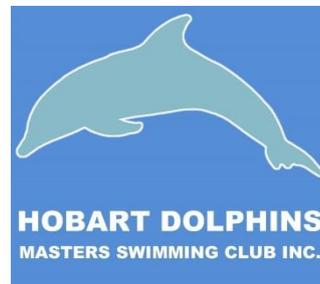


# Hobart Dolphin-News



HOBART DOLPHINS MASTERS SWIMMING CLUB INC  
Swimming together since October, 1985  
Phone: 0438629160

February 2021

*Time to start training seriously for the Summers!*

Hi fellow Dolphins,

Here is the newsletter for February, a little brief but interesting news all the same.

Di has a report about the swim at Kingston (complete with a montage of Dolphins) and notice of further open water swims coming up. The Summer Championships are also coming up in March, as well as the Bunbury swims. Lots for us to think about. Information for each event is at the end of the newsletter.

For social news, there is a barbecue coming up after training this coming Saturday, in lieu of the usual breakfast occasion.

Birthdays for February (as far as I know) are Jan, Di, and Richard. Happy Birthday to you all. There will be no breakfast to celebrate these birthdays, but we hope you can attend the barbecue instead.

I am now back at work, and after swimming every day in my holidays, I miss it already. It has been lovely swimming at Glenorchy in the sun and fresh air, as the ocean swimmers know, but where I swim there are NO CREATURES! Bliss for me.

Have fun swimming,

Love and kisses

Me

## In this Dolphin-News

- From the President
- Social News
- Photo Gallery

## Upcoming events

- Barbecue
- AGM
- Summers
- Bunbury swims

## Training times and venues

Saturdays, 9-00am at Clarence pool, cost \$7-50, and coffee afterwards at Eastlands, all welcome.

Sundays, 9-00 to 10-00 at Friends Pool, cost \$7-20, and coffee after at Room For a Pony, North Hobart, all welcome.

## From the Presidential Suite

Welcome back everyone! I hope you all had a relaxing break over the Christmas, New Year period. Judging from the numbers at training it seems we are all keen to get going in 2021.

It was lovely to see so many club members at Kingston Beach last Tuesday, not only the ten that completed the swim but also the many who came along to offer support, take photos and supply the much-appreciated post-race sustenance. Judi represented us well in the 500m event, while Kathryn was the first of our female swimmers to finish the longer distance, scoring a second in the Senior Masters Women's category. Auro was our first male home, coming a very close fourth in the Senior Masters Male category. Most importantly everyone enjoyed their swim, even though we were duped into swimming close to 2Km on a course advertised as 1.5km.

There are still a number of open water events left in this year's series including swims in Burnie, Devonport and the Trans Derwent this weekend. I know there are few members entering each of these events. Don't forget, if you want to give ocean swimming a go, we get together at Bellerive Beach at 7.30am each Wednesday. The ocean is currently warm enough to not need a wetsuit (if you are brave) and it is a pretty gentle beach for the less experienced.

As summer draws to an end (yes, I blinked as well!) we turn our attention to the Summer Championships which will be held on 20/21 March at the Aquatic Centre. You will notice Steve has been building up the fitness work at training and he will gradually alter the focus of the training sessions as we approach the swim meet date. It would be great to see a big turnout for the championships this year, it is fun and gives a focus to your training. We might even be able to enter some men's relay teams this year! Entries have opened but do not close until 12 March so you have plenty of time to think about what events you might do. If you haven't taken part before but would like to have a go, chat to Steve or any other members who you know competes. A copy of the flyer is attached.

Throughout the year various clubs around the country run postal swims, these swims are open to all Masters Swimmers. Of these swims our Club has chosen to do the Bunbury Swim for the past few years as it can be integrated into training sessions and gives some continuity for members to compare their times from year to year. You may, however, decide that you want to test yourself over longer distances and entering a postal swim is one way to do this. The swims on offer are listed on the National Website under the events tab and one simple swim that has been suggested is the brand new Albany Creek Masters Duckathon. Swims for this event have to be done before the end of February. Details can be found at <https://mastersswimmingqld.org.au/event/albany-creek-masters-postal/?/> Because of the length of most of the swims you will need to do most of them outside of training sessions and organise the lodging of the entry yourself, or perhaps a few people could get together to support each other. Just another option for adding interest to your swimming.

Of course, the most important event coming up in February is the club AGM! The Agenda will be out shortly but please note the date of 27 February at 10.30am. Also, if anyone has comments on the draft revised constitution which I circulated please get them to me by this weekend.

Congratulations to Sue Vincent for completing her 3million metres this month, that's over 15 years' worth of swimming! Huge Effort!

Looking forward to seeing everyone at Breakfast on Saturday at the Clarence Pool after training, 10.30am. Be a great chance to catch up for a chat and meet a few new members. Just bring yourself, your family and money for a hot drink!

Di

---

## Social News

BBQ Saturday 6th February

Hi fellow Dolphins we are having a get together and bbq at Clarence pool straight after training.

Look forward to an egg and bacon muffin and fruit. Coffee can be purchased at the pool but I recommend you bring a thermos. There is no charge. We hope you can participate.

Judi.

## Photo Gallery



*Is anyone simply by birth to be  
applauded or punished?*

*Hitopadesa*



# 37th Summer Long Course Championships

Saturday 20 & Sunday 21 March 2021  
Doone Kennedy Hobart Aquatic Centre

## PROGRAMME OF EVENTS

<i>Saturday 20 March</i>	<i>Sunday 21 March</i>
<i>1.30pm Warm Up 2.10pm Start</i>	<i>8.00am Warm Up 8.40am Start</i>
1. Mixed 4x50m Freestyle Relay	11. Mixed 4x50m Medley Relay
2. 200m Butterfly	12. 200m Breaststroke
3. 100m Freestyle	13. 400 Freestyle
4. 100m Breaststroke	<i>10 min break</i>
<i>10 min break</i>	14. 50m backstroke
5. 50m Butterfly	15. 200m Individual Medley
6. 200m backstroke	16. 50m Breaststroke
<i>10 min break</i>	<i>10 min break</i>
7. 200m Freestyle	17. 100m Butterfly
8. 400m Individual medley	18. 100m Backstroke
<i>10 min break</i>	19. 50m Freestyle
9. Men's 4x50m Freestyle Relay	<i>10 min break</i>
10. Women's 4x50m Freestyle Relay	20. Women's 4x50m Medley Relay
	21. Men's 4x50m Medley Relay

## CONDITIONS OF ENTRY

- Individuals may enter **a maximum of 5 individual events (excluding relays)**. The entry fee for individual registration is a fixed total of **\$50.00**.
- Age is as at **31 December 2021**. Minimum age is 18 years on the closing date for entries.
- Meet will be conducted under Masters Swimming Australia rules as at the close of entries.
- All competitors must be registered members of Masters Swimming Australia for 2021 **before** registering for these championships.
- Clubs may enter more than one relay team per age group, however only the nominated A team result will be counted towards Club Championship and Relay Championships points.
- The entry fee for each relay team is **\$7.50**. Fees for relays can be paid at the time of entry online or by electronic funds transfer to Masters Swimming Tasmania BSB: 037010 A/C 256105 (Westpac) by **Friday 19 March**.
- There will be no alterations to events entered or refund of entry fees after the close of entries.

## TIMEKEEPING

Electronic timekeeping will be used. Clubs are asked to provide backup timekeepers for the duration of the meet.

## AWARDS

### Individual:

- Medals will be awarded to first, second and third highest male and female **aggregate** point scorers in each age group. Medal points are awarded on a scale of 10 to 1 for placings per event.
- Male and Female Swimmer of the Meet trophies are awarded based on aggregate FINA points.

#### **Club:**

- Summer Championship Trophy (based on the total individual and relay points per club).
- New Norfolk Trophy (based on the total points per club divided by the number of registered members at the end of the previous year).

## **ENTRIES**

### **Individuals**

Individual online entries will open at **11:59am on Monday 18 January** and will close at **11.59pm Friday 12 March**. The Masters Swimming Tasmania Club Assistant online entry system can be found on the Masters Swimming Tasmania website and via this link:

[https://www.clubassistant.com/club/meet\\_information.cfm?c=2222&smid=13503](https://www.clubassistant.com/club/meet_information.cfm?c=2222&smid=13503)

### **Relays**

Relay team entries will open on **Saturday 13 March at 11.30am** and close at **11.59pm Wednesday 17 March**.

Relay team members names may be altered with the Recorder prior to the start of each session.

**Late entries will not be accepted.**

## **EVENT PROGRAMS**

The event program with heat and lane allocations will be available online via the MSTAS website by **Tuesday 16 March** and via SwimPhone. A printed program can be ordered when registering for the event if required or downloaded and printed locally.

## **PRESENTATION LUNCH**

The presentation lunch will be held on **Sunday 21 March** at The Old Woolstore, 1 Macquarie St Hobart (a 10 minute walk from Doone Kennedy Hobart Aquatic Centre) commencing at 12:00 noon. Catering will be provided by The Old Woolstore. Cost of the lunch is \$24 per head to be paid online when registering for the event. Please note that people who have not pre-paid online will not be admitted to the presentation lunch.

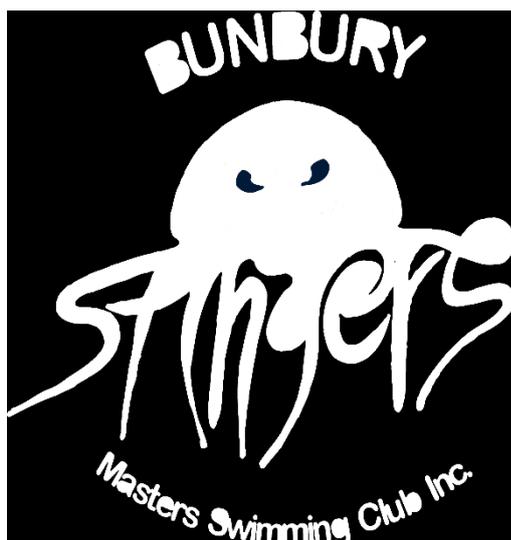
## **ENQUIRIES**

Philip Tyrell

Summers Championships 2021 Meet Director

Mobile: 0437 124 210

Email: [philiptyrell@inet.net.au](mailto:philiptyrell@inet.net.au)



**ARE YOU UP FOR A CHALLENGE?**

**Guarantee there are no critters involved!**

**2021 BUNBURY Masters Swim Club**

**3x400 POSTAL SWIM**

**If you are not a regular endurance swimmer, this Postal swim may be the motivation you need to improve your fitness and/or swimming skills- with a little more to aim for than just doing laps.**

**Complete 3 X 400M swims in 3 different strokes and enter the best time. There will be some scope to do the swims during training sessions. Entry fee with prizes**

**Starts 1<sup>st</sup> May. Ends 30<sup>th</sup> June 2021**

**Further details when available. See Katherine D.**