



35th summer long course championships T A S M A N I A



Doone Kennedy Hobart Aquatic Centre

PROGRAMME OF EVENTS

Saturday 30 March

1.30pm Warm Up 2.10pm Start

1. Mixed 4x50m Freestyle Relay
2. 200m Butterfly
3. 100m Freestyle
4. 100m Breaststroke
- 5 min break
5. 50m Butterfly
6. 200m backstroke
- 5 min break
7. 200m Freestyle
8. 400m Individual medley
- 5 min break
9. Men's 4x50m Freestyle Relay
10. Women's 4x50m Freestyle Relay

Sunday 31 March

8.00am Warm Up 8.40am Start

11. Mixed 4x50m Medley Relay
12. 200m Breaststroke
13. 400 Freestyle
14. 50m backstroke
15. 200m Individual Medley
16. 50m Breaststroke
17. 100m Butterfly
- 5 min break
18. 100m Backstroke
19. 50m Freestyle
- 5 min break
20. Women's 4x50m Medley Relay
21. Men's 4x50m Medley Relay
22. 4x100m Mixed Freestyle Relay
23. 4x100m Mixed Medley Relay

CONDITIONS OF ENTRY

- Individuals may enter a **maximum of 5 individual events (excluding relays)**. The entry fee for individual registration is a fixed total of **\$50.00**.
- Age is as at **31 December 2019**. Minimum age is 18 years on the closing date for entries.
- Meet will be conducted under Masters Swimming Australia rules as at the close of entries.
- All competitors must be registered members of Masters Swimming Australia for 2019 **before** registering for these championships.
- Clubs may enter more than one relay team per age group, however only the nominated A team result will be counted towards Club Championship and Relay Championships points. Individuals may be entered in up to five relay events (including only one 4x100m team).
- Clubs may enter a Mixed team in **Event 22 and Event 23 in the 4x100m Freestyle Relay and 4x100m Medley Relay**.
- The entry fee for each relay team is **\$7.50**. Fees for relays can be paid at the time of entry online or by direct debit to Masters Swimming Tasmania BSB: 037010 A/C 256105 (Westpac) by **Friday 29 March**.
- There will be no alterations to events entered or refund of entry fees after the close of entries.





TIMEKEEPING

Electronic timekeeping will be used. Clubs are asked to provide backup timekeepers for the duration of the meet.

AWARDS

Individual:

- Medals will be awarded to first, second and third highest male and female **aggregate** point scorers in each age group. Medal points are awarded on a scale of 10 to 1 for placings per event.
- Male and Female Swimmer of the Meet trophies are awarded based on aggregate FINA points.

Club:

- Summer Championship Trophy (based on the total individual and relay points per club).
- New Norfolk Trophy (based on the total points per club divided by the number of registered members at the end of the previous year).

ENTRIES

Individual

Individual online entries will close at **11.59 pm Friday 22 March**. The Masters Swimming Tasmania Club Assistant online entry system can be found on the [Masters Swimming Tasmania website](#) or directly from the [MST Registration and Entry system](#).

Relays

Relay team entries will open on **Saturday 23 March at 11.30am** and close at **11.59pm Wednesday 27 March**. Relay team members names may be altered with the Recorder prior to the start of each session.

Late entries will not be accepted.

EVENT PROGRAMS

The event program with heat and lane allocations will be available online via the MSTAS website by **Tuesday 26 March** and via SwimPhone. A printed program can be ordered when registering for the event if required or downloaded and printed locally.

PRESENTATION LUNCH

The presentation lunch will be held on **Sunday 31 March** at the Philip Smith Centre, 2 Edward Street, Glebe (a short walk from the pool) commencing at 12:00 noon. Cost of the lunch is \$16 per head to be paid online when registering for the event.

ENQUIRIES

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