

**AUSSI
MASTERS SWIMMING IN AUSTRALIA**



FOUNDED IN 1975

TASMANIA BRANCH

ANNUAL REPORT

1985

AUSSI
MASTERS SWIMMING IN AUSTRALIA (INC.)

FOUNDED 1975

TASMANIA BRANCH

Office Bearers — 1985 Season

PRESIDENT:	Ken Pitman/Hector Beveridge
SECRETARY:	Jenny Page
TREASURER:	Brian Edwards
FITNESS AND COACHING DIRECTOR:	Trish Beveridge
RECORDER:	Chris Holloway
PUBLICITY OFFICER:	Edith Pitman/Mary Waters

RESIDENT'S REPORT

The past year has been an important one in the development of AUSSI in Tasmania. Following the achievements of the previous year it was imperative those initiatives be maintained. I am pleased to report all of last year's firsts have been continued and other developments implemented.

Major initiative for the year was conduct of the first Winter Short Course Championship and major development has been the formation of two new clubs. The Hobart Masters and Glenorchy Masters Swim Club affiliations were gladly accepted by the Branch recently. At this stage we are eagerly awaiting membership registrations from them so they can become involved directly in our activities.

From the Executives viewpoint the most pleasing aspect has been member response to organised activities. The inaugural Winter Championship and the second State Championship were both well attended, as were the pursuant social activities. This has developed a friendly, competitive relationship between the two established clubs. I am sure when the newly formed clubs participate in these events they will enhance that AUSSI spirit.

Branch membership grew 25% to 81 in 1985 and I look forward to another increase this year. It should be every members objective to spread the good word and "encourage adults to swim for fitness", the basic AUSSI objective.

Member participation in National events has increased in both the Aerobic Trophy and National Championships. Launceston Club also entered the Speedo Postal Relay event, a new National event for 1985. I earnestly recommend the postal event (Aerobic Trophy, Speedo Relay) to all clubs. They are an excellent way to compete without travelling and require the same amount of preparation and training as the swim meets. I also recommend clubs utilise the AUSSI award badges to encourage swimmers to develop.

Looking forward the most exciting prospect is the State Government's proposal to conduct a Masters Festival of Sport in 1987. Swimming is one of the proposed events and we have had communications from the Department of Sport and Recreation on the matter. Should the festival eventuate it will offer a unique opportunity to develop Masters Swimming in Tasmania.

Another not too distant event is the MSI World Masters Swim to be conducted in Brisbane in September 1988. Tasmania (and more importantly Devonport Club), is proud to boast its representation in Tokyo later this year of Chris Holloway, at 1986 World Masters Championship. Good luck, Chris.

Locally I feel we should attempt to develop a distance swim of the "fun run" type. These events are popular in other States. They are excellent promotional events and are also potential money earners. Any suggestions will be considered. I also recommend the conduct of an invitational swim meet to clubs as a most worthwhile activity.

On the National Scene another national magazine is being investigated. Whilst that is taking place it is hoped to increase AUSSI space in The International Swimmer and the current National Newsletter is to be distributed to clubs. The Public Relations subcommittee is working on the development of coaching videos especially designed for AUSSI members, the computer sub-committee is investigating development of standard software applications for registration and recording procedures, a Level One Coaching Accreditation Course has been adopted by Council and recommended to the Australian Coaching Council for ratification. The Technical Sub-committee has developed a guide to referees and is working on a referees manual. Also from next year, 1987, the aerobic year is to end on 30th September to bring it in line with the Top Ten year.

The 1985 Branch report adopted at the National Council Meeting in Adelaide last month, is attached. It was prepared by Secretary Jenny Page, who along with the other members of the executive have made my term as President since we unfortunately lost the services of Ken Pitman, a most rewarding one .

It would be remiss of me not to acknowledge the excellent contribution of other members of the executive to AUSSI in Tasmania. The most onerous position is that of Secretary and Jenny handles the job most capably as a perusal of the previously mentioned report will show. Treasurer Brian Edwards is dedicated to our continued financial viability whilst Recorder Chris Holloway is determined to make every occurrence note worthy. You will see the thoroughness with which Chris has approached his tasks when he presents his report. Fitness and Coaching Director, Trish Beveridge conducted an excellent seminar and Mary Waters made many efforts for few results in the difficult position of Public Relations Officer.

In closing I would like to borrow parts of the last paragraph of Jenny's Report and reiterate - "Overall 1985 has been a successful year for AUSSI in Tasmania. The Branch Executive considers that progress is being made and AUSSI is reaching out to more people all the time. We look forward to bigger and better happenings in 1986".

Hector Beveridge.
BRANCH PRESIDENT.

TASMANIA BRANCH ANNUAL REPORT

1985

President: HECTOR BEVERIDGE

Secretary: JENNY PAGE

The Tasmania Branch of AUSSI consists of two clubs, one in Launceston and the other in Devonport. There was a membership increase of 16 overall on the 1984 total of 65. The 81 members were distributed as follows:

LAUNCESTON AUSSI

M — 13

F — 30 Total 43 (35 in 1984)

DEVONPORT DEVILS

M — 22

F — 16 Total 38 (30 in 1984)

We held several events for the first time in 1985, not the least of which was the 1st State Swim. The programme was divided between venues in Launceston and Devonport and held on consecutive Friday evenings in February. Although very much a trial, we felt it was very successfully run and well attended. The points went to Devonport who won the State Shield, which was presented at a dinner held in March in Launceston.

April was the month of the Branch A.G.M. at which all members of the previous executive were returned to office. However, due to the transfer to Perth, W.A. of our President Ken Pitman and his wife Edith, (Publicity Officer) in July, we called for nominations to fill the vacant positions. Hector Beveridge (DEV) and Mary Waters (LAU) were elected to the positions of Branch President and Publicity Officer.

The Branch Fitness Director Trish Beveridge, arranged and presented a seminar entitled, "Stroke Mechanics" at Devonport and the Ulverstone pool during July. It is a pity that such well presented and worthwhile seminars are not better attended. We will continue to present these seminars when possible as those who do make the effort to attend will reap the benefits of our experienced coach's advice.

August saw our 1st Winter Swim (short course) at Launceston's Mowbray Pool. This time the points went to Launceston with a home ground advantage. A presentation supper was held immediately after when, after some hurried calculations, certificates were presented to placegetters.

The Mid Year Council meeting in Sydney was attended by delegates Chris Holloway and Jenny Page, who duly reported back to the Branch.

In November, members of the Branch Executive travelled to Hobart to talk with and assist potential AUSSI people at the Glenorchy Pool. Our 3rd club will form as a result of this and subsequent meetings.

The Branch called upon and received assistance from the Northern Districts Amateur Swimming Association, in providing officials for our State Swims. Their help was very much appreciated as our clubs find it hard to provide all the needed officials.

The Division of Recreation is informed of our progress from time to time via news sheets or their own request. This is an area that needs more development on our part.

Both clubs prepare their own newsletters for distribution to members at approximately monthly intervals. At this stage, a Branch news sheet has been considered unnecessary, but events of 1985 may lead to the possibility of our preparing an information sheet at intervals. We are still small enough for contact between members via the telephone or word of mouth. If the new club at Glenorchy becomes a reality in 1986, then this method will need to be revised.

The National Swim in Canberra was rather poorly attended, after what seems to be genuine expressions of interest. A variety of reasons were given for non attendance, but it would be nice to see a larger roll up in Adelaide in '86.

Our members are becoming involved in the Aerobic Trophy swims. Despite a concerted effort by Launceston with 12 members taking part, Devonport with 14, won the State Aerobic pointscore with 129 points to 85. Top pointscorers were Gai Furey (DEV) with 30 points, Malcolm Will (DEV), 25 points, and Jenny Page (LAU) with 22 points.

Overall, 1985 has been a successful year for AUSSI in Tasmania. The highlight of the year was our 1st State Swim. We have opened the way for future successful carnivals on a

statewide basis. The members of the Branch Executive feel that progress is being made and AUSSI is reaching out to more people all the time. We look forward to bigger and better happenings in 1986.

JENNY PAGE
BRANCH SECRETARY.

TREASURER'S REPORT

AUSSI Tasmania Branch

Statement of Income and Expenditure for April to December, 1985

<u>Income</u>	
Registrations- Launceston Club	\$205.00
Registrations- Devonport Club	235.00
Interest	11.90
Deposit Refund - Pool Hire (Launceston)	10.00
Club Affiliation Fees	20.00
Club Public Liability Insurance	10.00
Aerobic Patches - Clubs	13.00
Admission Receipts - Swimming Seminar	62.00
Entrance Fees - State Short Course Swim	<u>116.00</u>
	\$682.90

Expenditure

National Registrations	\$257.50
Bank Charges	4.05
Stationery, Postage	54.28
Printing - Swimming Certificates	78.98
Aerobic Patches - National	140.35
Hire of Mowbray Pool - State Short Course Swim	60.00
Hire of Ulverstone Pool - Seminar	30.00
Posters - National	13.00
Deposit - Pool Hire Launceston State Long Course Swim	20.00
Wreath	15.00
Purchase - Typewriter	<u>82.00</u>
	\$755.16

Deficit

\$ 72.25

TREASURER'S REPORT

AUSSI Tasmania Branch

Balance Sheet as at 31st December, 1985

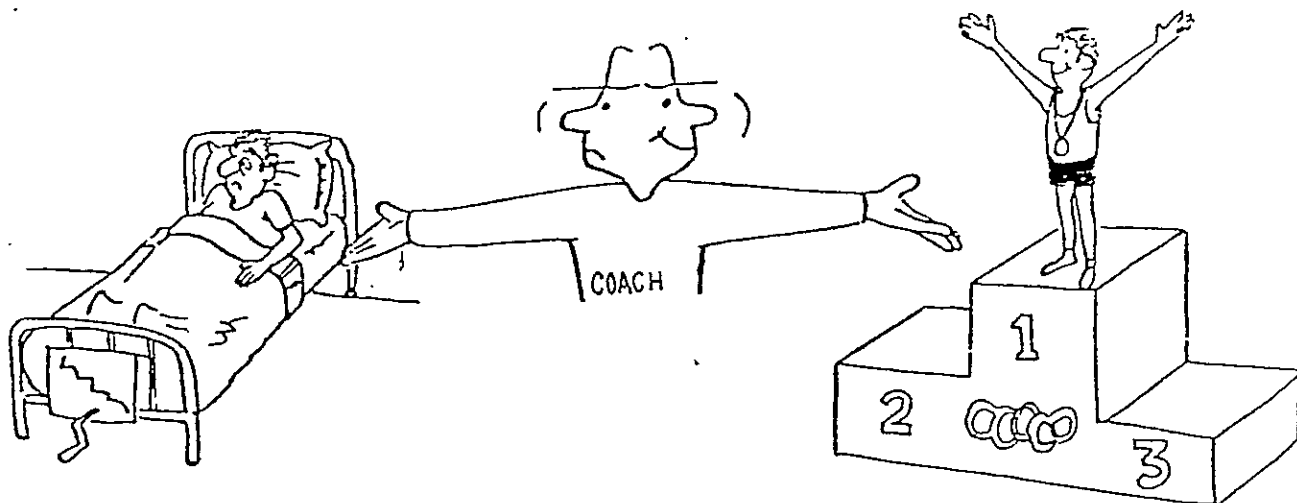
<u>Accumulated Funds</u>	
Balance brought forward	\$523.25
Deficit for April to December, 1985	<u>72.25</u>
	\$450.99

Represented by:

Petty Cash Float	\$ 50.00
Cash at Bank	<u>400.99</u>
	\$450.99

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Handwritten initials



FITNESS AND COACHING DIRECTOR'S REPORT.

Due to my latest undertaking as Manager of the Olympic Pool in Devonport and Coach to the Devonport Amateur Swimming Club, I have felt guilty that more of my time has not been devoted to my task as Fitness and Coaching Director.

This year however, I did manage to undertake another winter seminar. The main topic was stroke mechanics and those members who took the time to attend the seminar obviously benefited from the nuts and bolts approach taken to explain each of the competitive strokes. Videos and sketches were used to explain stroking faults and their corrections and a water session proved that you are all extremely interested in close supervision of your training sessions.

Launceston Club invited me to a couple of their workouts where stroke correction was given to those desirous of improving their style. I believe that the next step should be to develop a building program from the clubs to the pool deck to encourage swimmers to gradually undertake harder skills and longer distances.

I was impressed at the standard of those competing in the Winter and Summer Championships and it was obvious from the times swum in Adelaide that you all take your swimming seriously enough to prepare for the importance of these meets.

I wish Chris every success in Tokyo and I am sure that he will do justice to this part of the world, at least in the pool. Congratulations to all those medallists at the championships and for those who have yet to rank here keep going yet another year sees the leaving of fast swimmers to other age groups and you never know this may be your year for the GOLD.

Trish Beveridge.

COACH

AUSSI Tasmania Branch Recorders Report 1985/86

Dear Friends in Swimming,

It is my pleasure to present the annual recorders report to you on all the activities of the previous 12 months.

Included are the results of the National Aerobic results 1985 and 1986. The Tasmania Branch 1985 Winter Short Course Championships, 1986 Summer Championships, National Top 10 results for Tasmania 1985.

Aerobic Results 1985

A disappointing 26 swimmers participated in the 1985 National Aerobic Trophy point score competition. Fourteen swimmers from the Devonport Devils and 12 from the Launceston club.

As this competition is conducted and run nationally, we hope the two newly formed clubs from Hobart will participate and give the two clubs on the Tamar & Mersey rivers an incentive to push on to greater things.

The Devonport Devils gained a total of 129 points and Launceston club 85 points for 1985.

In the 1984 Aerobic year, from 1st Dec. to 30th Nov. Devonport gained 95 points and Launceston 43 points. An increase of 97% for Launceston and a 36% increase for Devonport.

Overall nationally in 1984 Launceston were placed 34th and Devonport 28th. The placings for the 1985 results are not yet available.

In the 1985 results Gai Furey of the Devonport Devils was the highest individual point scorer with 30 points, Malcolm Will was second with 25 points, both swimmers from Devonport; and Jenny Page from Launceston with 22 points.

I must point out that although I have singled these three swimmers out by placing them 1st, 2nd, & 3rd, there is not recognised credit going to the swimmers. This may be a way the state branch can encourage swimmers to participate in awarding the three top point score swimmers in the state.

It was disappointing to see many swimmers start the aerobic swims and to then lose their enthusiasm and deprive the club of valuable points. As the Aerobic Trophy point score system is designed to increase ones aerobic capacity and at the same time help out its own club with points, some extra incentive seems to be needed as the motivation does not seem to be there.

You may not be aware that for each aerobic swim completed a badge for that swim can be purchased and these are available from the State Treasurer.

Listed are the names of all swimmers for the 1985 aerobic results with each swimmers point score.

The Launceston Club results:

S. Dowd, 1 hour swim 2 points; M. Linnemans, 1 hour swim 2 points; A. McMahon, 400 Free, 1500 Free (qualified for 1500 mt. badge), 1 hour swim, 11 points; K. Osborne, 400 Free 1 point; J. Page, 400 Free, 400 Back, 400 Breast, 800 Free, 1500 Free (qualified for 1500 mt. badge), 1 hour swim, 22 points; K. Pitman, 800 Free, 800 Breast, 1500 Breast (qualified for 1500 mt. badge) 12 points; C. Showell, 400 Free, 400 Breast, 1 hour swim, 800 Free & Breast, 12 points; E. Showell, 400 Free, 400 Breast, 4 points; N. Sice, 800 Free, 1500 Free, 7 points; P. Smith 800 Free, 3 points; M. Waters, 400 Free, 400 Breast, 1 hour swim 7 points; R. Robertson, 400 Breast, 2 points.

Devonport Devils results:

H. Beveridge 400 Free, 400 Back, 800 Free, 800 Back, 1500 Free, 14 points;
 P. Beveridge, 1500 Free, 4 points; R. Bird, 400 Free, 1500 Free, 6 points;
 B. Edwards, 800 Back, 1500 Free, 7 points; M. Every, 1500 mt. Free, 4
 points; B. Furey, 1500 Free, 4 points; G. Furey, 400 Free, 400 Back, 400
 Breast, 400 I.M., 800 Free, 1500 Free (qualified for 1500 mt badge), 1 hour
 swim 30 points; C. Holloway, 1500 Free, 1 hour swim, 9 points; T. Mahoney
 400 Free, 2 points; W. Pilgrim, 1500 Free, 4 points; G. Singleton 3000 Free,
 7 points; P. Snare, 1500 mt. 4 points; M. Will, 400 Free, 800 Free, 1500
 Free (qualified for 1500 mt badge), 3000 Free, 5000 Free, 1 hour swim
 25 points; D. Yeomans, 400 Free, 800 Free, 1500 mt Free (qualified for 1500
 mt badge), 9 points.

If you would like to purchase the badges you have qualified for or swum for, you are required to full out the National Award Badge Claim Form (sample shown). These are available from your club Secretary.

Six swimmers qualified for the 1500 mt award. This is the only event that has a qualifying requirement, and the requirements are: "That the 1500 mt time swum has to equal, or be less than, 50 times the swimmers best 50 mt time for that stroke in that year".

Winter Swim 1985

This was our first winter short course championships and was held at the Mowbray indoor complex in August. Thirty one swimmers took part and the Launceston Club won the state pennant.

Launceston scored 222 points with Devonport Devils gaining 180 points. Congratulations to the Launceston Club.

Results are:

Men 20-24 age group 1st R. Bird, D'port, 200 Free 2.50.39, 100 Free 1.14.87, 50 Free 31.75 12 points; 2nd T. Lynch, D'port, 50 Fly 40.42, 100 Free 1.20.67, 50 Free 35.78, 10 points;

Women 20-24 age group 1st J. Herron, L'ton, 200 Free 3.13.17, 50 Back 41.13, 100 I.M. 1.33.66, 100 Free 1.25.12, 50 Free 35.34, 20 points;
 2nd K. Butler, L'ton, 100 Breast 1.54.77, 50 Breast 50.57, 50 Free 41.51 11 points;

Men 25-29 age group 1st G. Koerbin, L'ton, 50 Back 36.17, 50 Fly 35.49, 100 Free 1.11.20, 50 Breast 44.38, 50 Free 30.90, 20 points; 2nd T. Mahoney, D'port, 200 Free 3.16.47, 100 Breast 2.00.61, 50 Fly 43.47, 100 I.M. 1.47.39, 100 Free 1.35.87, 18 points;

Women 25-29 age group 1st A. Koerbin, L'ton, 50 Back 44.60, 50 Fly 46.94, 100 Free 1.26.67, 50 Breast 51.62, 50 Free 39.61, 19 points; M. Waters, 2nd, L'ton, 100 I.M. 1.35.93, 100 Free 1.27.15, 50 Breast 51.36, 50 Free 40.12, 14 points; D. Innis, 3rd, L'ton, 100 Breast 1.55.28, 50 Back 54.25, 50 Breast 52.16, 50 Free 43.95, 11 points; R. Robertson, 4th, L'ton, 100 Free 1.58.13, 50 Breast 52.94, 50 Free 48.13, 5 points; H. Butler, 5th, L'ton, 100 Free 1.50.51, 50 Breast 57.37, 50 Free 47.88, 4 points;

NATIONAL AWARD BADGE CLAIM FORM

TASMANIA BRANCH

SURNAME OTHER NAMES

AEROBIC AGE GROUP

REGISTRATION NUMBER

AWARD YEAR

SWIM STYLE DISTANCE MTS

 1 HOUR

DISTANCE CERTIFIED

CLUB RECORDER CLUB

STATE RECORDER (For 1500mt award only must be signed)

National Award Badge ISSUED 1500 mts only

State Treasurer Signature

A separate form is required for each award badge requested. Correct amount payable must accompany this form.

Paid amount \$..... Receipt No..... Date.....

Men 30-34 age group P. Smith, 1st L'ton, 50 Back 42.03, 100 I.M. 1.33.16, 100 Free 1.18.58, 50 Breast 55.56, 50 Free 32.59, 18 points; C. Showell, 2nd L'ton, 200 Free 3.25.87; 100 Breast 1.53.27, 100 Free 1.31.20, 50 Breast 51.98, 50 Free 42.40, 12 points; N. Sice, 3rd L'ton, 200 Free 3.19.16, 50 Back 59.20, 100 Free 1.30.53, 50 Free 39.93, 11 points; B. Furey, 4th D'port, 100 Free 1.22.86, 50 Free 35.99, 6 points; M. Will, 4th D'port, 200 Free 3.36.69, 50 Back 1.00.15, 100 Free 1.38.98, 50 Free 42.56, 6 points; P. Kolkert, 5th L'ton, 50 Breast 51.26, 50 Free 39.94, 5 points;

Women 30-34 age group G. Furey, 1st D'port, 200 Free 2.48.28, 100 Breast 1.37.26, 50 Fly 37.15, 100 I.M. 1.26.64, 50 Free 34.56, 20 points; T. Beveridge, 2nd D'port, 50 Back 42.99, 100 Free 1.28.60, 50 Breast 50.37, 100 Back 1.51.77, 50 Free 43.59, 18 points; A. McMahon, 3rd L'ton, 100 Breast 1.48.66, 50 Back 47.39, 100 I.M. 1.40.92, 50 Breast 51.89, 50 Free 41.47, 14 points; E. Showell, 4th L'ton, 200 Free 3.38.77, 100 Breast 1.57.76, 100 Free 1.42.08, 50 Breast 51.73, 50 Free 47.97, 12 points; K. Kolkert, 5th L'ton, 50 Breast 1.11.22, 50 Free 50.58, 2 points;

Men 35-39 age group B. Edwards, 1st D'port, 200 Free 3.32.06, 50 Back 50.06, 100 Free 1.32.53, 100 Back 1.54.56, 50 Free 40.28, 20 points; C. Holloway, 2nd D'port, 100 Breast 1.46.37, 50 Back 53.03, 100 I.M. 1.58.00, 50 Breast 51.76, 50 Free 57.59, 18 points.

Women 35-39 age group J. Page, 1st L'ton, 200 Free 3.19.25, 50 Back 47.68, 100 I.M. 1.41.06, 50 Breast 52.99, 50 Free 39.47, 19 points; Pat Mackie, 2nd D'port, 100 Breast 1.44.15, 50 Back 51.80, 100 I.M. 1.45.67, 50 Breast 49.76, 50 Free 42.56, 17 points; M. Linnemans, 3rd L'ton, 50 Breast 1.52.56, 50 Free 1.23.28, 4 points;

Men 40-44 age group H. Beveridge, 1st D'port, 200 Free 3.25.84, 50 Back 56.00, 100 Free 1.30.67, 100 Back 2.06.16, 50 Free 38.47, 20 points; D. Yeomans, 2nd D'port, 200 Free 3.27.39, 50 Back 57.37, 100 Free 1.32.54, 100 Back 2.11.54, 50 Free 42.05, 15 points;

Women 50-55 age group C. Woof, 1st L'ton, 50 Breast 1.11.92, 4 points.

You will notice that there is a greater number of points scored in the Summer Championships than the Winter Short Course Swim, not only because more swimmers participated but the point score system has changed from scoring 4 points 1st, 3 2nd, and to one each for 4th, 5th etc. to 10 points 1st, 9 2nd, 8 3rd, and relays have double point score.

Aerobic point score is different again, as an example I have included a point score chart for you to have a look at. This is only an example and an old table, so don't get confused.

POINTS SCORE FOR 400m SWIM

Times in minutes and seconds.

MENS AGE	FREESTYLE	BACKSTROKE	BREASTROKE	POINTS	WOMENS AGE
25 -34	Less than 6.30	Less than 7.24	Less than 8.19	3	
	6.31 - 8.15	7.25 - 9.24	8.20 - 10.33	2	
	8.16 - 10.15	9.25 - 11.40	10.34 - 13.07	1	
	10.16 - 14.00	11.41 - 15.57	13.08 - 17.55	1	
35 -44	Less than 6.49	Less than 7.46	Less than 8.43	3	25 -34 yrs
	6.50 - 8.39	7.47 - 9.52	8.44 - 11.04	2	
	8.40 - 10.45	9.53 - 12.15	11.05 - 13.46	1	
	10.46 - 14.42	12.16 - 16.45	13.47 - 18.48	1	
45 -54	Less than 7.09	Less than 8.09	Less than 9.09	3	35 -44
	7.10 - 9.05	8.10 - 10.21	9.10 - 11.37	2	
	9.06 - 11.17	10.22 - 12.52	11.38 - 14.27	1	
	11.18 - 15.25	12.53 - 17.34	14.28 - 19.45	1	
55 -64	Less than 7.30	Less than 8.33	Less than 9.36	3	45 -54
	7.31 - 9.32	8.34 - 10.52	9.37 - 12.12	2	
	9.33 - 11.51	10.53 - 13.30	12.13 - 15.10	1	
	11.52 - 16.12	13.31 - 18.27	15.11 - 20.43	1	
65 +	Less than 7.52	Less than 8.58	Less than 10.05	3	55 -64
	7.53 - 10.00	8.59 - 11.24	10.06 - 12.49	2	
	10.01 - 12.26	11.25 - 14.10	12.50 - 15.55	1	
	12.27 - 17.00	14.11 - 19.22	15.56 - 21.45	1	
	Less than 8.16	Less than 9.25	Less than 10.35	3	65 +
	8.17 - 10.30	9.26 - 11.58	10.36 - 13.27	2	
	10.31 - 13.00	11.59 - 14.52	13.28 - 16.42	1	
	13.01 - 17.50	14.53 - 20.19	16.43 - 22.50	1	

National Top 10

For new members you may ask what is the National Top 10?

For each swim recorded from interclub events through to the national swim meets held each year, the recorder from each club forwards the name and time of each swimmer to the state recorder where these times are forwarded to the national recorder. The best times are listed in a top 10 book from the 50 mt free to 1 hour & 5000 mt swims in all strokes all age groups from 20-24 to 90+ both men and women.

Tasmania had 3 swimmers gain entry to the National Top Ten listing for 1985 - Gai Furey, Gavin Singleton and Peter Goss. Congratulations to these 3 swimmers. Gai was 6th fastest 200 mt Free 25-29 age group 2.48.28 (short course), 7th 100 mt Breast 30-34 age group 1.37.26 (short course) equal 3rd fastest 50 mt Fly 30-34 age group 34.01, 8th 100 mt I.M. 30-34 age group 1.26.64 (short course), 7th 200 mt I.M. 30-34 age group 3.08.59.

Gavin Singleton was 9th 200 mt Back 20-24 age group 3.12.30; Peter Goss 3rd 50 mt Back 35-39 age group 33.40, 200 mts Back 10th 35-39 age group 3.01.04.

1985-86 Summer Championships

Two sessions were held this year again, one in Launceston and one in Devonport. 32 records were broken at this years championships with seven new records being established.

Listed are all records broken and new records also listed are all times swum, place getters and points gained by the two clubs participating.

Relay events are shown as best times set in Tasmania.

A.U.S.S.I. RECORDS 1986 CHAMPIONSHIPS

Name	Age Group	Event	Tasmanian Best Times		Previous Times
Sandra Watkins	20-24	100 Breast	1.52.81	was	1.54.71
Gavin Singleton	"	200 Free	2.23.34	"	2.28.53
Gus Koerbin	25-29	200 Free	2.31.83	"	3.00.68
"	"	50 Free	30.12	"	30.35
"	"	50 Back	36.04	"	36.17
"	"	100 Free	1.06.82	"	1.11.20
"	"	50 Fly	31.80	"	32.04
Wendy Painton	"	100 Back	1.40.12	"	1.59.73
Debra Innis	"	200 Breast	4.37.38	"	New
Ian Roberts	30-34	200 Free	2.50.69	"	3.19.16
Steve Foley	"	100 Breast	1.53.22	"	1.53.27
"	"	100 Back	1.37.90	"	1.39.21
Gai Furey	"	50 Back	41.06	"	42.05
"	"	50 Breast	44.57	"	44.77
Alwynne McMahon	"	200 Breast	3.54.02	"	New
Peter Goss	35-39	100 Free	1.06.52	"	1.06.90
Jenny Page	"	200 Free	3.15.75	"	3.19.25
Pat Mackie	"	50 Breast	48.35	"	49.76
"	"	200 Breast	4.23.23	"	New
John Fry	"	200 Free	3.09.09	was	3.32.06
Jim Gore	"	50 Breast	42.86	"	44.67
Hec Beveridge	40-44	100 Free	1.27.14	"	1.29.90
David Yeomans	"	200 Free	3.19.64	"	3.25.64
"	"	50 Back	50.62	"	50.72
"	"	100 Back	1.58.72	"	2.06.91
"	"	400 Free	7.34.12	"	7.35.51
Ted Sands	"	50 Free	35.31	"	36.76
Barry Ruffles	45-49	100 Breast	2.25.30	"	New
Peter Martin	"	200 Free	3.24.78	was	4.25.34
"	"	200 IM	3.55.52	"	New
"	"	50 Back	44.20	"	New
"	"	50 Fly	48.56	"	New
Barrie Hall	"	50 Free	35.47	was	40.30
"	"	100 Free	1.25.39	"	1.54.62
"	"	400 Free	7.25.27	"	8.16.80
Lyn Thow	40-44	50 Breast	58.03	100 Free	2.01.22
"	"	50 Free	48.91	200 Breast	4.52.43
"	"	100 Breast	2.15.23	50 Back	1.02.79
Caryl Wood	50-54	50 Free	1.04.30	100 Breast	2.39.23
		100 Free	2.01.22		
		200 Breast	4.52.43		
		50 Back	1.02.79		
		100 Breast	2.39.23		

A.U.S.S.I. SWIMMING CHAMPIONSHIPS - SWIM TIMES

Leanne Davis 50 Free 48.65: Diedre Neill 50 Breast 1.01.80, 50 Free 43.29:
 Sandra Walkins 50 Breast 51.40, 50 Free 38.00, 100 Breast 152.81: Gavin
 Singleton 200 Free 2.23.34, 50 Free 29.42, 200 IM 2.54.07: Rod Bird 200 Free
 2.46.85, 50 Free 30.62, 100 Free 1.12.20, 400 Free 6.04.07: Anne Koerbin
 50 Breast 57.33, 50 Free 42.18, 100 Free 1.27.86, 100 Breast 2.01.05,
 100 Back 1.49.60, 50 Back 49.63: Jenny Roberts 50 Free 40.51, 100 Free 1.33.19:
 Wendy Painton 400 Free 6.39.55, 200 Free 3.01.56, 50 Free 37.21, 100 Free
 1.27.32, 100 Back 1.40.12, 50 Back 44.60: Wendy Pilgrim 400 Free 7.03.38,
 200 Free 3.22.04. 50 Free 36.71, 100 Free 1.22.92: Dianne Fromholtz 2.02.62:
 Kerry Fisher 50 Breast 48.57, 50 Free 36.63, 100 Free 1.25.32, 50 Back 46.40:
 Helen Butler 50 Breast 1.00.16, 50 Free 44.16, 100 Free 1.53.51: Mary Waters
 50 Breast 49.87, 50 Free 36.75, 100 Free 1.32.57, 100 Breast 1.57.00, 50 Back
 48.43: Debra Innis 50 Breast 50 Breast 54.87, 50 Free 44.42, 100 Breast 1.56.38,
 200 Breast 4.37.38, 50 Back 51.85: Tony Mahoney 200 Free 2.55.88, 50 Breast
 56.56, 50 Free 35.03, 100 Free 1.21.21, 400 Free 6.56.10, 200 Breast 4.35.04:
 Ross Fromholtz 50 Back 42.14, 200 Free 2.54.10, 200 Back 3.48.86, 50 Free 33.45,
 100 Free 1.14.35, 400 Free 6.18.07: Gus Koerbin 50 Back 36.04, 200 Free 2.31.83,
 50 Breast 45.78, 50 Free 30.12, 100 Free 1.06.82, 50 Fly 31.80: Alwynne McMahon
 50 Breast 49.75, 100 Free 1.37.81, 100 Breast 1.49.68, 200 IM 3.46.01, 200 Breast
 3.54.02, 50 Back 47.41: Gai Furey 50 Fly 35.40, 200 Free 2.53.72, 50 Breast
 44.57, 100 Free 1.17.27, 100 Breast 1.39.86, 50 Back 41.06: Kerry Stallard
 50 Breast 50.96, 50 Free 37.70, 100 Free 1.28.44, 100 Breast 1.56.63, 100 Back
 1.43.56, 50 Back 46.57: Carmel Whittle 200 Back 4.51.81, 50 Free 54.03,
 100 Free 2.12.41, 100 Back 2.10.20, 50 Back 1.01.09: Trish Beveridge 200 Free
 3.43.53, 200 Back 4.00.75, 50 Free 37.22, 100 Back 1.46.92, 200 Breast 4.22.62,
 50 Back 44.33: Kaye Kolkert 50 Breast 1.05.29, 50 Free 53.85, 100 Breast 2.26.41:
 Graeme Jones 200 Free 3.01.87, 50 Breast 1.43.07, 50 Free 35.23: Bill Furey
 50 Back 43.97, 200 Free 3.14.27, 50 Breast 52.23, 50 Free 37.41, 100 Free 1.25.82,
 400 Free 7.15.91: Ian Roberts 200 Free 2.50.69, 50 Free 35.06, 100 Free 1.14.72,
 400 Free 6.09.18: Steve Foley 50 Back 41.70, 200 Free 2.55.44, 50 Free 31.47,
 100 Free 1.15.67, 100 Breast 1.53.22, 100 Back 1.37.90: Malcolm Will 200 Free
 3.36.58, 50 Free 40.04, 100 Free 1.35.37, 400 Free 7.51.52: Peter Kolkert
 50 Breast 51.45, 50 Free 42.35, 100 Free 1.41.15, 100 Breast 2.19.19: Neville
 Sice 50 Back 58.55, 200 Free 3.10.07, 50 Breast 1.10.89, 50 Free 37.37, 100 Free
 1.25.47, 400 Free 6.54.66: Peter Smith 50 Back 46.81, 200 Free 2.56.27, 50 Breast
 1.04.34, 50 Free 32.03, 100 Free 1.14.76, 400 Free 6.44.73: Margaret Linnemans
 50 Breast 1.51.10, 50 Free 1.17.59, 100 Free 3.01.99: Robyn Price-Jones 50 Breast
 1.51.10, 50 Free 1.17.59, 100 Free 3.01.99: Pat Mackie 50 Breast 48.35, 50 Free
 39.59, 100 Free 1.42.63, 100 Breast 1.55.84, 200 Breast 4.23.23, 50 Back 46.31:
 Jenny Page 400 Free 7.00.15, 200 Free 3.15.75, 50 Breast 52.94, 50 Free 40.06,
 100 Free 1.33.47, 50 Back 50.48: Chris Holloway 50 Breast 44.51, 200 Back 3.51.86,
 100 Free 1.28.57, 100 Breast 1.45.01, 100 Back 1.43.07, 200 Breast 4.02.11:
 Mark Every 200 Free 3.22.88, 50 Free 36.16, 100 Free 1.30.75, 400 Free 7.18.31:
 Jim Gore 50 Back 42.60, 50 Breast 42.86, 50 Free 32.84, 100 Free 1.18.00,
 100 Breast 1.44.07, 100 Back 1.41.23: John Fry 200 Free 3.09.09, 50 Free 33.72,
 100 Free 1.19.44, 400 Free 6.47.65: Peter Goss 50 Back 35.27, 100 Free 1.06.52:

Lynne Thow 50 Breast 58.03, 50 Free 48.91, 100 Free 2.01.22, 100 Breast 2.15.23, 200 Breast 4.52.43, 50 Back 1.02.79: Jim Brooker 200 Free 3.37.46, 50 Free 40.24, 100 Free 1.37.60, 400 Free 7.56.90: Hector Beveridge 50 Back 53.57, 200 Free 3.21.49, 50 Breast 1.17.50, 50 Free 37.50, 100 Free 1.27.14, 100 Back 2.01.23: David Yeomans 50 Back 50.62, 200 Free 3.19.64, 50 Free 37.84, 100 Free 1.30.26, 100 Back 1.58.72, 400 Free 7.34.12: Ted Sands 200 Free 3.34.50, 50 Free 35.31, 400 Free 7.48.76: Barrie Hall 200 Free 3.26.25, 10 Free 35.47, 100 Free 1.25.39, 400 Free 7.25.27: Peter Martin 50 Back 44.20, 200 Free 3.24.78, 50 Free 35.57, 100 Free 1.26.31, 200 IM 3.55.52, 50 Fly 48.56: Barry Ruffles 200 Free 3.56.45, 50 Breast 1.03.72, 50 Free 42.02, 100 Free 1.41.67, 100 Breast 2.25.30, 400 Free 8.31.75: Caryl Wood 50 Breast 1.13.10, 50 Free 1.04.30, 100 Breast 2.39.23.

AUSSI STATE CHAMPIONSHIPS 1986

Relay Events

			80+		120+		160+
200	Freestyle	Men	2.15.27	D'port	2.21.90	L' ton	2.40.39 D'port
200	Mixed	Free	2.20.91	L' ton	2.18.67	D'port	2.54.97 D'port
200	Free	Women	2.39.68	D'port	2.42.91	D'port	-
200	I.M.	Women	3.08.17	L' ton	2.56.56	D'port	-
200	I.M.	Mixed	2.49.45	L' ton	2.59.51	D'port	3.12.44 D'port
200	I.M.	Men	2.37.40	D'port	2.48.73	L' ton	3.05.65 D'port

AUSSI TASMANIA

Relays Best Times

			80+		120+		160+
200	Free	Men	2.05.19	D	2.15.54	L	2.39.09 D
200	Mixed	Free	2.20.91	L	2.18.67	D	2.54.97 D
200	Free	Women	2.39.68	D	2.42.91	D	-
200	I.M.	Women	2.46.14	D	2.56.56	D	-
200	I.M.	Mixed	2.41.22	D	2.51.88	D	3.12.44 D
200	I.M.	Men	2.37.40	D	2.48.73	L	3.05.65 D

A.U.S.S.I. 1986 CHAMPIONSHIPS
Point Score and Placegetters

Name	Club	Age Groups	Position	Points	
				Launceston	Devonport
Sandra Williams	L'ton	20-24	1st	30	-
Diedre Neill	D'port	"	2nd	-	18
Leanne Davis	"	"	3rd	-	8
Rod Bird	"	"	1st	-	38
Gavin Singleton	"	"	2nd	-	30
Wendy Painton	D'port	25-29	1st	-	55
Anne Koerbin	L'ton	"	2nd	43	-
Mary Waters	"	"	3rd	40	-
Kerry Fisher	"	"	4th	38	-
Debra Innis	"	"	5th	37	-
Wendy Pilgrim	D'port	"	6th	-	37
Helen Butler	L'ton	"	7th	14	-
Jenny Roberts	D'port	"	8th	-	11
Dianne Fromholtz	"	"	9th	-	3
Gus Koerbin	L'ton	"	1st	60	-
Ross Fromholtz	D'port	"	2nd	-	56
Tony Mohoney -	"	"	3rd	-	52
Gai Furey	D'port	30-34	1st	-	60
Irish Beveridge	"	"	2nd	-	56
Alwynne McMahon	L'ton	"	3rd	53	-
Kerry Stallard	D'port	"	4th	-	51
Carmel Whittle.	"	"	5th	-	37
Kay Kolkert	L'ton	"	6th	22	-
Steve Foley	D'port	"	1st	-	57
Peter Smith	L'ton	"	2nd	50	-
Neville Sice	"	"	3rd	42	-
Bill Furey	D'port	"	4th	-	41
Ian Roberts	"	"	5th	-	38
Pieter Jolkert	L'ton	"	6th	26	-
Graeme Jones	D'port	"	7th	-	20
Malcolm Win	"	"	8th	-	19
Pat Mackie	D'port	35-39	1st	-	58
Jenny Page	L'ton	"	2nd	56	-
Robyn Price-Jones	"	"	3rd	54	-
Margaret Linnemans	"	"	4th	22	-
Jim Gove	D'port	"	1st	-	58
Chris Holloway	"	"	2nd	-	44
John Fry	"	"	3rd	-	37
Mark Every	"	"	4th	-	32
Peter Goss	L'ton	"	5th	20	-
Lyn Thow	D'port	40-44	1st	-	60
David Yeomans	D'port	"	1st	-	57
Hector Beveridge	"	"	2nd	-	56
Jim Brooker	"	"	3rd	-	30
Ted Sands	L'ton	"	4th	27	-
Peter Martin	D'port	45-49	1st	-	58
Barry Ruffles	"	"	2nd	-	52
Barrie Hall	"	"	3rd	-	39
Caryl Wood	L'ton	50-54	1st	30	-

Individual Total:

664

1268

	Club	Age Groups	Position	Points	
				Launceston	Devonport
Relays I.M. Men	D'port	80+	1st	-	20
	L'ton	120+	1st	20	-
	D'port	120+	2nd	-	18
	D'port	160+	1st	-	20
Relays Mixed Free	L'ton	80+	1st	20	-
	D'port	80+	2nd	-	18
	D'port	120+	1st	-	20
	L'ton	120+	2nd	18	-
	D'port	160+	1st	-	20
Relays Free Women	D'port	80+	1st	-	20
	L'ton	80+	2nd	18	-
	D'port	120+	1st	-	20
	L'ton	120+	2nd	18	-
Relays I.M. Women	L'ton	80+	1st	20	-
	D'port	120+	1st	-	20
	L'ton	120+	2nd	18	-
Relays I.M. Mixed	L'ton	80+	1st	20	-
	D'port	80+	2nd	-	18
	D'port	120+	1st	-	20
	L'ton	120+	2nd	18	-
	D'port	160+	1st	-	20
Free Men	D'port	80+	1st	-	20
	L'ton	120+	1st	20	-
	D'port	120+	2nd	-	18
	D'port	160+	1st	-	20
Total:				854	1560

AUSSI MASTERS

National Swim Championships Adelaide 1986.

656 swimmers took part in this competition. A record so far.

8 swimmers competed in the championships from Devonport and 2 from Launceston, and from all reports there was a lot of other activities apart from swimming.

If you would like to know more about these "extras" you'll just have to get yourself to a National Swim and find out for yourself. Perth, W.A. will be the next venue, 1st, 2nd, 3rd April 1987 - so start planning.

Point Score, Results National AUSSI Titles Adelaide, S.A.

TASMANIA 1986

		Times	Points	Placing	(Devonport Devils)
Dianne Fromholtz (25-29 age group)					Previous Best
50	Free	54.24	1	27th	-
100	Free	2.03.76	1	27th	-
400	Free	10.03.57	1	23rd	-
50	Back	1.06.99	1	20th	-
100	Breast	3.25.19	1	20th	-
200	Breast	6.51.06	1	13th	-
(Total Points 6)					
Ross Fromholtz (25-29 age group)					
50	Free	31.52	1	13th	32.56
100	Free	1.16.02	1	17th	1.15.13
400	Free	6.15.47	1	11th	6.15.44
50	Back	38.44	5	6th	37.08
100	Back	1.30.63	3	8th	1.32.27
200	Back	3.21.88	6	5th	3.44.45
50	Breast	53.06	1	14th	53.35
(Total Points 18)					
David Yeomans (40-44 age group)					
50	Free	35.74	1	14th	36.76
100	Free	1.23.33	1	22nd	1.32.54
400	Free	7.04.17	1	16th	7.59.74
50	Back	47.24	1	15th	50.72
100	Back	1.44.86	1	12th	2.07.95
200	Back	3.56.59	2	9th	-
(Total Points 7)					
Chris Holloway (35-39 age group)					
100	Free	1.21.34	1	27th	1.19.50
100	Back	1.34.26	1	13th	1.32.85
200	Back	3.32.04	1	13th	3.29.47
50	Breast	42.57	1	10th	44.51
100	Breast	1.39.37	1	13th	1.40.66
200	Breast	3.56.08	1	12th	-
200	I.M.	3.48.30	1	26th	3.49.74
(Total Points 7)					

Hector Beveridge		(40-44 age group)			
50	Free	35.24	1	19th	35.43
100	Free	1.22.03	1	21st	1.23.02
400	Free	7.05.21	1	17th	7.33.39
50	Back	52.87	1	17th	49.85
100	Back	2.03.75	1	13th	2.03.83
200	Back	4.23.46	1	10th	4.37.18
50	Breast	1.16.37	1	20th	1.03.67
(Total 7 points)					

Elizabeth Yeomans		(30-34 age group)			
50	Breast	1.00.42	1	12th	
50	Free	46.81	1	23rd	
(Total 2 points)					

Carmel Whittle		(30-34 age group)			
50	Free	51.92	1	25th	54.03
100	Free	1.58.81	1	26th	-
50	Back	56.52	1	17th	-
100	Back	2.06.15	1	11th	-
200	Back	4.33.52	1	12th	4.51.81
(Total 5 points)					

Lynne Thow		(40-44 age group)			
50	Free	48.51	1	23rd	48.91
50	Breast	58.39	1	11th	58.03
100	Breast	2.12.97	1	13th	2.15.23
200	Breast	4.55.05	4	7th	-
(Total 7 points)					

Mary Waters		(25-29 age group)		Launceston AUSSI	
50	Free	37.89	1	17th	36.75
100	Free	1.26.17	1	16th	1.27.15
400	Free	7.07.38	1	17th	-
50	Back	45.47	4	7th	
50	Breast	50.90	2	9th	49.87
100	Breast	1.59.41	1	16th	1.57.00
(Total 10 points)					

Jenny Page		(35-39 age group)			
50	Free	37.81	2	9th	38.02
100	Free	1.26.62	2	9th	1.25.89
400	Free	6.37.52	4	7th	-
50	Back	47.25	1	10th	47.68
100	Back	1.45.35	1	10th	1.45.31
50	Breast	51.68	4	7th	50.17
(Total 14 points)					

Devonport Devils	total points	69 (including relays)	8 swimmers
Launceston	" "	24	2 swimmers

Relays			Age Group
Swimmers	Elizabeth Yeomans Lynne Thow Carmel Whittle Dianne Fromholtz	Womens Freestyle Time 3.18.23	120-159
Swimmers	Hector Beveridge Chris Holloway David Yeomans Ross Fromholtz	Mens Medley Time 3.03.56	120-159
Swimmers	Chris Holloway David Yeomans Lynne Thow Carmel Whittle	Mixed Medley Time 3.15.93	120-159
Swimmers	Chris Holloway David Yeomans Hector Beveridge Ross Fromholtz	Mens Freestyle Time 2.17.69	
Swimmers	Hector Beveridge Elizabeth Yeomans Dianne Fromholtz Ross Fromholtz	Mixed Freestyle Time 2.44.43	

14 Tasmanian records were broken at the National Championships:

Chris Holloway

50	Breast	42.57
100	Breast	1.39.37
200	I.M.	3.48.30

Lynne Thow

50	Free	48.51
100	Breast	2.12.97
200	Breast	4.55.05

Ross Fromholtz

100	Back	1.30.63
200	Back	3.21.88

David Yeomans

400	Free	7.04.17
50	Back	47.24

Hector Beveridge

50	Free	35.24
100	Free	1.22.03

Dianne Fromholtz

200	Breast	6.51.06
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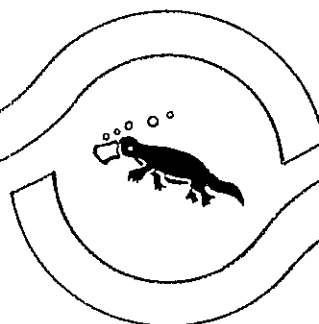
Jenny Page

400	Free	6.37.52
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The results for the 12th National Swim have been published and if you would like to see how you would have gone in your age group against the cream of AUSSI Swimmers, see your State or Club recorder.

Yours in Swimming

Chris Holloway
State Recorder



Masters Swimming for Fitness and Fun

Report on activities by AUSSI Devonport Club, covering period from August 1985 - April 1986.

Winter Swim August 1985.

Most successful event socially. The bus trip being a highlight, surpassed only by Launceston and Peter Smith's hospitality. Congratulation to the Launceston Club on winning the Title.

Aerobic Trophy 1985.

Our Club came 30th. out of 41 Clubs, with 129 points which was a small increase on the 95 points earned in 1984. Top scorer was Gai Furey with 30 points, and next best was Malcolm Will with 25 points.

State Championship Swim Feb. 1986.

We had, a record 35 Competitors competing which included 10 New Members and several others competing for the first time. Good support from the Devonport Swimming Club, whose expertise as Officials ensured success of the Devonport hosted meeting.

National Swim April 1986.

Eight competitors went to Adelaide which was the biggest contingent yet, six more than Canberra. No medals or major successes, but many personal best performances and numerous good memories. 69 points achieved and the Club finished 29th. out of a field of 56 Clubs.

General.

Our membership in 1985 was 38, and aiming for 50 in 1986.

Our Annual General Meeting was held in November 1985, and the Executive elected were -

President	-	Malcolm Will.
Secretary	-	Bill Edwards.
Treasurer	-	Brian Edwards.

Malcolm subsequently moved in his employment to N.S.W., and has been replaced by David Yeomans.

Social.

First Friday Pub. Nights, always a Winner during the Winter session. Christmas Bar B.Q. party was held at the home of Gai and Bill Furey, which was well attended.

Other social events have centred on after swim functions.

Newsletter.

An excellent News Sheet has been produced on an irregular basis.

Bill Edwards
Secretary ----- Bill Edwards.



LAUNCESTON AUSSI

REPORT TO BRANCH ANNUAL GENERAL MEETING HELD 4th MAY 1986

The 1985/6 season for Launceston AUSSI has been one of varying levels of success. While our membership has remained at about the same as last year, we find that there are more members now taking part in club activities and in the pool. It was rather disappointing that so few of our members entered the second State Swim in February. Once again, the State Shield was won by Devonport and we congratulate them. We look forward to increased participation from our members in future swims. The Short Course Winter swim in August, was however won by Launceston and followed by a gathering of both clubs at the home of Mr. and Mrs. Peter Smith at Dilston. The presentations to age group placings were made at this function. Our thanks go to Peter for the use of his home.

The club's participation in the Aerobic Trophy is increasing each year. Thirty percent of our members took part in varying degrees last season. We would expect to double that number in the current season. More aerobic swims by more members is a major aim of our club for 1986.

Due to the increased attendance at last year's Winter swim sessions we hope to be able to swim every Tuesday evening and Sunday morning this Winter. Member support is necessary as this is quite costly to the club.

Socially, we had a relatively quiet year. The major event was the farewell party for Ken and Edith Pitman, who left us to live in Perth, W.A. We have missed their presence at all club functions. Our Social Committee has been working behind the scenes to assist the club, both in getting to know one another and in fund raising. Publicity we find hard to come by. We are very lucky however to have a new Publicity Officer in Neville Sice who has been endeavouring to rectify this.

Personal approaches have been made to entice new or prospective members. This has been an avenue well worth pursuing. Our swim on Australia Day against teams from 7LA and the Launceston Swimming Centre Staff at least drew interest and put AUSSI in the public eye even if only for a time.

Our committee underwent several changes of face last year. It was unfortunate that we had to have three different secretaries but luckily, all coped despite the difficulties of taking over at short notice.

The National Swim Meet in Adelaide, 1986, was attended by only two of our members. Mary Waters and Jenny Page both acquitted themselves well with personal best times. The club is pleased to be able to support them.

We thank the Branch executive for their work in establishing AUSSI in Tasmania and look forward to a positive future of growth and participation.

Leila Dyer
Secretary,
LAUNCESTON AUSSI.