contacts:

Harald Gatenby (03 6266 4454 or 0419 392 105) hgatenby@ultradata.com.au

Anne Steele (0414 322 538), Donna French(Donna.French@utas.edu.au), Amanda Duggan (0408 679 560)

Affiliated with AUSSI Masters <http://www.aussimasters.com.au/>

Training has been successful for the longer distance open water both pool based and in the ocean.

Open Water.

The Club will once again be pursuing open water swimming opportunities into 2010. This will culminate in another Devil Island Swim at Bicheno just prior to the Nationals.

Aerobic

The Club is still keen to pursuit aerobic swimming programs and to this end we have been very kindly assisted by Pauline Sampson. Our biggest hurdle in this pursuit is enough days in the week and lane space to fit it all in.

Masters in the Pool:

Dates chosen so far:

July 11th

October 10th

Valerie Claydon

Club Delegate

Hobart Aquatic Masters Swimming Club

Club contacts:

Harald Gatenby (03 6266 4454 or 0419 392 105) hgatenby@ultradata.com.au
Anne Steele (0414 322 538), Donna French(Donna.French@utas.edu.au), Amanda Duggan (0408 679 560)
Affiliated with AUSSI Masters <http://www.aussimasters.com.au/>

LAUNCESTON AUSSI (LEMMINGS)
MASTERS SWIMMING
REPORT FOR
ANNUAL GENERAL BRANCH MEETING
SATURDAY 20TH FEBRUARY 2010

HOBART AQUATIC CENTRE

January 2009 saw Launceston Lemmings swimming continuing swim to at the Grammar School pool as well as at the Maritime College this all changed at the end of May when the new Launceston Aquatic Centre opened. We have 3 sessions a week at the new centre and still one night a week for Time Trials and Aerobic Swims at the Grammar School pool.

Various members have coached for training when no coach available. A very informative seminar was organised by John Pugh and well attended on the Saturday in Launceston.

Opens water swims continued organised by Ray Brien have been a great success with many members participating at various venues tides etc permitting.

Our Club ended the year with over a hundred members, with a diverse number of activities being organised by individual members such as Sunday bike rides and many competing in triathlons.

Launceston had 6 members competing in Brisbane for the National Championships with good swims by all.

Ray attended the World Masters in Sydney and 10 of our members competed in the Oceania Masters in Hobart during July.

The Lemmings competed in both the Summer Championships in Hobart and Winter Championships in Launceston. Small numbers of our swimmers competed in the Long Course Long Distance in Hobart. The Short Course Long Distance in the last week of May was the first swim meet for the new Launceston Aquatic

Numbers participating in Aerobic and Time Trials have been disappointing this year, but those participating have obtained and recorded good times and some swimming well out of their comfort zone. This year saw 1 swimmer swim all aerobic swims.

Once again our Social committee has organised a variety of functions throughout the year. The nautical winter function and the Christmas party were held at the Boathouse. We are now having Saturday morning breakfasts after training at Cube Aquatic which are well attended.

Launceston are looking forward to introducing other Tasmanians and mainland swimmers to the new aquatic centre for the National Swim in April 2010.

Launceston wishes all Aussi members a great 2010 swimming, friendship, fun and fitness.

Jennifer Napier
(Club Delegate)