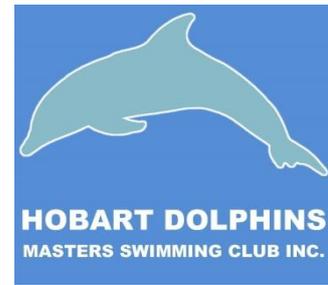


# Hobart Dolphin-News



HOBART DOLPHINS MASTERS SWIMMING CLUB INC

Swimming together since October, 1985

Phone: 0438629160

<https://www.facebook.com/hobartdolphins>

<https://mastersswimmingtasmania.com.au/clubs/hobart-dolphins-club/>

July 2021

*Time to start getting ready for summer?????*

Hi fellow Dolphins,

Ok, you may need a long cold (or hot) beverage and perhaps a little snack, possibly a muffin, a sandwich or whatever takes your fancy. There is a fair bit in this newsletter, so sit down and enjoy.

First off, I am really really excited to bring to you a Member Profile from one of the newer club members, although as you read you will see she has been around the Dolphins since the early days. Thanks for sharing your story, I found it quite inspiring. Just to whet your appetite, the next newsletter will contain a swimming story from a truly new Club member, which you will find very interesting. (well I did anyway). It made me appreciate how times have changed about teaching kids to swim, and for the better. Scary times for some of us in our younger days.

Di has her usual club report, covering what we need to know for the next month or so. One really important thing to know is that Saturday training will revert to an 8 o'clock start this week, so please don't forget. There will also be breakfast at Spencers this Saturday, celebrating the birthdays of: Margie, Anne Gillian, Siska, Sue Muir, Kathryn Osborne, Georgie, Michelle and David. Happy birthday little Dolphin friends!

Annaliese has all the information needed to register for MS Mega Swim in October, and so far, we may even need to field 2 teams as there are so many willing to participate.

Katherine has a reminder about the Bunbury Swim and the Winters.

Well, I hope you enjoy the newsletter, and I hope I haven't missed anything out.

Until next month,

Love and kisses

Me

## In this Dolphin-News

- From the President
- Social News
- MS Mega Swim
- Member Profile
- Bunbury Swims and Winters

## Training times and venues

Saturdays, 8-00am at Clarence pool, cost \$7-50, and coffee afterwards at Eastlands, all welcome.

Sundays, 9-00 to 10-00 at Friends Pool, cost \$7-20, and coffee after at The State Theatre cafe, North Hobart, all welcome.

## Upcoming events

- Bowling
- Breakfast
- Winters

## From the Presidential Suite

Seems a long time ago but early in the month a small, but very enthusiastic group of swimmers and supporters made the trek up to Launceston for the Short Course Long Distance Champions. Traditionally we have not had many members attend this event so it was great to see the club well represented this year. Everyone who took part was very happy with their swims, with Kathryn Osborn and I both managing to break existing Branch and Club Records while Elisa and Michelle also set new Club Records. Was great to see Claudia swim in her first competition in Tasmania.....can it be we that are no longer a club of relative oldies???

Special congratulations of course also to Terry Smithurst and Amanda Duggen on their National records, Amanda's no doubt, in no small way, due to Megan and Fiona's vigilant lap time recording and enthusiastic encouragement.

We are now into the last month of the Dolphins OWS challenge and it appears the challengers are going down like flies..... those who achieve their goal this year will definitely deserve the accolade! We are counting on you Joe ☺.

Congratulations to Sue Vincent for completing her Vorgee 3 million metre award, that's many, many, laps over many, many, years. Well done, Sue!

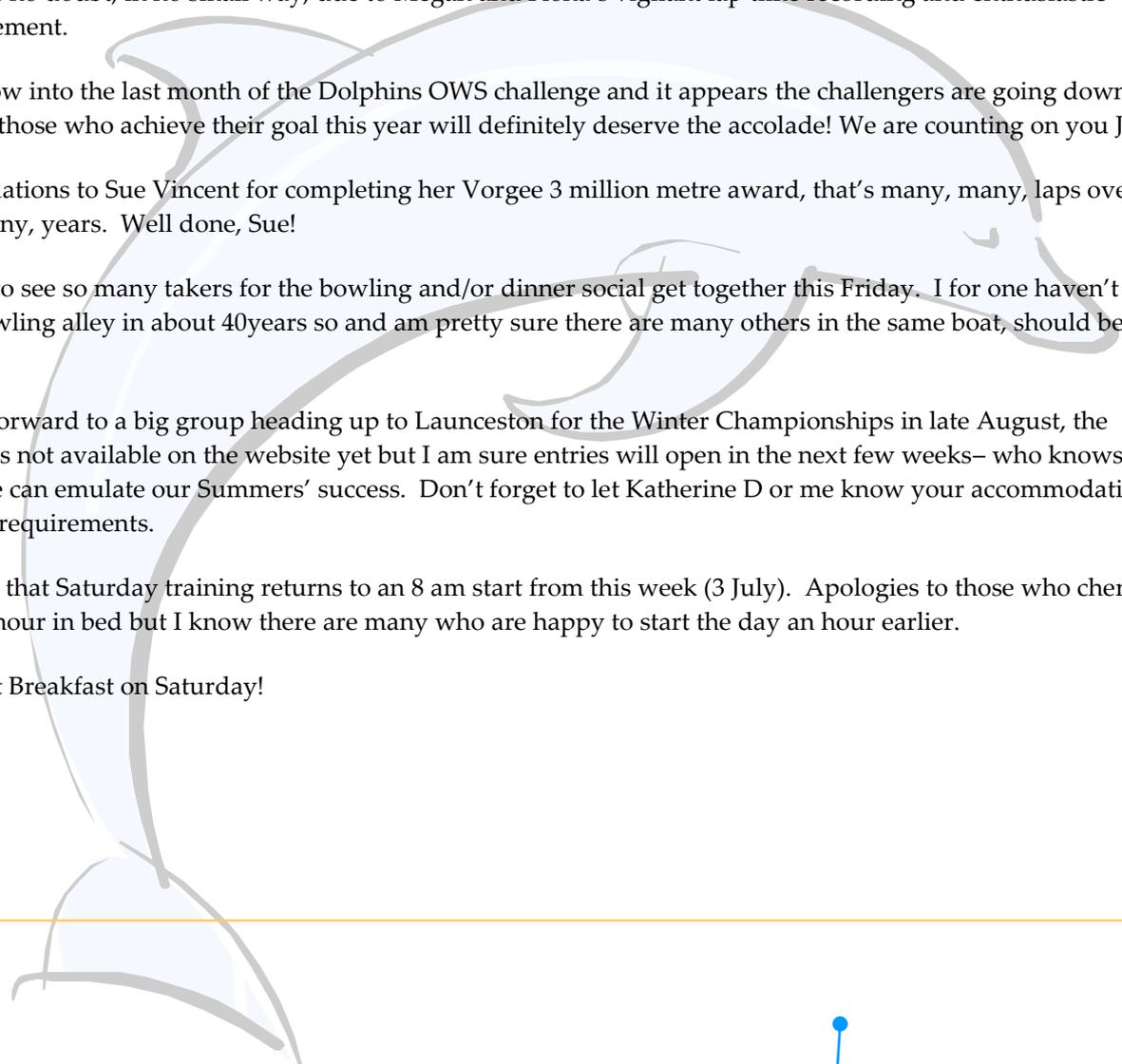
It's great to see so many takers for the bowling and/or dinner social get together this Friday. I for one haven't been near a bowling alley in about 40years so and am pretty sure there are many others in the same boat, should be a lot of fun.

Looking forward to a big group heading up to Launceston for the Winter Championships in late August, the program is not available on the website yet but I am sure entries will open in the next few weeks- who knows? maybe we can emulate our Summers' success. Don't forget to let Katherine D or me know your accommodation, transport requirements.

Reminder that Saturday training returns to an 8 am start from this week (3 July). Apologies to those who cherished the extra hour in bed but I know there are many who are happy to start the day an hour earlier.

See you at Breakfast on Saturday!

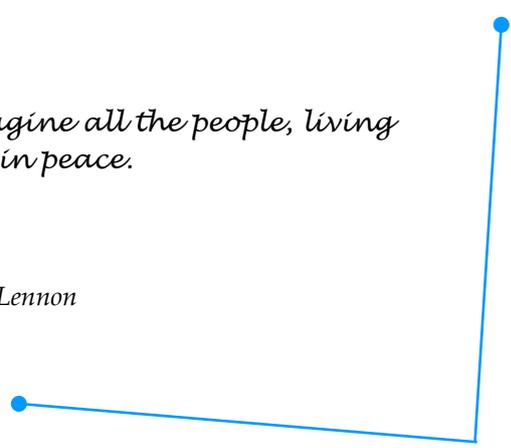
Di



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*Imagine all the people, living  
life in peace.*

*John Lennon*



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## Social News

Friday 2nd July: 5:00, Bowling, followed by a counter meal at the Black Buffalo. Just a reminder to those who have sent RSVP'd.

Bowling is fully subscribed. However; If you have not yet contacted me and would like to come for a meal at the Black Buffalo at 7:00 call me on 0418543691 and I can add your name.

Saturday 3rd July: breakfast at Spencer's in Lindisfarne. As we are now swimming at 8:00 I have booked for 9:30. Hope to see you there.

## MS Mega Swim News

The MS Megaswim is on for 2021 and we have organised a Hobart Dolphins Team again to fundraise for this worthy cause.

For those who haven't done this before, it's simply a club relay of continuous swimming for 12 hours from 10am to 10pm on Saturday 9th October. The focus is Fundraising for MS and having fun on the day with your Dolphin mates. You can nominate to swim for 30 minutes, 1 hour or a group relay within a 30 minute period. There are many options, and we will confirm what's available when we know how many swimmers have signed up. It involves a lot of fun events through the day with lots of prizes up for grabs!

There will be many details to follow in terms of organisation, but the first step is to register if you are keen.

The registration steps are below:

Click on the link <https://www.msmegachallenge.org.au/join/HobartDolphins189> and this will take you to the registration page for the team.

Choose adult or child entry - currently discounted until 25.08.21

Either Create an account if this is your first time or Login to your account from last year

Remember to select the t-shirt of you want to purchase this for the event

Continue on with the payment page

You can choose to make an extra donation if you wish

Share your fundraising link with family and friends so they can sponsor you.

If at any time you make a mistake or aren't sure what to do, please let me know and I will help sort it out. You can email, text or call me.

Looks like we have a few entries already which is great but I'm looking forward to more. Last year we said we would make an effort to dress up in Dolphin theme, so I'll get my thinking cap on for ideas. If you have any, please let me know!

Annaliese

[annaliese@astrotec.net.au](mailto:annaliese@astrotec.net.au)

0427528995

# Hobart Dolphins Member Profile -

## Megan Stronach



### How long have you been swimming with the Hobart Dolphins?

For a long time - on and off. I first joined the club in 1989 in order to compete in a Masters Games event that year. We lived in Queensland for quite a while at that time, so we came and went a bit, and I swam with several clubs up there. When we came back to Tasmania I helped to set up (and ultimately close down) the New Norfolk Whales club, swam with Sandy Bay for a while, coached Talays, and re-joined the Dolphins in 2017.

### What do you like about swimming?

Just doing it. It's been a big part of my life - competing, training, coaching, teaching, administration - for many years, and in fact swimming was responsible for saving my life after I picked up a nasty bug in 2006.

### What do you NOT like in training?

CSS sets!! 😞

### Favourite stroke?

I like them all, although I've never been much good at breaststroke. But I like medley swimming.

### Most memorable swim?

I swam in the Byron Bay Classic in 2019 and won my age group. Fin, my younger son competed as well. It was a stunning day. Stunning location. Gorgeous!

### What book are you reading at the moment?

A David Baldacci who-dun-it but struggling with motivation. Can't even remember its name.

### Favourite book ever read?

I loved Stephen Fry's *Mythos*. Reading it while on Crete was magic!! Maybe I'll dump the Baldacci and get on to the sequel, *Troy*, and pretend I'm in Turkey.

### Favourite movie?

Mmm, can't remember, but recently watched the *Brigerton* series on Netflix and enjoyed that.

### What other hobbies/interests do you have?

Walking, pilates, looking after my animals, researching sport history.

### Where would you like to go for a once in a lifetime holiday?

As soon as a plane becomes available, I will be off to London to see my big boy. It's been nearly two years.

### What do you do for fun?

Traveling (in normal times).

### Can you think of one thing in your life that is particularly special to you, that you would like to share with us?

I've recently published two articles about the history of Indigenous Australian women and their amazing swimming abilities; one focuses specifically on the *palawa* women of Tasmania (*Iutruwita*). Very proud of those.

## Bunbury and Winter Championships



**The 2021 BUNBURY POSTAL  
3X400M POSTAL SWIMS.**

**Ends 30<sup>th</sup> JUNE 2021.**

**If you have completed your 3x400M Swims  
over May /June, please submit them to  
Katherine D so that the Club can collate all  
swims.**

**\$12 Entry is payable by EFT to the Club  
account.**

WINTER SC CHAMPIONSHIPS 21-22ND AUGUST 2021

Its on again and just around the corner! Program and further details to be available shortly.

This year we have booked apartments at the Leisure Inn Penny Royal, at a similar cost and set up to previous years accommodation. If you are keen to stay with the group and /or would like to take advantage of the bus please respond to Di or Katherine D by 31st July.

We would expect that changing numbers at the last minute may be tricky this year!

Katherine 😊

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