
The Platypus Press

AUSSI Masters Swimming in Australia (Tas) Inc

PO Box 659, Rosny Park, 7018

TASMANIA

MAY 2006



Tasmania

Welcome to the first newsletter for 2006.

Congratulations to the Tasmanian team of Hector Beveridge, Alex Branch, Tracey Dobby, and Marg Stick who won the 2nd Branch Shoot Out Relay on the opening day of the Nationals at the AIS in Canberra.

And please read the article about Anne Steele's dream to swim the English Channel – that's one way to get her million metres up!

Calendar 2006-07

2006	
20 May	Short Course Long Distance THAC
1 July	Masters in the Pool THAC
19-20 August	Winter SC Championships THAC
4 - 17 Aug	FINA World Swim San Francisco USA
4 - 12 Nov	Pan Pacific Masters Games Gold Coast, QLD,
2007	
4 - 7 May	32nd AUSSI National Swim Darwin
5 - 14 Oct	Australasian Masters Games Adelaide

2006 NATIONAL SWIM CANBERRA AIS 6-9th April, 2006

Thursday morning arrived with a touch of frost to make us Southerners feel right at home... however, once we entered the AIS pool, the smell of sizzling competition, not to mention chlorine, was enough to warm us up in preparation of the events to come. Oceana competitors, Susey, Annette, Alex and Tracey, were early to the pool each day for their diligently followed warm-up swims which were given to each of them from their ever-supportive coach, Ray, who had mapped out preparation plans beautifully for each of their swims.

Ian Simms from Launceston was first to hit the pool for the 400 IM in Event 1, where he swam a reasonable time of 7min14 to pick up a 4th place in his age group. After the 400 IMs the Opening Ceremony was right on cue and the Governor General gave an inspirational speech with some researched facts about how many thousands of masters swimmers there were in Australia etc, etc. His speech then led into the introduction of the all-important Branch Shoot-out Relay (which of course ran for the first time at the Nationals in Hobart). The Tasmanian shoot-out relay team consisted of two members from Oceana, Alex Branch and Tracey Dobby and two members from Launceston, Hector Beveridge and myself, with the most

fantastic result of Tassie being the winning team to swim just .27secs outside our nominated time and the bottle of Yellowglen bubbly we each received for our winning effort went down superbly.

The days continued with all Tassie people putting in some fantastic efforts - Diane Perdt lead the way though and came home with a swag of medals, 3 gold, 2 silver and 2 bronze, incredible effort. Other medal winners consisted of Hector Beveridge with his first medal in the 22 years he has been attending Nationals, Alex Branch who powered through his swims and was a pleasure to watch with the help of his wife's support and Annette Perry who looked great in her suit and was very focused for every swim. The other Tas swimmers who put in some beautiful swims were Helen Gardiner, an amazing competitor and was unlucky to miss out on some medals; Susey Apted who worked tirelessly and seemed to improve each day; Anne MacGowan who never gave up with her mum there urging her on for all of her 9 swims, Tracey Dobby tried her heart out as well and Ian Simms who swam strong all week but was fighting a chest cold and myself who plodded along and kept landing in Lane 2 which had a mirror at the bottom of the pool – needless to say, I floundered around trying to correct my stroke for most of the time!

The ACT ran an excellent 31st National Swim and everyone had a fabulous time throughout the week. We did however find that the event was missing a commentary to build-up the excitement and being marshalled in an outdoor area proved a little cool for lots of people that didn't dress warmly enough for the occasion.

The week was eventually capped-off with a presentation evening at the Rydges Hotel where the Oceana and Launceston people stayed on - we listened intently to the speeches [with overall winners being Seaside Pirates with 42 members in attendance] and

enjoyed the good food, fine wine and danced the night away.

Lots of good humour (and red wine) was had that night with many pledges being made that we need more Tassie members to attend the Nationals in Darwin next year to continue with the traditional networking with other masters swimmers from around the country. It was great to get to know a few of the other Tasmanian members and listening to stories of other club training techniques and facilities was enlightening and motivational - and it was agreed that with a few more 'Tassie members' at the next Nationals it would make choosing the appropriate 'body of the meet' a much easier task – right girls??

Marg Stick TLC

AGM TASMANIA

The AGM for the Tasmanian Branch was held on Saturday 25 February 2006 before the Summer Championships. The Branch office bearers for 2006 are:

President: Ray Brien TLC;
Treasurer: Tracey Dobby TOC;
Secretary: Margaret Stick TLC;
Recorder/ND: Pauline Samson TTL;
Coaching: Kay Bailey TLC,
Safety: Bill Stewart THB;
Registrar: Judy Hyndes TTL;
Publicity: Anne Horner TTL.

Many thanks go to Bill Brooks. Bill stood down as Treasurer, having steered us to an excellent financial position in the last 4 years.

The Branch meets approximately 4 times per year, usually at Ross, to carry out Branch business. Club delegates from all clubs are encouraged to attend. The next Branch meeting is Saturday 20 May at 12noon at THAC (before the SCLD Champs).

PRESIDENT'S REPORT 2006 AGM

The Tasmanian Branch has had one of its most successful years. We have achieved a slight increase in membership – the first time in four years. This increase can be attributed to the successful National Swim and promotion of AUSSI through a number of swim improvement classes held at Adult Education. Participation at State Championships also increased to levels last seen in the late 1990's.

On the financial side, we achieved a better than expected return from the National swim through the Events Tasmania tourist bounty scheme, as well as funding from Sport and Recreation, Tasmania for a number of projects. Part of this funding was utilised by Launceston AUSSI to conduct a one-day seminar on health and fitness for mature athletes, not only AUSSI swimmers. Although the majority of attendees were from AUSSI, other Masters groups were represented.

The upcoming 22nd State Long Course championships will be the last at the current Windmill hill complex in Launceston. The pool will undergo extensive rebuilding starting late April 2006. The Tasmanian executive and Launceston club have played a role in the design considerations for the new complex.... Perhaps the site for the 2012 national swim?

The Launceston club has commenced a series of open water swims, which have been well attended by AUSSI members and other interested swimmers.

None of our activities would have occurred without the efforts of the Branch executive, Club committees and the active participation of the members of AUSSI Tasmania. The executive is still looking to recruit a person suitable to fill the role of Director of Coaching and Education as well as someone to take on the position of State Treasurer.

Bill Brooks will be retiring from this position and we thank him for all his hard work over the last two years. All members of the executive willingly took on a considerable amount of extra work to host the National swim. It is a pleasure to work with a group of self directed persons – the result of the swim is a testament to their efforts.

2006 looks to be a continuation of 2005 with the possibility of a new club forming in the North-West of the state. With the financial resources available to us, I envisage a number of training seminars for officials and swimmers, combining aspects of the Health and Fitness seminar conducted by Launceston and the previous coaching seminar held in Hobart.

Lastly, thank you to all members of AUSSI Tasmania for your support of my position of President and I look forward to a successful final year.

Ray Brien, President

RECORDER'S REPORT 2006 AGM

The year 2005 has been a very busy year as the Branch hosted the National Swim in March/April. This gave me the opportunity to use Meet Manager for the 1st time and it proved to be a very efficient program and capable of handling large numbers of swimmers and events. With the AOE interface, results were produced within 2 minutes of the last heat finishing, something we could not have managed with manual data entry. This program has been used for all meets conducted in 2005.

State Records:

LC individual – 60 female and 35 male
LC relay – 10; short course relay - 4
SC individual – 24 female and 18 male

National Records:

Nan Lewis (FTL) 200m Fr and 400 Fr LC;
Garth Slade (TLC) 800m Fr SC;
Tina Smit (THB) 200m Me SC.