

AUSSI

TASMANIA

ANNUAL REPORT

1984/5

NOTICE OF ANNUAL GENERAL MEETING

AUSSI MASTERS SWIMMING IN AUSTRALIA

Tasmania Branch

Notice is herin given of the Annual General Meeting of the abovementioned association, to be held at Theogenes Club Rooms, Racecourse Crescent, Launceston at 8.00 p.m. on Friday 26th April, 1985.

Nomination forms are requested to be in the hands of the State Secretary by Friday 19th April, 1985.

Jenny Page.

JENNY PAGE
61 Hardwicke Street,
Launceston. 7250

Dated 27th March, 1985

N.B.

Prior to the Annual General Meeting, you are invited to the usual Launceston Swim Night held at Theogenes from 6.00 p.m. onwards. This cost of this for registered AUSSI members will be \$2.00.

AUSSI MASTERS SWIMMING IN AUSTRALIA

PRESIDENT'S REPORT

The past year is one which has seen a real step forward for AUSSI Tasmania. From two clubs largely going their own separate ways, we have seen a new spirit of unity developing with both clubs being well represented on the State Executive and participating well at combined functions.

On several occasions the Launceston club has travelled to Devonport to take part in an interclub swim and likewise Devonport swimmers have joined their colleagues at Launceston.

Our first official State venture was a coaching seminar held over a Saturday at the Rutherglen complex and the Mowbray pool. This proved to be very successful with both the stroke mechanics and practical sessions being well attended.

But perhaps the highlight of the 1984 year was the performance of Devonport club member Gavin Singleton at the Nationals, winning the 20-24 age group and setting several national records. In fact, Devonport club can be justifiably proud of its achievements at those titles.

Coming back to state issues, this year saw our inaugural state swim, swum over two weekends, firstly at Launceston's Windmill Hill Swimming Centre and the second week at Devonport's Olympic Pool. Participation in all events was of a high order and many state records were broken.

Many thanks are due to our hard working State Recorder Chris Holloway who had the onerous task of collating events and times.

Although we still only have two clubs in Tassie we are now arousing much more interest in the south of the state and one of the prime aims of the new executive must be to encourage the

establishment of a club in the Hobart area. Some interest has also been expressed by swimmers in Burnie for a club to commence there.

Membership of both Devonport and Launceston clubs is increasing steadily and the future for AUSSI looks assured.

I would like to personally thank all members of the executive especially secretary Jenny Page who has worked tirelessly over the last 12 months and I feel that all members of AUSSI in this state are indebted to the hardworking executive. My thanks also extend to the clubs and the club executives for the spirit of ready co-operation they have shown throughout the year.

In closing I believe AUSSI Tasmania is on the brink of an exciting phase in its growth and I wish the new executive every success for the future.

KEN PITMAN

President.

FITNESS AND COACHING REPORT.

1984-85 Annual Meeting

I have pleasure in presenting this my first Fitness and Coaching Report as Branch Director.

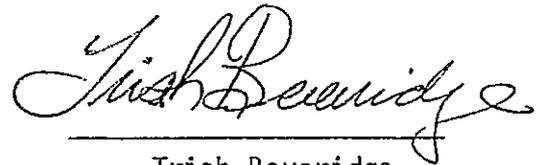
The twelve months past has seen a year of consolidation for AUSSI in Tasmania and this was evident in the establishment of swim meets in Ulverstone, Devonport and Launceston (Mowbray and Windmill Hill pools).

High on my list of recognitions is our first seminar held at Rutherglen in July last year. Members from both clubs joined in a weekend of work and play when I introduced to many of you the manner in which you should be striving to programme your seasonal swimming to culminate with the swims you are planning to do well in whether it be for a Gold State or National medal or to complete a 400m distance swim. The highlight of this weekend to some was the practical session at the Mowbray pool in which you all endeavoured to train as a squad and perhaps more of these sessions would make us all aware that we are not pushing ourselves hard enough to achieve our end result.

At the mid year conference it was said more than once that we are here to discuss swimming and to improve the swimming systems and it was an extension of these discussions that lead to my suggestion that some time during the 1985 National Titles in Canberra be set aside for coaches and swimmers to ask questions and get ideas from other States on their clubs activities. Although a large contingent of Tasmanian swimmers went to Melbourne, I believe the expense and time involved in the Nationals this year deterred many from going. However, I must pay tribute to our two Devonport men who carried the banner for Tasmania. Thanks Hector Beveridge and Chris Holloway for representing Tassie.

The standard of swimming at our inaugural State Swim was high and it was good to see beginners encouraged to enter as well as enjoying the efforts of more established swimmers. My thanks to the Launceston Club's Fitness and Coaching Director for the manner in which she prepared her swimmers for this swim meet. Also to Jenny Page and the Pitman's for the selection of medallions and Shield to serve as encouragement and rewards for effort. I hope that those people who have a knowledge of swimming and stroking will continue to lend their assistance to the beginner swimmers for if these people do not receive help they will become frustrated with their efforts and soon loose interest and membership will suffer.

I firmly believe that we are finally on the right track to consolidating AUSSI in Tasmania, but I must reiterate my thoughts of previous years concerning the lack of established clubs in the south. Moves so far have been unsuccessful but I think that once we get Hobart going we will have no trouble in spreading the good word of AUSSI. The best form of publicity is by word of mouth so if everyone speaks well of AUSSI and encourages people to come along and have a look then eventually there must be a spread of clubs through the entire State.

A handwritten signature in cursive script, reading "Trish Beveridge". The signature is written in dark ink and is positioned above a horizontal line.

Trish Beveridge.
Fitness/Coaching Director.

STATE RECORDER'S REPORT

To all AUSSI members

My first year as recorder for AUSSI Tasmania has been an important part of our organisation and has been an interesting one for me.

Having to compile all recorded swims after almost 2 years of operation has been a long and time consuming one but now I am pleased to announce that all registered members who have recorded times in swimming events have been listed in our records book.

AUSSI members and their recorded times will now remain forever (or until AUSSI in Tasmania ceased to exist) and will become history, and will be interesting reading in years to come. I appeal to all members to make sure that all swims are recorded correctly and that all times are forwarded to me via the State secretary or your own recorder.

A 24 column book has been set up to record all possible swims, aerobic, 1 Hour, National and State records and is available for all members to see at any time.

A records chart has also been set out with all state records in each age group showing best times swum in the state. Unfortunately this chart cannot be displayed where all Tasmania AUSSI members can see it but it will be available at all official swims and meetings.

We do not have enough members for a Top Ten listing in our state within each age group, but we can show State records, and club best times. Check out these times and attempt to record a time for yourself and establish a record or best time. It may be easier than you think

Aerobic Results

Both the Devonport and Launceston clubs were well off the "bottom" of this years National aerobic swim competition with the "Devonport Devils" finishing 28th and Launceston 34th out of a total of 39 clubs competing. Devonport recorded 95 points and Launceston 43 points.

The Claremont club from W.A. was the top scoring club with 1856 points. I think its the 3 or 4th time they have won it now.

The top point scorer from Devonport was Ross Fromholtz with 18 points and Ken Pitman from Launceston scoring 12 points. Well done to these two men. Its now up to us all to outdo these points and show the rest of AUSSI what Tasmania can do. As a matter of interest three swimmers gained the maximum of 67 for their clubs. The National Aerobic Trophy results book is available from the State or Club Secretary or State Recorder and makes very interesting reading when you see how much swimming some of these swimmers did. There has been a reprint of the rules and points score for 1985 so make sure you know exactly how you are swimming. Aerobic swimming is an important part of our swimming. These swims also count for records and best times within our state. I do not wish to bore you with statistics but as recorder I feel several members should be recognised. Firstly we have two swimmers in Tasmania who held National records in David Gerrard and Gavin Singleton. Davids recorded a 1.07.69 for 100 butterfly in the 30-34 age group set in 1979

He also holds the Tasmanian records, set in 1979 for 50 Freestyle 28.02
100 Freestyle 1.01.09, 50 Butterfly 29.87 and 400 Freestyle 4.51.59.

Gavin Singleton set three records for the 20-24 age group at the
National Swim Meet held in Melbourne last year. Gavin won the gold
medal in his age group last year and set records of 4.55.20 in the
400 free, 1.14.56 for 100 fly and 1.01.55 for 100 free.

Its easy to recognise the swimmers who do very well as the two I
have mentioned, no-one doubts that. There is another group of swimmers
who go almost unnoticed and that is the swimmers who have only just
joined AUSSI or have just learned to swim. Doing 50 meters of free of
breaststroke is a task in itself. there are no medals or certificates,
no records for these swimmers. To these people I would like to say
congratulations for this is AUSSI. There cannot be a club will all
first place getters.

In closing may I just remind all members who have not been to a
National Swim Meet - try to make it in Adelaide next year, dates and
times are available now so make enquiries and save some money each week,
I promise you will enjoy the experience.

C. HOLLOWAY
State Recorder.

LAUNCESTON CLUB

REPORT TO STATE ANNUAL GENERAL MEETING OF AUSSI-TASMANIA HELD 26/4/85

The 1984/5 season for Launceston AUSSI has been one marked by varying degrees of success. It has been a year when numbers in our club have consolidated and many of our newer members have made strong contributions to the club in both the areas of swimming and social activity.

On the swimming side of things, we instituted winter swims on the second and last Tuesday evenings of each month at the Mowbray Indoor Pool. Whilst the number attending these swims was small, it was generally felt that the effort exerted by those taking advantage of this activity was most worthwhile. These swims also enabled our club to amass the total of 43 points on the National Aerobic Points Score system - this being the first time our club has participated in this scheme. Congratulations to all members attaine aerobic points. It is hoped that more swimmers will be able to gain points under the scheme next year.

The majority of our club members were grateful for the competition at state level, they were able to have at the inauguarl AUSSI State Swim. A total of 19 swimmers from our club took part with many State REcords goint to our members. Unfortunately though, we were unable to win the State Shield, but will be trying hard next year.

Unfortunately we did not have any members who were able to attend the National Swim titles in Canberra. The extensive time needed to attend and the cost factr were the major deterrants, however it is hoped that a team will be able to go to South Australia next year to represent our club.

We have been very fortunate this year to have a very hard working social committee who have been mostly responsible for kept our club solvent. It's wonderful to have such a dedicated group who without being asked organise activities both fund-raising and purely social. To our committee - a very big Thank you.

Also while Thank you's are being extended, it would be remiss if we did not honour the work of our President, Jenny Page, who keeps us swimming on and is always round for the odd stroke correction lesson.

Thank you's are also necessary to our Treasurer, Alwynne, P.R. Officer Libby and the rest of the committee who have given great support throughout

the year.

We look forward to bigger and better things for AUSSI Launceston in the season to come.

EDITH PITMAN

Secretary.



AUSSI DEVONPORT CLUB REPORT TO 1985 - TASMANIA BRANCH A.G.M. 26-5-1985.

It gives me pleasure to present this report for two main reasons. Firstly, I feel there has been a perceptible and permanent development of AUSSI in Devonport and secondly, I know that our State Branch is pursuing the objectives of AUSSI with enthusiasm and flair. Because of this, we all have an organisation to which we are proud to identify and from which we are receiving an incentive to develop and most importantly participate.

On behalf of the Devonport Club I would like to thank the State Executive for creating this climate over the past twelve months. We are all indebted to their foresight and endeavour.

This report covers the twelve months since the last A.G.M. a period Devonport entered with *new-found* enthusiasm following a successful trip to the 1984 Nationals by seven members which was, for most of us, exposure to AUSSI on a National scale for the first time. GAVIN SINGLETON'S Gold medal performance was the icing on the cake from our point of view.

Upon return, we took up the challenge of the aerobic Trophy and found it to be a most worthwhile pursuit. Although fifteen members undertook swims at some stage, nine followed the programme sufficiently to earn the club 93 points overall. We have an objective of 200 points for 1985.

The Club also participated in the Coogee Randwick half hour mini-marathon for the first time. Six members submitted entries and once again Gavin Singleton enjoyed success, winning his age group. He really is putting us on the map.

In September our club conducted a successful invitation time trial at Ulverstone with members from Launceston and other swimming and lifesaving clubs being invited to participate.

No doubt the most successful swimming event for the period was the inaugural (1985) State Swim which saw forty odd participants of which nineteen were Devonport members. I am pleased to record we were able to *win* the State Shield and can assure you we will not relinquish it lightly. Although, the records say the winner at the State swim was Devonport I believe the real winner was AUSSI Tasmania and as I said before, we are indebted to the incumbent executive for this. I was pleased to see so many Devonport members at the Presentation Dinner, another first and another success for the Branch.

Our club has successfully intermingled social events with the swimming programme. These have included a progressive dinner, presentation of the Latrobe Drama Society's Revue "Froote Salade", a Christmas counter tea, regular "first fridays" pub nights and who can forget the wind up party after the Devonport session of the State Swim at Peter & Kerry Stallards.

The Revue was also a highlight. The Chicken and Champagne supper blended excellently with the revue and with the assistance of the Dutch Auction the club was \$450.00 better off at the end of the night. This represented our major fundraising event for the year and assured us of a satisfactory financial position at the end of it.

Club membership for 1984 totalled 43, a figure that included many new members. Indications for 1985 is that most of these people are returning, a vindication, I believe, of the Clubs activities and AUSSI generally. Without having set a definite aim I would like to see membership grow to sixty plus this year.

As President I am indebted to ANNE LOWRY, an efficient Secretary, BRIAN EDWARDS a most conscientious and capable treasurer and CHRIS HOLLOWAY an over-worked recorder for the successful management of the club. We all assumed office in May 1984 and have been entrusted to handle the clubs activities until November this year when our next A.G.M. is scheduled. This change of date was made to bring the Club in line with the National AUSSI year.

As I close this report, I would like you all to reflect for a moment on AUSSI's motto of Masters Swimming for Fitness and Fun. I'm sure if we all aspire to promote this philosophy in a mature and responsible manner we will be able to look back on 1984-5 as the period when AUSSI Tasmania started acting in such a manner.

Beveridge. 26.4.85

Hector Beveridge.

PRESIDENT



THE DEVONPORT DEVILS
