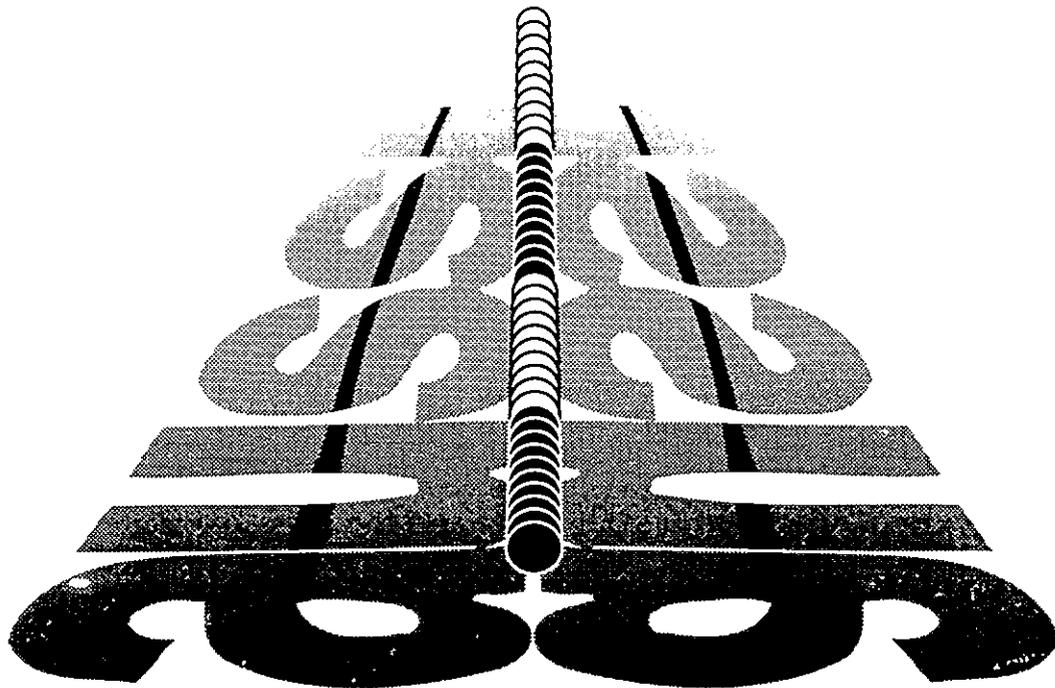


# AUSSI TASMANIA



## AUSSI MASTERS SWIMMING

### ANNUAL REPORT

1994



# AUSSI TASMANIA

AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS.) INC.

## OFFICE BEARERS 1994

### EXECUTIVE COMMITTEE

President	John Pugh
Secretary	Dorothy Armstrong Katherine Daft
Treasurer	Les Young
Fitness/Coaching Director	Megan Stronach
Publicity Officer	Ron Bloomfield
Recorder	Paulline Samson

### APPOINTED OFFICERS

National Delegate	Pauline Samson
Registrar	Perri Brereton
Safety Policy Co-Ordinator	Bill Stewart
Historian	Peter Goss
Technical Director	Pauline Samson

### SWIM MEET DIRECTORS

Summer Championships	Hector Beveridge	Devonport
Tasmanian Masters Games	Hector Beveridge	Devonport
Winter Championships	John Pugh	Launceston
Relay Championships	Katherine Daft	Hobart

## **AUSSI Masters Swimming in Australia (Tas) Inc.**

### **Presidents' Report For Years Ended 31 December 1994**

This is my second annual report on the activities of Masters Swimming in Tasmania. From a personal point of view this has been a good year with a full committee and positive developments in all branch portfolios. The Secretary's position was filled taking the pressure off the acting secretaries, as was the fitness and coaching position. Again, the co-operation and goodwill of the committee members and club delegate delegates made sure that meetings were constructive and purposeful. More importantly, there was effective follow up and action on committee decisions.

#### **Meetings**

The Branch held five committee meetings and its annual general meeting. The Secretaries, first Dorothy Armstrong and then Katherine Daft, provided the advance documentation, agendas and minutes which structured the meetings and led to their smooth running. The business of each meeting was completed within the three hours allotted and included some lively debates on matters such as the format of championship meets, point scoring and medals, AUSSI vs FINA Rules and so on. Some outcomes of the meetings were:

- a reviews of the structure, point scoring system and awards for championship meets
- a technical training sessions for AUSSI officials
- a Level 1 Masters Coaching course

The review of the Branch Constitution, identified last year, has been scheduled for early in 1995.

#### **Strategic Plan**

The broad activities of the Branch were guided by the priorities set in the previous years' strategic plan. Specifically the Branch:

- conducted a Level 1 Masters Coaching course for 10 participants from four of the States six clubs
- trained and accredited 10 new timekeepers, a marshal, check starter, starter and referee
- kept to the spending targets in the annual budget
- increased its revenue from meet surpluses and sponsorships

I believe the Branch has a clear idea of its directions and where it wishes to put its energy and resources. However, the plan is a rolling one which will be revised and extended in 1995.

#### **Coaching and Fitness**

As has been mentioned, coaching was identified as a key priority for the 1994-1996 triennium. Megan Stronach took on this portfolio and got things done. The coaching course at Northside Manor, Hobart, was impeccably organised. Presentation by Buddy Portier, Trish Beveridge and Julia Drew were professional and relevant. Early reports suggest that all ten participants are well on the way to full accreditation.

Megan also organised a coaches testimonial dinner to recognise the efforts of Club coaches as part of the Year of the Coach activities. Some sixty persons attended to enjoy an excellent meal and good guest speaker. As well, coaches received medals and certificates. Megan has given herself a hard act to follow next year.

### **Championship Meets.**

In addition to the summer, winter and relay championships, the Branch organised the swimming component of the Tasmanian Masters Games. Devonport club hosted the summer championships and Tasmanian Masters Games meet with its usual efficiency. The risk of holding the latter meet outdoors in early April was justified and it was only in the late stage of the meet that thermal clothing appeared.

Launceston ran another successful winter championships and Hobart put on a fiercely contested relay competition. All the meets produced surpluses for the Branch coffers and the meet directors deserve congratulations for their efforts.

Some idea of the standards achieved by individual competitors in the above events are given by the Branch recorder. Over 150 individual state records were established or broken and sixteen national records set. Even these numbers do not match up to the number of personal best times achieved overall. It seems obvious that the AUSSI spirit is alive and well and that club coaches must be doing some things right !

### **Participation in Other Competitions**

Not all of the competitive efforts of the Tasmanian Masters are restricted to their home state. There was a large number who took part in the National Aerobic Trophy competition and a small group swam in the AUSSI National Championships. A much larger group went to the World Masters Games in Brisbane and collected its fair share of medals.

### **Safety**

It is pleasing to note that clubs and coaches are aware of their responsibilities for safety. CPR courses were held in Launceston and Hobart and a Bronze Medallion Lifesaving course in Hobart. All Clubs have safety officers and safety procedures and doctors and/or qualified first aid personnel are on duty at swim meets. Bill Stewart keeps this portfolio active.

### **Club Activities**

We all know that AUSSI is about fitness and fun and that competitions and medals are only one aspect of this. The real service to AUSSI members is given by the clubs. Club committees organise events, arrange coaching and training, send out newsletters, attend meetings and set up social activities. In this respect the State is fortunate. Club reports at Branch meetings and Club newsletters show that a lot of hard work and good organisation underpins masters swimming in Tasmania. I congratulate the clubs and their committees for their efforts this past year.

## **Branch Committee**

In concluding this report I wish to thank and recognise the people who really run this Branch. I have already acknowledged the services of the secretaries and coaching director. Pauline Samson has fulfilled her role as recorder very well and has overseen the training of officials. She has also represented the Branch on the National Board in the new portfolio of Technical Development. She keeps us aware of developments at National level. Ron Bloomfield has seen to publicity through two excellent editions of the Platypus Press, while Les Young has looked after Branch finances. Perri Brereton kept her usual eagle eye on registration and membership and has largely succeeded in training the clubs to register their members in time for competitions. My final thanks go to the club delegates who turn up so regularly at Branch meetings.

John Pugh

## Notes to the Financial Statements

### 1. Accounting Policies

(a) The Executive Committee has elected to treat the Tasmania Branch of AUSSI as a non-reporting entity in presenting its financial reports. This means that the reports are specific purpose reports for Branch members and are not general purpose reports.

(b) The Executive Committee has resolved to change from the cash basis of accounting and reporting to the accrual basis of accounting and reporting. The reports for the current year accordingly have been prepared on an historical basis and accrual accounting basis.

(c) Non-current assets have been brought into account at estimated amounts which do not exceed their original costs. It is the policy to depreciate non-current assets over a four year period using the straight line method.

### 2. Non-Current Assets

Equipment at cost or valuation	3 630
Accumulated depreciation	<u>908</u>
Carrying amount	<u>\$2 722</u>

### 3. Accumulated Funds

Balance at the beginning of year	12 564
Value of equipment no previously recorded	3 630
Surplus of income over expenditure	<u>1 207</u>
Balance at end of year	<u>\$17 401</u>

# AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS) INC

## Comparison of Budget to Actual Results for year ended 31 December 1994

	Budget	Actual	Difference \$
<b>Operating Revenue</b>			
Member registrations	2 000	2 442	442
Club affiliation fees	500	160	(340)
Surpluses from State Championships	1 200	2 348	1 148
Interest	600	507	(93)
Miscellaneous	-	160	160
	4 300	5 617	1 317
<b>Operating Expenses</b>			
Postages, printing and stationery	2 100	1 442	658
Treveling - Branch Meetings	480	210	270
Interstate	400	100	300
Meeting costs - room hire and refreshments	300	235	65
Affiliation Fees - AUSSI National	150	150	-
Tasmanian Swimming Inc	-	150	(150)
Minor Equipment	100	-	100
Registration with Corporate Affairs	50	40	10
Audit Fee	200	225	(25)
Servicing and Repairs to Equipment	200	-	(200)
Telephone Charges	150	115	35
Bank Fees and Charges	50	32	18
Power Charges	100	-	100
Miscellaneous	20	221	(201)
Depreciation of Equipment	-	908	(908)
Insurance	-	181	(181)
	4 300	4 009	291
<b>Operating Surplus (Deficit)</b>	NIL	1 508	1 608

### Development Activities

Coaching Course and Seminars	2 000	786	1 124
Officials Courses	200	25	175
Major Equipment	1 000	-	1 000
	3 200	901	2 299
Sponsorships	1 200	500	(700)
Met from Existing Resources	2 000	401	1 599

## AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS) INC

### BUDGET FOR TRIENNIUM 1995-1997

	1995	1996	1997
<b>Operating Revenue</b>			
Member registrations	2 300	2 400	2 500
Club affiliation fees 6 @ \$100	600	600	600
Surpluses from State Championships	1 500	1 500	1 500
Interest	500	450	400
	<u>4 900</u>	<u>4 950</u>	<u>5 000</u>
<b>Operating Expenses</b>			
Postages, printing and stationery	1 800	1 850	1 900
Travelling - Branch meetings (8 @ \$20) 4	640	640	640
Interstate	400	400	400
Meeting costs, room hire and refreshments	300	300	300
Affiliation fees - AUSSI National	150	150	150
Tasmania Swimming	150	150	150
Minor Equipment	100	100	100
Servicing and repairs to equipment	200	200	200
Insurance	200	200	200
Audit fee	250	250	250
Telephone charges	160	200	200
Registration with Corporate Affairs	50	50	50
Bank fees and charges	50	60	60
Miscellaneous	250	250	250
	<u>4 700</u>	<u>4 750</u>	<u>4 850</u>
<b>Cash Surplus (Deficit)</b>	<u>200</u>	<u>200</u>	<u>150</u>
Depreciation of Equipment	1 600	1 600	1 600
Operating Surplus (Deficit)	<u>(1 400)</u>	<u>(1 400)</u>	<u>(1 450)</u>
<b>Development Activities</b>			
Coaching Courses and Services	2 000	2 000	2 000
Officials Courses	200	200	200
Major equipment	3 000	500	1 000
	<u>5 200</u>	<u>2 700</u>	<u>3 200</u>
<b>Met by existing cash resources</b>	<u>3 500</u>	<u>2 000</u>	<u>2 000</u>
<b>To be raised by sponsorships</b>	<u>1 700</u>	<u>700</u>	<u>1 200</u>

**AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS) INC.**

**Treasurer's Report - 1994**

I am pleased to present this report which shows a very successful year for the Tasmanian Branch.

The format of the report has been changed to indicate the actual amounts of money that is available for the activities of the branch and the money that has been spent for those activities.

The deficit of last year has been eliminated and the branch starts the 1995 year with a healthy bank account.

I have appreciated the guidance given to me by members of the committee and by the club secretaries.

Les Young  
Treasurer.

ALBANI MASTERS SWIMMING IN AUSTRALIA (TAS) INC.

1992 - 1993 Annual Report

I am pleased to present this report which shows a very successful year for the Tasmanian branch.

The format of the report has been changed to indicate the actual amount of money that is available for the activities of the branch and the money that has been spent for these activities.

The deficit of last year has been eliminated and the branch starts the 1993 year with a healthy bank account.

I have appreciated the guidance given to me by members of the committee and by the club secretaries.

Yours faithfully  
Tasmanian

**G.R. SCAIFE** B BUS(ACCT) CPA

CERTIFIED PRACTISING ACCOUNTANT

146 CAMPBELL STREET  
HOBART 7000  
TELEPHONE: (002) 31 2299  
FACSIMILE: (002) 31 2110

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**AUDITORS REPORT**

**TO THE MEMBERS**

**AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS) INCORPORATED**

I have examined the books and accounts of the Aussi Masters Swimming in Australia (Tas) Incorporated for the year ended 31 December 1994. and have found them to be correct.

In my opinion, the accompanying Statement of Income and Expenditure for the year ended 31 December 1994, and Balance Sheet at that date, are properly drawn up so as to give a true and fair view of the results of the Association for the year ended 31 December 1994.

All information to enable the audit to be conducted was presented to me as required, and in my opinion the rules relating to the administration of the Association have been observed.



**G R SCAIFE**  
**AUDITOR**

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TAX AGENT

REGISTERED COMPANY AUDITOR

# AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS) INC.

## BALANCE SHEET as at 31 December 1994.

	Notes	\$
<b>Current Assets</b>		
Cash at Bank		7 246
Term Deposits		10 685
<b>Total Current Assets</b>		17 931
<b>Non-Current Assets</b>		
Equipment	1 & 2	2 722
<b>Total Non-Current Assets</b>		2 722
<b>Total Assets</b>		<u>\$20 653</u>
<b>Current Liabilities</b>		
National Registration Fees		3 152
Unearned Revenue		100
<b>Total Current Liabilities</b>		<u>\$3 252</u>
<b>Net Assets</b>		<u>\$17 401</u>
<b>Accumulated Funds</b>	3	<u>\$17 401</u>

**AUSSI MASTERS SWIMMING IN AUSTRALIA (TAS) INC**  
**Income Statement**  
**for the year ended 31 December 1994**

	1994	1993
	\$	\$
<b>Revenue</b>		
Member Registrations	2 442	1 730
Surpluses from Swim Meets	2 348	1 331
Club Affiliations	160	120
Interest	507	461
Proceeds from sale of photocopier	100	-
Sale of publications	60	250
Sponsorships		
Tasmanian Swimming Inc - Coaching	250	-
Northside Manor - Platypus Press	250	-
<b>Total Income</b>	<u>6 117</u>	<u>3 892</u>
<b>Expenses</b>		
<b>Administration</b>		
Depreciation of Equipment	908	-
Printing and Stationary	546	329
Maintenance of Equipment	-	458
Meeting Expenses		
Refreshments	235	267
Travelling	210	248
Affiliation Fees	300	300
Audit Fees	225	450
Insurance	181	181
Postages	167	638
Miscellaneous	142	135
Telephone	115	120
Medals and Trophies	79	40
Post Office Box Rental	70	81
Corporate Affairs	40	30
Government Banking Charges	32	41
	<b>3 250</b>	<b>3 318</b>
Courses		
Coaching	876	244
Technical	25	614
	<b>901</b>	<b>858</b>
Platypus Press	659	609
National Board Delegate's Expenses	100	100
<b>Total Expenditure</b>	<u>4 910</u>	<u>4 885</u>
<b>Surplus (Deficit) for the year</b>	<u><u>\$1 207</u></u>	<u><u>\$(993)</u></u>

## **FITNESS AND COACHING DIRECTOR**

1994, "The Year of the Coach"! Without coaches, we as a body could not exist. However, at the beginning of the year a few problems were evident. While at the beginning of the year it was pleasing to note that all AUSSI Clubs in the state had acquired the services of qualified coaches (and many of them with many years of experience), it was however, disturbing that we were able to boast only three with Masters training and accreditation.

As a result of that, I felt that as a body, we should incorporate the aim of improving our number of coaches by one coach per club per year, and also to provide opportunities for our coaches to keep their skill levels high, and to achieve the updating requirements as now specified by the Australian Coaching Council.

The first step towards these aims was the "Coaching Weekend" held in September in Hobart, where a Level 1M Supplementary Course was conducted. 10 trainee coaches participated, and were impressed by the high standards set by the three lecturers - Buddy Portier, Trish Beveridge and Julia Drew. At the time of writing, the first four of this group are awaiting their accreditation as Level 1M Coaches. The cost of the weekend was subsidised by the Branch.

In conjunction, a "Coaches" Testimonial Dinner" was conducted, at which our currently practising Coaches received medals and certificates for their efforts in supporting our chosen sport. Nine coaches were so honoured. This evening was a great social success - it was in fact hard to recognise some of our swimming colleagues in full evening dress !

All coaches and trainees have been given guidelines for updating procedures. These involve scoring a number of points relating to workshops, seminars etc. attended over the course of four years. We will be conducting one such seminar in March this year, once again with a number of guest lecturers, and this will provide coaches with the opportunity of scoring up to eight points for re-accreditation.

One or two of our keener coaches are now looking to the next level of training - the 2M. Accordingly we are awaiting advice on the Coaching Principles component, which is conducted by the Dept. of Sport & Recreation, before the Swimming Specific Theory and Practical components are conducted by the Branch. To attain this level requires considerable commitment, with sixty theory hours and 120 hours of supervised practical work.

I have enjoyed the year in this portfolio, and support the possible new title for this position - that of Fitness and Education Officer. I certainly do not see this position as being an overseer of the fine work already being carried out by our club coaches - rather as a co-ordinator of the provision of information required by these people.

Megan Stronach.

AUSSI Tasmania

AUSSI Masters Swimming in Australia (Tas.) Inc.

Report to A.G.M. Saturday 25th February, 1995.

Our aerobic year (Oct. '93 - Sept. '94) closed with the grand total of 369 members, of which 122 were new registrations. The comparison for the previous year was 336 members and 101 new.

Figures for our Branch year (Feb. '94 - Jan. '95) record 308 members - 78 new; once again comparisons are pleasing as our previous year recorded 273 members and 58 new.

Since the commencement of the new aerobic year (Oct. '94) 240 members have joined our six clubs - 27 being brand new additions to the ranks.

The break-down of clubs and members are as follows:-

TALAYS 76 - 44 female and 32 men  
HOBART 49 - 28 female and 21 men  
LAUNCESTON 47 - 19 female and 28 men  
NEW NORFOLK 29 - 21 female and 8 men  
DEVONPORT 26 - 8 female and 18 men  
SANDY BAY 13 - 7 female and 6 men

We have members in every age group from 20-24 to 75-79 with our 240 membership being broken up into 127 female and 113 men.

This year brings my resignation from the position of Branch Registrar, a job I have found most rewarding and interesting - my best wishes to the incoming volunteer! However I will be keeping in touch with Branch meetings, as Delegate for my club.

Yours in fun and fitness,



Perri Brereton,  
Branch Registrar.

## NATIONAL DELEGATE - ANNUAL REPORT

Portfolios through the National Board changed hands in 1994, and Western Australia AUSSI took back the programs which included the National Aerobic Trophy - it had originated there and they were only too happy to be working with it again.

This meant that Tasmania picked up the portfolio of Technical Development.

A Technical Committee was formed after a workshop in April, 1 from WA, 1 from Qld and 1 from NSW and the National Director being here in Tasmania.

Our brief was to overhaul the accreditation scheme and this was achieved in a very short time and Branches were able to start the accreditation's in June. Branches were to appoint Technical Officers to oversee the conduct of courses.

At the Mid-Year Board Meeting in September, an official folder of all notes, log sheets, guidelines for administration and course requirements were presented to all Branches. Since then, I've had time to look at the MD forms and the national register of such forms. I now have a complete list of all members throughout AUSSI listing their disabilities via a code system. This has proved useful to Branch Secretaries and will make life easier at swim meets.

Our other duties are to review the rules and make recommendations to the Board - there are several rules which will undergo review at the next Board Meeting.

1994 has been a busy year, however we now have a working accreditation scheme which has received international recognition.

The Technical Committee also recommended the granting of Referee status to several AUSSI members and at this stage there are 13 AUSSI Referees. With the number of accredited officials completing courses, AUSSI can look forward to conducting swim meets with all AUSSI officials and this can only be of great benefit to all AUSSI members.

Pauline Samson  
Delegate to the National Board  
National Director of Technical Development

## BRANCH RECORDER/ BRANCH AEROBIC RECORDER.

### ANNUAL REPORT 1994.

Every year I find the position of recorder both busy and rewarding. 1994 hasn't been any different..

With the number of competitors in Tasmania, it is not difficult to get to know most people, names are familiar and usually can be associated with faces. It also makes it easier that swimmers have their favourite events.

Since becoming recorder for the Branch , my methods of recording have changed dramatically. I had devised the perfect score sheet for the keeping of all the times for each stroke / distance for each swimmer. However Murphy's' Law prevailed and I had problems with the disk in locating information. So late in the year, I had to start the process all over again. This may have meant some swims were missed off the list.

The software package for National Top 10 has made life much easier, and for this year all results for 1994/95 will be entered as swim meets are completed. Again, I have had a few glitches if I miss a number or put in the wrong time, then the results can be rather amusing. The update disk now allows for names for the relay team members - it has been difficult to remember some months down the track who were the members of a relay team especially if a record has been broken.

The National Aerobic Trophy has been successful this year and for the first time all Clubs have participated. It might be worthwhile to encourage members to participate in one of the longer distance swims as often the points gained are greater than completing a set of 400 or 800m swims.

Records both Branch and National were significant with 95 records in Short Course and 98 records in Long Course being either broken or established as well as 16 National Records. Copies of records are available at any time on request. The National Records will now be held on disk and updates sent from the National Recorder on a regular basis.

The goal for 1995 should be a continuation of the promotion of aerobic swims and participation where possible in the major competitions offered by the Branch.

Pauline Samson.  
Branch/Aerobic Recorder.

## SAFETY OFFICER ANNUAL REPORT 1994

For the second year, no major accidents were reported. One case of hypothermia occurred at the Carlton 2.5km open water swim and a minor accident (swimmers collided in a pool). In both incidents appropriate medical and first aid treatment was immediately available.

### Safety Training

All Clubs have appointed Safety Officers. They have organised courses in cardio-pulmonary (CPR) resuscitation and lifesaving. Members in each club have qualified in CPR plus Royal Life Saving Society award levels - Bronze Medallion to Instructor and Examiner.

A commendable outcome is that each club appears to have an active pool of members who provide qualified supervisory care during club training/meets. This is a significant self help policy particularly where clubs have access to pool training sessions when no qualified pool attendant is present.

Such responsible action by our clubs reflects the awareness and implementation of the Branch Safety Policy.

### Life Saving Awards

Club	Members		Safety Officer	Upgrade of Medical considerations	CPR Courses	No qualified	Bronze Medallion	Instructor	Examiners	Qualified personnel attending Club meets
	Oct 94	Jan 95								
TDP	55	38	•	X	X	3	3			•
THB	83	50	•	•	•	10	7			•
TLC	74	51	•	•	•	13	4			•
TNN	53	37	•	•	•	25	3	2	1	•
TTL	89	79	•	•	•	6	6			•
TSB	15	14	• /Coach	•	•	6+	1+			•
	369	278	6	5	5	63+	24+	2	1	6

### The upgrade of Medical Considerations.

This safety provision has not been fully implemented. Two aspects of this policy needs to be reinforced in the interests of personal welfare.

1. That all members be repeatedly advised to make sure that they do state any pertinent medical considerations on their re-registration form.
2. In the event of a member suffering a 'trauma', past the re-registration date, it is their responsibility to advise their Club Safety Officer, and update their medical status. Implementing these provisions will alert the members who have undertaken to assist as supervisor/carers during training/swim meets. Consequently in the event of an emergency they will have the potential to minimise the trauma of the member concerned.

### National Safety Policy.

The draft policy is still being refined. Recently amendments were recommended by the Tasmania Branch regarding the minimum medical standards for competition. Three categories have been proposed to cover the levels of all competition ranging from Club to National/International levels. In each case of these medical standards are not in place the event should not proceed.

Bill Stewart  
Safety Policy Coordinator

25th February 1995

## **REPORT TO THE TASMANIAN BRANCH 1994-95**

This has been my third year in the office of Publicity and Promotions, and during this time there have been three issues of Platypus Press.

A newsletter such as the Platypus Press cannot be produced without the help and assistance of a fair number of people, and I would like to place on record the thanks of AUSSI Tasmania for their efforts. In particular Pauline Samson, who seems to have unlimited time for the many aspects of AUSSI in Tasmania. (Did you enjoy the muffin recipe?) Also, the many AUSSI members who passed in articles and snippets for inclusion in the magazine. And my wife, Georgina, who has had to put up with my Platypus Press sessions, writing, printing, collating, and so on, on the lounge room table.

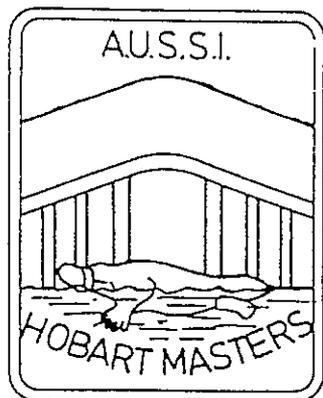
I have been encouraged by the positive comments from members about our magazine. Many of the articles have come from interstate AUSSI newsletters, and from the Australian Coaches Newsletter.

We have a sponsor for our newsletter at the moment, and I would like to thank Ken Stronach of the Northside Manor. If you have friends coming down to Hobart, you can commend this establishment with confidence. Or if you are coming down to Hobart yourself, tell manager Ken of your affiliation with AUSSI and he will be sure to see that you are looked after.

We want personal snippets from "Tasmania All Over" - these small articles give our magazine its local flavour. It just has to be something like "Mary had her baby - it was a boy, Alistair Hugh" or "Jeremy had to rush to the change room at the interclub at Smithton - something to do with his bathers falling apart!"

Thankyou to everyone for your support

Ron Bloomfield  
Publicity and Promotions.



# HOBART AUSSI MASTERS SWIMMING CLUB INCORPORATED

Address all correspondence to  
The Secretary  
PO Box 395 ROSNY PARK 7018  
Phone (002) 43 6746

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## REPORT TO THE TASMANIAN BRANCH 1994-95

The Hobart Masters Swimming Club has continued to enjoy a successful and active career during 1994-95.

Members participated in a large number of events, including the Summer and Winter Championships, with a great deal of success, both individually, and as a club. Members also took part in the National AUSSI Club Championships, and the World Masters Championships.

This year marked the beginning of our participation in fin swimming, a popular and growing aspect of swimming sports world wide. In addition, our members participated in several postal swims, and in the National Aerobic Competition.

An annual Long Distance swim was conducted again this year, in partnership with the Carlton Life Saving Club at Carlton Beach. 54 swimmers, both AUSSI and non-affiliated, took part, with the best time being recorded by Justin Helmich. Another swim is planned for this year at the same venue.

Interclub swims organised by Talays and New Norfolk were well attended by our members, and the benefits of fitness and fun through swimming were there for all to take advantage of.

Our thanks go to our coach, Peter Fisher, who provided popular training schedules, which improved our stroke, speed and endurance. Peter has almost completed his Level 1M coaches accreditation, and this will bring advantage both to himself and to the club.

Social events organised this year included a Bingo Night, a Christmas barbecue, and a film and supper night. Our members also participated in the Year of the Coach Testimonial Dinner.

As club secretary, I would like to thank our dedicated and hard-working committee. Without their efforts, our success would not have been as great as it was.

Ron Bloomfield  
Club Secretary.

# NEW NORFOLK MASTERS

## Swimming Club

The New Norfolk Whales continued to strive during the 1994 year towards a clarification of their role as an adult swimming club in a country town. Our final membership of 54 people consisted of pockets of people from 20 to 70 years, whose reason for joining ranged from the competitive element to almost purely social membership - some of our members have not been seen in bathers!!!

While priding ourselves on having a club coach who was prepared to offer a coached session each day of the week during the '94 summer season, this segmented the club somewhat into early morning swimmers, Royal Derwent Pool swimmers, and New Norfolk Olympic Pool swimmers. As we mature as a club, we are realising that we cannot be all things to all people, and while this has resulted in the loss of some members, the Club has benefited from the cohesion of those remaining members. The 94-95 season has realised some rationalization of sessions - and there has been a vast improvement in numbers at the fewer sessions per week. Unfortunately, due to ill health, the absence of a coach since October meant that we sometimes have a little too much chatting and a little too little swimming at these sessions!!

Again New Norfolk managed to enthruse only small numbers of competitors for the 1994 State Summer and Winter Championships. Although we were pleased with the performance of our relay teams in the Interclub Relay Carnival, the concept of competition still fails to appeal to the majority of our members.

One of the highlights of 1994 for the Masters Club was a request from the local Primary School to co-ordinate the Infant Water Awareness Program for 2 weeks in November. This proved to be a great success for a number of reasons - Firstly, it created a greater cohesion between our club members. Secondly, it resulted in very valuable publicity in local papers and newsletters, and finally, the success experienced by the children in both swimming and Royal Life Saving Awards as a result of the small group ratios and individual attention was exceptionally pleasing, and made the exercise more than worthwhile.

In a similar vein, members of the Whales have recently been assisting the Matron of the local Corumbene Nursing Home to give patients the pleasure of swimming in the warmth and privacy of the Royal Derwent Hospital Pool - another very rewarding and worthwhile exercise.

Our annual Interclub Carnival, which was to be held in Dec. '94, had to be postponed due to a problem with the filtration system at the RDH Pool, but the club looks forward to hosting the Carnival in Feb. '95.

And finally, we once again keep our fingers crossed that we may yet be able to swim year round, as yet again we are advised that the RDH pool seems set to stay open during the winter. We may have to seek advise from the Bondi Icebergs on how to entice people into an outdoor pool in Tasmania in Winter, but we're not beyond the challenge should the opportunity present itself.

New Norfolk Masters seem set to stay after 5 years of existence, although our reasons for existence sometimes seem a little different than those of other Tasmanian AUSSI Clubs. But suffice to say, our 54 members unite for the opportunity to swim for fun and fitness (and just a little gossip and float!!), and seem set to continue in this vein for a few more years yet.



# TALAYS AUSSI MASTERS SWIMMING CLUB INC.

P.O. Box 530, Sandy Bay, Tas., 7005.

## BRANCH REPORT 1994-95

Talays in February 1994 assisted with the Summer Titles by organizing, and officiating for, the postal 800 swim. May, we hosted an Inter Club Swim for the four (4) southern clubs, 1 National and 27 Branch records were set - making it an extremely successful meet.

August saw us organizing, and officiating again for, the postal 800 swim.

Seven (7) members enjoyed participating in the Carlton long distance swim. The Open Postal Relays gave ten (10) members a chance to enjoy a different kind of competition, at Glenorchy pool in January.

As usual Talays participated in both Summer and Winter Titles, enjoying the swimming and social functions. The Opening Ceremony was an excellent innovation, colourful and great fun at the Summer Championships. Six (6) swam in the Tasmanian Masters Games at Devonport. Three (3) competed at the World Masters Games in Brisbane. Thirty three (33) members enjoyed the State Relays competition in November.

This year Talays have been represented at all courses and seminars: three (3) Bronze Medallion Course: seven (7) enjoyed a weekend at Buddy Portier Seminar: three (3) Technical Accreditation and Update Seminar: five (5) Time Keepers Course: one (1) Starters Accreditation Course: one (1) the Level 1M (Masters) Supplementary Coaching Course.

15th October saw a relatively successful, if somewhat unusual, A.G.M. Afterwards, we held a wake for member Betty Ross who passed away 4th September. At Betty's request champagne was served in special glasses; "goodies" were consumed; and memories flowed together with Pauline's eulogy.

Socially: in May, 43 members and friends enjoyed a most successful night at the Hotel Caryle's 6 O'Clock Rock. Once a month after Wednesday training, we have a casual get-together at the local hostelry. Early December a most successful Christmas Dinner, presentation, and fun night was held at the Black Buffalo Hotel. Club Achievement Awards AND the Nan Lewis Most Improved Awards were presented to Maureen Shegog and Clyde Denton along with Margaret Dixon and Robert Bonney respectively.

Aerobic swims continue once a month on the 3rd Wednesday night & Saturday morning.

Talays membership stands at 76, we look forward to another year of swimming for Fitness and Fun.

JUDY HYNDES  
CLUB DELEGATE

# A U S S I

# DEVONPORT

Masters Swimming for Fitness and Fun



President :

Secretary :

## 1994 CLUB REPORT.

1994 was a successful year for our club with training sessions and social events well patronised. Of our 54 club members 22 attended the Winter Short Course Championships in Launceston this year.

We are now swimming at the Devonport pool with our coach Rex Hill writing our training programs. We offer our members six training sessions each week with the Sunday morning session proving to be particularly popular.

Socially and financially 1994 has been a satisfying year. In April and May we held two fund raisers - a film night at Cinema One and a mystery bus tour. Both were fun nights and were successful in raising much needed funds. Two raffles and income from "home" swim meets also added to our bank account.

Each Winter our club swims at the Ulverstone pool for approximately seven months. Our three weekly times serve to bind members together with the result that many post swim "events" are held on Friday nights either at members homes or local hotels. The "Bass and Flinders Motel" in Ulverstone hosted many of our Friday night sessions and also was the venue of our Christmas Dinner - attended by 20 members.

Our membership increases by 15 - 20 when we transfer to Ulverstone as our Penguin / Burnie swimmers return to the fold. At the time of writing this report we have 32 registered members with 14 - 16 preparing to travel to Hobart in February for the Summer Championships.

Ross Belbin.  
Club Secretary.



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THE DEVONPORT DEVILS

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# AUSSI Masters Swimming in Australia

## Launceston Club Inc.

P. O. Box 1507  
Launceston 7250

### LAUNCESTON AUSSI CLUB REPORT

I am happy to report that Launceston Aussi has continued to make gains in many areas over the previous year's achievements, the highlights being our victories in both summer and winter championships.

Not only were the Club's achievements considerable; participation level has improved and many individuals continued to impress with, in some cases, massive improvements in times and distances swum.

Peter McKenzie, John Pugh and Katrina Clarke, won medals at the World Masters in Brisbane, which shows the calibre of swimmers we have in the Club. John also smashed the Australian short course record in 400M individual medley by over seventeen seconds at the Winter Championships at Mowbray. He was awarded "Male Swimmer of the Meet" and Katrina won the award for women, claiming five State records.

The highlight for the Club for 1994 was the successful staging of the Winter Championships, which went smoothly and made a profit for the Branch. Thanks go to Tuftmaster Carpets and Mort Douglas Furniture for being our major sponsors and the other smaller donors who guaranteed the financial success of the weekend. It was pleasing to hear the positive comments from our visitors regarding the conduct of these Championships.

John Pugh's "enjoyable?" and varied training sessions are a major factor in the success of Launceston Aussi. John's programmes are expertly devised with the mixture of aerobic and anaerobic swims consistent of the National Branch's coaching techniques. We are fortunate to have him.

Ray Brien's regular newsletter has also played a major role in the success of our Club. He keeps us informed of where and when we meet, includes informative and light hearted articles and advises of the activities and goals of the Club.

Cheryl Calverley has dramatically improved our number of social functions with all being well patronised. Our end of year BBQ was extremely successful and our Saturday morning breakfasts at the Riverside Pool attract a good crowd. Our thanks go to Ceri & Robbie Weeks, for their generosity to the Club as I'm sure that no other swimming group gets a better deal than we do regarding the use of the pool and cooking facilities at Riverside.

Seven of our members successfully completed the Royal Life Saving Society's Resuscitation and basic first aid certificate. We have always placed a high emphasis on safety at the Club so it was particularly pleasing to see these volunteers complete the course. Thank you to Di McHenry and Ceri Weeks for giving up their free time for us. We are further extending this with a Bronze Medallion Course beginning in February.

We are currently training four of our members, Pam Lyons, Pam Gray, Ceri Weeks and Kim Hunt to become qualified Aussi Coaches. This will lighten the load from John and also help those members who require extra guidance.

1994 has been an excellent year for the Club with excellent performances, well attended social functions, investing in our future with training of extra coaches, a sound financial position and a committee who works well together. I could not ask for a better year.



Robert Woodworth,  
PRESIDENT.



SANDY BAY AMATEUR SWIMMING AND LIFE SAVING CLUB

ESTABLISHED 1898

TEL 002 344625



Wrest Point Hotel

51 Hill St  
West Hobart  
Tasmania  
7000

SANDY BAY SWIMMING ANNUAL REPORT 1994/1995

FEBRUARY 1995

MEMBERSHIP

In the past year Sandy Bay have welcomed TWO new members, unfortunately we have had THREE resignations, these have been due to family commitments. Our membership now stands at THIRTEEN.

PARTICIPATION

Many of the members find it difficult to participate in all the events made available by AUSSI. This is due to the fact that our Masters Members are also parents of young swimmers in training and their needs are naturally first priority, however this also makes it easy for them to train alongside their children, to participate in Postal swims and aerobic swims. Most members have taken part in these in the past months.

ACHIEVEMENTS

Sandy Bay are very proud of the records at State and National levels that have been achieved by Ron Lucas and Glenise Gale.

Glenise and Ron also gained further recognition in the 5000 & 3000 Masters Swim, in which almost all Sandy Bay Masters participated and won tee shirts.

Members were also successful in the "Twin Towns 1000". Once again Glenise excelled by being the fastest in Australia by 38 seconds.

Our best publicity for the year came as a result of Glenise Gale and Susan Cure and their efforts at the World Masters Games. The girls returned home with gold, silver and bronze medals and were interviewed by television and newspaper. An exceptional achievement.

FUND RAISING

Because of the small size of our club it has been necessary to raise funds from outside. This was successfully done with a "Water Baby Contest" and Swimathon both of which will be ongoing events. Ron Lucas and Rod Archer are looking into the possibility of running a Postal swim, as a fund raiser.

COMMENTS FROM MEMBERS

Although members were disappointed that the rules regarding championship awards cannot be changed, the general feeling is that Sandy Bay Aussi members are enjoying fun and fitness that being part of Aussi Masters is giving them and look forward to the challenges in the coming year.

SANDY BAY AUSSI MASTERS.  
JAN ARCHER (DELEGATE)

decisions made by T.S.I. officials at AUSSI swim meets, and also about the difficulties encountered by older swimmers getting out of the pool after events (particularly following relay swims). It was generally felt that the problems with officials would best be countered by training our own officials so that we would not have to rely so heavily on T.S.I. members for help at our meets.

Hector read the rules pertinent to the National Heart Foundation Perpetual Trophy and asked clubs to consider the matter - trophy to be awarded at National Swim.

Hector reminded all clubs that officials would be needed to assist at the National Swim.

There being no further business, the meeting closed at 5.30 p.m.

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PRESIDENT.