



# Annual Report

**2024**



## Masters Swimming Tasmania

### President's Annual Report

2024

I am proud to present this Report on another busy and successful year for Masters Swimming Tasmania (MST). Our State Committee has once again worked diligently to consolidate and expand a wide range of activities.

#### GOVERNANCE

The State Management Committee was made up of:

- **Executive Members:** Megan Stronach (President), Pauline Samson (Secretary/Recorder), Ray Brien (Treasurer), Jodie Bennett (Coordinator of Coaching and Education), Ian Shuey (Coordinator of Safety and Health).
- **Appointed Officers:** Diane Gregory (Registrar), Mendelt Tillema (Webmaster), Megan Stronach (MSA Leadership Group), Ray Brien (Technical Coordinator and Public Officer).
- **Club Delegates:** Stephen Richards, Kathy Osborne (THB), Tony Forman, Glenn Miller (TAC), Lou Hill (TTL), James Belstead (THV), Mandy Millar (TLC), Sue Langham (TDP), Christine Brown (TBU).

Our strategic direction was guided by our Strategic Plan which depicts our organisation's key objectives, and above all, the values that underpin our decision making.

My thanks to all for their enthusiastic attendance at State Committee meetings and contributions throughout the year.

#### National Committees

MSA is supported by the dedication and commitment of five (5) National Committees. Service on each of the Committees is voluntary. All existing National Committees were disbanded in June 2024 and re-formed.

MST members standing down were:

- National Swim Program Committee: Tony Forman
- National Gender Diversity Committee: Pauline Samson and Megan Stronach
- National Technical Committee: Ray Brien

MST new appointments are:

- National Diversity & Inclusion Committee: Fiona Redgrove
- National Coaching Committee: Megan Stronach
- National Technical Committee: Pauline Samson

MSA greatly appreciates each of these Committee Members, both past and new appointments, who volunteer their time and expertise in the operation and development of the organisation.

Pauline Samson continues as National Recorder, and Megan Stronach as Coach Educator for Tasmania, and Tasmanian rep. on the MSA Leadership Group.

## SWIM MEETS

In 2024 MST continued to conduct our now regular 5 pool-based meets and our open water event.

### MST Oceans Treble 2023/4

The MST 'Oceans Treble' took place between December 2023 and February 2024 to recognize and support the increasing number of our members participating in open water events across the state. This initiative was held in conjunction with the popular Tasmanian Ocean Swim Series and in collaboration with Surf Life Saving Tasmania. While the number of Masters swimmers participating was not large, we believe this was a valuable activity that adds meaning to our members' open water pursuits and highlights our commitment to open water swimming—until we are able to launch our own open water program.

Age group winners for 2023/4 were: Jayde Richardson, Amanda Duggan, Pia Peterson, Megan Stronach, Auro Almedia, THB, Emily Lee, Jodie Bennett, Tony Forman, TAC, Rob Peart, Dough Hughson, TTS, Rick Homan TDP.

The Club Trophy was again won by the Hobart Dolphins.



## MST Summer Championships 2024

The Championships ran smoothly and provided an enjoyable weekend for all involved. A total of 85 swimmers registered for the event, including 9 participants who joined us from interstate. Timekeeping was efficient, with volunteer timekeepers stepping forward with minimal prompting. Katherine Daft handled the Chief Timekeeper role solo for the first time and did so with great efficiency.

We would like to extend our sincere thanks to the various organisers and officials who contributed to the success of the event, particularly to Swimming Tasmania personnel Glenise Gale and Susan Cure, our Recorder Pauline Samson, Meet Director Phil Tyrell, and Meet Referee Alex Branch.



## **Overall Results**

Championship Trophy (highest aggregate points): Hobart Dolphins Masters

New Norfolk Trophy (highest average points): Huon Valley Aquatic

Female Swimmer of the Meet: Gabrielle Osborne (TAC)

Male Swimmer of the Meet: Brent Walker (TAC)

**Records:**  
Mark Thompson's 100m Freestyle equalled the current world record set in 2019.

Mark Thompson and Lisandra de Carvalho (Power Points) Gabrielle Osborne and Tony Forman (TAC), Megan Stronach (THB), Jim Groom (TTL). Rosa Montague and Mark Thompson (Power Points) Launceston Lemmings Club, Women's 4x50m Freestyle (280+), Talays Masters, Women's 4x50m Freestyle (320+).



**MST SCLD Championships 2024**

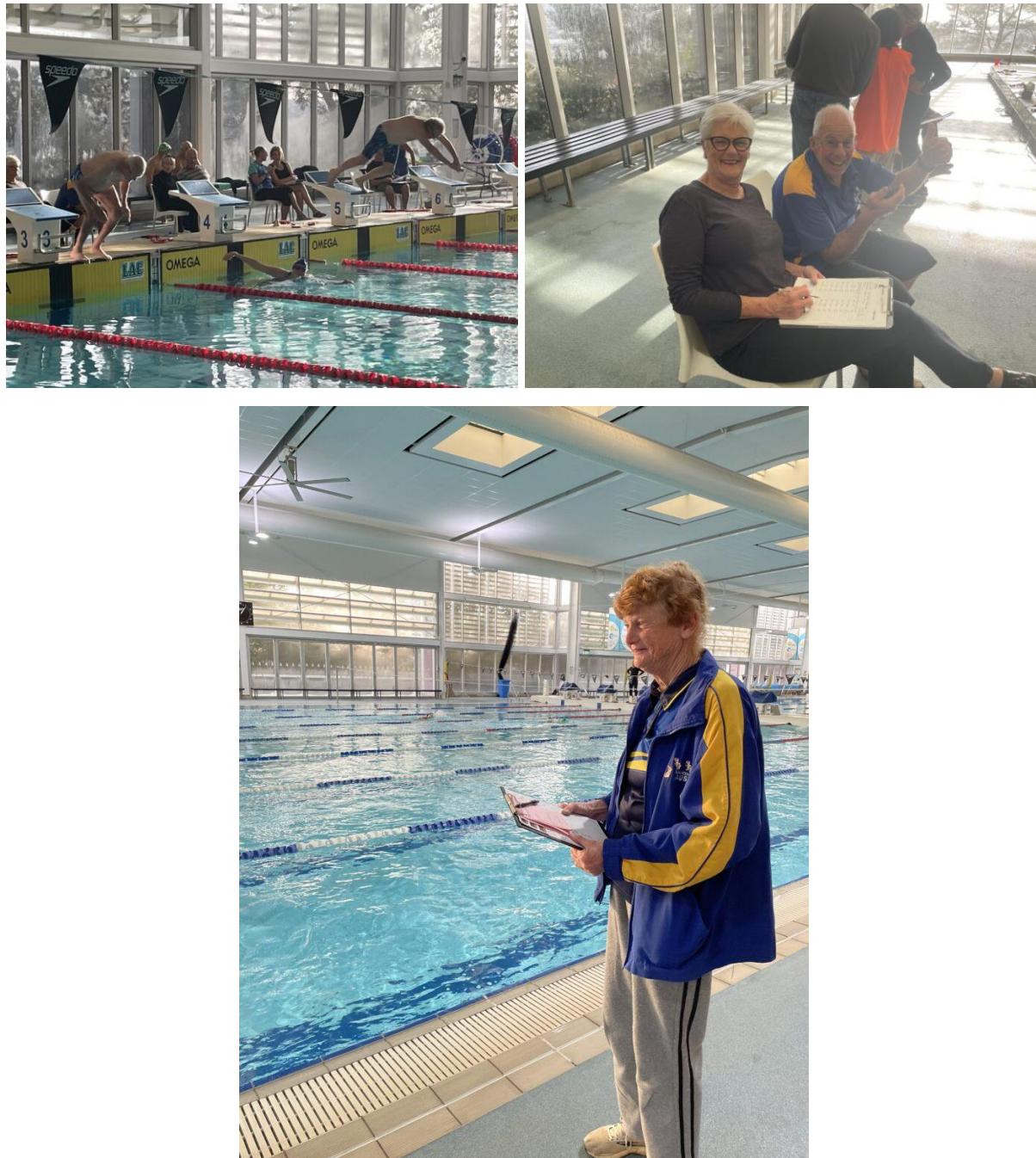
On Saturday, 18 May 2024, 27 swimmers made the journey north for the MST 29th Short Course Long Distance Championships at the Launceston Aquatic Centre. While it was a chilly day outside, the atmosphere indoors was warm and welcoming, and we all had a great time—yes, really! Despite the intimidating nature of this event, everyone shares the same nerves and doubts about whether we'll complete the distances. But we do, and it always feels rewarding at the end. There were some outstanding performances throughout the day.

## **Records:**

Lucy Cochrane (TDP), Tony Forman (TAC), Amanda Duggan, Fiona Redgrove, Megan Stronach, Steve Richards (THB), James Belstead (THV), Ruth Timperon (TLC), Lou Hill (TTL), Maciej Slugocki (TTS).

The standout performance was Fiona's 400 Breaststroke. Her time broke a 22-year-old record, set back in 2002 by Sue Mayne. Sue is one of MST's most prolific record breakers – with something like 365 individual records to her name over a long career. The fact that Sue's records have stood so long is testament to their quality – so, good job Fiona!!

Thank you to all who helped make this a fun session. For this meet, we were joined by Lee-Anne Edmunds from Swimming Tasmania who was our Chief Referee. Kay Bailey (TLC) was Meet Director, and a big shout out to President Adrienne and all the Launceston Lemmings for their hard work and warm hospitality.



### **MST Winter Championships 2024**

A total of 107 swimmers, including 22 from interstate, descended on Launceston over the weekend of 17-18 August to take part in another fantastic meet, thanks to the hosting efforts of the Launceston Lemmings.



### ***Overall Results***

Champion Club Trophy: Hobart Dolphins Masters

Aggregate Relay Trophy: Hobart Dolphins Masters

Female Swimmer of the Meet: Gabrielle Osborne (TAC)

Male Swimmer of the Meet: Brent Walker (TAC) While we remain critically short of Technical Officials we sincerely thank those people who did volunteer their time to ensure that the meet went ahead. It is concerning to notice that infractions do occur from time to time and sometimes do not get acted upon. We acknowledge the work of our Co-Meet Directors Ray Brien and Adrienne McMahon, Chief Referee Ray Brien, recorder Pauline Samson, and Swimming Tasmania personnel.

### ***Records:***

Congratulations to all who broke records, particularly Gabrielle Osborne on her first ever National record.

National record: Gabrielle Osborne (TAC) 25 Breast

Amanda Duggan, Fiona Redgrove, Jayde Richardson, Megan Stronach (THB), Janet Pugh, John Pugh, Tamara Warland (TLC).

Victorian State records: Brad Johnson (VDC), Darius Schulz (VPP).

Tasmanian relay records: Hobart Aquatic Masters, Men's 4 x 25m Freestyle (240-279), Hobart Dolphins Masters, 4 x 25m Medley (280-319), 4 x 25m Freestyle (240-279).



We finally had the opportunity to present Ray Brien and Phil Tyrell with their national Awards for Volunteer and Official of the Year 2023.



### **MST LCD Championships 2024**

Congratulations to the 34 enthusiastic swimmers who showcased their incredible talent at the MST Long Distance Long Course Championships held at the Doone Kennedy Hobart Aquatic Centre on Saturday 2 November. It was an exciting day filled with impressive performances and a true display of sportsmanship. As always, the meet ran smoothly and on schedule, allowing everyone to enjoy the event to the fullest.

A huge thank you to all the dedicated officials who contributed to making the day a resounding success, with special appreciation for Meet Director Steve Richards, and Susan and Glenise from Swimming Tasmania. What an inspiring day for our swimming community!





### **Records:**

#### **MST Oatlands Friendly Christmas Meet 2024**

MST hosted the 3rd Christmas Friendly meet at the Oatlands Aquatic Centre, with 50 swimmers taking part. For many, it was their first time swimming in a meet, giving them the opportunity to practice their skills without the pressures of a championship event.

The highlight of the day was the exciting handicap mixed medley relay, with Launceston clinching the victory. The best time, closest to the nominated target, was awarded to James Belstead for his impressive performance in the 50m Butterfly. Throughout the event, there were lucky lane prizes for every heat, along with fantastic raffles. The money raised -\$135 was donated to the ABC Giving Tree.

After the swimming, participants embraced the festive spirit, donning their best Christmas attire. Huon Valley took home the team prize, while Fiona Redgrove from THB was crowned the best-dressed individual, sporting a daring red outfit trimmed in 'swan's down'—a unique find from an exclusive boutique in Kingston! The festivities continued in the courtyard, where Chef Ken was hard at work cooking a gourmet meal of sausages and onions on the BBQ.

A huge thanks to everyone who contributed a wonderful selection of treats to share, and special thanks to the lifeguards at the Oatlands Aquatic Centre for their support.

A post on the Devonport Devils Facebook page read: *What a cheery time we had at the Oatlands Friendly Christmas Meet! Filled with Xmas cheer, fabulous swims, and great camaraderie, it was hands down the funniest meet I've ever been to. From a handicapped relay race to lucky lane prizes – what a fun way to race! Huge thanks to all the dedicated swimmers, volunteers and participating devils. We'll definitely be back to support this one again in 2025!*



## Dual Sanctioned Events

Our partnership with Swimming Tasmania offers our members the opportunity to participate in ST Qualifying Trials in both Hobart and Launceston. This arrangement has proven to be a win-win, and we continue to receive positive feedback on the performances of Masters swimmers. Having Masters swimmers compete at these events plays a crucial role in raising

the profile of our organization, appealing to a broader audience, and showcasing what we stand for. One such event is the annual Huon Valley Medal meet.

### **Huon Valley Medal Meet 2024**

A slightly overcast and chilly morning saw 120 swimmers, representing 8 clubs, descend on the Huonville Swimming Pool for a favourite of the Tasmanian swimming calendar. Ages ranged from 5 – 67, with even three generations of the same family having a go at competing: Zara Taylor (13, HVA), Anita Reynolds (43, THV), and Anne Reynolds (66, THV). 11 Masters swimmers were in attendance, from both Huon Valley Aquatic and Hobart Dolphins. All involved gave it their all, and numerous PBs were set on the day. As always, the novelty relay was the highlight of the event, with swimmers attempting legs involving balancing a cup on the head, noodle horses, and apple eating.

Next year we hope to see a larger Masters contingent at the most relaxed and fun co-sanctioned meet in Tasmania.



### **Scottsdale Splash Meet 2024**

On Sunday 18 February Launceston Masters Swimming Club held a Splash Event at Scottsdale Aquatic Centre in partnership with the Scottsdale Aquatic Club. Lemmings member

and SAC manager Jane Kilburn organised the morning and 21 Lemmings made the journey to the northeast to practice our racing before the Summer championships later in March.

It was a wonderful event and there are some promising young swimmers who were keen to show us how their training was paying off.

Big thanks to Kym Whittle who asked and received support from local businesses- Bridport Hotel, Good Sports Scottsdale, The Bunker Café, Cleone's Secret Garden and Salt Boutique for prizes which were distributed to the following swimmers - Alwynne McMahon, Annie Latchford, Bill Woodworth and Bridport local, Lemming and legend Ruth Timperon.

Special thanks again to Jane Kilburn, meet coordinator and number cruncher Ray Brien, Neville Snooks, Kay Bailey, Pam Claxton and all the timekeepers, parent marshals, BBQ crew Rebecca and Richard Lancaster and of course the wonderful young people who helped make the day such a success! The people of the northeast are so lucky to have such a beautiful pool and facility to swim in.



### New Norfolk Splash Meet 2024

After a hiatus of some 20+ years, Masters swimming returned to the New Norfolk Olympic Pool when the Hobart Aquatic Masters Club staged a SPLASH Meet on Sunday 14 January.

TAC Club President Ian Shuey was happy to report that the SPLASH Meet ran without a hitch. "No disqualifications, appeals or general questionable conduct were reported at the recent New Norfolk SPLASH Meet," he proudly announced. "All in all, it was a great workout and a bundle of laughs and camaraderie for the 25 swimmers from the Hobart Aquatic, Dolphins and Talays Masters clubs."

The 50m 'Thong Race' provided entertainment for both swimmers and spectators. After feet first entries, many were seen scrambling to recover their thongs for the first 25m, which then proved a great hand paddle asset for the remaining 25 metres. The 4 x 50 T Shirt mixed medley relay provided a challenge with swimmers swapping T-shirts in the water – not so difficult in the shallow water, but a bit trickier at the deep end.

Most travelled from Hobart at a leisurely pace, however Michele and Anthony Kline demonstrated their enthusiasm, cycling 37Ks each way to and from New Norfolk, plus competed in a dozen commendable swims.



### Tasmanian Swimmers at the Darwin Nationals

Jayde Richardson (THB) was the standout Tasmanian at the MSA National Championships in Darwin, winning a staggering 7 gold medals and 2 silvers in the pool. She also was the second woman over the line in the 3.2 km open water swim, at the same time winning the gold medal in her age group.

Two of Jayde's most noteworthy performances were record breaking swims in the 50 Free and 100 Breaststroke, where she broke two of the oldest Tasmanian records in the books. Her 100 Breaststroke time of 1.26.58 broke the record of 1.27.33 set by Kathryn Hawkes (Osborn) in 1994, while her 50m Free time of 29.77 broke the record of 29.85 set by Rachel Fitzmaurice in 2000.

Hobart Aquatic's Tony Forman also had a stunning meet, winning a gold medal every time he jumped in the pool – eight in all – plus a further gold in the 1.6klm open water swim. Tony made new State records in 50, 100 and 800 Freestyle and 50 (twice), 100 and 200 Back.

Anne Henderson (TAC) was amongst the medals winning 3 gold, 4 silvers and 1 bronze, as was Devonport Devil Rhys Fisher with 1 gold, 3 silver and 2 bronze.

Megan Stronach (THB) broke State records in the 100 Back and 400 IM and came home with 2 silver medals and 3 bronze, with Fiona Redgrove (THB) and Amanda Duggan (THB) bringing home a silver medal each.



*Jayde glittered in Darwin*

## Tasmanians delivered in Doha.

Exciting news came from Doha where the boys had some stellar swims at the World Aquatic Masters Championships. Maciej Slugocki, after being laid low with a chest infection and missing several of his pet swims, bounced back to claim gold in the 200m Free. Meanwhile, Tony Forman was consistently impressive, winning silver in the 200 Free and bronze in the 800 Free and 100 Free. Both finished in the Top Ten in their respective 3klm Open Water Swims.



*Congratulations Maciej and Tony!*

## TECHNICAL OFFICER TRAINING

Chief Technical Officer Ray Brien continued to conduct Technical Official training prior to major meets and our stable of qualified officials is growing, albeit slowly. This was supplemented by an arrangement with Masters Swimming NSW to enable additional online Technical Officer training opportunities for MST members. Practical components of these courses can be undertaken at MST (club or state) events AND/OR Swimming Tasmania events, and we have developed a Memorandum of Understanding between our two organisations for this purpose.



## COACH TRAINING

MST now boasts twelve accredited Club Coaches and eleven Session Leaders, several of whom are actively pursuing their Club Coach qualification. Additionally, four candidates are currently undergoing training. In February 2024, Megan Stronach was appointed Coach Educator for Tasmania. Coach training continues to be supported through MST's Coach Development program.



## LOOKING FORWARD

We're looking forward to another busy year ahead, with five confirmed swim meets on the calendar. Our members will also be participating in a variety of events, both across the country and around the globe.

However, we are facing several key challenges, the foremost being the need to increase our membership. While there is a growing enthusiasm country-wide for swimming, especially in open water, we must find effective ways to encourage these swimmers to join a Masters Club. Over the past three years, our membership has remained steady, but has not seen significant growth, despite this rising interest in swimming. Many individuals swim for health and social benefits, and Masters swimming aligns with these goals, as well as fostering competitive swimming. To remain relevant, we must find ways to demonstrate our shared values and appeal to these swimmers.

Another area in need of attention is our volunteer base. We face the ongoing challenge of relying on the same individuals to fulfill crucial roles. This not only leads to burnout among our current volunteers but also limits the infusion of fresh perspectives and innovative approaches. The absence of a clear succession plan poses a considerable risk to the sustainability of our organization.

Additionally, we urgently need to attract more members and supporters to take on Technical Official (TO) roles. Some of our events have experienced shortages of TOs, which creates challenges for everyone involved and compromises the quality of our meets. Addressing this issue is critical to the smooth operation of our events moving forward.

Our communications may not always be as effective as we would like. While we rely on platforms such as social media (Facebook) and our website to share important updates and information, I often question whether our messages are truly being received as intended.

In closing, we're excited about the continued growth and success of our community, and we look forward to another year of swimming, camaraderie, and shared achievements. Thank you to everyone who contributes to making our organization thrive, and to those who continue to support and inspire our swimmers. Together, we're creating a positive and welcoming environment for all.

Wishing you all the best, and here's to many more great swims ahead!

*Megan Stronach*

President  
Masters Swimming Tasmania

# **Not-For-Profit - Association Report**

Masters Swimming Tasmania Inc  
For the year ended 31 December 2024

Prepared by 99 Tax and Accounting Solutions

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# Committee's Report

## Masters Swimming Tasmania Inc For the year ended 31 December 2024

### Committee's Report

Your committee members submit the financial report of Masters Swimming Tasmania Inc for the financial year ended 31 December 2024.

### Committee Members

The names of committee members throughout the year and at the date of this report are:

Position	Committee Member	Address
President National board Delegate	Megan Stronach	
Secretary Recorder	Pauline Samson	
Treasurer Technical Coordinator Public Officer	Ray Brien	
Coordinator of Coaching and Education	Jodie Bennet	
Coordinator of Safety and Health	Ian Shuey	
Registrar	Diane Gregory	
Communications	Mendelt Tillema	

# Statement of Comprehensive Income

## Masters Swimming Tasmania Inc For the year ended 31 December 2024

2024

### Income

#### Branch and Events Operating Income

Affiliation Fees	1,757
Coaching Workshop Fees	389
Country Events Income	435
LCLD Income	371
Membership Fee 2024	7,571
SCLD Income	507
Summer Championship Income	5,528
Tasmanian Masters Games Income	333
Winter Championships Income	7,470
<b>Total Branch and Events Operating Income</b>	<b>24,361</b>

#### Other Income

Other Income	452
Interest Income - Fixed Deposit	3,380
<b>Total Other Income</b>	<b>3,832</b>
<b>Total Income</b>	<b>28,193</b>

### Gross Surplus

28,193

### Expenditure

2023 Event surplus distribution	2,498
Audit Fees	440
Coach training and recognition Legacy Funds	2,487
Country Event Expenses	1,091
Equipment repairs and replacements	30
Filing Fees	71
Information Technology Subscriptions	920
Insurance	195
LCLD Expenses	1,909
Life Memberships	59
Medals & Trophies	163
Meeting Expenses	181
National Meetings & Workshops	153
Officials training and recognition Legacy Funds	236
Post and Stationery	209
SCLD Expenses	1,475
Subscriptions (Xero)	484
Summer Championship expenses	5,959
Tasmanian Masters Games Expenses	423

The accompanying notes form part of these financial statements. These statements should be read in conjunction with the attached compilation report.

2024

Winter Championships Expenses	4,279
<b>Total Expenditure</b>	<b>23,261</b>
<b>Current Year Surplus/ (Deficit) Before Income Tax Adjustments</b>	<b>4,933</b>
<b>Current Year Surplus/(Deficit) Before Income Tax</b>	<b>4,933</b>
<b>Net Current Year Surplus After Income Tax</b>	<b>4,933</b>

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The accompanying notes form part of these financial statements. These statements should be read in conjunction with the attached compilation report.

# Statement of Financial Position

**Masters Swimming Tasmania Inc**  
**As at 31 December 2024**

	NOTES	31 DEC 2024
<b>Assets</b>		
<b>Current Assets</b>		
<b>Bank Accounts</b>		
Debit Account		1,003
Operations Account		25,057
Term Deposit		69,506
<b>Total Bank Accounts</b>		95,566
<b>Accounts Receivable</b>		
Accounts Receivable	2	164
<b>Total Accounts Receivable</b>		164
Inventory	4	1,730
Prepayments	3	225
Inventory - Matador Stopwatches		837
<b>Total Current Assets</b>		98,522
<b>Total Assets</b>		98,522
<b>Liabilities</b>		
<b>Current Liabilities</b>		
Unearned Revenue		1,525
<b>Total Current Liabilities</b>		1,525
<b>Total Liabilities</b>		1,525
<b>Net Assets</b>		96,997
<b>Equity</b>		
Retained Earnings		96,997
<b>Total Equity</b>		96,997

# Notes to the Financial Statements

## Masters Swimming Tasmania Inc For the year ended 31 December 2024

### 1. Summary of Significant Accounting Policies

In the opinion of the Committee of Management, the Association is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the Act.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where stated specifically, current valuations of non-current assets.

#### Income Tax

The Association is exempt from income tax under Division 50 of the Income Tax Assessment Act 1977

#### Accounts Receivable and Other Debtors

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

#### Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised when received or receivable.

Other income is recognised on an accruals basis when the Association is entitled to it

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These notes should be read in conjunction with the attached compilation report.

2024

**2. Trade and Other Receivables****Current**

Accounts Receivables	164
<b>Total Current trade and other Receivables</b>	<b>164</b>
<b>Total Trade and Other Receivables</b>	<b>164</b>

2024

**3. Prepayments****Affiliation 2025**

Prepayments	225
<b>Total Affiliation 2025</b>	<b>225</b>
<b>Total Prepayments</b>	<b>225</b>

2024

**4. Inventories**

Stopwatches	837
Medals	1,730
<b>Total Inventories</b>	<b>2,567</b>

**5. Contingent Liabilities and Contingent Assets**

In the opinion of the committee, the association did not have any contingencies as 31 December 2024.

**6. Commitments**

In the opinion of the committee, the association did not have any contingencies as 31 December 2024.

**7. Statutory Information**

The registered office and principal place of the association is:

Master Swimming Tasmania Inc

PO Box 5229

Launceston TAS 7250

These notes should be read in conjunction with the attached compilation report.

# **Statement by Members of the Committee**

## **Masters Swimming Tasmania Inc For the year ended 31 December 2024**

In the opinion of the committee the financial report as set out on pages 4 to 9

1. Present fairly the financial position of Masters Swimming Tasmania Inc as at 31 December 2024 and its performance for the year ended on that date in accordance with the accounting policies outlined in Note 1 to the financial statements;
2. satisfy the requirements of the Association Incorporation Act (Tasmania)1964 to prepare accounts; and
3. At the date of this statement, there are reasonable grounds to believe that Master swimming Tasmania Inc will be able to pay its debts as and whey fall due.

This statement is made in accordance with a resolution of the committee and is signed for and on behalf of the committee by :

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Megan Stronach (President)

Dated: / /

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Ray Brien (Treasurer)

Dated: / /

# **Auditor's Report**

## **Masters Swimming Tasmania Inc For the year ended 31 December 2024**

### **Independent Auditors Report to the members of the Association**

We have audited the accompanying financial report, being a special purpose financial report, of Masters Swimming Tasmania Inc (the association), which comprises the committee's report, the Statement of Financial Position as at 31 December 2024, the Statement of Comprehensive income for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the certification by members of the committee on the annual statements giving a true and fair view of the financial position and performance of the association.

#### **Opinion**

In our opinion, the financial report presents fairly, in all material respects (or gives a true and fair view –refer to the applicable state/territory Act), the financial position of Masters Swimming Tasmania Inc as at 31 December 2024 and (of) its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements.

#### **Basis of Accounting and Restriction on Distribution**

Without modifying our opinion, we draw attention to Note 1 to the financial statements, which describes the basis of accounting.

We conducted our audit in accordance with Australia Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Association in accordance with the ethics requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants that are relevant to our audit of the financial report in Australia.

#### **Committee's Responsibility for the Financial Report**

The committee of Masters Swimming Tasmania Inc is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the applicable legislation. The committee's responsibility also includes such internal control as the committee determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial statement , the committee is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the committee either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

#### **Auditor's Responsibility**

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement, whether due to fraud or error. Reasonable assurance is a high level of assurance, but it does not guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if , individually or in aggregate, they could reasonable be expected to influence the economic decisions of users take based on the financial report.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation and fair presentation of the financial report, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's

internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Auditor: Xiaowen Hou

Dated: 18 / 03 / 2025

## Membership Report at 30 November 2024\*

	2023	2024 Members			Percentage Renewed	Numbers Include	
		Total Members	Male	Female		Second Claim	6 Month Membership
Hobart Aquatic	48	48	18	30	100.00%	6	
Burnie	13	12	5	7	92.31%	1	
Devonport	43	36	15	21	83.72%	6	
Hobart Dolphins	60	58	19	39	96.67%	3	4
Huon Valley	21	13	6	7	61.90%		
Launceston	94	94	44	50	100.00%	9	
Talays	24	23	11	12	95.83%		
Tomatoes	3	3	3	0	100.00%	1	
Van Diemans	5	7	6	1	140.00%	3	
	<b>311</b>	<b>294</b>	<b>127</b>	<b>167</b>	<b>94.53%</b>	<b>3</b>	<b>30</b>

\* Does not include new members who joined in December 2024 by purchasing a 2025 membership.

## Director of Coaching and Education

MST is proud to have twelve accredited Club Coaches and eleven Session Leaders, with several of these session leaders actively pursuing their Club Coach qualification. Additionally, four candidates are currently undergoing basic training. In February 2024, Megan Stronach was appointed as the Coach Educator for Tasmania. The Club Coach and Session Leader qualifications, as well as professional development activities, are supported through MST's Coach Development program.

A key part of the Coach Development program is the ongoing professional development that coaches participate in throughout the year. One notable event was a highly informative workshop conducted on 21 September at Collegiate Pool, led by Sam Ashby, an Advanced Coach and former Australian Dolphin. The session, attended by 17 accredited coaches, Program Leaders, and Trainee Coaches from across Tasmania, explored the "Art and Science of Swimming."

Sam provided valuable insights into freestyle techniques, with a particular focus on streamline and body connection. He guided the group through technical exercises and drill progressions that are beneficial for swimmers of all abilities, while also using imagery, metaphors, and sensations to reintroduce the "art" of swimming. The session ended with a practical demonstration, leaving participants feeling renewed, invigorated, and excited to apply the knowledge they had gained.



Another key resource is the series of online coaching meetings conducted by MSA, providing valuable professional development and networking opportunities for coaches. In 2024, there were seven such meetings, addressing a variety of topics including coaching the aging body, tips and drills for backstroke and butterfly, and coaching swimmers of all abilities. These meetings also allow Tasmanian coaches to interact with the wider national Masters swimming coaching community. The May meeting, for example, featured inspiring interviews with Coach of Excellence Award winners Neroli Nixon, Kevin Duffy, and Donna Gadsby, offering valuable insights from some of the most experienced and dedicated coaches in the country.

As we look to the future, MST remains committed to the ongoing growth and success of our coaching team. With dedicated Club Coaches, Session Leaders, and a strong focus on professional development, we are confident that every coach will continue to inspire and guide swimmers at all levels. Whether it's through in-depth workshops, specialized qualifications, or hands-on training, the collective effort ensures a vibrant, well-supported community. We wish all our coaches continued success in their development and in their ability to nurture swimmers, helping them reach new heights in the pool.

Jodie Bennett

## **Coordinator of Safety and Health Annual Report**

The Safety and Health portfolio is an integral part of MST's Strategic Plan, specifically under Strategic Priority Area 1: Developing Our People. The portfolio's goal is to ensure a supportive, safe, and welcoming swimming environment for all members.

The following strategies were identified:

1. **CS&H to contact Clubs:** Identify a Club Safety Officer responsible for overseeing safety protocols.
2. **Establish a State Safety Register.**
3. **Implement Safety Requirements:** Introduce safety protocols in alignment with MSA policies.
4. **Safety, First Aid, and Resuscitation Program:** Define available program options and ensure they are communicated to all members.

All strategies were successfully completed in 2024, with the exception of Item 2, which was deemed unnecessary as the National office manages this function.

It is important to remind ourselves of the responsibilities Masters Swimming Clubs have to their members. Clubs must:

1. Provide up-to-date information regarding safety and first aid facilities, including emergency contact details, at all pools used by the club in the event of a medical emergency.
2. Encourage and assist swimmers in obtaining lifesaving certifications.
3. Record and report all incidents immediately by completing an Injury Report Form and submitting it to the State Coordinator of Safety and Health. The form can be accessed here: [Injury Report Form](#).

We are pleased to report that no injury reports were submitted from Clubs during 2024, and no notifications were received by Masters Swimming Australia. This is a positive reflection of our Clubs' commitment to prioritizing safety within our organization.

## **Recorder**

Meets:

State Championships: Summer Long Course and Winter Short Course

Long Distance: Short Course and Long Distance

Dual Sanctioned with Swimming Tasmania: 8

Time Trials: Huon Valley Medal Meet, Splash Meet Scottsdale, Christmas Friendly at Oatlands

National Championships Darwin: 4 clubs represented (16 swimmers)

Individual Long Course Records	47	Women 24	Men 23
Individual Short Course Records	73	Women 46	Men 27
Relay Long Course Records: 2		Women 2	Men 0 Mixed 0
Relay Short Course Records 2		Women 0	Men 2 Mixed 0
National Individual SC Record		Gabrielle Osborne (55-59) 25m Breaststroke	

e1000	Points	Average	F-Pts	M-Pts
Talays Masters	9267	421.63	5358	3909
Launceston Lemmings	8548	90.94	4953	3595
Hobart Dolphins	3535	60.95	2444	1091
Devonport Devils	972	27.00	647	325
Huon Valley Masters	363	27.92	146	217
Hobart Aquatic	346	7.21	165	181
Tomatoes Swim	70	14.00		70
Van Diemans	48	6.86		48

### **Swimmers of the Meet: Long Course**

Brent Walker TAC and Gabrielle Osborne TAC

### **Swimmers of the Meet: Short Course**

Brent Walker TAC and Gabrielle Osborne TAC

### **Club Trophies**

Long Course Summer Championships: Hobart Dolphins

Short Course Winter Championships: Hobart Dolphins

New Norfolk Trophy: Huon Valley Masters

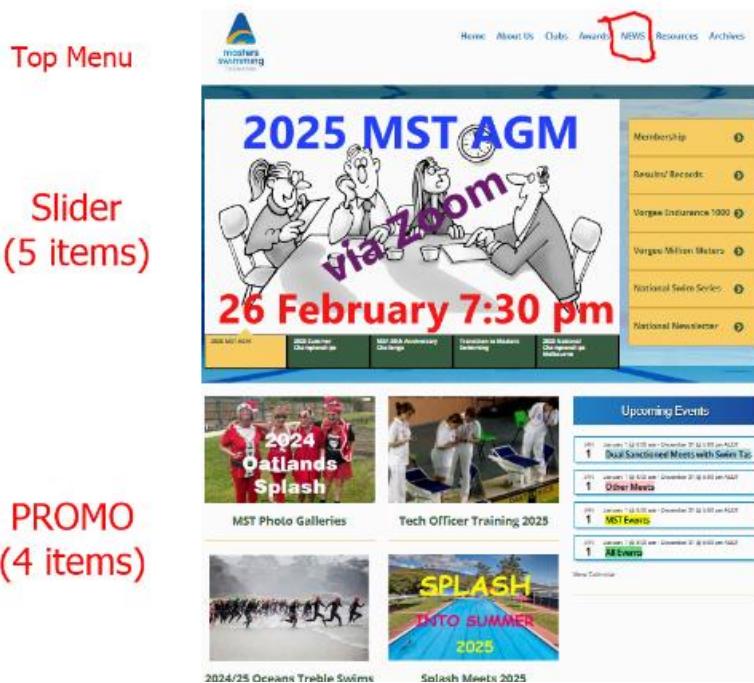
Relay Trophy: Hobart Dolphins

Pauline Samson OAM

MST State Recorder

## Communications

### The Website



#### Website Architecture:-

The "Slider" and "PROMO" areas have been used to highlight items of greatest interest. Where possible the "Slider" will include a link to the next MST Event and a link to the report on the previous MST Event.

**Governance Documents:** - Most of the documents in the "Governance Section" under "About Us" have been reviewed and updated.

**Photo Gallery Section:** - This has been updated regularly after every meet and as members sent in photos of various events.

**Technical Officials and Coaches:** - These sections have been kept up to date.

**Events:** - Events on the website continue to be shown in 3 categories  
MST Events, Dual Sanctioned Events with Swim TAS, Other Meets.

**News Items:** - News items are published as they occur. These can be accessed by clicking "**NEWS**" in the top menu of the webpage. A report will be included after each MST Swimming Event.

**We need contributions please:** - Suggestions on content and photos to be included on the website will always be appreciated.. All clubs are encouraged to continue to send in photos and news items of interest.

#### Social Media

I have relied on Megan to provide posts for our social media accounts.  
The State needs someone other than myself to provide this form of communication.

Mendelt Tillema,  
Coordinator of Publicity and Publications

## Burnie Masters Swimming Club



At the AGM held on Sunday, 25 February 2024, the members voted the following members to the positions of President – Christine Brown, Secretary - Mitch Martin and Treasurer - Kate Furmage.

Throughout the year club members were able to train on a Sunday morning at the Burnie Aquatic Centre utilising the 25m indoor pool and 50m outdoor pool. The Club appreciates the use of lanes provided by the Management of the Aquatic Centre on club training Sundays.

The midyear club night was held at Lemonthyme Lodge on Saturday, 29 June 2024.

As some members arrived early on the Saturday afternoon, they ventured out into the wilderness to walk to the Champagne Falls and Bridal Vail Falls.

The main event was a “Murder at an Elite Wine Tasting” and Barbara did a wonderful job organising this including the cheese plater and scripts for the murder mystery. It was attended by Carmen & Warren, Scott & Alison, Keith & Wendy, Mitch & Rosalie, Barbara and Christine. Members had a wonderful time and no-one actually was murdered in real life.

The Club’s Christmas fun carnival was held on Sunday, 15 December 2024 with Mitch, as co-ordinator. After the carnival, members gathered at Warren’s residence for a bit to eat and a chat. Thanks Warren and Carmen for hosting.

In conclusion, I would like to thank the Committee for their tireless work during 2024. Also, thanks to those members who assisted with training programs throughout the year.

I wish the Club and its members all the best for 2025 and to keep swimming for friendship, fun and fitness.

Christine Brown  
President

## Devonport Devils Report

for MST Meeting – Jan 2024

*Report based on summary of the last three Devil's committee meetings between November & January 2025.*

### November 2024

#### Devils Back in the Great Outdoors

The Devonport Devils are thrilled to be back in the 50m outdoor pool as the Devonport pool opened for the season. There's nothing like swimming in the fresh air, and the team can't wait to spend the next five months outdoors.

We kicked off the season on a sunny but chilly day, embracing the crisp breeze and energising sunlight. Training in the 50m pool is perfect for building endurance and pushing our limits with longer laps. Member Numbers on the Rise!

#### The Oatlands Friendly Christmas Meet!

What a cheery time we had at the Oatlands Friendly Christmas Meet! Filled with Xmas cheer, fabulous swims, and great camaraderie, it was hands down the funniest meet we've ever been to. From a handicapped relay race to lucky lane prizes – what a fun way to race!

Huge thanks to all the dedicated swimmers & volunteers.



**December 2024**

## **2025 Membership Fees Update**

As many are aware, the Devils recently tackled the challenge of adjusting membership fees for 2025. After debating amongst members and the committee, and reaching out to other clubs, we decided to significantly raise the fees, with the increase directed towards covering lane hire costs, which can no longer be fully covered by swim cards alone.

We're grateful for the understanding and support of our members, and we hope this model will help us through 2025 with fewer financial concerns. Our priority remains keeping the club casual and accessible for all community members, offering flexibility for those who wish to swim without locking them into regular attendance.

While this isn't the most financially sound strategy, we believe it's the right choice for our community. We will continue to monitor the financials closely and actively seek grants, sponsorships, and fundraising opportunities to support the club's sustainability.

## **Bunnings BBQ Fundraiser**

We fired up the grill once again for a Bunnings BBQ, raising much-needed funds to help cover lane hire fees. Our dedicated volunteers worked in shifts throughout the day, cooking up a storm of sausages and serving with a smile.

Thanks to their hard work and the community's support, we raised an incredible \$1,000 for the club! A huge thank you to all the volunteers for their time and effort.



**January 2025**

**2 Million Meters Award**

Congratulations to our David!

David has recently achieved an incredible milestone—2 million meters in the water! A fantastic effort and a true testament to dedication and perseverance.

He now joins a few other club members in the prestigious Million Metre Club, including Rick, Lucy, Wendy, and Wilma. Well done, team!

**Ocean Swimming on the Rise!**

More and more Devils are diving into ocean swimming!

With Tassie's warm weather, inviting water temperatures, and breathtaking scenery, there's no better time to embrace the open water. A huge thanks to the "Polar Bears" for their ongoing support—welcoming us, sharing their knowledge, and helping us grow more confident in the elements.

This weekend's swim at Port Sorell was nothing short of amazing! What an incredible experience for everyone involved.





## LAUNCESTON MASTERS SWIMMING CLUB 2024

2024 proved to be a very successful year for Launceston Masters Swimming Club where we had a stable membership of 92 participating in Club training and activities.

The Launceston Masters Swimming Club hosted two competitions MST Winter Championships and the Short Course Long Distance Championships in June. Both these events only happen with good organisation and people volunteering time and effort – thanks to all those who stepped up to ensure they were successful. A small but enthusiastic number travelled south for the MST Summer Championships, the MSA National Championships in Darwin, the MST Long Course Long Distance and the Oatlands Time Trial – all swimmers performed well and took time to help with timing and officiating.

Here in Launceston, we held a couple of Splash sessions for members to hone their starts, turns and finishes and feel comfortable in a race format- these proved helpful and well done to those who participated. The Scottsdale Splash was a great success and enthusiastically welcomed by the junior members of the Scottsdale Aquatic Club. We had a fabulous time with swims, prizes and an excellent barbecue lunch. Thanks to Jane Kilburn for her help- we are making this a regular club calendar fixture.

Our E1000 continues to capture members attention and participation. This year we again finished 9<sup>th</sup> nationally which is a wonderful result. The inclusion of Thursday evening E1000 swims propelled our points forward and encouraged different participants -this will continue in 2025. Thanks especially to Kay Bailey, Neville and Lorrie Snooks, Glenn Bryan, Di McHenry and Alwynne McMahon who ensure there are timers for these sessions.

Our committee have been working hard during the year to ensure the continuing success of our club.

Our web site is now our primary communication channel, and Brendan McMahon works hard to ensure all details from membership to training sessions and latest information are included. We believe that a strong web site is not only helpful for our members but also for the wider community – and we always have people enquiring about us – as they have seen the web site. Special thanks to Membership Officer and Treasurer Brendan McMahon who works hard to keep it up to date.

Our new ticketing system is in action and very successful overall. Members are now aware of the process needed to be a current member- once again Brendan McMahon has been a key instigator and organiser of this new process and we thank him again. We also thank Glenn Bryan who helps tick and tally during our evening sessions.

Our LMSC Strategic Plan was developed, formatted and now stands as the document we use to plan our future focus and action. We will continue to refine and achieve our goals as laid out in this document.

We welcomed the return of our previous sponsor Cube Aqua- we appreciate the contribution that Bruce and Kirsten Dolle provide to our club and to them and their wonderful staff for hosting us each Saturday morning for our club breakfast. In 2024 we also added Airmaster to our sponsor list. We also appreciate the donation their donation.

In 2024, Ceri Weeks and Adrienne McMahon expanded, compiled and formatted our ongoing club newsletter, The Lemmings Latest. All our editions celebrate successes and provide a snapshot of Lemmings life- both in and out of the pool. This will continue in 2025.

Libby Waters, our Club Secretary resigned and packed up and moved north late last year. I would like to use this opportunity to thank her for all her efforts and contributions to the smooth running of this great club.

I would like to take this opportunity to thank all the committee (Ray, Libby, Brendan, Kay, Di, Sarah, Mandy, Danny, Ceri, Rob and Errol) and club members who volunteer their time to ensure the club runs smoothly each year.

It is wonderful to reflect on the Launceston Masters Swimming Club and I feel privileged to lead this proactive, inclusive and inspiring group of people.

Adrienne McMahon

President

## TREASURER'S REPORT SUMMARY

### Summary - Launceston Masters Swimming Inc Final Accounts 2024



The club ended 2024 with a net surplus - \$5,708. This is in contrast to a net loss in 2023 of \$6,196.

This surplus was achieved by Committee decisions to change:

#### Income

- Swim fees - annual 'upfront' from \$500.00 to \$580.00 and monthly from \$50.00 to \$60.00 whilst keeping individual session fees at \$10.00;
- Multi-session swim card introduction - cashless, ebanking/POS Ten Session cards increased reliability/efficiency and transparency of transactions;
- Term Deposit - extending the maturation to 12 months;
- Swimming Events - encouraging members to participate in timing duties etc., hence increasing MSTas distribution;
- Sponsorship  Onboarding **airmaster** as a club sponsor (\$1000) in addition to Cube Aqua (\$1200).

#### Expenses

- LAC - advocated for a decrease in lane hire fees (-\$5000);
- Coaching - increased reliance on volunteer coaches (-\$2680);
- 3rd Part Collection agencies - cancelled services assw fee collection (-\$500)
- Audit - Financials prepared 'in-house'. Also initiated a change of service provider for 2025 (-\$440);
- Wednesday Session - cancelled (-\$2208)
- AGM - held 'in-house', at Cube Aqua (-\$682)

Link to formal 2024 Financials [here](#)

Brendan McMahon  
LMSC Treasurer  
16/02/2025

## BRANCH REPORT 2024

### A brief explanation of the structure of Masters Swimming Australia.

At the Federal Government level, sport is administered through the Office of Sport, within the Commonwealth Department of Health. The Mission of MSA is to offer an environment at club, branch and national level that encourages all adults, regardless of ability, to swim regularly and to compete in order to promote fitness and improve their general wellbeing. MSA has a range of Rules and Policies which MST are required to abide by. Details are on the website at <https://mastersswimming.org.au/rules-and-policies/>

MSA has a National Board of Management (NBM), which comprises the President, Finance Director and three other elected members. As well as their management meetings, NBM also conducts General Meetings, at which one delegate from each Branch attends. Day-to- day management is through the National Office, with a small staff headed by the General Manager.

MSA also runs a National Swim Series (NSS), being nominated meets, one or two in each Branch, our State Winters Championship is part of that National Swim Series.

**Masters Swimming Tasmania** is managed by a Committee of Management made up of the Officers of the Association, both elected and appointed) and two (2) delegates from each affiliated club or their alternate(s). Masters Swimming Tasmania (MST) is the second-smallest Branch of Masters Swimming Australia, with eight Clubs and about 300 members. The Clubs are: • Burnie • Devonport • Hobart Aquatic • Hobart Dolphins • Huon Valley • Launceston • Talays • Tomatoes.

Each Club pays an annual affiliation fee to MST. A person must become a member of a Club in order to be a member of MSA and to swim in Branch, National and International competitions. The annual fee paid by a member to his or her club is apportioned between MSA, MST and the club. Part of the MSA portion goes towards insurance for all masters swimming activities.

Management of the Masters Swimming Tasmania Branch is through the Committee and conducted under Rules documented in the MST Constitution. The Committee is established each year at the Annual General Meeting. The Committee meets, usually at least four times each year, either in person or by videoconference. Business is conducted during these meetings or by correspondence between meetings, by Committee members or through sub-Committees comprising Committee members and other MST members as required.

The Branch generally conducts four swim meets each year:

- the Summer Long Course Championships;
- the Winter Short Course Championships;
- the Short Course Long Distance meet; and

- the Long Course Long Distance meet.

The meets are overseen by a Swim Meet Sub-committee, appointed by the Branch Committee, in conjunction with the Technical Coordinator, who ensures the availability of Referee, Starter, Stroke and Turns officials and timekeepers. Any other information regarding the structure and workings of the branch committee can be seen on the Masters Swimming Tasmania website.

Masters Swimming Tasmania committee does a great deal of work to ensure the smooth running of Masters Swimming in Tasmania much of which most swimmers are unaware. Launceston Masters Swimming Club would like to thank the executive for all their hard work.

### **Launceston Master Swimming Club**

The Club Delegate is a vital role in our organisation as delegates have the responsibility of ensuring good communication between their Club and the Branch. Each affiliated MST Club may nominate two members as Club delegates to the Branch Committee.

Thanks go to Mandy Millar and Adrienne McMahon for being the LMSC delegates in 2024. Mandy was instrumental in ensuring that we had a face-to-face meeting here in Launceston. In the era of zoom meetings this was a refreshing and positive experience.

We have enjoyed getting to know the procedures, ideas and perspectives of other clubs in our state- looking forward to working on more in 2025.

Thanks also to Ray Brien for his many years of service to the Branch Committee- He will finally step down as Branch Treasurer in 2025.

Congratulations to Ray Brien- he was awarded 2024 Official of the Year at the MSA Nationals in Darwin. He was presented with his award at our Winter Championships.

### **RECORDER'S REPORT -Lemmings E1000 2024 Report**

Kay Bailey

### **CLUB CAPTAINS REPORT- Lemmings Club Captain Report for 2024.**

We have a total of 6 local and 1 Interstate event that our members have participated in during this past year.

1. The Scottsdale Splash, a family friendly event held at Scottsdale that has a BBQ to follow. Some of our members attended this in February and enjoyed the swimming and following activities available.

2. The Summer Long course championships in Hobart, held in

March. 15 Club members attended and most performed well some State records by members were broken!

3. The Short course long distance event is held at LAC mid year, members used this event to up their points for the Aerobic swims tally.

4. The Nationals were held in Darwin this year, we had 3-4 members plan to make the journey. These are usually a fun event and a pleasant place to catch up with friends.

5. The Winter Short Course championships were held in Launceston, in August, we had 19 participants and some old members returned to the pool and new one joined in also. The Club came 3 rd .

6. The Long course long distance swim event is held in November in Hobart, on our Northern long weekend, so is not a favourite for our members to attend.

7. Finally the year is capped off with a friendly Splash event at the Oatlands Pool in November. 7 Lemmings donned their Christmas cozies for the pre Christmas dash and splash. Where the prizes were amazing, the food afterwards good and the Christmas cheer between clubs very friendly. Only the weather outside was chilly, Hey but that is Tassie!

Signed: Diana McHenry and George Merridew.

2024 Club Captains.

## **Hobart Aquatic Masters**

The past twelve months have been an overall positive outcome for our Club.

The year commenced with a “Splash” Meet at the New Norfolk pool, followed by the Summers in Hobart, Nationals in Darwin, Winters in Launceston, Long course in Hobart and a Splash Meet in Oatlands. Highlights included Gabrielle Osborne securing a national record in the 25m breaststroke, with Tony Forman and Ann Steele winning Gold in Darwin and Phil Tyrell named National Volunteer of the Year for 2023. A core group of open water swimming members have met regularly at various Tasmanian locations, and some have swum with interstate clubs.

Club coaching formed an integral component throughout the year, with head coach Jodie supported by Tony, Bec and Casey. Monthly coaching programs were introduced and were enthusiastically embraced by members. A “Come and Try” program was introduced mid-year in conjunction with the DKHAC management, resulting in several new club members.

Our Club social functions were well attended throughout the year, thanks to Val and Michele in the planning and organisation.

Membership is steady, and although some members have retired for a variety of reasons, others have come on board with great enthusiasm. Excellent promotional materials designed by Diane Perndt have been made available to all members in advancing our cause, along with word-of-mouth being a proven recruitment medium.

Special thanks to Secretary Robyn Doyle for her efficiency in keeping members informed and to Club Treasurer Tony for his regular reporting and advice to our Club Committee. Committee positions are not static, and members are always encouraged to put forward suggestions on club improvements, or are willing to serve in any way, shape or form.

It has been a privilege leading and learning from our diverse and interesting range of members. Thank you for your support throughout the year.

Ian Shuey  
President 2024  
Hobart Aquatic Masters



## Master Swimming Tasmania 2024 AGM

### Hobart Dolphins Report

#### Membership

The club finished the year with 58 members, no change from the previous year. Our membership fee remained at \$120 per year. We continue with a discounted rate for those over 80 years old.

#### Activities

2024 has once again been a very successful year for the club, notwithstanding the ongoing challenges faced by many members and we are particularly proud of the level of engagement of members in the various activities.

Highlights for 2024 include:

- 30 Club members competed in State Championships, with the club winning the Summer and Winter Championship Trophies, the Relay Trophy as well as the Oceans Treble Series.
- Members also competed in the National Championships, Victorian Long and Short Course Championships, The Pan Pacific Championships and 3 MSQ events, as well as the Oatlands Christmas Event, Tas Swimming co-sanctioned events and the Bunbury postal swim.
- Club members broke 34 Branch individual records, 2 Branch relay records and 97 club records during the year. One member was recognized for obtaining FINA top ten times in 2023.
- Out of the pool the club was well represented in the Ocean Swim Series, the Bicheno Devil of a Swim and the Trans Derwent Swim as well as the Coolangatta Gold carnival and other Surf events. We conducted our Open Water Winter Challenge again this year providing our more adventurous members a purpose to continue braving the ocean during winter.
- One member received their one Million Metres Award.
- Although we have no specific club endurance sessions 3 members gained maximum points in the Vorgee Endurance 1000 program and 38 members contributed to a total club point score of 3,435 points.
- Seven members attended the Branch subsidised Coach Workshop with Sam Ashby in September.
- An active social program has continued throughout the year with activities from bush dancing to bowling, a games afternoon and our annual Christmas party/presentation function. We also have a monthly post training breakfast, post training coffee sessions and periodic breakfast BBQs.
- An active WhatsApp group, a Facebook page and an informative and entertaining monthly newsletter have helped to keep members engaged.

## **Perpetual Trophy Winners**

Club person of the Year: Steve Richards  
Coach's Award: Pia Peterson  
Swimmer of the Year: Megan Stronach  
Endurance Swimmer: Amanda Duggan

## **Training**

Our major training session continues to be held on a Saturday, although the Sunday session has gradually increased in numbers. We have attempted to introduce a mid-week session but with limited success so far. We know have 8 members who have qualified as Coaches or Program Leaders. All our sessions are supervised with coaches delivering well developed and engaging programs.

## **Financial**

The club posted a cash surplus of \$1,870 during 2024 but this is due largely to a payment for the 2025 T2M scheme being received in 2024. The financial pressure of a 33% increase in lane-hire fees started to eat into club finances in 2024 and we will continue to keep an eye on the number of lanes hired to ensure costs are covered while monitoring the effect on training numbers. Unfortunately, the cost of lanes does inhibit our ability to introduce new programs. The club retains a healthy bank balance of \$9,629.

## **2024 Committee**

Committee members have as usual worked extremely hard this year to deliver programs to members. Thanks to their efforts we remain a strong and active club and I am extremely grateful for the contribution they all make to the continued success of the club.

Di Gregory  
President





## Talays Masters Swimming Report

### **Membership:**

In 2024, the club had 22 members, a decrease of 2 from the previous year.

### **E1000 Program Achievements:**

We wish to advise the MST community of our achievements.

In the **Top Scoring Club (Trophy)**: Talays finished 7th with 9267 points.

In the **Average Points per Member (Award)**: Talays finished 2<sup>nd</sup> with an average of 421.23 points per number. This award was a result of a high level of individual member contributions. All members should be proud and congratulated for their efforts.

Aiming to go one better in 2025.

### **High Participation:**

- Two members completed all 62 swims with maximum points of 1005.
- Three members swam into the 750+ club. This is a club recognition for a member's efforts.
- Acknowledgment of members who completed all swims in one or more strokes.

### **Swim Meets:**

Club members participated in State swim meets with success

The club plans to encourage members for a greater participation in State meets. This will enable the formation of relay teams.

State Records: 3 State Records were set. Congratulations to Jim Groom and Lou Hill.

### **Social:**

Coffee mornings at Seagrass Long Point were held (though with some irregularity).

The Morning Tea presentation was held at Seagrass and was enjoyed by all.

### **Goals in 2025:**

Maintain focus on the E1000 program.

Key factors for success:

- Consistent point contributions from all members.
- Planning and communication with timing personnel.
- Utilising various venues to have short and long course facilities.
- Recognition of successful individual achievements.
- Create a positive social environment.
- Encourage increased participation at State swimming meets.
- Focused on maintaining or improving its performance in the E1000 program.

Lou Hill

President

# **TOMATOES SWIM CLUB INC**

## **Annual Report 2024**



Training was maintained four mornings per week at Clarence Pool, from late January 2024, until the 20th December 2024.

Ocean swimming, on Thursday morning during daylight saving.

Coach Joe Askey-Doran, provided coaching two mornings per week, Tuesday and Wednesdays and assisted with writing swim programs.

### **MS Mega Swim**

September 2024, Tomatoes participated in the MS Mega Swim, raising \$7681.00 and was the overall winner, combination of laps swum and money raised.

### **Tasmanian Ocean Swim Series**

Tomatoes had a number of members participating in the statewide, Ocean Swim Series.

Doug Hughson before the Boat Harbour swim.



### **Masters Swim Meets**

Tomatoes had at least three members who have participated in Tasmanian Masters Swim Meets.

### **Multi Sports, Triathlons and Surf Sports**

A number of Tomatoes compete in triathlons, aquathlons and Surf Life Saving Competitions

Tomato Swim Club, our mission – respectful and inclusive camaraderie

## **Huon Valley Masters**

2024 has been a good one for club growth and consolidating our membership.

When parents bring their children then deciding to swim themselves.

Both parts of the club have grown, with 13 members for masters.

Port Huon Pool has reopened after being closed for 18 months for refurbishment.

There is talk of a masters Friendly Splash to celebrate.

We have had good attendances at the State meets over the last year and we managed to win the New Norfolk Trophy at the Summer Championships having won it previously in 2021 and 2018 and we took home 7 medals.

Overall, it has been a very good year for our little club, and we seem to be getting new members quite regularly now.



# Masters Swimming Tasmania Strategic Plan 2023 – 2026

Vision	Masters Swimming Tasmania will inspire and support adults in Tasmania to 'Swim, For Life'.			
Mission	To facilitate a network of clubs in Tasmania that encourage and sustain adults, regardless of ability, to swim regularly, to improve their general well-being.			
What we do	<ul style="list-style-type: none"> <li>• We provide a supportive, safe, and friendly swimming environment.</li> <li>• We promote fair play and positive participation in swimming.</li> <li>• We train with the option to compete in swimming competitions.</li> <li>• We engage socially with members and friends.</li> </ul>			
How we operate	<ul style="list-style-type: none"> <li>• By encouraging participation in swimming by all adult Tasmanians to improve health and fitness.</li> <li>• We are a not-for-profit community-based sporting association and member clubs.</li> <li>• We uphold the highest standards and ideals of fair play, competitive spirit and camaraderie amongst our members, with members of our community, and with member clubs.</li> <li>• By working with like-minded swimming organisations and sporting groups to promote healthy lifestyles, participation and inclusion</li> <li>• And we regularly evaluate our performance.</li> </ul>			
Strategic pillars	<ul style="list-style-type: none"> <li>• <b>Developing Our People</b></li> <li>• <b>Member Engagement</b></li> <li>• <b>Member Services</b></li> </ul>			
Strategic objectives	<ul style="list-style-type: none"> <li>• To deliver a range of high-quality training programs to support our clubs, coaches, technical officials, volunteers and members.</li> <li>• To enrich our engagement with members and work to enhance the profile of our organisation to appeal to a wide audience.</li> <li>• To provide interesting and enjoyable programs and competitions, in partnership with clubs and external organisations</li> </ul>			
Key performance indicators	<ul style="list-style-type: none"> <li>• Provide pathways for ongoing, high-quality training for BMC, Coaches, TOs, swimmers and members.</li> <li>• Ensure succession planning for key BMC positions.</li> <li>• Maintain communication networks to ensure members are well informed about all our activities.</li> <li>• Promote Masters swimming and our organisation to the broader community.</li> <li>• Encourage greater participation in a range of swimming competitions.</li> <li>• Develop and nurture partnerships with key organisations.</li> </ul>			
Values	<p>Our values of <b>fun, fitness, friendship, integrity, collaboration, respect, and community</b> will underpin decision making, by helping us to evaluate and prioritise initiatives.</p>			

Developed February 2023.

The Key Performance Indicators on the MST Strategic Plan will be used to report on our actions so far.

**Actions coloured:**

- **red** indicate not explored/not deeply considered so far,
- **yellow** indicate some discussions and development,
- **green** indicate fully discussed and actioned.

## Strategic Priority Area 1: Developing our People.

**Goal:** To deliver a range of high-quality training programs to support our clubs, coaches, technical officials, volunteers and members

**Target group:** Coaches, technical officials, members

Objectives	Strategies	Indicators	Time	Status
<b>Coaching:</b> To provide professional development opportunities for coaches	a) Identify needs by canvassing club coaches b) identify potential candidates (at least 1 per club) for MSA coaching quals c) Identify network of coaching mentors d) MSA requires all on-deck coaches to have minimal levels of quals by Jan 2024	a)  b) training continues  c) mentor coaches identified d) at least 1 coach with Masters quals at all clubs except Burnie	a)  b) by Sept 2023  c) Mar 2023 d) Mar 2024	Green
<b>Coaching:</b> To conduct up to three coach workshops per year	a) Determine workshop topics, informed by 1a above (e.g., program development, stroke development & drills, energy systems for specific training programs b) Possible swim & coach clinics July 2023	a) Online coaches' workshops occurring monthly through NCD. (Need to encourage more attendance)  b) Coach clinics offered	a) Complete and occurring regularly with good attendance  b) Coach Clinics conducted 2023 and 2024	Green
<b>Coaching:</b> To establish an online coaching forum	a) Make available to coaches, links to MSA online coaching forums. b) Establish a Tas coaches monthly meeting and Whatsapp group	a) As above - Online coaches' workshops occurring monthly b) Meetings scheduled and occurring	a) ONGOING  b) NOT YET – REVIEW AFTER AGM	Yellow
<b>Coaching:</b> To establish a 'recognition of achievement' program for coaches	a) MST will recognise coaching excellence	a) recognition of excellence program in place: NOT YET but under attention	a) by end 2024 – REVIEW AFTER AGM	Yellow

<b>Technical officials:</b> To provide training opps for TO candidates.	a) Review with Swim Tas the MOU enabling supervision of tech official candidates by ST supervisors b) Incentivise clubs to promote TO training opps at swim meets	a) 2023  b) 2023 and ONGOING	a) COMPLETE  b) ONGOING — REVIEW AFTER AGM — ENSURE CLUBS ARE AWARE OF NEED FOR THIS AND PROCESSES	
<b>Technical officials:</b> To identify possible entry pathways for TO training.	a) Identify opportunities for training of potential TO candidates (e.g., at swim meets, during training) eg “shadowing” of current TOs at meets	a) online TO training with MSNSW available	Ongoing issue receives ongoing attention via FB and website - REVIEW AFTER AGM	
<b>Governance:</b> Ensure succession planning for key BMC positions	a) To identify possible training opps for committee members b) Contact SRT/MSA for advice on potential training opportunities c) Early identification and mentoring of potential BMC nominees	a) NOT YET  b) possible inclusive club online course  c) NOT YET URGENT AND OUTSTANDING	a) NOT YET  b) NOT YET  c) NOT YET	
<b>Safety and Health:</b> to provide a supportive, safe, and friendly swimming environment.	a) BCS&H contact Clubs to identify Club Safety Officer to identify Safety Officers b) Establish Branch Safety Register (???)  c) Introduce Safety requirements as per MSA policy d) Define safety, first aid and resuscitation program options and publicize to all members	a) Complete  b) Not required – National register in place  c) Complete  d) Complete	a) March 2024  b) March 2024  d) March 2024  e) March 2024	

**Resources:**

**For Coaches:** MSA Coaching Director, Branch (can subsidise some of the costs of coaching development, polo shirts and workshops); MSA coaching resources.

**For Technical Officials:** Branch to cover costs of training as per relevant MIST policy (incl polo shirts)

**Partnerships:** MSA, Swimming Tasmania, SRT.

**Safety & Health:** RLSS, SLST, St John Ambulance, private providers.

## Strategic Priority Area 2: Member Engagement

Goal: To enrich our engagement with members and work to enhance the profile of our organisation to appeal to a wide audience.

**Target group:** Coaches, technical officials, members, partners, general public, potential members especially younger people

Objectives	Strategies	Indicators	Time	Status
Maintain communication networks to ensure members are well informed about all our activities, and promote Masters swimming and our organisation to the broader community	a) All clubs develop their online presence b) Continue current comms strategies ie Facebook, website, Platypus Press, all available media c) Club delegates to disseminate information to clubs	a) All club sites updated b) ONGOING reporting to Branch on club activities – verbal and/or written c) revised guidelines for Branch delegates	a) COMPLETE March 2023  <b>CONSIDER RE-INTRODUCTION OF NEWSLETTER. NB: THIS WOULD NEED A DEDICATED VOLUNTEER AS EDITOR.</b>	In Progress
Promote Masters swimming and our organisation to the broader community	a) Produce poster and flyers for all pool venues with contact details of local clubs	a) Poster developed	a) NOT YET  <b>SR and DG TO INVESTIGATE WHAT IS CURRENTLY IN USE IN OTHER STATES</b>	At Risk
Conduct social function after informal meets	a) Conduct social function – BBQ or similar after informal meets (Oatlands, NW meet etc)	a) Social function planned to follow Oatlands meet 2023 AND 2024. Will continue as event is held.	a) December 2023/4	On Track
Reach out and engage younger swimmers	a) Dual sanctioned meets showcase Masters to younger swimmers b) Participation and presence at Ocean Swims showcase Masters to younger swimmers c) Leverage off Nationals to engage younger swimmers	a) ONGOING at dual sanctioned meets b) ONGOING at Ocean swims c) Nationals not leveraged	a) ONGOING  b) ONGOING  <b>STRATEGIES IN PLACE BUT QUERY EFFECTIVENESS</b>  c) Did not occur, opportunity lost. <b>INVESTIGATE TIK-TOK (WHO?)</b>	In Progress

	d) Engage younger swimmers to identify needs of this cohort and how to retain them	d) Younger swimmers canvassed	e) NOT YET	
MEMBER NUMBERS DECLINING IN RECENT YEARS. TWO CLUBS APPEAR PRECARIOUS ALTHOUGH ARE RE-AFFILIATING FOR 2024	STRATEGIES TO ENHANCE MEMBERSHIP NUMBERS NEEDED	EXIT INTERVIEWS OF NON-RETURNING MEMBERS CLUB SURVEY		
ANNUAL FUNCTION TO CELEBRATE ACHIEVEMENTS	COY/VOY/OOY/SOY/COY ANNUAL TROPHIES ETC		CONSIDER AFTER AGM	

**Resources:** Branch to subsidise social functions following informal meets.

**Partnerships:** Swimming Tasmania, SLST.

## Strategic Priority Area 3: Member Services

**Goal:** To provide interesting and enjoyable programs and competitions, in partnership with clubs and external organisations

**Target group:** Coaches, technical officials, members, partners

Objectives	Strategies	Indicators	Time	Status
Improve swim meet management	a) Set up a Swim Meet Sub-Committee b) Improve swim meet management c) Improve delivery of Meet reports	a) Establish Committee b.i) Plan annual program b.ii) Confirm host Club, Meet Director, tech support & social arrangements, by October of prev. year, including avoidance of conflicts. c) Prepare and disseminate Meet Report (incl BUDGET) for all Meets promptly	a) June 2023: COMPLETE b.i. August 2023: COMPLETE b.ii) ONGOING with Swim meet committee c) within 4 weeks of Meet	
Encourage greater participation in a range of swim competitions	a) Additional informal pool competitions b) Conduct further OWS competitions c) Conduct social activities at swim meets	a. Conduct additional informal swim meet (NW coast?) b.km i) Evaluate Oceans Treble and conduct another similar competition. c) Lunches at championships and BBQ at Oatlands meet	ai) Complete and ongoing 2023.. New Norfolk Meet (TAC) and Scottsdale meet (TLC) in 2024 MAY BE Scottsdale meet 2024	
			b. 2024/5 event conducted <b>CONSIDER CONTINUATION OF THIS EVENT</b> REVIEW AFTER AGM c) Social functions to follow Oatlands meets 2023 and 2024	
		b.ii) Advocate for completion of MSA OWS Rule changes	b.ii) New OWS Rules approved, but ONGOING advocacy needed.	
Develop and nurture partnerships with key organisations	a) Strengthen relationship with Swim Tas - consider affiliation.	a.i) Formal affiliation 2023	a.i) June 2023: COMPLETE <b>BUT WE HEAR NOTHING – ARE WE ACTUALLY AFFILIATED STILL?</b>  <b>MS TO INVESTIGATE THIS AND POTENTIAL NEW</b>	

			STRUCTURE/RELATIONSHIP WITH OTHER AQUATIC ORGS	
		a.ii) Partnerships emerging with key personnel at ST, SLST, RLSS a.iii) Offer tech support for sanctioned meets	a.ii) ONGOING a.iii) NOT YET	
Avoid date clashes with SLST, other OWS and triathlon events	a) Swim Meet Sub-Committee liaise when planning 2024 program	a) 2024 program developed with no date conflicts	a) 2025 PROGRAM COMPLETE APART FROM LCD.	
<b>REVIEW COSTS OF ALL MST EVENTS TO TRY AND IMPROVE BOTTOM LINE (LOSS IN 2024)</b>	<b>ALL ASPECTS TO BE REVIEWED INCL POOL LANE HIRE COSTS AND ARRANGEMENTS</b>		<b>ONGOING – REVIEW LATE 2025</b>	

**Resources:** Branch to subsidise informal interclub meets

**Partnerships:** Swimming Tasmania, SLST, Northern Triathlon club, Tri South