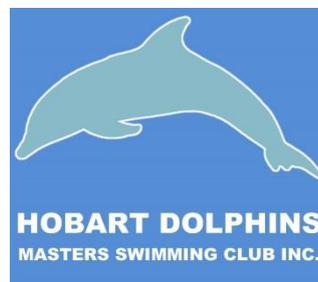


Hobart Dolphin-News



HOBART DOLPHINS MASTERS SWIMMING CLUB INC
Swimming together since October, 1985
Phone: 0438629160

November 2020

Looking forward to swimming at Glenorchy!

Hi fellow Dolphins,

This is almost the last newsletter of the year, and it has been my total pleasure to compile them each month. I hope you enjoy this one.

There are some events coming up in the next couple of months: namely the club xmas barbecue, a swim at Eggs and Bacon Bay, and new training sessions at Glenorchy pool, and breakfast next Saturday.

Reflections for this month are by Anne Speed, thank you Anne for sharing your memories.

Only 1 lone birthday (as far as I know) too celebrate at breakfast this time and that is Shirley.

As you know, our dear friend and fellow dolphin Rex passed away last week, and as a tribute I have included his member profile, which he wrote in September 2010. Dear Rex, such a lovely gentleman. I have very fond memories of Rex, Doug and sometimes Peter Bourjau sitting at Clarence chatting to each other while critiquing all the swimmers. A lovely memory for me.

Just keep swimming everyone,

Love and kisses

Me

In this Dolphin-News

- From the President
- Social News
- Photo Gallery
- Member Profile
- Eggs and Bacon Bay swim
- Xmas barbecue flyer

Training times and venues

Saturdays, 9:00 at Clarence pool, cost \$7-50 or prepaid club ticket, and coffee afterwards at Eastlands, all welcome.

Sundays, 9-00 to 10-00 at Friends Pool, cost \$7-50 or 10 Pass Ticket, and coffee after at Room for a Pony, North Hobart, all welcome.

Upcoming events

- Breakfast
- Xmas barbecue
- Eggs and Bacon Bay swim

From the Presidential Suite

Last Month saw the passing of much-loved club member Rex Wise. Rex can best be described as a kind and generous man who was interested in everyone he met and cherished by all those who were fortunate enough to call him their friend. We were privileged to help Rex celebrate his 90th birthday at a club BBQ late last year. He will be dearly missed by all who knew him.

On a happier note about twenty club members took part in the MS Mega Swim on 10 October. The 12hour time frame made the day much more manageable than the previous 24hour format and Annaliese once again did a great job in organising us all. Our team was acknowledged as the highest fundraiser on the day (although I think we did get subsequently overtaken by the Zucchini's) and Ella won the prize for best youth fundraiser. Fiona Z was the highest adult fundraiser in our team – and I'm pretty sure we scooped the pool in the Trivia questions. Overall, the event raised close to \$25,000 for MS Research and a great day was had by all.

The following week found twelve of us back at the Hobart Aquatic centre to take part in the Long Course Long Distance Championships. I think everyone was pretty happy with their swims, congratulations to Megan for breaking Branch Records in the 800m and 1500m freestyle and to Megan and Michelle for breaking the club 1500m records and Megan and Steve for breaking club 800m records. A special mention also to David who swam his first ever 1500m event.

Judi and her committee are hard at work putting together plans for the upcoming club Christmas Party on 12 December. The invitation is attached. Please RSVP to Pia as soon as you can so that we can get a good idea of the numbers that need to be catered for, Father Christmas in particular needs to fit us into his busy schedule. We are going al fresco this year so are praying for a sunny day, but in any case, it should be a lovely relaxed day where we can sit back and reflect on the year that was!

For my part I have 2 requests; can those who won perpetual trophies last year please return them to me asap and all those who have been recording their kilometres for the Dolphins Challenge please email your log sheets to me by 2nd December.

You will have all received an email regarding the trial of an additional mid-week training session on Wednesday evenings. For some reason I have never swam at the Glenorchy pool even though I grew up swimming in outdoor pools so I am really looking forward to the opportunity to train in the fresh air. The sessions will not be coached but Steve will put together programs to compliment rather than replicate the weekend programs. The intention is to focus less on drills and more on distance in these sessions. We are hoping it will provide the opportunity for an extra weekly swim for some and also suit those who sometimes find weekend swimming a little difficult.

Interest in open water swimming has definitely strengthened as a result of the COVID restrictions and a number of members have been asking about opportunities for ocean swimming. For those who do not work you can just make your interest known and we will put you in contact with those that swim in the ocean regularly. For those that are not as flexible Steve will restart an early morning session at some point soon. It is still a little cold to be swimming at sun up at the moment.

In the meantime, Megan and Fiona (and Darryl) are kindly hosting the now annual "Darryl Smith Classic Open Water Swim" on Sunday 27th December 2020 at Eggs and Bacon Bay, the invitation is attached. It is a beautiful sheltered bay and a great place for experienced and novice ocean swimmers alike. The view from the balcony as you eat your BBQ lunch isn't bad either.

See you at breakfast this week!

Di

Social News

Saturday 7th November, 10:30 breakfast at Spencer's

Saturday December 12th, 4:00pm Christmas Gathering

Please refer to the invitation for details.

Please ring or email me and volunteer to provide a salad or sweet

Phone 0418543691, email, judiadams155@gmail.com

Here are a few suggestions:

Salads; green, pasta, rice, bean, pre cooked potatoes in foil for reheating

Sweets; gingerbread, mini meringues, fruit platter, watermelon

This month I have been chatting to Anne Speed. I hope you enjoy reading her 'Reflection'

Reflections

Anne remembers:

My love of the beach and water started at Opossum Bay. The family spent January there. Although I couldn't swim I jumped into the water from a moored dinghy. My sisters and cousins were doing it, so why not me? Luckily I came back to the surface. I recall seeing my Mother and Auntie running down the beach. My cousin Jack grabbed my bather straps and pulled me into the boat.

After that I must have learnt to swim because I swam for Lansdowne Crescent Primary School in the inter school sports at the Tepid Baths. This pool closed for a few years due to diphtheria and paralysis.

As a family we often visited Nutgrove and Clifton Beach.

My girls were state swimmers and water polo players.

During the late nineties I participated in a 'Life Be In It' course at the Collegiate pool. I was lucky to have Ros Dillon as my instructor.

I joined Hobart Dolphins in 1998 and participated in the Nationals. I believe the Dolphins won the Australian club trophy.

When holidaying on Magnetic Island I heard about a competition in Townsville; the Memorial Long Tan Swimming Carnival (commemorating a notable battle during the Vietnam war).

I entered the 800 metres. Although I didn't win a medal I have fond memories as everyone was so friendly and helpful.

In 2002 a group of us went to the World Masters Games in Melbourne. We managed to acquire medals at both games.

There has been lots of fun and friendship.

Keep swimming; my specialist is impressed!

Anne



Photo Gallery



Who said time-keeping isn't fun!



Mega Swimmers



Winners are grinners

*Cherish the gifts of friendship
and love.*

Anon

Darryl Smith Classic Open Water Swim

Worried there won't be enough swimming over Christmas? Never fear, the Darryl Smith Classic open water swim is on again. We invite you to join us for an open water swim on the morning of **Sunday 27th December** at **Eggs and Bacon Bay**.

We plan to meet at the Eggs and Bacon Bay foreshore at 9.15am. If the weather there is rough, we can re-locate across to Randall's Bay. We will swim for about an hour and water patrols will be provided by a few local identities in kayaks. There are spare kayaks available for partners/kids who would like to join in.

The area is about a 1-hour drive from Hobart, or 10-mins drive south of Cygnet.

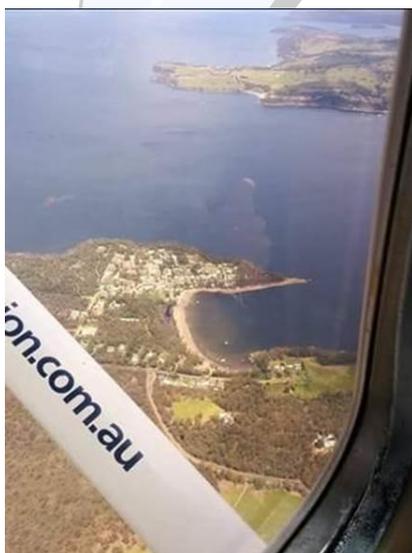
Suggested route: Via Huonville and Cygnet, then turn left at the bottom roundabout in Cygnet, follow the road along the river and turn right at the Randall's Bay/ Eggs & Bacon Bay turnoff. Head straight for the E&B Bay beach.

Bring your wetsuits, the family, something to drink and food for a BBQ breakfast at 84 Flakemore's road (Stronach's place – subject to CoViD restrictions). Shack showers are available - BYO towels.

The water will be about 18 degrees, but for more information see: <https://seatemperature.info/hobart-water-temperature.html>

For more information or if you get lost on the journey south, call for help 0417 338 113

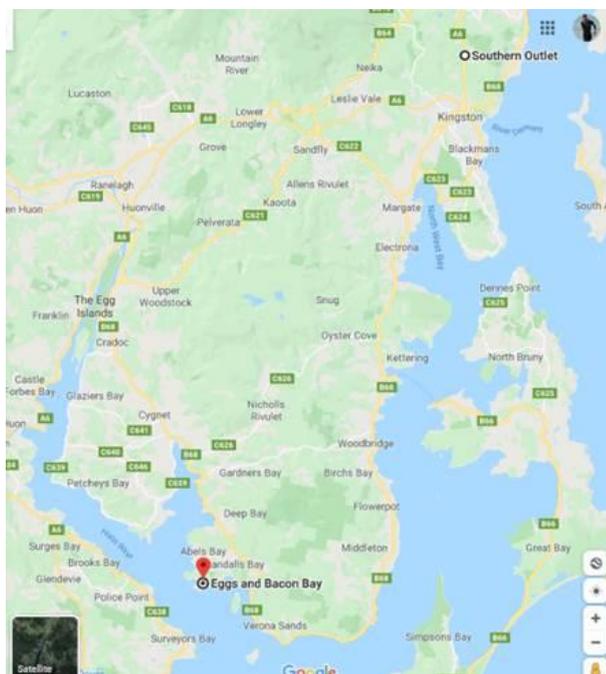
See you there!!



Eggs & Bacon Bay



Randalls Bay



Hobart Dolphins Member Profile, Rex Wise



How long have you been swimming with the Hobart Dolphins?

About 18 years.

What do you like about swimming?

Fitness, Friendship and Fun.

What do you NOT like in training?

Early starts, I like my bed a bit much.

Favourite stroke?

Freestyle.

Most memorable swim?

1993, at Devonport, I did a 52 and have not done it since!

What book are you reading at the moment?

None, mainly boat and car magazines and National Geographic.

Favourite book ever read?

Lord of the Rings

Favourite movie?

South Pacific, I love the Rodgers and Hammerstein Music.

What other hobbies/interests do you have?

Probus, Wood Turning and making kid's furniture (tables and chairs)

Where would you like to go for a once in a lifetime holiday?

New Zealand

What do you do for fun?

Go sailing with my son

Can you think of one thing in your life that is particularly special to you, that you would like to share with us?

I like to have a family barbecue and all of them together occasionally, family is very important to me..

Help us celebrate the end of year, Christmas and the achievements of fellow members at the
Dolphins Christmas Party!!



Featuring: a special performance by the Von Trappe Family Singers



Santa will provide club members' children with a present. Other children are welcome. If you would like them to receive a gift please pass a named, wrapped present to Santa



Fun and games for young and old!!



Waterworks Reserve Hut 9



Saturday 12 December, from 4.00pm

Wear something Christmassy – or dress as your favourite Christmas song.

Nibbles, dinner, soft drink and beer provided. BYO wine.

Adults \$10, Children \$5, Family \$30.

RSVP: to Pía by November 25th piap2212@bigpond.com Payment into club account (with your name please)

