

# Hobart Dolphins

## Short Course Records

### Female

#### Age Group 18-24

| Stroke            | Name                | Date       | Time     | Location   |
|-------------------|---------------------|------------|----------|------------|
| 50m Backstroke    | JULIE HERON         | 17.08.1985 | 41.13    | LAUNCESTON |
| 100m Backstroke   | JEANNIE BAXTER-REID | 16.07.1989 | 01:23.49 | LAUNCESTON |
| 200m Breaststroke | JEANNIE BAXTER-REID | 16.07.1989 | 03:23.65 | LAUNCESTON |
| 800m Breaststroke | MONIKA KRUESMAN     | 01.05.1999 | 15:04.42 | LAUNCESTON |

#### Age Group 25-29

|                   |                  |            |          |            |
|-------------------|------------------|------------|----------|------------|
| 25m Freestyle     | ELISA MCMILLAN   | 23.04.2022 | 14.49    | NATIONALS  |
| 50m Freestyle     | KARON AIKEN      | 15.07.1989 | 28.82    | LAUNCESTON |
| 100m Freestyle    | KARON AIKEN      | 16.07.1989 | 01:02.14 | LAUNCESTON |
| 200m Freestyle    | KARON AITKEN     | 16.07.1989 | 02:21.08 | LAUNCESTON |
| 400m Freestyle    | ELISA MCMILLAN   | 21.08.2021 | 05:26.61 | TAS STATE  |
| 800m Freestyle    | ELISA MCMILLAN   | 20.04.2022 | 11:26.51 | NATIONALS  |
| 25m Backstroke    | CLAUDIA LOPEZ    | 21.08.2021 | 18.17    | LAUNCESTON |
| 50m Backstroke    | JODI HARRISON    | 21.08.1988 | 36.59    | LAUNCESTON |
| 100M Backstroke   | CLAUDIA LOPEZ    | 21.08.2021 | 01:24.02 | LAUNCESTON |
| 25M Breaststroke  | JAYDE RICHARDSON | 21.08.2021 | 18.75    | LAUNCESTON |
| 50m Breaststroke  | KATHY HAWKES     | 03.08.1991 | 38.68    | LAUNCESTON |
| 100m Breaststroke | KATHY HAWKES     | 03.08.1991 | 01:25.92 | LAUNCESTON |
| 200m Breaststroke | KATHY HAWKES     | 04.08.1991 | 03:04.94 | LAUNCESTON |
| 25M Butterfly     | ELISE MCMILLAN   | 21.04.2022 | 15.37    | NATIONALS  |
| 50m Butterfly     | KARON AIKEN      | 16.07.1989 | 30.91    | LAUNCESTON |
| 100m Butterfly    | KARON AIKEN      | 15.07.1989 | 01:12.3  | LAUNCESTON |
| 200M Butterfly    | JAYDE RICHARDSON | 21.08.2021 | 02:49.05 | LAUNCESTON |

|                        |                  |            |          |            |
|------------------------|------------------|------------|----------|------------|
| 100m Individual Medley | JODI HARRISON    | 15.07.1987 | 01:16.81 | LAUNCESTON |
| 200m Individual Medley | ELISE MCMILLAN   | 23.04.2022 | 02:54.31 | NATIONALS  |
| 400m Individual Medley | JAYDE RICHARDSON | 21.08.2021 | 06:00.79 | LAUNCESTON |

### **Age Group 30-34**

|                        |                  |            |          |                   |
|------------------------|------------------|------------|----------|-------------------|
| 25M Freestyle          | JAYDE RICHARDSON | 18.08.2024 | 13.92    | TAS STATE         |
| 50m Freestyle          | JAYDE RICHARDSON | 18.08.2024 | 29.81    | TAS STATE         |
| 100m Freestyle         | ELISA MCMILLAN   | 25.08.2024 | 01:08.32 | MOWBRAY SC        |
| 200M Freestyle         | ELISA MCMILLAN   | 01.05.2026 | 02:30.94 | Nationals         |
| 400m Freestyle         | ELISA MCMILLAN   | 18.05.2024 | 05:22.09 | SCLD              |
| 800M Freestyle         | ELISA MCMILLAN   | 18.05.2024 | 11.08.47 | SCLD              |
| 50m Backstroke         | SARAH PEARSON    | 10.08.1997 | 37.60    | LAUNCESTON        |
| 100m Backstroke        | SARAH PEARSON    | 10.08.1997 | 01:22.76 | LAUNCESTON        |
| 200m Backstroke        | SARAH PEARSON    | 09.08.1997 | 02:57.27 | LAUNCESTON        |
| 400m Backstroke        | SARAH PEARSON    | 06.07.1997 | 06:10.90 | HOBART            |
| 25m Breaststroke       | JAYDE RICHARDSON | 18.08.2024 | 18.05    | TAS STATE         |
| 50m Breaststroke       | JAYDE RICHARDSON | 18.08.2024 | 39.72    | TAS STATE         |
| 100m Breaststroke      | KATHY HAWKES     | 07.05.1995 | 01:24.96 | HOBART            |
| 200m Breaststroke      | JAYDE RICHARDSON | 18.08.2024 | 03:06.82 | TAS STATE         |
| 25M Butterfly          | JAYDE RICHARDSON | 24.08.2024 | 15.06    | .....<br>BRISBANE |
| 50m Butterfly          | ELISA MCMILLAN   | 24.09.2023 | 33.44    | Vic State         |
| 100M Butterfly         | ELISA MCMILLAN   | 19.08.2023 | 01:13.13 | LAUNCESTON        |
| 200M Butterfly         | ELISA MCMILLAN   | 20.08.2023 | 02:54.22 | LAUNCESTON        |
| 100m Individual Medley | JAYDE RICHARDSON | 18.08.2024 | 01:17.12 | TAS STATE         |

### **Age Group 35-39**

|               |                    |            |       |            |
|---------------|--------------------|------------|-------|------------|
| 25m Freestyle | MICHELLE COCKERELL | 24.08.2019 | 14.94 | TAS STATE  |
| 50m Freestyle | JULIA ALLSTON      | 01.08.1992 | 30.72 | LAUNCESTON |

|                        |                    |            |          |            |
|------------------------|--------------------|------------|----------|------------|
| 100m Freestyle         | JULIA ALLSTON      | 02.08.1992 | 01:08.36 | LAUNCESTON |
| 200m Freestyle         | JULIA ALLSTON      | 01.08.1992 | 02:27.14 | LAUNCESTON |
| 400m Freestyle         | JULIA ALLSTON      | 02.08.1992 | 05:18.11 | LAUNCESTON |
| 800m Freestyle         | JULIA ALLSTON      | 13.08.1994 | 11:14.30 | LAUNCESTON |
| 1500m Freestyle        | LYN CHARLTON-YOUNG | 08.05.2004 | 29:18.59 | AEROBICS   |
| 25m Backstroke         | ANNALIESE COUSINS  | 24.08.2013 | 18.85    | TAS STATE  |
| 50m Backstroke         | JENNY BREEN        | 16.07.1989 | 39.87    | LAUNCESTON |
| 100m Backstroke        | JENNY BREEN        | 21.08.1988 | 01:26.41 | LAUNCESTON |
| 200m Backstroke        | JENNY BREEN        | 20.08.1988 | 03:07.78 | LAUNCESTON |
| 400m Backstroke        | KATHERINE DAFT     | 29.11.1998 | 06:50.90 | HOBART     |
| 25m Breaststroke       | ANNALIESE COUSINS  | 24.08.2014 | 20.42    | TAS STATE  |
| 50m Breaststroke       | ROSLYN DILLON      | 15.07.1989 | 42.88    | LAUNCESTON |
| 100m Breaststroke      | ROSLYN DILLON      | 15.07.1989 | 01:40.62 | LAUNCESTON |
| 200m Breaststroke      | BONNIE DAVIES      | 10.04.2015 | 04:28.36 | LAUNCESTON |
| 25m Butterfly          | ANNALIESE COUSINS  | 24.08.2014 | 16.58    | TAS STATE  |
| 50m Butterfly          | JULIA ALLSTON      | 02.08.1992 | 35.09    | LAUNCESTON |
| 100m Butterfly         | JULIA ALLSTON      | 13.08.1994 | 01:14.23 | LAUNCESTON |
| 100m Individual Medley | JULIA ALLSTON      | 02.08.1992 | 01:22.21 | LAUNCESTON |
| 200m Individual Medley | LYN CHARLTON-YOUNG | 28.08.2004 | 08:43.25 | TAS STATE  |

### **Age Group 40-44**

|                 |                    |            |          |            |
|-----------------|--------------------|------------|----------|------------|
| 25m Freestyle   | ANNALIESE COUSINS  | 24.08.2013 | 15.87    | TAS STATE  |
| 50m Freestyle   | JULIA ALLSTON      | 15.08.1996 | 31.51    | LAUNCESTON |
| 100m Freestyle  | JULIA ALLSTON      | 18.08.1996 | 01:09.84 | LAUNCESTON |
| 200m Freestyle  | JULIA ALLSTON      | 18.08.1996 | 02:33.13 | LAUNCESTON |
| 400m Freestyle  | JULIA ALLSTON      | 18.08.1996 | 05:17.63 | LAUNCESTON |
| 800m Freestyle  | ANNALIESE COUSINS  | 14.10.2017 | 13:48.11 | AEROBICS   |
| 1500m Freestyle | LYN CHARLTON-YOUNG | 21.05.2005 | 28:11.49 | TAS STATE  |

|                        |                   |            |          |            |
|------------------------|-------------------|------------|----------|------------|
| 25m Backstroke         | ANNALIESE COUSINS | 19.08.2017 | 19.03    | TAS STATE  |
| 50m Backstroke         | ANNALIESE COUSINS | 09.04.2015 | 39.68    | NATIONALS  |
| 100m Backstroke        | ANNALIESE COUSINS | 20.08.2016 | 01:28.79 | TAS STATE  |
| 25m Breaststroke       | ANNALIESE COUSINS | 25.08.2019 | 20.70    | TAS STATE  |
| 50m Breaststroke       | ANNALIESE COUSINS | 11.04.2015 | 44.51    | NATIONALS  |
| 100m Breaststroke      | ANNALIESE COUSINS | 09.04.2015 | 01:38.95 | NATIONALS  |
| 200m Breaststroke      | ROSLYN DILLON     | 12.08.1990 | 03:46.88 | LAUNCESTON |
| 400m Breaststroke      | LORNA CARLTON     | 06.07.1997 | 07:53.80 | HOBART     |
| 800m Breaststroke      | KATHERINE DAFT    | 01.05.1999 | 14:45.34 | LAUNCESTON |
| 25m Butterfly          | ANNALIESE COUSINS | 21.08.2016 | 16.72    | TAS STATE  |
| 50m Butterfly          | ROSLYN DILLON     | 12.08.1990 | 42.86    | LAUNCESTON |
| 100m Butterfly         | BRIDGET JOSCELYN  | 14.08.1993 | 01:49.52 | LAUNCESTON |
| 100m Individual Medley | ANNALIESE COUSINS | 08.04.2015 | 01:25.44 | NATIONALS  |
| 200m Individual Medley | BRONWYN MCARTHUR  | 22.05.1994 | 03:51.70 | HOBART     |
| 400m Individual Medley | BRONWYN MCARTHUR  | 13.08.1995 | 08:04.59 | LAUNCESTON |

### **Age Group 45-49**

|                  |                   |            |          |            |
|------------------|-------------------|------------|----------|------------|
| 25m Freestyle    | ANNALIESE COUSINS | 21.08.2021 | 15.99    | LAUNCESTON |
| 50m Freestyle    | ROSLYN DILLON     | 27.04.1996 | 35.75    | LAUNCESTON |
| 100m Freestyle   | JANET FRENCH      | 21.08.1988 | 01:27.06 | LAUNCESTON |
| 200M Freestyle   | MICHELLE SAMPSON  | 21.08.2021 | 03:08.43 | TAS STATE  |
| 400m Freestyle   | MICHELLE SAMPSON  | 21.08.2021 | 06:31.52 | TAS STATE  |
| 800M Freestyle   | MICHELLE SAMPSON  | 04.06.2022 | 13:37.82 | TAS STATE  |
| 1500m Freestyle  | MICHELLE SAMPSON  | 04.06.2022 | 25.45.13 | TAS STATE  |
| 25m Backstroke   | ANNALIESE COUSINS | 21.08.2021 | 19.65    | TAS STATE  |
| 50m Backstroke   | ANNALIESE COUSINS | 21.08.2021 | 42.10    | LAUNCESTON |
| 25m Breaststroke | ANNALIESE COUSINS | 21.08.21   | 21.24    | TAS STATE  |
| 50m Breaststroke | ANNALIESE COUSINS | 21.08.21   | 46.63    | TAS STATE  |

|                        |                   |            |          |            |
|------------------------|-------------------|------------|----------|------------|
| 100m Breaststroke      | BRIGITTE POTTER   | 15.07.1989 | 01:41.57 | LAUNCESTON |
| 200m Breaststroke      | BRIGITTE POTTER   | 16.07.1989 | 03:41.77 | LAUNCESTON |
| 25M Butterfly          | ANNALIESE COUSINS | 21.08.21   | 17.05    | LAUNCESTON |
| 50m Butterfly          | JANET FRENCH      | 21.08.1987 | 45.47    | LAUNCESTON |
| 100m Butterfly         | MICHELLE SAMPSON  | 24.09.2019 | 01:48.25 | TAS STATE  |
| 200m Butterfly         | MICHELLE SAMPSON  | 25.08.2019 | 04:00.26 | TAS STATE  |
| 100m Individual Medley | ROSLYN DILLON     | 07.05.1995 | 01:28.98 | LAUNCESTON |
| 400m Individual Medley | JANET FRENCH      | 04.08.1991 | 07:59.27 | LAUNCESTON |

### **Age Group 50-54**

|                   |                   |            |          |            |
|-------------------|-------------------|------------|----------|------------|
| 25m Freestyle     | LEISL WYLIE       | 24.10.2025 | 15.79    | AMG        |
| 50m Freestyle     | LEISL WYLIE       | 18.08.2024 | 34.32    | TAS STATE  |
| 100m Freestyle    | LEISL WYLIE       | 24.10.2025 | 01:16.11 | AMG        |
| 200m Freestyle    | LEISL WYLIE       | 25.10.2025 | 02:46.57 | AMG        |
| 400m Freestyle    | LEISL WYLIE       | 24.10.2025 | 05:51.94 | AMG        |
| 800m Freestyle    | LEISL WYLIE       | 10.06.2023 | 13:00.03 | SCLD       |
| 1500M Freestyle   | LEISL WYLIE       | 10.06.2023 | 24:44.32 | SCLD       |
| 25m Backstroke    | KATHERINE DAFT    | 24.08.2013 | 21.82    | TAS STATE  |
| 50m Backstroke    | KATHERINE DAFT    | 24.08.2013 | 47.19    | TAS STATE  |
| 100m Backstroke   | DIANE GREGORY     | 20.08.2011 | 01:46.46 | TAS STATE  |
| 25m Breaststroke  | LEISL WYLIE       | 25.10.2025 | 19.89    | AMG        |
| 50m Breaststroke  | LEISL WYLIE       | 05.07.2025 | 44.15    | ST SC QT   |
| 100m Breaststroke | LEISL WYLIE       | 18.08.2024 | 01:36.87 | TAS STATE  |
| 200m Breaststroke | LEISL WYLIE       | 18.08.2024 | 03:38.68 | TAS STATE  |
| 400M Breaststroke | LEISL WYLIE       | 18.05.2024 | 07:41.65 | SCLD       |
| 25m Butterfly     | ANNALIESE COUSINS | 23.08.2025 | 21.75    | LAUNCESTON |
| 50m Butterfly     | BRIGITTE POTTER   | 28.04.1996 | 48.46    | LAUNCESTON |

|                        |                 |            |          |            |
|------------------------|-----------------|------------|----------|------------|
| 100m Individual Medley | LEISL WYLIE     | 20.08.2023 | 01:33.54 | TAS STATE  |
| 200m Individual Medley | BRIGITTE POTTER | 27.04.1996 | 03:42.68 | LAUNCESTON |

### **Age Group 55-59**

|                        |                |            |          |           |
|------------------------|----------------|------------|----------|-----------|
| 25m Freestyle          | LEISL WYLIE    | 29.04.2026 | 15.76    | Nationals |
| 50m Freestyle          | LEISL WYLIE    | 28.04.2026 | 35.26    | Nationals |
| 100m Freestyle         | KATHRYN OSBORN | 25.08.2019 | 01:16.14 | TAS STATE |
| 200m Freestyle         | LEISL WYLIE    | 01.05.2026 | 02:47.36 | Nationals |
| 400m Freestyle         | LEISL WYLIE    | 29.04.2026 | 05:50.64 | Nationals |
| 800m Freestyle         | LEISL WYLIE    | 02.05.2026 | 12:01.52 | Nationals |
| 1500m Freestyle        | KATHERINE DAFT | 14.10.18   | 27:17.30 | Aerobics  |
| 25m Backstroke         | KATHRYN OSBORN | 23.08.2020 | 19.52    | TAS STATE |
| 50m Backstroke         | KATHRYN OSBORN | 22.10.2017 | 43.09    | AMG       |
| 100m Backstroke        | KATHERINE DAFT | 10.04.2015 | 01:38.63 | NATIONALS |
| 200m Backstroke        | KATHERINE DAFT | 21.08.2016 | 03:39.21 | TAS STATE |
| 400m Backstroke        | DIANE GREGORY  | 25.05.2013 | 08:11.71 | INTERCLUB |
| 25m Breaststroke       | KATHRYN OSBORN | 25.08.2019 | 19.17    | TAS STATE |
| 50m Breaststroke       | KATHRYN OSBORN | 25.08.2019 | 41.82    | TAS STATE |
| 100m Breaststroke      | KATHRYN OSBORN | 24.08.2019 | 01:30.73 | TAS STATE |
| 200m Breaststroke      | KATHRYN OSBORN | 24.08.2019 | 03:22.32 | TAS STATE |
| 400m Breaststroke      | KATHRYN OSBORN | 05.06.2021 | 07:16.70 | TAS STATE |
| 25m Butterfly          | KATHRYN OSBORN | 24.08.2019 | 16.77    | TAS STATE |
| 50m Butterfly          | FIONA ZIEGELER | 25.08.2019 | 40.12    | TAS STATE |
| 100m Butterfly         | FIONA ZIEGELER | 22.08.2020 | 01:32.84 | TAS STATE |
| 200m Butterfly         | DIANE GREGORY  | 24.08.2013 | 05:01.10 | TAS STATE |
| 100m Individual Medley | KATHRYN OSBORN | 24.08.19   | 01:25.56 | TAS STATE |
| 200m Individual Medley | KATHRYN OSBORN | 21.08.2021 | 03:13.90 | TAS STATE |
| 400m Individual Medley | DIANE GREGORY  | 24.08.2014 | 09:38.23 | TAS STATE |

### **Age Group 60-64**

|                        |                |            |          |            |
|------------------------|----------------|------------|----------|------------|
| 25m Freestyle          | KATHRYN OSBORN | 24.08.2024 | 16.79    | TAS STATE  |
| 50m Freestyle          | AMANDA DUGGAN  | 20.08.2022 | 33.87    | TAS STATE  |
| 100m Freestyle         | AMANDA DUGGAN  | 20.08.2023 | 01:12.51 | TAS STATE  |
| 200m Freestyle         | AMANDA DUGGAN  | 20.08.2023 | 02:34.03 | TAS STATE  |
| 400m Freestyle         | AMANDA DUGGAN  | 20.08.2023 | 05:16.76 | TAS STATE  |
| 800m Freestyle         | AMANDA DUGGAN  | 04.06.2022 | 10:51.66 | LAUNCESTON |
| 1500m Freestyle        | AMANDA DUGGAN  | 04.06.2022 | 20:40.28 | TAS STATE  |
| 25m Backstroke         | KATHRYN OSBORN | 18.08.2024 | 19.98    | TAS STATE  |
| 50m Backstroke         | AMANDA DUGGAN  | 20.08.2022 | 42.09    | TAS STATE  |
| 100m Backstroke        | AMANDA DUGGAN  | 20.08.2022 | 01:29.33 | TAS STATE  |
| 200m Backstroke        | FIONA ZIEGELER | 24.08.2025 | 03:31.44 | LAUNCESTON |
| 400m Backstroke        | FIONA ZIEGELER | 10.06.2023 | 07:03.02 | SCLD       |
| 800M Backstroke        | AMANDA DUGGAN  | 18.05.2024 | 13:15.52 | SCLD       |
| 25m Breaststroke       | KATHRYN OSBORN | 20.08.2022 | 19.42    | TAS STATE  |
| 50m Breaststroke       | KATHRYN OSBORN | 20.08.2022 | 42.98    | TAS STATE  |
| 100m Breaststroke      | KATHRYN OSBORN | 20.08.2022 | 01:35.64 | TAS STATE  |
| 200m Breaststroke      | AMANDA DUGGAN  | 18.08.2024 | 03:29.08 | TAS STATE  |
| 400m Breaststroke      | KATHRYN OSBORN | 04.06.2022 | 07:21.14 | LAUNCESTON |
| 25m Butterfly          | KATHRYN OSBORN | 20.08.2022 | 17.27    | TAS STATE  |
| 50m Butterfly          | FIONA ZIEGELER | 20.08.2022 | 40.86    | LAUNCESTON |
| 100M Butterfly         | FIONA ZIEGELER | 21.08.2021 | 01:32.57 | LAUNCESTON |
| 200M Butterfly         | DIANE GREGORY  | 05.06.2021 | 04:52.46 | TAS STATE  |
| 100m Individual Medley | AMANDA DUGGAN  | 20.08.2022 | 01:24.08 | TAS STATE  |
| 200m Individual Medley | AMANDA DUGGAN  | 18.08.2024 | 03:00.36 | TAS STATE  |
| 400m Individual Medley | FIONA ZIEGELER | 21.08.2021 | 06:59.17 | LAUNCESTON |
| 800M Individual Medley | DIANE GREGORY  | 05.06.2021 | 18:52.45 | LAUNCESTON |

### **Age Group 65-69**

|                        |                |            |          |            |
|------------------------|----------------|------------|----------|------------|
| 25m Freestyle          | MEGAN STRONACH | 24.08.2019 | 17.92    | TAS STATE  |
| 50m Freestyle          | AMANDA DUGGAN  | 23.08.2025 | 35.69    | LAUNCESTON |
| 100m Freestyle         | AMANDA DUGGAN  | 23.08.2025 | 01:14.47 | LAUNCESTON |
| 200m Freestyle         | AMANDA DUGGAN  | 23.08.2025 | 02:33.17 | LAUNCESTON |
| 400m Freestyle         | AMANDA DUGGAN  | 23.08.2025 | 05:24.77 | LAUNCESTON |
| 800m Freestyle         | AMANDA DUGGAN  | 31.05.2025 | 11:10.72 | SCLD       |
| 1500m Freestyle        | AMANDA DUGGAN  | 31.05.2025 | 21:07.37 | SCLD       |
| 25m Backstroke         | MEGAN STRONACH | 25.08.2019 | 21.43    | TAS STATE  |
| 50m Backstroke         | AMANDA DUGGAN  | 23.08.2025 | 43.19    | LAUNCESTON |
| 100m Backstroke        | MEGAN STRONACH | 25.08.2019 | 01:41.62 | TAS STATE  |
| 200m Backstroke        | MEGAN STRONACH | 24.08.2019 | 03:40.59 | TAS STATE  |
| 400m Backstroke        | FIONA ZIEGELER | 30.04.2026 | 07:10.54 | Nationals  |
| 25m Breaststroke       | AMANDA DUGGAN  | 23.08.2025 | 20.59    | LAUNCESTON |
| 50m Breaststroke       | AMANDA DUGGAN  | 23.08.2025 | 44.05    | LAUNCESTON |
| 100m Breaststroke      | KATHERINE DAFT | 29.04.2026 | 01:49.28 | Nationals  |
| 200m Breaststroke      | FIONA REDGROVE | 18.05.2024 | 03:59.58 | SCLD       |
| 400m Breaststroke      | FIONA REDGROVE | 18.05.2024 | 08:08.98 | SCLD       |
| 800M Breaststroke      | FIONA REDGROVE | 18.05.2024 | 17:09.39 | SCLD       |
| 25m Butterfly          | AMANDA DUGGAN  | 23.08.2025 | 17.87    | LAUNCESTON |
| 50m Butterfly          | FIONA ZIEGELER | 29.04.2026 | 41.58    | Nationals  |
| 100m Butterfly         | FIONA ZIEGELER | 01.05.2026 | 01:35.97 | Nationals  |
| 100m Individual Medley | AMANDA DUGGAN  | 23.08.2025 | 01:26.49 | LAUNCESTON |
| 200m Individual Medley | FIONA ZIEGELER | 30.04.2026 | 03:20.23 | Nationals  |
| 400m Individual Medley | FIONA ZIEGELER | 28.04.2026 | 07:08.54 | Nationals  |

### **Age Group 70-74**

|               |                |            |       |           |
|---------------|----------------|------------|-------|-----------|
| 25m Freestyle | MEGAN STRONACH | 22.08.2022 | 18.38 | TAS STATE |
|---------------|----------------|------------|-------|-----------|

|                        |                 |            |          |            |
|------------------------|-----------------|------------|----------|------------|
| 50m Freestyle          | MEGAN STRONACH  | 24.09.2023 | 40.57    | VIC STATE  |
| 100m Freestyle         | MEGAN STRONACH  | 25.08.2024 | 01:28.77 | VIC STATE  |
| 200m Freestyle         | MEGAN STRONACH  | 25.08.2024 | 03:12.00 | VIC STATE  |
| 400m Freestyle         | MEGAN STRONACH  | 20.08.2023 | 06:54.71 | TAS STATE  |
| 800m Freestyle         | MEGAN STRONACH  | 18.04.24   | 14:05.87 | QLD STATE  |
| 1500m Freestyle        | JAN CHEW        | 31.05.2008 | 37:35.66 | TAS STATE  |
| 25m Backstroke         | MEGAN STRONACH  | 24.09.2023 | 21.97    | VIC STATE  |
| 50m Backstroke         | MEGAN STRONACH  | 24.09.2023 | 46.96    | VIC STATE  |
| 100m Backstroke        | MEGAN STRONACH  | 24.09.2023 | 01:40.12 | VIC STATE  |
| 200M Backstroke        | MEGAN STRONACH  | 19.04.2024 | 03:34.25 | QLD SC     |
| 400m Backstroke        | MEGAN STRONACH  | 18.05.2024 | 07:38.37 | SCLD       |
| 800M Backstroke        | MEGAN STRONACH  | 18.05.2024 | 15:39.76 | SCLD       |
| 1500M Backstroke       | MEGAN STRONACH  | 18.05.2024 | 29:41.00 | SCLD       |
| 25m Breaststroke       | MEGAN STRONACH  | 22.08.2022 | 26.02    | TAS STATE  |
| 50m Breaststroke       | JUSTINE BAMFORD | 18.08.1996 | 54.92    | LAUNCESTON |
| 100m Breaststroke      | MEGAN STRONACH  | 18.08.2024 | 01:55.74 | TAS STATE  |
| 200m Breaststroke      | JUSTINE BAMFORD | 13.08.1996 | 04:38.30 | LAUNCESTON |
| 400m Breaststroke      | JUSTINE BAMFORD | 05.07.1998 | 09:41.77 | HOBART     |
| 25m Butterfly          | MEGAN STRONACH  | 25.08.2024 | 20.76    | VIC STATE  |
| 50m Butterfly          | MEGAN STRONACH  | 19.04.2024 | 46.81    | QLD STATE  |
| 100m Butterfly         | MEGAN STRONACH  | 04.06.2022 | 01:54.48 | LAUNCESTON |
| 200m Butterfly         | TINA SMIT       | 07.05.1995 | 05:53.5  | HOBART     |
| 100m Individual Medley | MEGAN STRONACH  | 18.08.2024 | 01:42.80 | TAS STATE  |
| 200m Individual Medley | MEGAN STRONACH  | 20.08.2023 | 03:45.31 | TAS STATE  |
| 400m Individual Medley | MEGAN STRONACH  | 10.06.2023 | 08:05.21 | SCLD       |

### **Age Group 75-79**

|               |              |            |       |           |
|---------------|--------------|------------|-------|-----------|
| 25m Freestyle | MARY COUSINS | 24.08.2024 | 24.41 | TAS STATE |
| 50m Freestyle | MARY COUSINS | 24.08.2024 | 53.73 | TAS STATE |

|                        |                   |            |          |            |
|------------------------|-------------------|------------|----------|------------|
| 100m Freestyle         | JAN CHEW          | 24.08.2013 | 02:10.24 | TAS STATE  |
| 200m Freestyle         | JAN CHEW          | 24.08.2014 | 05:11.62 | TAS STATE  |
| 400m Freestyle         | TINA SMIT         | 22.01.2000 | 10:18.38 | HOBART     |
| 800m Freestyle         | MARGARET CLOUGHER | 08.05.2004 | 22:28.46 | TAS STATE  |
| 1500m Freestyle        | JUSTINE BAMFORD   | 08.05.2004 | 35:17.85 | AEROBICS   |
| 25m Backstroke         | MARY COUSINS      | 24.08.2024 | 33.05    | TAS STATE  |
| 50m Backstroke         | JUSTINE BAMFORD   | 2003       | 57.58    |            |
| 100m Backstroke        | JUSTINE BAMFORD   | 2003       | 02:05.03 |            |
| 200m Backstroke        | TINA SMIT         | 2003       | 05:54.02 |            |
| 25m Breaststroke       | JAN CHEW          | 24.08.2013 | 30.21    | TAS STATE  |
| 50m Breaststroke       | JUSTINE BAMFORD   | 11.08.2001 | 58.77    | LAUNCESTON |
| 100m Breaststroke      | JUSTINE BAMFORD   | 11.08.2001 | 02:11.60 | LAUNCESTON |
| 200m Breaststroke      | JUSTINE BAMFORD   | 2003       | 04:42.22 |            |
| 400m Breaststroke      | JUSTINE BAMFORD   | 2002       | 09:41.70 |            |
| 800m Breaststroke      | JUSTINE BAMFORD   | 2002       | 19:34.75 |            |
| 1500m Breaststroke     | JUSTINE BAMFORD   | 08.05.2004 | 35:17.85 | TAS STATE  |
| 25m Butterfly          | WILMA ATTRILL     | 21.08.2010 | 52.95    | TAS STATE  |
| 50m Butterfly          | TINA SMIT         | 12.08.2000 | 01:37.31 | LAUNCESTON |
| 100m Butterfly         | TINA SMIT         | 12.08.2000 | 03:48.52 | LAUNCESTON |
| 200m Butterfly         | TINA SMIT         | 12.08.2000 | 08:28.77 | LAUNCESTON |
| 100m Individual Medley | TINA SMIT         | 11.08.2002 | 03:07.89 | AQUATIC    |
| 200m Individual Medley | TINA SMIT         | 2002       | 06:41.70 |            |
| 400m Individual Medley | TINA SMIT         | 12.08.2000 | 14:26.38 | LAUNCESTON |

### **Age Group 80-84**

|                |                   |            |          |           |
|----------------|-------------------|------------|----------|-----------|
| 25m Freestyle  | MARGARET CLOUGHER | 30.08.2009 | 29.46    | TAS STATE |
| 50m Freestyle  | MARGARET CLOUGHER | 30.08.2009 | 01:10.53 | TAS STATE |
| 100m Freestyle | MARGARET CLOUGHER | 22.08.2010 | 02:37.13 | TAS STATE |
| 200m Freestyle | MARGARET CLOUGHER | 22.08.2010 | 06:05.78 | TAS STATE |

|                        |                   |            |          |           |
|------------------------|-------------------|------------|----------|-----------|
| 400m Freestyle         | MARGARET CLOUGHER | 11.06.2011 | 12:31.18 | TAS STATE |
| 800m Freestyle         | JUSTINE BAMFORD   | 19.05.2007 | 21:03.34 | TAS STATE |
| 1500m Freestyle        | JUSTINE BAMFORD   | 31.05.2008 | 43:14.22 | TAS STATE |
| 25m Backstroke         | JUSTINE BAMFORD   | 30.08.2009 | 33.18    | TAS STATE |
| 50m Backstroke         | JUSTINE BAMFORD   | 29.08.2009 | 01:08.97 | TAS STATE |
| 100m Backstroke        | ANNE SPEED        | 25.08.2019 | 03:14.26 | TAS STATE |
| 200m Backstroke        | ANNE SPEED        | 24.08.2019 | 00:48.81 | TAS STATE |
| 25m Breaststroke       | JUSTINE BAMFORD   | 29.08.2009 | 34.09    | TAS STATE |
| 50m Breaststroke       | JUSTINE BAMFORD   | 30.08.2009 | 01:19.88 | TAS STATE |
| 100m Breaststroke      | JUSTINE BAMFORD   | 31.05.2008 | 02:35.94 | TAS STATE |
| 200m Breaststroke      | JUSTINE BAMFORD   | 19.05.2007 | 05:15.55 | TAS STATE |
| 400m Breaststroke      | JUSTINE BAMFORD   | 19.05.2007 | 10:34.89 | TAS STATE |
| 800m Breaststroke      | JUSTINE BAMFORD   | 19.05.2007 | 21:03.34 | TAS STATE |
| 1500m Breaststroke     | JUSTINE BAMFORD   | 31.05.2008 | 43:14.22 | TAS STATE |
| 25m Butterfly          | TINA SMIT         | 20.08.2006 | 56.48    | TAS STATE |
| 50m Butterfly          | TINA SMIT         | 19.08.2006 | 02:10.49 | TAS STATE |
| 100m Individual Medley | ANNE SPEED        | 24.08.2019 | 03:31.26 | TAS STATE |
| 200m Individual Medley | TINA SMIT         | 19.08.2006 | 08:15.18 | TAS STATE |

### **Age Group 85-89**

|                 |                   |            |          |            |
|-----------------|-------------------|------------|----------|------------|
| 25m Freestyle   | WILMA ATTRILL     | 24.08.2019 | 39.22    | TAS STATE  |
| 50m Freestyle   | MARGARET CLOUGHER | 10.04.2015 | 01:12.48 | NATIONALS  |
| 100m Freestyle  | MARGARET CLOUGHER | 11.04.2015 | 02:47.28 | NATIONALS  |
| 200m Freestyle  | MARGARET CLOUGHER | 09.04.2015 | 06:00.09 | NATIONALS  |
| 400m Freestyle  | MARGARET CLOUGHER | 11.04.2015 | 14:26.22 | NATIONALS  |
| 25m Backstroke  | ANNE SPEED        | 21.08.2021 | 42.82    | TAS STATE  |
| 50M Backstroke  | ANNE SPEED        | 21.08.2021 | 01:27.64 | LAUNCESTON |
| 100M Backstroke | ANNE SPEED        | 21.08.2021 | 03:23.15 | LAUNCESTON |

|                        |                 |            |          |            |
|------------------------|-----------------|------------|----------|------------|
| 200M Backstroke        | ANNE SPEED      | 21.08.2021 | 06:56.76 | LAUNCESTON |
| 25m Breaststroke       | WILMA ATTRILL   | 25.08.2019 | 50.61    | TAS STATE  |
| 50m Breaststroke       | WILMA ATTRILL   | 25.08.2019 | 01:56.61 | TAS STATE  |
| 400m Breaststroke      | JUSTINE BAMFORD | 11.06.2011 | 15:15.05 | INTERCLUB  |
| 100M Individual Medley | ANNE SPEED      | 21.08.2021 | 03:46.72 | LAUNCESTON |

**Age Group 90-94**

|                |                 |            |          |           |
|----------------|-----------------|------------|----------|-----------|
| 25m Freestyle  | MARGIE CLOUGHER | 24.08.2019 | 34.26    | TAS STATE |
| 50m Freestyle  | MARGIE CLOUGHER | 24.08.2019 | 01:24.03 | TAS STATE |
| 100m Freestyle | MARGIE CLOUGHER | 25.08.2019 | 03:17.70 | TAS STATE |