

The Platypus Press

AUSSI Masters Swimming In Australia (Tas) Inc.
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August 1997

Date List

1997

Oct 24 - Nov 1 - Australian Masters Games, Canberra.

1998

Jan 1 - Registrations due.

Jan 31 - AUSSI Tasmania AGM

Jan 31/Feb 1 - Long Course Championships - Hobart Aquatic Centre

March 12 - 14 - AUSSI Masters National Swim - Hobart Aquatic Centre.

June 19 - 30 World Masters Swimming Championships - Casablanca

Winter Short Course Championships

A successful weekend was held at Launceston August 9/10. There were 112 entries and 6/7 Clubs represented.

There were many great swims, including 69 individual records (6 National) and 5 relay records.

Congratulations to Launceston AUSSI on winning the Club Banner (again !!). Swimmers of the Meet - Brent Walker THB, and Sue Mayne TTL.

A copy of the press release is included with this newsletter.

Many thanks to Launceston for organising this annual event.

Level 2 Masters Coaching Course.

Recently 8 AUSSI members started the next level of coaching training. Lectures are being conducted over 2 x 2 1/2 day weekends with test papers for each lecture. This is only the 3rd such course to be held in Australia - Tasmania Branch may be small but ready to take on new challenges. Thanks to our Coaching & Education Officer, Megan Stronach for organising the course.

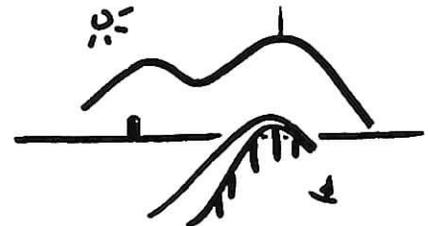
7th World Masters Swimming Championships

From 19-30 June, 1998 Casablanca will host the World Masters Swimming Championships - competition will be in all disciplines - swimming, diving, synchroised swimming, long distance, water polo. The reports are that Casablanca is a very attractive place - a modern city with some great swimming venues.

AUSSI National Swim.

By now you should have heard that the National Swim will be in Hobart from March 12 - 14 in 1998. It is hoped that as many Tassie people as possible will support this event. **YOUR BIG CHANCE TO PARTICIPATE IN A NATIONAL SWIM WITHOUT HAVING TO TRAVEL.** The Long Course Championships will be on earlier as a warm-up (also so we can check out the new pool and how it operates).

And here is the official logo designed by Meridi Wright. It is in 3 colours, of aqua, red and a touch of yellow. The logo will feature on our windcheaters and polo tops. If you would like to order one early, the first batch will be available at the end of September. Windcheaters \$25.00 and polo tops \$18.00. If you would like to order one, or both - contact Pauline Samson (03 62 436665, phone/fax)



23rd AUSSI Masters National Swim • 1998

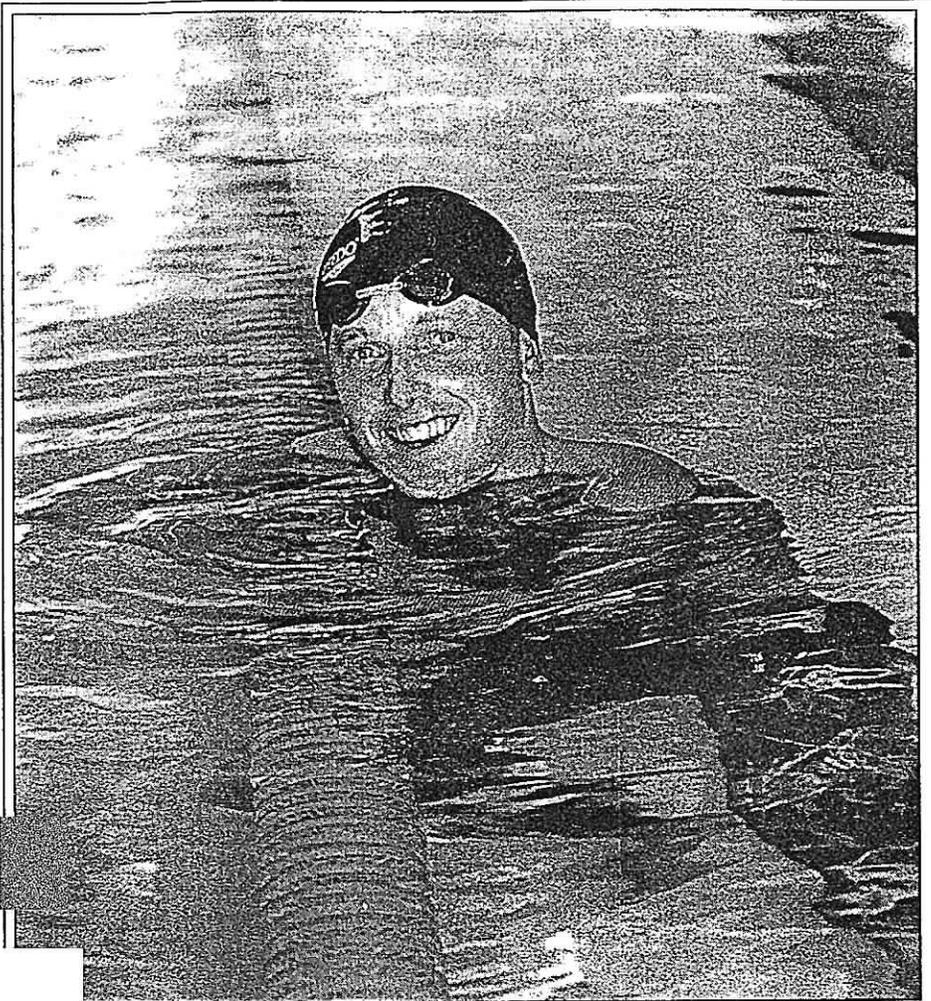
National Aerobic Trophy

How many swims have you completed this year? You still have some time left this year to swim - finish a set of 400's or some of the longer 1 only events. The individual point scores are also included in the Club's tally for the Branch and National Aerobic Trophies. Your best time is also listed in the Branch and sometimes in the National Top 10. And remember there are badges and certificates for the distances and strokes. The AUSSI awards are to acknowledge progress from the beginner to the distance swimmer. All awards have been used as an incentive to strive for greater fitness.

Have you heard of the Million Metre Badge? There are a number of Tassie people who have completed the distance and are on to their 3 Million. The million metres is about from Hobart to Sydney and recently Judy Hyndes and Pauline Samson (both TTL) swam ashore in Sydney - they set out in about 1992 - I reckon they must have done some sightseeing on the way for it to take so long !!

Something to think about -

You don't stop swimming because you grow old - you grow old because you stop swimming.



MAS I ER BLASTER: Hobart swimmer Brent Walker enjoys life in the fast lane at the Mowbray pool after shattering three national AUSSI Masters records.

Picture: WILL SWAN

Just for the record: Brent is a champion

By BRIAN SEMMENS

The label of "veteran" at just 26 is something Brent Walker is comfortable about.

So comfortable in fact that he broke three national and six State records at the Tasmanian AUSSI Masters short-course swimming championships at the Mowbray Memorial Swimming Pool yesterday.

Competing against "oldies", ranging in age from 20 to 89, was a welcome change for the Hobartian who has been swimming competitively since he was 9.

"It was the first time I had competed at masters level and

it was different and a bit strange," the City of Hobart swimmer said after a haul of records that saw him named star of the meet.

"The atmosphere was definitely different," Walker said.

"The younger swimmers at State and national levels tend to get very uptight but the older ones were more positive and had a lot better time.

"I was surprised that I got the records because I didn't know what they were and I was only using the racing for a hit-out before the State titles on the first weekend of September.

"But now that I've competed at the masters level, I want to

try to get some gold medals at the nationals in Hobart next March."

Walker, who swims for the Hobart AUSSI Masters club, broke the national records in the 50m backstroke (28.48 seconds), the 100m backstroke (1.01.92 minutes) and the 400m freestyle (4.19.09 minutes) in the 25 to 29 age group.

Walker, who first made national open finals in 1984, broke State masters records in the 200m butterfly (2.16.62 minutes), the 50m freestyle (26.06 seconds) and the 50m butterfly (27.27 seconds).

● Report and results, Page 24.

Short-course records swamped Mowbray

SWIMMING

Six national records were broken among 69 State records at the AUSSI Masters short course swimming championships at Mowbray at the weekend.

Star of the meet was 26-year-old Hobart swimmer Brent Walker, who broke three national and six State records.

Two of the national records were in the 50m (28.48 seconds) and 100m backstroke (1.01.92) and the third was in the 400m freestyle (4.19.09).

The 100m backstroke took one second off the record.

Female swimmer of the meet was 61-year-old Sue Mayne, of Hobart, who broke two national records in breaststroke events in the 60 to 64 age group.

She swam the 100m in 1.44.49 and the 200m in 3.43.49.

The other national record was broken by Launceston lawyer Ketrina Clarke, 37, in the 200m butterfly in 2.38.19.

The championships included 112 swimmers ranging from 20 to 89 years of age who competed in 15 individual events ranging from 50m to 400m events and six relays.

AUSSI Masters State president John Pugh said Tasmanian swimmers featured heavily in the national records

despite having a relatively small membership of 350, compared with Queensland and NSW having 2000 members.

"The results augur well for Tasmanian swimmers who will compete in the Australian Masters National Swimming Championships in the new Hobart Aquatic Centre in March 1998," Mr Pugh said.

RESULTS
CLUB CHAMPIONSHIP: Launceston AUSSI Masters Lemmings (TLC) (2189) 1, Hobart AUSSI Masters (THB) (2647) 2, Talays AUSSI Masters (TTL) (1376) 3, Devonport Devils (TDP) (622) 4, Sandy Bay Masters (TSB) (218) 5, Burnie AUSSI Masters (TBU) (158) 6.

MEN CHAMPIONS: 20-24: J. Pugh (TLC) 1, S. Deutzman (TLC) 2, A. Bowerman (TLC) 3, 25-29: B. Walker (THB) 1, 30-34: J. McLelland (THB) 1, S. Olden (TLC) 2, B. Woodworth (TLC) 3, 35-39: P. Walker (TTL) 1, A. Clarke (TLC) 2, S. Percival (THB) 3, 40-44: N. Clark (TLC) 1, R. Woodworth (TLC) 2, M. Doran (TLC) 3, 45-49: B. Manning (TLC) 1, H. Gatenby (THB) 2, I. Simms (TLC) 3, 50-54: H. Beveridge (TLC) 1, R. Archer (TSB) 2, J. Fry (TDP) 3, 55-59: J. Pugh (TLC) 1, M. Innes (TTL) 2, M. Walsh (TDP) 3, 60-64: C. Gleeson (TLC) 1, 65-69: D. McPhee (TBU) 1, E. Bizjak (TLC) 2, 70-74: P. Bourjau (THB) 1, A. Eiszelle (THB) 2, L. Young (THB) 3.

WOMEN CHAMPIONS: 20-24: N. Brereton (TTL) 1, A. Cousins (THB) 2, Z. Ryan (TLC) 3, 25-29: J. Pugh (TLC), G. Yeomans (TFC) 1, A. Robertson (THB) 2, J. Coie (TDP) 3, 30-34: V. Douglas (TFC) 1, B. Matthews (TLC) 2, S. Pearson (THB) 3, 35-39: K. Duff (THB) 1, K. Clarke (TFC) 2, L. Roach (TDP) 3, 40-44: D. McHenry (TLC) 1, W. Treweek (TTL) 2, L. Carlton (THB) 3, 45-49: R. Dillon (TTL) 1, A. Horner (TSB) 2, M. Cousins (THB) 3, 50-54: D. Hollister (TDP) 1, M. Wilson (TTL) 2, P. Brereton (TTL) 3, 55-59: B. Ross (THB) 1, J. Chew (THB) 2, J. Archer (TSB) 3, 60-64: S. Mayne (TTL) 1, A. Speed (THB) 2, M. Reynolds (TTL) 3, 65-69: M. Clougher (THB) 1, M. Dixon (TTL) 2, 70-74: T. Smit (THB) 1, J. Bradley (TTL) 2, J. Bamford (THB) 3, 75-79: G. Edwards (TTL) 1.