

**Hobart Dolphins Club Records**  
**Long Course**  
**Women**

**Age Group 18-24**

Distance	Stroke	Name	Date	Time	Location
50m	Breaststroke	RACHEL FOULKES	24.02.1996	42.14	NEW NORFOLK
100m	Breaststroke	JEANNIE BAXTER-REID	24.02.1990	01:31.9	GLENORCHY
200m	Butterfly	JEANNIE BAXTER-REID	24.02.1990	02:50.8	GLENORCHY

**Age Group 25-29**

50m	Freestyle	KARON AIKEN	24.02.1990	28.85	GLENORCHY
100m	Freestyle	KARON AITKEN	25.02.1990	01:02.9	GLENORCHY
400m	Freestyle	JEANNIE BAXTER-REID	12.03.1991	05:09.9	DEVONPORT

50m	Backstroke	JODI HARRISON	22.04.1989	35.33	WARRINGAH
100m	Backstroke	JODI HARRISON	18.03.1989	01:19.1	DEVONPORT
200m	Backstroke	JODI HARRISON	18.03.1989	03:03.0	DEVONPORT

50m	Breaststroke	KATHY HAWKES	13.03.1991	39.28	DEVONPORT
100m	Breaststroke	KATHY HAWKES	14.03.1991	01:26.3	DEVONPORT
200m	Breaststroke	KATHY HAWKES	15.03.1991	03:05.6	DEVONPORT

50m	Butterfly	KARON AITKEN	25.02.1992	30.85	GLENORCHY
100m	Butterfly	KARON AITKEN	25.02.1990	01:11.2	GLENORCHY
200m	Butterfly	JEANNIE BAXTER-REID	15.03.1991	02:44.5	DEVONPORT

200m	Individual Medley	JEANNIE BAXTER-REID	13.03.1991	02:46.7	DEVONPORT
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**Age Group 30-34**

50m	Freestyle	SARAH PEARSON	14.03.1998	31.38	Hobart
100m	Freestyle	KATHY HAWKES	26.02.1995	01:09.4	Glenrochy
200m	Freestyle	JULIA ALLSTON	31.10.1991	02:30.6	BRISBANE
1500m	Freestyle	TRACY HARWOOD	21.11.1996	34:18.6	CLARENCE

50m	Backstroke	SARAH PEARSON	15.11.1997	37.34	HOBART
100m	Backstroke	SARAH PEARSON	01.02.1998	01:20.7	HOBART
200m	Backstroke	SARAH PEARSON	31.01.1998	02:57.4	HOBART

50m	Breaststroke	KATHY HAWKES	26.03.1994	39.03	ADELAIDE
100m	Breaststroke	KATHY HAWKES	26.03.1994	01:27.3	ADELAIDE
200m	Breaststroke	KATHY HAWKES	26.03.1994	03:08.9	ADELAIDE
400m	Breaststroke	KATHY HAWKES	06.03.1993	06:37.7	GLENORCHY

50m	Butterfly	Annaliese Cousins	14.02.09	41.79	
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**Age Group 35-39**

50m	Freestyle	JULIA ALLSTON	22.02.1992	31.14	NEW NORFOLK
100m	Freestyle	JULIA ALLSTON	23.02.1992	01:09.1	New Norfolk
200m	Freestyle	JULIA ALLSTON	23.02.1992	02:44.8	NEW NORFOLK
400m	Freestyle	ROSLYN DILLON	24.02.1990	06:20.9	Glenorchy
800m	Freestyle	JULIA ALLSTON	06.03.1993	11:23.6	GLENORCHY

50m	Backstroke	ROSLYN DILLON	25.02.1990	38.97	GLENORCHY
100m	Backstroke	JENNY BREEN	26.03.1988	01:26.6	CLARENCE
200m	Backstroke	JENNY BREEN	26.03.1988	03:16.2	CLARENCE
400m	Backstroke	LYN CHARLTON-YOUNG	21.08.2004	08:40.9	TAS Aerobics

50m	Breaststroke	ROSLYN DILLON	27.03.1988	44.81	CLARENCE
100m	Breaststroke	ROSLYN DILLON	26.03.1988	01:41.7	CLARENCE
200m	Breaststroke	Rachael Dalco	14.02.2009	03:49.5	
400m	Breaststroke	Bonnie Davies	30.06.2016	09:08.5	
800m	Breaststroke	Lyn Young	2002	15:02.8	

50m	Butterfly	JULIA ALLSTON	22.02.1992	35.36	NEW NORFOLK
100m	Butterfly	ROSLYN DILLON	25.02.1990	01:43.3	GLENORCHY

200m	Individual Medley	JULIA ALLSTON	23.02.1992	03:01.1	NEW NORFOLK
400m	Individual Medley	LYN CHARLTON-YOUNG	17.07.2004	09:06.1	TAS Aerobics

### **Age Group 40-44**

50m	Freestyle	ANNALIESE COUSINS	21.02.2015	34.69	TAS State
100m	Freestyle	JULIA ALLSTON	31.01.1998	01:10.0	Hobart
200m	Freestyle	JULIA ALLSTON	01.02.1998	02:34.8	HOBART
400m	Freestyle	JENNY BREEN	24.02.1990	06:24.3	GLENORCHY
800m	Freestyle	JULIA ALLSTON	24.02.1996	11:26.8	NEW NORFOLK
1500m	Freestyle	JULIA ALLSTON	22.11.1997	21:26.7	HOBART

50m	Backstroke	JENNY BREEN	15.03.1991	39.49	DEVONPORT
100m	Backstroke	JENNY BREEN	04.05.1991	01:28.8	CLARENCE
200m	Backstroke	JENNY BREEN	14.03.1991	03:15.3	DEVONPORT
400m	Backstroke	ANNALIESE COUSINS	30.06.2016	07:36.2	Aerobics

50m	Breaststroke	ROSLYN DILLON	23.02.1992	44.78	NEW NORFOLK
100m	Breaststroke	DIANE WILKINSON	26.03.1988	01:41.8	CLARENCE
200m	Breaststroke	DIANE WILKINSON	27.03.1988	03:44.5	CLARENCE
400m	Breaststroke	ANNALIESE COUSINS	30.06.2016	08:07.3	Aerobics

50m	Butterfly	JULIA ALLSTON	24.02.1996	35.83	NEW NORFOLK
100m	Butterfly	JULIA ALLSTON	24.02.1996	01:24.6	NEW NORFOLK
200m	Butterfly	Michelle Sampson	25.03.2017	04:13.5	TAS State

200m	Individual Medley	ROSLYN DILLON	04.05.1991	03:33.6	CLARENCE
400m	Individual Medley	Michelle Sampson	25.03.2017	08:30.1	TAS State

### **Age Group 45-49**

50m	Freestyle	MARY COUSINS	24.02.1996	37.57	New Norfolk
100m	Freestyle	MARY COUSINS	23.02.1997	01:24.70	Hobart
200m	Freestyle	MICHELLE SAMPSON	14.03.2020	03:13.49	TAS State
400m	Freestyle	MICHELLE SAMPSON	14.03.2020	06:41.67	TAS State
800m	Freestyle	ROSLYN DILLON	24.02.1996	12:35.48	NEW NORFOLK
1500m	Freestyle	MICHELLE SAMPSON	17.10.2020	26:34.56	TAS State

50m	Backstroke	Annaliese Cousins	14.03.2020	43.83	TAS State
100m	Backstroke	Annaliese Cousins	15.03.2020	01:40.87	TAS State
200m	Backstroke	Annaliese Cousins	14.03.2020	03:37.71	TAS State
400m	Backstroke	ALISON COPPING	09.06.2018	11:40.79	Aerobics

50m	Breaststroke	Annaliese Cousins	15.03.2020	48.88	TAS State
100m	Breaststroke	Annaliese Cousins	14.03.2020	01:44.24	TAS State
200m	Breaststroke	BRIGITTE POTTER	15.03.1991	03:44.28	DEVONPORT
400m	Breaststroke	ALISON COPPING	09.06.2018	09:47.00	Aerobics
1500m	Breaststroke	KATHERINE DAFT	20.10.2007	32:54.30	TAS Aerobics

50m	Butterfly	JULIA ALLSTON	04.03.2001	36.47	HOBART
100m	Butterfly	MICHELLE SAMPSON	31.03.2019	02:00.1	STATE CHAMPS

200m	Individual Medley	BRIGITTE POTTER	13.03.1991	03:35.4	DEVONPORT
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### **Age Group 50-54**

50m	Freestyle	MARY COUSINS	03.03.2001	37.08	HOBART AQUATIC
100m	Freestyle	MARY COUSINS	14.02.1999	01:26.6	Devonport
200m	Freestyle	KATHERINE DAFT	19.11.2011	03:29.3	TLC Interclub
400m	Freestyle	KATHERINE DAFT	19.11.2011	07:05.2	TLC Interclub
800m	Freestyle	KATHERINE DAFT	19.11.2011	14:12.6	TLC Interclub
1500m	Freestyle	PIA PETERSON	25.11.2006	28:54.0	TAS Interclub

50m	Backstroke	BRIGITTE POTTER	29.09.1994	44.52	DEVONPORT
100m	Backstroke	BRIGITTE POTTER	05.10.1995	01:34.3	GLENORCHY
200m	Backstroke	DIANE GREGORY	24.03.2012	04:13.2	TAS State
400m	Backstroke	PIA PETERSON	22.09.2007	09:15.3	TAS Aerobics
800m	Backstroke	DIANE GREGORY	19.11.2011	18:12.3	TAS Interclub

50m	Breaststroke	MARY COUSINS	18.03.2000	48.13	HOBART
100m	Breaststroke	Katherine Daft	23.02.2013	01:46.8	TAS State
200m	Breaststroke	Katherine Daft	24.03.2012	03:45.7	TAS State
400m	Breaststroke	JANET FRENCH	06.03.1993	08:22.9	GLENORCHY

50m	Butterfly	JANET FRENCH	07.03.1993	49.17	NEW NORFOLK
100m	Butterfly	JANET FRENCH	07.03.1993	01:59.9	GLENORCHY

200m	Individual Medley	Diane Gregory	24.03.2012	04:21.0	TAS State
400m	Individual Medley	JANET FRENCH	05.03.1993	08:13.6	GLENORCHY

### **Age Group 55-59**

50m	Freestyle	KATHRYN OSBORN	21.03.2019	34.81	NATIONALS
100m	Freestyle	FIONA ZIEGELER	31.03.2019	01:20.8	TAS State
200m	Freestyle	KATHRYN OSBORN	31.03.2019	02:52.5	TAS State
400m	Freestyle	FIONA ZIEGELER	30.11.2019	06:11.6	TAS State
800m	Freestyle	FIONA ZIEGELER	30.11.2019	12:30.4	TAS State
1500m	Freestyle	FIONA ZIEGELER	30.11.2019	23:51.7	TAS State

50m	Backstroke	KATHRYN OSBORN	22.03.2119	43.88	NATIONALS
100m	Backstroke	KATHRYN OSBORN	31.03.2019	01:37.30	TAS State
200m	Backstroke	FIONA ZIEGELER	14.03.2020	03:36.33	HOBART
400m	Backstroke	Katherine Daft	30.06.2016	08:16.10	Aerobics
800m	Backstroke	Diane Gregory	22.11.2014	18:44.48	TAS Interclub

50m	Breaststroke	KATHRYN OSBORN	20.03.2019	41.94	NATIONALS
100m	Breaststroke	KATHRYN OSBORN	30.03.2019	01:32.1	TAS State
200m	Breaststroke	KATHRYN OSBORN	21.03.2019	03:25.5	NATIONALS
400m	Breaststroke	KATHRYN OSBORN	24.11.2018	07:21.3	TAS State

50m	Butterfly	FIONA ZIEGELER	13.03.2020	39.42	TAS State
100m	Butterfly	DIANE GREGORY	25.03.2017	02:20.86	TAS State
200m	Butterfly	DIANE GREGORY	25.03.2017	04:58.03	TAS State

200m	Individual Medley	KATHRYN OSBORN	31.03.2019	03:19.80	TAS State
400m	Individual Medley	DIANE GREGORY	16.03.2014	09:35.94	TAS State
800m	Individual Medley	DIANE GREGORY	23.11.2013	19:43.91	Aerobics

### **Age Group 60-64**

50m	Freestyle	MARY COUSINS	16.10.2009	40.72	Masters Games
100m	Freestyle	KATHERINE DAFT	14.03.2020	01:33.88	TAS STATE
200m	Freestyle	KATHERINE DAFT	13.03.2020	03:14.11	TAS State
400m	Freestyle	PIA PETERSON	21.02.2015	07:16.42	TAS State
800m	Freestyle	DIANE GREGORY	17.10.2020	17:01.44	TAS State
1500m	Freestyle	SUE MUIR	11.11.2017	29:22.91	TAS State

50m	Backstroke	Fiona Redgrove	15.03.2020	45.63	TAS State
100m	Backstroke	Fiona Redgrove	15.03.2021	01:48.14	TAS State
200m	Backstroke	Fiona Redgrove	14.03.2020	03:54.66	TAS State
400m	Backstroke	DIANE GREGORY	30.06.18	08:41.90	Aeorobics
800m	Backstroke	EDNA MURPHY	23.09.2000	21:16.51	CLARENCE
1500m	Backstroke	EDNA MURPHY	08.09.2001	39:59.47	CLARENCE

50m	Breaststroke	Fiona Redgrove	15.03.2020	49.84	TAS STATE
100m	Breaststroke	KATHERINE DAFT	30.03.2019	01:45.70	TAS STATE
200m	Breaststroke	KATHERINE DAFT	31.03.2019	03:46.70	TAS STATE
400m	Breaststroke	JAN CHEW	09.06.2001	09:46.31	CLARENCE
800m	Breaststroke	JAN CHEW	2002	19:45.80	

1500m	Breaststroke	JAN CHEW	2002	38:47.98	
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50m	Butterfly	FIONA REDGROVE	30.03.2019	54.76	TAS STATE
100m	Butterfly	DIANE GREGORY	19.04.2018	02:26.9	Nationals

200m	Individual Medley	DIANE GREGORY	18.03.2018	04:27.4	TAS State
400m	Individual Medley	DIANE GREGORY	19.04.2018	09:31.7	Nationals

### **Age Group 65-69**

50m	Freestyle	MEGAN STRONACH	21.03.2019	38.56	NATIONALS
100m	Freestyle	MEGAN STRONACH	22.03.2019	01:28.10	NATIONALS
200m	Freestyle	MEGAN STRONACH	14.03.2020	03:16.17	TAS State
400m	Freestyle	MEGAN STRONACH	15.03.2020	06:50.20	TAS State
800m	Freestyle	MEGAN STRONACH	17.10.2020	14:20.15	TAS State
1500m	Freestyle	MEGAN STRONACH	17.10.2020	27:08.16	TAS State

50m	Backstroke	MEGAN STRONACH	31.03.2019	46.93	TAS STATE
100m	Backstroke	MEGAN STRONACH	15.03.2020	01:42.25	TAS STATE
200m	Backstroke	MEGAN STRONACH	30.11.2019	03:49.16	TAS State
400m	Backstroke	MEGAN STRONACH	30.11.2019	07:54.60	TAS State
800m	Backstroke	MEGAN STRONACH	30.11.2019	16:04.63	TAS State

50m	Breaststroke	JUSTINE BAMFORD	29.09.1994	53.51	BRISBANE
100m	Breaststroke	JUSTINE BAMFORD	29.09.1994	02:02.1	BRISBANE
200m	Breaststroke	JUSTINE BAMFORD	15.03.1991	04:21.3	DEVONPORT
400m	Breaststroke	JUSTINE BAMFORD	06.03.1993	09:16.3	GLENORCHY

50m	Butterfly	MEGAN STRONACH	17.03.2018	46.38	TAS State
100m	Butterfly	TINA SMIT	16.04.1994	02:36.7	DEVONPORT
200m	Butterfly	TINA SMIT	26.02.1994	05:49.0	DEVONPORT

200m	Individual Medley	MEGAN STRONACH	18.03.2018	03:44.5	TAS State
400m	Individual Medley	TINA SMIT	26.02.1994	11:02.6	DEVONPORT

### **Age Group 70-74**

50m	Freestyle	BARBARA ROSS	16.10.2009	50.31	Masters Games
100m	Freestyle	ANNE CARLESS	30.03.2019	01:57.9	TAS State
200m	Freestyle	JAN CHEW	23.02.2008	04:25.7	TAS State
400m	Freestyle	JAN CHEW	23.02.2008	09:24.5	TAS State
800m	Freestyle	JAN CHEW	15.11.2008	19:50.0	TAS State
1500m	Freestyle	TINA SMIT	02.11.1996	43:14.2	CLARENCE

50m	Backstroke	MARY COUSINS	31.03.2019	59.65	TAS STATE
100m	Backstroke	WILMA ATTRILL	29.03.2005	02:56.2	Nationals
400m	Backstroke	JILL WRIGHT	19.05.18	11:36.0	AEROBICS

50m	Breaststroke	JUSTINE BAMFORD	25.07.1996	53.53	SHEFFIELD UK
100m	Breaststroke	JUSTINE BAMFORD	27.07.1996	02:03.3	SHEFFIELD UK

200m	Breaststroke	JUSTINE BAMFORD	27.07.1996	04:26.3	SHEFFIELD UK
400m	Breaststroke	JUSTINE BAMFORD	24.02.1996	09:18.5	NEW NORFOLK
800m	Breaststroke	JUSTINE BAMFORD	18.02.1996	19:22.4	NEW NORFOLK
1500m	Breaststroke	JUSTINE BAMFORD	24.05.1997	38:34.2	HOBART

50m	Butterfly	TINA SMIT	31.01.1998	01:13.7	HOBART AQUATIC
100m	Butterfly	TINA SMIT	25.02.1996	02:55.2	NEW NORFOLK
200m	Butterfly	TINA SMIT	26.10.1997	06:39.5	CANBERRA

200m	Individual Medley	TINA SMIT	26.02.1995	05:38.1	GLENORCHY
400m	Individual Medley	TINA SMIT	25.02.1996	11:44.9	NEW NORFOLK

### **Age Group 75-79**

50m	Freestyle	JUSTINE BAMFORD	26.02.2005	01:00.2	TAS State
100m	Freestyle	MARGARET CLOUGHER	29.03.2005	02:21.7	Nationals
200m	Freestyle	MARGARET CLOUGHER	26.02.2005	05:22.4	TAS State
400m	Freestyle	JUSTINE BAMFORD	03.03.2001	09:59.6	HOBART
800m	Freestyle	JUSTINE BAMFORD	27.11.2004	21:00.5	HOBART
1500m	Freestyle	JUSTINE BAMFORD	27.11.2004	39:24.3	HOBART

50m	Backstroke	JUSTINE BAMFORD	2002	55.09	
100m	Backstroke	JUSTINE BAMFORD	2002	02:04.2	
400m	Backstroke	TINA SMIT	2002	12:32.9	
800m	Backstroke	TINA SMIT	2002	26:15.0	

50m	Breaststroke	JUSTINE BAMFORD	2002	55.97	
100m	Breaststroke	JUSTINE BAMFORD	03.03.2001	02:12.3	HOBART
200m	Breaststroke	JUSTINE BAMFORD	03.03.2001	04:38.8	HOBART
400m	Breaststroke	JUSTINE BAMFORD	09.06.2001	09:57.1	CLARENCE
800m	Breaststroke	JUSTINE BAMFORD	2002	20:23.6	
1500m	Breaststroke	JUSTINE BAMFORD	27.11.2004	39:24.3	TAS State

50m	Butterfly	TINA SMIT	19.03.2000	01:39.9	HOBART AQUATIC
100m	Butterfly	TINA SMIT	18.03.2000	03:48.0	HOBART
200m	Butterfly	TINA SMIT	19.03.2000	08:24.2	HOBART

200m	Individual Medley	TINA SMIT	19.03.2000	06:48.7	HOBART
400m	Individual Medley	TINA SMIT	18.03.2000	14:02.2	HOBART

### **Age Group 80-84**

50m	Freestyle	JUSTINE BAMFORD	14.02.2009	01:07.9	TAS State
100m	Freestyle	MARGARET CLOUGHER	20.02.2010	02:44.1	TAS State
200m	Freestyle	JUSTINE BAMFORD	15.11.2008	05:45.5	TAS State
400m	Freestyle	JUSTINE BAMFORD	24.02.2007	11:00.1	DEVONPORT
800m	Freestyle	JUSTINE BAMFORD	25.11.2006	21:52.9	HOBART AQUATIC

50m	Backstroke	JUSTINE BAMFORD	25.10.2006	01:03.0	ALICE SPRINGS
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100m	Backstroke	JUSTINE BAMFORD	22.10.2006	02:25.5	Masters Games
200m	Backstroke	ANNE SPEED	30.03.2019	06:44.5	TAS STATE
400m	Backstroke	ANNE SPEED	30.11.2019	14:37.1	TAS STATE

50m	Breaststroke	JUSTINE BAMFORD	22.10.2006	01:03.5	ALICE SPRINGS
100m	Breaststroke	JUSTINE BAMFORD	25.10.2006	02:27.9	ALICE SPRINGS
200m	Breaststroke	JUSTINE BAMFORD	24.02.2007	05:12.9	DEVONPORT
400m	Breaststroke	JUSTINE BAMFORD	25.11.2006	11:00.7	HOBART AQUATIC
800m	Breaststroke	JUSTINE BAMFORD	25.11.2006	21:52.9	HOBART AQUATIC
1500m	Breaststroke	JUSTINE BAMFORD	24.11.2007	42:44.1	HOBART

50m	Butterfly	TINA SMIT	26.10.2006	02:16.8	ALICE SPRINGS
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200m	Individual Medley	TINA SMIT	29.03.2005	08:35.8	HOBART
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### **Age Group 85-89**

50m	Freestyle	MARGARET CLOUGHER	16.03.2014	01:14.60	TAS State
100m	Freestyle	Anne Speed	25.11.2006	02:50.94	TAS Interclub
200m	Freestyle	NAN LEWIS	25.11.2006	06:11.23	TAS Interclub
400m	Freestyle	NAN LEWIS	25.11.2006	12:53.48	TAS Interclub
800m	Freestyle	NAN LEWIS	21.10.2006	26:01.32	TAS Aerobics

50m	Backstroke	Anne Speed	15.03.2020	01:24.78	TAS State
100m	Backstroke	Anne Speed	15.03.2020	03:21.38	TAS State
200m	Backstroke	Anne Speed	14.03.2020	06:47.81	TAS State

50m	Breaststroke	WILMA ATTRILL	18.03.2018	01:51.2	TAS State
100m	Breaststroke	WILMA ATTRILL	17.03.2018	04:01.8	TAS State
200m	Breaststroke	JUSTINE BAMFORD	24.03.2012	08:34.0	TAS State

### **Age Group 90-94**

50m	Freestyle	MARGARET CLOUGHER	31.03.19	01:14.6	TAS STATE
100m	Freestyle	MARGARET CLOUGHER	30.03.19	03:05.7	TAS STATE