

31st SHORT COURSE LONG DISTANCE CHAMPIONSHIPS

Saturday, 17 October 2026

Launceston Aquatic Centre

High St Launceston TAS 7250



Program

Warm up: 1:30 pm for 2:00pm start with an expected finishing time of 5:30pm.

- Event 1 1500 Metre Freestyle
- Event 2 800 Metre Freestyle
- Event 3 400 Metre Freestyle
- Event 4 400 Metre IM

Time drops timing system (SAT) will be used, and warm up/swim down lanes will be available.

Entry Fee

\$16 registration plus \$6.00 per event (includes pool entry)

Conditions of entry

- Competitors may enter **two** individual events.
- Form strokes or medley strokes may be swum – please indicate this in the **Notes Section** on the entry form when registering online. **Note:** the 400IM is an independent event to comply with the requirements of World Top 10.
- Swimmers registered for two events may be limited to one event on the day at the discretion of the Meet Director due to time constraints. Refunds will apply in this situation.
- Event will be heat seeded slowest to fastest.
- Age as 31st December 2026.
- Rules of MSA as at the closing date of entries apply.
- All competitors must be registered with MSA at the time of entry.
- No changes to entries or refund of entry fees after the close of entries, except at the discretion of the Meet Director.
- Swimmers are encouraged to provide their own person to count laps (if required). Lap counter flip boards will be available.

- **Note to Clubs.** Participating clubs are requested to provide timekeepers and lap counters.

Entry Procedures

- Entries will open online on 24 August 2026 at 11.59am and close on Monday 12 October at 11.59pm. The draft program will be emailed to competitors on Tuesday 13 October and posted on the MST website.

2026 MST Short Course Long Distance Championships

Parking at the pool

Memorial Hall / Bowls Club, \$2.00 per 3 hours, \$4.00 per 6 hours, Monday to Sunday 9am- 5pm

Leisure and Aquatic Centre, \$1.00 per 90 minutes (90 minute limit), Monday to Sunday 9am - 5pm

High Street off-street parking spaces, FREE parking: Saturday, Sunday

Entry to the pool

Entry to the pool will be via the gate entrance at the Western end of the pool complex adjacent to the Windmill Hill Memorial Hall. Signs will be in place to guide you.